

# LEADERSHIP CAMP (MINI)

One-night field trip for grades 4 - 8



## BRIDGES TO SUCCESS

Great for celebrating the end of the year, building teamwork, and transitioning into a higher grade. Practice collaboration, problem solving, communication, and empathy. Have an unforgettable time challenging yourself on the adventure climbing course, exploring campus, and experiencing post-secondary life. Learn more about yourself and the outdoors through exciting team challenges and guided discovery.

## BUFFET MEALS

Nutritious meals with a variety of choice are available during our buffet meals. Our dining hall is vigilant about food allergies and we are happy to accommodate vegan, nut, lactose, or gluten free meals.

## UNIVERSITY DORMS

Our residence buildings are nestled in the heart of campus. The traditional style dormitory rooms provide a safe and manageable space, ensuring that students are housed in one common area. Rooms have twin beds, WiFi, and a shared washroom.

## OPTIONAL FEATURES

- Swimming in an Olympic pool
- Visiting Niagara Falls
- Guided tour of the historic Niagara region

Contact us anytime at 905 688 5550 x 3120  
[brocku.ca/youth-university](http://brocku.ca/youth-university)  
Brock University, St. Catharines



## FIRST DAY

Arrival (11:15 a.m.)  
Eat packed lunch, check-in

Opening ceremonies & groups  
Kick-off your trip in a giant lecture hall built for hundreds. Split into groups and meet your mentor.

Campus tour: amazing race  
Work your way through fun roadblocks and challenges as a team. Learn about post-secondary life and your own personality style.

Teambuilding & low-ropes  
Solve puzzles, obstacles, and physical challenges while you practice collaboration, communication, problem solving, and leadership as a team.

Dinner (5:15 p.m.)

Escape room team challenge  
Put your skills to the test! Find the path out of the room together in under 60 minutes.

Evening social event (7:30 p.m.)  
As a school, select a hosted event: mini games, dance, structured gym time, swimming, campfire, or movie night

## SECOND DAY

Breakfast (7:15 a.m.)

Adventure course & rock climbing  
Experience our 30 foot high ropes challenge course and our outdoor rock climbing tower. These challenge-by-choice events are a great way to strengthen communication skills while pushing personal boundaries in a safe and controlled environment. Specialty staff coach and encourage students along the way.

Lunch (12:00 p.m.)  
Departure (1:00 p.m.)

Contact us to extend your trip with an afternoon visit to Niagara Falls or tour of the history of the region.

