

Chamomile (German)

German Chamomile is a classic herb used in salads, teas, and medicinal preparations. This organic variety grows well in containers. Harvest the apple-scented flowers before they are fully mature (before the petals point downward).

Matures in 65 days

Season: Cool Season

Exposure: Full sun

Difficulty: Easy



Growing

Direct sow in early spring and late fall once the soil has thawed. Sow 1 cm (1/2") deep, and thin to 10-15 cm (4-6") apart. Seeds can take up to two weeks to sprout.

Keep plants well-watered, and remove spent flowers to prevent the plant from self-seeding and spreading.

Saving

Allow the herbs to flower and the flower heads to dry. Snip the flower heads off and dry them out in a warm, dry place. To collect the seeds, shake the dry flower head into a paper bag or bucket. Put the seeds into a dated and labelled envelope and return to Brock!