

# Cabbage (Organic Purple)

The thick, tightly packed interior leaves of Integro cabbage have a vivid, attractive contrast and sweet flavour. This cabbage works well for miniature heads if grown at 20cm (8") spacing.

**Matures in 85 days**

**Season: Cool season**

**Exposure: Full sun**

**Difficulty: Moderate**



## Growing

Sow 3 or 4 seeds per spot, 5mm (¼") deep, under very bright light. Thin to the strongest plant. Space transplants 45-60cm (18-24") apart in rows 60-90cm (24-36") apart.

Cabbage does best in humus-rich soil amended with composted manure. Mix ½ cup of complete organic fertilizer into the soil beneath each transplant.

Cabbages require cool temperatures to form heads well. Hot weather can interfere with the development of heads.

## Saving

Make cross cuts about an inch deep into the top center of each head to facilitate the emergence of the seed stalk. Staking keeps cabbages, which grow to five feet the second year, from falling over. Pods burst open as they become dry and brittle. Harvest them a little early and cure them further in paper bags or on trays after harvest to avoid losing any seed. Put the seeds into a dated and labeled envelope and return to Brock!