

# Spinach (Organic)

Corvair organic is a versatile, adaptable spinach with nice, oval-shaped, thick leaves that are upright in stature. High yielding plants are super productive in spring and autumn.

**Matures in 45 days**

**Season: Cool season**

**Exposure: Full sun to partial shade**

**Difficulty: Easy**



## Growing

Direct sow in the period four weeks before, and three weeks after the last frost date. Spinach will bolt once days get long and hot. For a continuous supply, plant every 3 weeks. Sow seeds 1cm (1/2") deep, 10 seeds per 30cm (12"), in rows 30-45cm (12-18") apart. Thin to at least 5-8cm (2-3") between plants, or further if you want larger leaves. This heavy feeder requires rich soil. Dig in 1/4-1/2 cup of balanced organic fertilizer beneath every 1m (3') of row. Overwintering spinach requires well-drained soil.

## Saving

Spinach seeds normally ripen unevenly in the latter part of summer. Remove plants that bolt to seeds without producing good spinach. Strip the mature seeds from the stalks with your hands into a paper bag or bucket. Put the seeds into a dated and labeled envelope and return to Brock!