

GETTING TO KNOW THE NIAGARA REGION

October 2021

LIVING IN
NIAGARA
2020



The Living in Niagara Report provides a snapshot of quality of life in the Niagara Region. Click [here](#) to read the report!

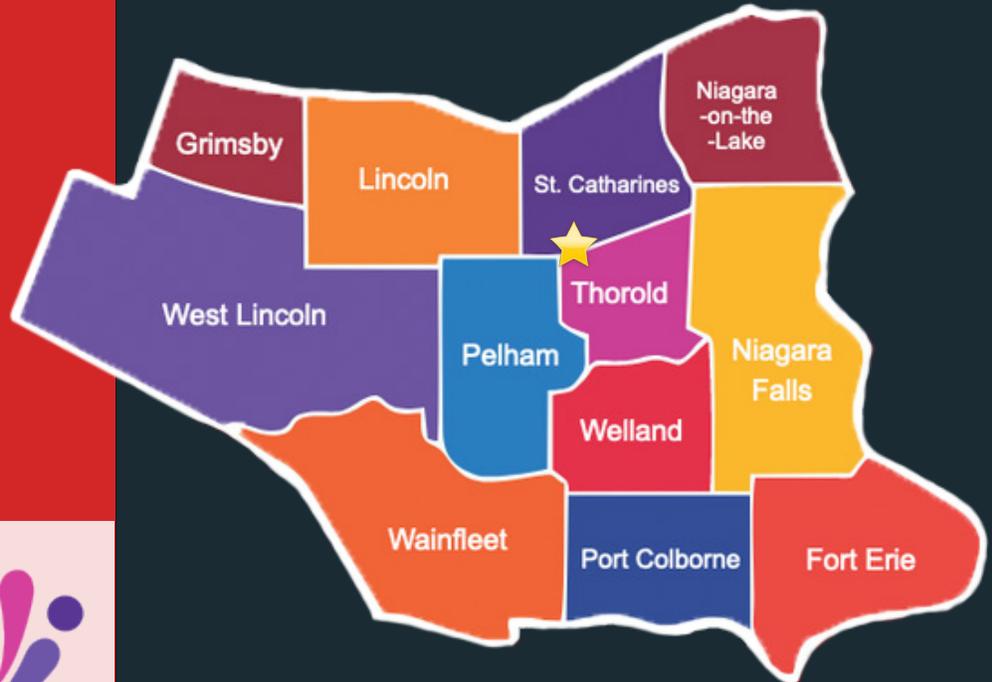
LAND ACKNOWLEDGEMENT

Brock University acknowledges the land on which we gather is the traditional territory of the Haudenosaunee and Anishinaabe peoples, many of whom continue to live and work here today.

This territory is covered by the Upper Canada Treaties and is within the land protected by the Dish with One Spoon Wampum Agreement.

Today this gathering place is home to many First Nations, Métis and Inuit peoples and acknowledging reminds us that our great standard of living is directly related to the resources and friendship of Indigenous people.

Want to learn more? Visit native-land.ca



Brock is located in St. Catharines, Ontario.

We are based in the Niagara Region, one hour outside of the Greater Toronto Area, and only 20 minutes from Niagara Falls and the United States border. While you can visit the big cities around us, you don't need to go far to find something to do close to campus! The Niagara Region is home to many wineries, National Historic Sites (some dating back to the War of 1812), amazing beaches, and nature trails and paths to explore.

Brock is situated on top of the Niagara Escarpment and is the only Canadian University located within a UNESCO World Biosphere Reserve.

Downtown St. Catharines is a 10-minute bus ride from our main campus and is home to many restaurants, the Performing Arts Centre, our Marilyn I Walker School of Fine and Performing Arts, and the Meridian Centre.

Our vibrant cultural and arts community continue to host events and festivals throughout the year that are adapted to current public health guidelines. Be sure to check them out.

WELCOME TO NIAGARA !

PUBLIC TRANSIT

Getting around St. Catharines doesn't require a car! Our transit systems are here to help you get around using your Universal Bus Pass. To board St. Catharines or regional busses, just swipe your student card and enjoy the ride! Bus routes change in the evenings, weekends, and on holidays, so be sure to check the [Transit App](#) for the most up-to-date schedules. From campus, you also can easily connect to our [Regional](#) and [GO transit systems](#)!

