

Arugula (Organic)

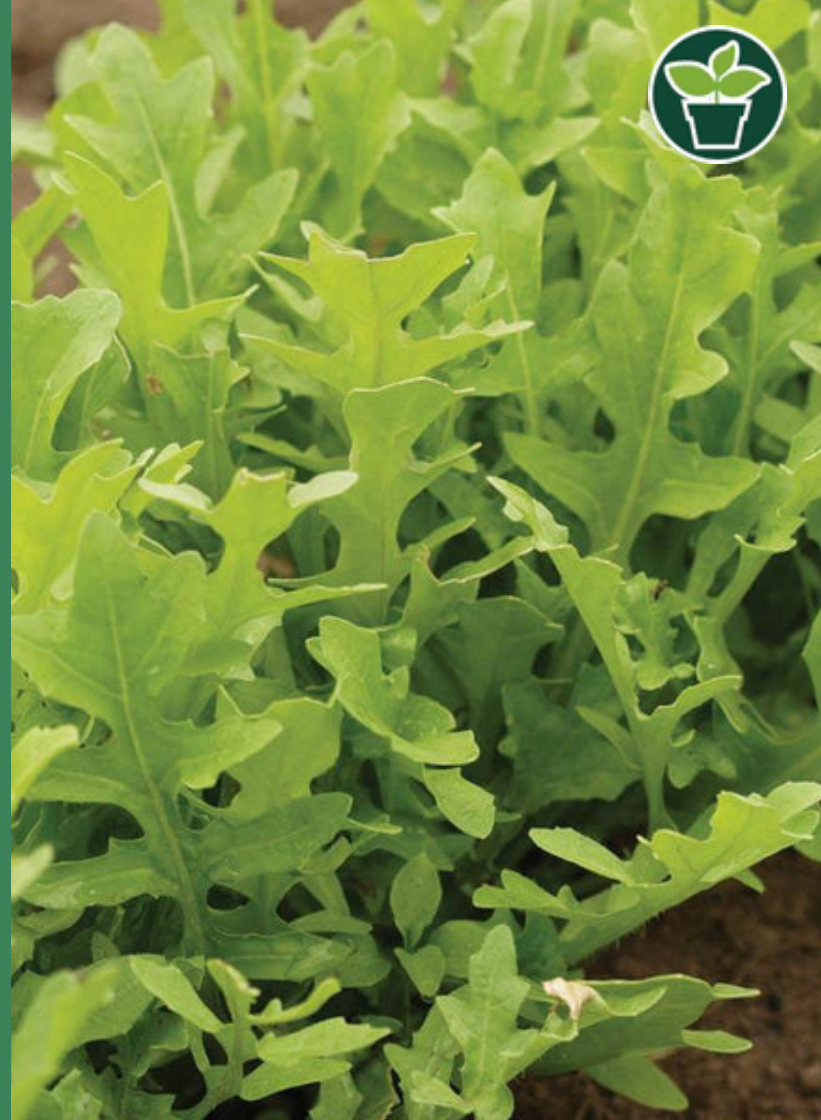
Astro organic arugula seeds produce a plant with leaves that are less lobed and more strap-like. It has a milder flavour than regular arugula. Astro is perfect for baby greens in early spring and fall - even in winter, as it's very cold hardy.

Matures in 30-40 days

Season: Cool season. Arugula tends to bolt in hot weather

Exposure: Full sun to partial shade

Difficulty: Easy



Growing

Arugula can be directly sown from seed and you can begin planting as soon as the soil thaws in spring. Find a spot in full sun or partial shade and sow seeds 1cm (1/4") deep in rows 25cm (10") apart, leaving about 2-3cm (1") between each. If you prefer, you can also broadcast seeds and thin them later to 7-10cm (3-4") apart. Seeds should germinate within just a few days!

Saving

Once flowers have bloomed, seed pods will form on the arugula. After they turn brown, cut the pods and stalks off the plants. Separate the seeds from the pods and place them on a tray to allow them to fully dry. Store them on a tray for another day or so to ensure the seeds are fully dry. Put the seeds into a dated and labeled envelope and return to Brock!