



**Brock
youth
university**



UNIVERSITY STREAM

3-DAY OVERNIGHT TRIP FOR GRADES 5-8

MAY & JUNE (MONDAY & WEDNESDAY ARRIVALS)

Overnight Spring University Camp

Our University camp is the best of everything and allows students to experience post-secondary life first-hand as they engage in outdoor education and leadership activities, as well as visit our university labs to partake in science and technology workshops. During your adventure, you will have the opportunity to experience our low ropes elements as well as climb our outdoor high ropes course. You will experience what it's like to work in a University lab as you experiment with our science workshops and put your coding skills to the test in our Game Design workshop.

Inclusions

During your stay, you will experience:

- University student mentors to lead programming from morning to night.
- An all-you-can buffet in a residence dining hall provides a nutritious and delicious variety of choices for 6 meals during your stay. Our dining hall is vigilant about food allergies, and we are happy to accommodate vegan, Halal, nut-free, lactose-free and gluten-free meals. Don't forget to fill out the dietary requirement form prior to your trip if you require any of these accommodations.

- A two-night stay in a University residence building. This residence is nestled in the heart of campus and provides a safe and manageable space for you to supervise your students on a locked floor. Rooms have twin beds and include linens, pillow, towel, WIFI, and a shared washroom.
- Campus security monitors our campus 24-hours a day, and all exterior doors to the residence are locked each night.
- An opportunity to experience real university science and computer labs during hands-on and engaging modules.
- A Youth University T-shirt to wear during your stay so that you and your school stand out as a team.

Optional Features

Schools have the option to choose additional features to create an even more memorable trip:

- Swimming in Brock's Olympic size swimming pool, equipped with diving boards of various heights, a 5-meter jumping tower, and a swinging Tarzan rope.
- A visit to Niagara Falls' Clifton Hill (\$) An additional T-shirt for your stay (\$) An additional lunch upon arrival (\$)

UNIVERSITY CAMP ITINERARY

FIRST DAY

ARRIVAL (11:45 A.M.)

Eat a packed lunch & Move-in

Students will be moved into their residences and given the opportunity to grab any items they may need for the day.

**Note move into rooms time occurs based on housekeeping completion anywhere between your arrival and 4:00pm.*

Opening Ceremonies & Group Time

Kick off your trip in a giant lecture hall built for hundreds. Split into groups and meet your mentor.

Campus Tour

Explore all that Brock's campus has to offer post-secondary students. Keep your eye out for Sir Isaac Brock along the way.

Team Building & Low Ropes

Solve puzzles, obstacles, and physical challenges while you practice collaboration, communication, problem-solving, and leadership as a team.

DINNER (5:15 P.M.)

Bottle Rockets

Test your aerodynamics design to see who can launch their rocket the highest.

Evening Social Event (7:30 p.m.)

As a school, choose a hosted event: mini-games, dance, structured gym time, swimming, campfire, evening hike, or movie night.

SECOND DAY

BREAKFAST (7:15 A.M.)

Adventure Course & Rock Climbing

Experience our 30-foot-high ropes challenge course and our outdoor rock-climbing tower. These challenge-by-choice events are a great way to strengthen communication skills while pushing personal boundaries in a safe and controlled environment. Specialty staff coach and encourage students along the way.

LUNCH (12:00 P.M.)

Ecology

Dissect an owl's dinner to understand food webs.

Chemistry

Mix polymer molecules as you create your own bouncing polymer ball!

Game Design

Put your coding skills to the test as you create your own video game.

3-D Design

Create 3-D images using our 3-D pens and watch your imagination come to life instantly

DINNER (5:15 P.M.)

Evening Program

Large group games within your school promote collaboration, trust, communication, and fun.

Evening Social Event (7:30 p.m.)

As a school, choose a hosted event: mini-games, dance, structured gym time, swimming, campfire, evening hike, or movie night.

THIRD DAY

BREAKFAST (7:15 A.M.)

Hiking Niagara's Escarpment

Discover the beauty of the Bruce Trail, and the UNESCO Biosphere Reserve, and learn more about the ecology of the region, all in Brock's backyard.

Closing Ceremonies

Cheer with your friends and reflect on your experience as you enjoy a slideshow of pictures from your time at Brock.

LUNCH (11:15 P.M.)

DEPARTURE (12:15 P.M.)