

# Brussel Sprout (Organic)

Succulent and tender, Nautic is a great variety for the home garden or newbie because of its simple production. Plant in early summer, transplant in late summer, and harvest all fall and winter.

**Matures in 120 days**

**Season: Cool season**

**Exposure: Full sun**

**Difficulty: Moderate**



## Growing

Sow 3-4 seeds per spot, 1cm (1/2") deep, under very bright light. Thin to the strongest plant. Transplants should be set out when they have 6-8 true leaves. Space transplants 45-60cm (18-24") apart in rows 75-90cm (30-36") apart.

Plant in humus-rich soil amended with composted manure. Mix ¼ cup of complete organic fertilizer into the soil under each transplant. High nitrogen levels result in loose sprouts with internal browning, so do not fertilize after midsummer. Cool temperatures during sprout development are important for compact, quality sprouts.

## Saving

Overwinter brussel sprouts. In the spring, once pods are dry, place them inside a cloth bag. Considerable force is required to break open the pods. Some even recommend running in place on the bag to break open the pods and release the seeds. Put the seeds into a dated and labeled envelope and return to Brock!