

Lupine

Stunning, brightly-coloured spikes create a strong feature in the early summer garden. Its pea-like flowers grow in dense spires. Scatter through cottage or wildflower gardens or mass plant in the border. This variety offers all the lupine colours in one package: purple, deep blue, red, pink, yellow, cream, and white.

Type: Perennial

Height: 1m (3')

Exposure: Full sun to partial shade

Difficulty: Easy



Growing

Soak Russell Hybrids lupines seeds for 24 hours or nick the seed ends and plant. Sow indoors 6-8 weeks before the last frost. If starting indoors, use peat or biodegradable pots to minimize root disturbance.

Sow shallowly, a couple of millimeters (1/8") deep, and maintain a coolish soil temperature.

Space or thin plants to 30-60cm (12-24") apart to allow for natural spread.

Saving

Allow the pods to remain on the plant until they have dried and begun to turn brown, being careful not to wait too long to the point where they split open themselves. Carefully remove the pods and open them to expose the seeds inside. Separate the seeds from the pods and spread them out in a single layer in a cool, dry place. Put the seeds into a dated and labeled envelope and return to Brock!