

Cauliflower

Amazing cauliflower has large outer leaves that grow upright, sheltering the head from the sun. As a result, the heads do not need to be harvested with urgency and you can pick them as you need them. The plants are medium sized and they're not particularly fussy about temperature stress.

Matures in 75 days

Season: Cool season

Exposure: Full sun

Difficulty: Moderate



Growing

Sow 3-4 seeds 5mm (¼") deep in each spot you want a plant to grow. Thin to the strongest plant. Space transplants 45-60cm (18-24") apart in rows 60-90cm (24-36") apart.

Humus-rich soil amended with composted manure is best. Mix ½ cup of complete organic fertilizer into the soil beneath each transplant. Maintain even soil moisture with regular watering.

Once curd forms, check every day and cut when the florets are just beginning to separate.

Saving

Select a head of cauliflower to save seeds from, not harvesting it. Once the pods are dry on the plant, remove the plant from the ground. Hang it to dry for about two weeks. Remove dried pods from the plant and break them open with your fingers over a bowl to catch the seeds. Put the seeds into a dated and labeled envelope and return to Brock!