

LEADERSHIP CAMP

Two-night field trip for grades 4 - 8



BRIDGES TO SUCCESS

Great for celebrating the end of the year, building teamwork, and transitioning into a higher grade. Practice collaboration, problem solving, communication, and empathy. Have an unforgettable time challenging yourself on our adventure climbing course, exploring campus, and experiencing post-secondary life. Learn more about yourself and the outdoors through exciting team challenges and guided discovery.

BUFFET MEALS

Nutritious meals with a variety of choice are available during our buffet meals. Our dining hall is vigilant about food allergies and we are happy to accommodate vegan, nut, lactose, or gluten free meals.

UNIVERSITY DORMS

Our residence buildings are nestled in the heart of campus. The traditional style dormitory rooms provide a safe and manageable space, ensuring that students are housed in one common area. Rooms have twin beds, WiFi, and a shared washroom.

OPTIONAL FEATURES

- Swimming in an Olympic pool
- Visiting Niagara Falls
- Guided tour of the historic Niagara region

Contact us anytime at 905 688 5550 x 3120
brocku.ca/youth-university
Brock University, St. Catharines

FIRST DAY

Arrival (11:15 a.m.)
Eat packed lunch, check-in

Opening ceremonies & groups
Kick-off your trip in a giant lecture hall built for hundreds. Split into groups and meet your mentor.

Campus tour: amazing race
Work your way through fun roadblocks and challenges as a team. Learn more about post-secondary and your own personality style.

Teambuilding & low-ropes
Solve puzzles, obstacles, and physical challenges while you practice collaboration, communication, problem solving, and leadership as a team.

Dinner (5:15 p.m.)

Hiking Niagara's escarpment
Discover the beauty of the Bruce Trail, the UNESCO Biosphere Reserve, and learn more about the ecology of the region.

Evening social event (7:30 p.m.)
As a school, select a hosted event: mini games, dance, structured gym time, swimming, campfire, or movie night

SECOND DAY

Breakfast (7:15 a.m.)

Adventure course & rock climbing
Experience our 30 foot high ropes challenge course and our outdoor rock climbing tower. These challenge-by-choice events are a great way to strengthen communication skills while pushing personal boundaries in a safe and controlled environment. Specialty staff coach and encourage students along the way.

Lunch (12:00 p.m.)

Survival skills
In small teams learn about navigation, knot tying, shelters, and practice working together.

Team cheer prep
Can your team out-cheer the mentors?

Leadership styles workshop
A fun & hands way to explore kinds of leaders.

Engineering challenge
Unique building challenge to practice decision making and problem solving.

SECOND DAY

Dinner (5:15 p.m.)

Archery
Cheer each other on as you aim for the target!

Evening social event (7:30 p.m.)
As a school, select a hosted event: mini games, dance, structured gym time, swimming, campfire, or movie night

THIRD DAY

Breakfast (7:15 a.m.)

Culminating event: escape room
Put your skills to the test! Find the path out of the room together in under 60 minutes.

Closing ceremonies & cheer comp
Cheer with your friends and reflect on your experience as you enjoy a slideshow of pictures.

Lunch (11:15 p.m.)
Departure (12:15 p.m.)