



**Brock
youth
university**



Year Round Leadership day trips

Challenge students to reach new heights and develop problem-solving and communication skills.

Grades: 4-12

Day Leadership Camp

Whether you are looking to focus on building teamwork and collaboration or are celebrating the end of a school year and the transition into a higher grade, our leadership camp offers activities that will challenge students to reach new heights and **develop problem-solving and communication skills**. Have an unforgettable time while challenging yourself at our **adventure climbing** course and **exploring our beautiful campus** through exciting **team challenges** and **guided discovery**, all while experiencing post-secondary life.

Leadership Camp Itinerary

🕒 **Arrival (9:15 A.M.)**

Bus Arrival and Check in

Students will be greeted by staff and provided option for a bathroom break. They will then be escorted to program Space. Teacher to provide group details and hand in program health forms.

Icebreakers

In a large group staff will lead students through fun and engaging ice breaking activities.

Group Time

Class will be split into instructor groups of roughly 10 students per group. Name game activities and goal setting for the days programming.

Team Building & Low Ropes

Solve puzzles, obstacles, and physical challenges while you practice collaboration, communication, problem solving, and leadership as a team.

🕒 **Lunch (12:00 P.M.)**

Adventure Course & Rock Climbing Experience our 30 foot high ropes challenge course and our outdoor rock-climbing tower. These challenge-by-choice events are a great way to strengthen communication skills while pushing personal boundaries in a safe and controlled environment. Specialty staff coach and encourage students along the way.

Wrap Up

Debrief and transfer of learning from the day's programming.

🕒 **Departure (2:30 p.m.)**

Pack up, clean and gather on bus.

Alternative to climbing options:

Hiking Niagara's Escarpment

Discover the beauty of the Bruce Trail, the UNESCO Biosphere Reserve, and learn more about the ecology of the region, all in Brock's backyard.

Egg Drop

Students will test their engineering and design skills by building a container to keep an egg safe from a high fall. Using supplies provided student must use their creativity and only a handful of materials to protect the egg during its epic stunt

Campfire

Sing camp songs and tell stories around a campfire pit. (Max 30 participants)

