



# LEADERSHIP CAMP

**3-DAY OVERNIGHT TRIP FOR GRADES 5-8  
MAY & JUNE (MONDAY & WEDNESDAY ARRIVALS)**

## Overnight Spring Leadership Camp

Whether you are looking to focus on building teamwork and collaboration or are celebrating the end of a school year and the transition into a higher grade, our leadership camp offers activities that will challenge students to reach new heights and *develop problem-solving and communication skills*. Have an unforgettable time while challenging yourself at our *adventure climbing course* and *exploring our beautiful campus through exciting team challenges* and *guided discovery*, all while experiencing post-secondary life.

## Inclusions

During your stay, you will experience:

- University student mentors to lead programming from morning to night.
- An all you can eat buffet in a residence dining hall that provides a nutritious and delicious variety of choices for 6 meals during your stay. Our dining hall is vigilant about food allergies and we are happy to accommodate vegan, Kosher or Halal, nut-free, lactose-free and gluten-free meals. Don't forget to fill out the dietary requirement form prior to your trip if you require any of these accommodations.

- A one-night stay in a University residence building. This residence is nestled in the heart of campus and provides a safe and manageable space for you to supervise your students on a locked floor. Rooms have twin beds with linens and pillows, towel, WIFI, and a shared washroom.
- Campus security monitors our campus 24-hours a day, and all exterior doors to the residence are locked each night.
- An opportunity to challenge yourself at our adventure climbing course. This course includes a 30-foot high ropes course and an outdoor rock-climbing tower.
- A Youth University T-shirt to wear during your stay so that you and your school stand out as a team.

## Optional Features

Schools have the option to choose additional features to create an even more memorable trip:

- Swimming in Brock's Olympic size swimming pool, equipped with diving boards of various heights, a 5-meter jumping tower, and a swinging Tarzan rope.
- A visit to Niagara Falls' Clifton Hill (\$)
- An additional T-shirt for your stay (\$)
- An additional lunch upon arrival (\$)

# LEADERSHIP CAMP ITINERARY

## FIRST DAY

### ARRIVAL (11:15 A.M.)

#### Eat packed lunch & Check-in

Students will be moved in to their residence and given the opportunity to grab any items they may need for the day.

#### Opening ceremonies & Group Time

Kick-off your trip in a large theatre lecture hall. We then split into small groups and will meet your mentor.

#### Campus Tour

Explore all that Brock's campus has to offer post-secondary students. Keep your eye out for Sir Isaac Brock along the way.

#### Team Building & Low Ropes

Solve puzzles, obstacles, and physical challenges while you practice collaboration, communication, problem solving, and leadership as a team.

### DINNER (5:15 P.M.)

#### Hiking Niagara's Escarpment

Discover the beauty of the Bruce Trail, the UNESCO Biosphere Reserve, and learn more about the ecology of the region, all in Brock's backyard.

#### Evening Social Event (7:30 p.m.)

As a school, choose a hosted event: mini games, dance, structured gym time, swimming, campfire, evening hike, or movie night.

## SECOND DAY

### BREAKFAST (7:15 A.M.)

#### Adventure Course & Rock Climbing

Experience our 30 foot high ropes challenge course and our outdoor rock-climbing tower. These challenge-by-choice events are a great way to strengthen communication skills while pushing personal boundaries in a safe and controlled environment. Specialty staff coach and encourage students along the way.

### LUNCH (12:00 P.M.)

#### Geocaching

Calling all treasure hunters! Use your coordinates to help find all the hidden objects!

#### Leadership Styles

What type of leader are you? Find out in this hands-on activity that puts your leadership style to the test.

#### Team Cheer

Put new words to a group favourite song and try to out-cheer your mentors.

#### Stock Market

Learn about supply and demand in this exciting stock market simulation. Invest with your team and see if your "money" grows... or disappears.

### DINNER (5:15 P.M.)

#### Archery

Cheer each other on as you aim for the target!

#### Evening Social Event (7:30 p.m.)

As a school, choose a hosted event: mini games, dance, structured gym time, swimming, campfire, evening hike, or movie night.

## THIRD DAY

### BREAKFAST (7:15 A.M.)

#### Escape room

Put your skills to the test! Find the path out of the room together in under 60 minutes.

#### Closing Ceremonies

Cheer with your friends and reflect on your experience as you enjoy a slideshow of pictures from your time at Brock.

### LUNCH (11:15 P.M.)

### DEPARTURE (12:15 P.M.)