

Lettuce (Mesclun)

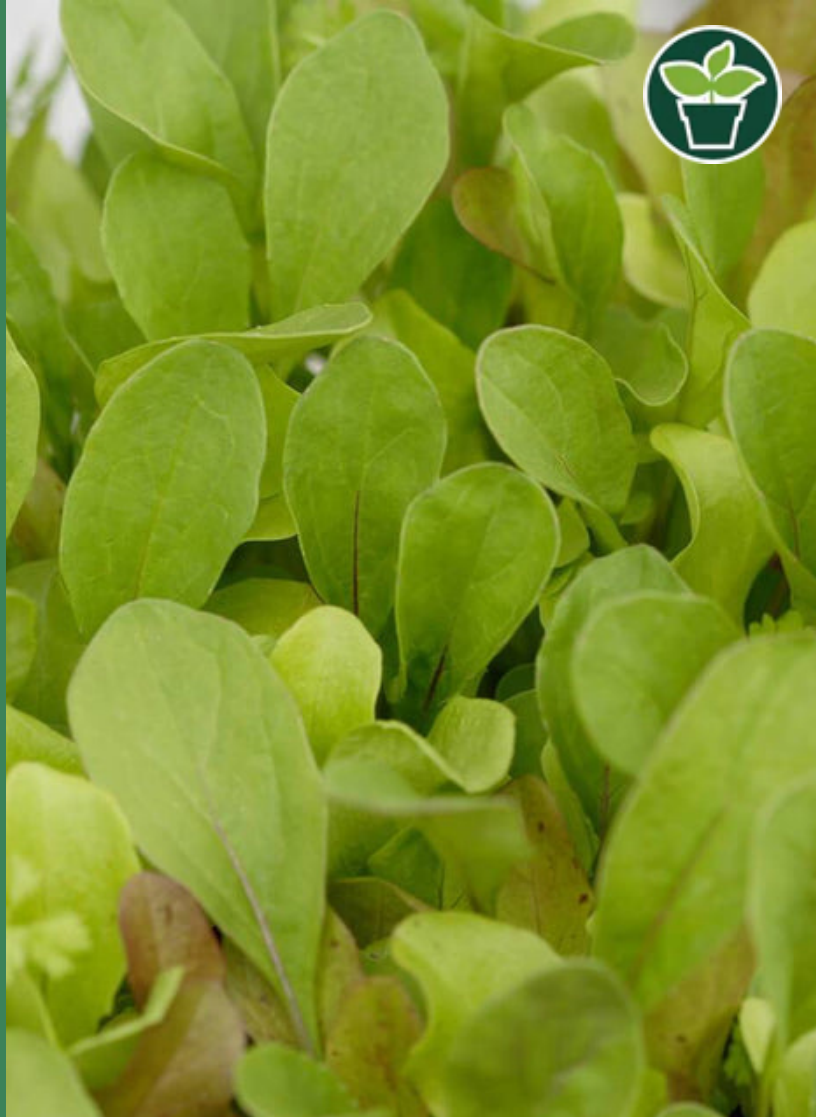
This traditional French mesclun recipe combines the tangy flavours of arugula, chervil and endive with flat leaf parsley and three colourful, winter-hardy French lettuces. For winter harvest, plant seeds by mid-August. Sow long rows that will grow slowly in the lower light levels of the fall and winter. The seeds in this blend do not require warm soil to germinate, so you can start planting fresh rows in March for spring harvests.

Matures in 65 days

Season: Cool season

Exposure: Full sun to partial shade

Difficulty: Easy



Growing

Plant in a block or wide row. Sprinkle the seeds evenly over prepared, moist soil. Try to space seeds about 1cm (½") apart. Cover lightly with soil and firm them in. For container growing, choose containers that are at least 10cm (4") deep.

Dig in 1 cup of complete organic fertilizer for every 3m (10') of row. For containers, use peat or coir-based mix with compost added. Water regularly.

Saving

Once your lettuce plants have sent up their flower stalks, the seeds will begin to ripen. When the stalks are dry and producing fluff, the seeds are ripe and ready to be collected. To collect the seeds, shake the stalk into a paper bag or bucket. Do this over a couple of days or all at once depending on how ready the seeds are. Gently remove the fluff from the seeds. Put the seeds into a dated and labeled envelope and return to Brock!