DRIVING

If you plan to drive to campus, be sure to order your [parking pass](#) or consider carpooling!

You can also use the [Honk Mobile App](#) to find and pay for hourly parking on campus, you can [learn more here](#)!

GO YOUR
OWN WAY

GET IT ON the
App Store

GET IT ON
Google Play

It's in the Name™



***Download the Transit App
for real-time bus
information.***

CYCLING



Niagara and Brock are bike friendly! There are bike racks located outside Walker, Cairns, East Academic, and the Campus store! There is even an air pump located outside of the Walker Complex. Check out these great [cycling maps from Ontario By Bike](#).

GROCERY, FOOD, SHOPPING MALLS - NIAGARA'S GOT IT ALL!

Grocery Stores

There are many grocery stores and markets in St. Catharines. Some chains include Superstore, FreshCo, Zehrs, Sobeys, No Frills, Food Basics, Farm Boy and Metro. You can find weekly flyers online or an app to find the best deals for you!

Shopping Malls

Downtown is home to some wonderful local shops but if you are looking for something bigger, check out [The Pen Centre](#), [Fairview Mall](#), [4th Avenue West Shopping Mall](#), and Niagara on the Lake [Outlet Mall](#) Collection.

Banks

There are many banks available near Brock. You can also find ATMs on campus (Scotia Bank in Thistle, Isaacs, Hungry Badger).

Looking for something unique?

Check out one of these independent grocery stores for local and international goods!

Niagara Falls

- [Afro Caribbean Variety Food Market](#)
- [Thai Binh Asian Food](#)

St. Catharines

- [Alnoor Halal Food Market](#)
- [Crispy African Market](#)
- Dihn Dihn Asian Foods
- [El Bodegon Latino Grocery](#)
- [Harvest Barn](#)
- [Los Amigos Latin Grocery](#)
- [Madina Halal Meat and Grocery](#)
- [Meg Africana](#)
- [The Peanut Mill](#)
- [Tony's Fish Market](#)
- [Tropical Delight](#)
- [Trybe Meals](#)
- [Vibrant Soul Food](#)



Don't forget about our local farmers markets, many run year-round! Did you know the St. Catharines Farmers Market first opened in the year 1860?

Welland

- [Pupo's Food Market](#)

SUPPORT LOCAL!

Here are a few local spots we think you should visit!

- [Beachwood Donuts](#)
- [Brazen Café](#)
- [Incho](#)
- [Ludology board game café](#)
- [Meridian Centre](#)
- [Montebello Park](#)
- [Mahtay Café](#)
- [Performing Arts Centre](#)
- [The write bookshop](#)
- [Wind Sushi](#)
- [Yafa Lounge](#)

Some of the festivals and events you will find in Niagara include:

- [Celebration of Nations](#) (September)
- [Culture Days](#) (October)
- [Festival of Lights](#) (Winter Season)
- [Garden City and Niagara Falls Comic Con](#)
- [Grape and Wine Festival](#) (September)
- [In the Soil Arts Festival](#) (August)
- [The Santa Claus Parade](#) (December)
- [The Shaw Festival](#) (Summer Season)

Seasonal pop-up markets often happen in local cafes and the St. Catharines market square featuring handmade goods from local artists, chefs, and artisans!

BLACK OWNED 905



Make sure to check-out Black Owned 905 – a space designed to uplift and support black owned businesses



LET'S EXPLORE!

Whether you're catching a classic movie at [Film House](#) , visiting one of our many museums and art galleries, or exploring the Bruce Trail that passes right through campus, we encourage you to get out and explore Niagara!

Niagara is home to the famous Niagara Falls! Spend a day in the falls and explore Clifton Hill all the shops, attractions and beautiful nature in the area!

[Visit Niagara Falls Tourism for more information.](#)

Wineries, craft breweries, and small batch distilleries

We are in the heart of wine country! Did you know that in Niagara we are known for ice wines? This wine is made from frozen grapes which makes it super sweet! Many of these beautiful locations also host markets, events, and have delicious food menus to pair with your adult beverage.

Beautiful Beaches

We are fortunate to have Lake Ontario to the North and Lake Erie to the South with the Welland Canal and a few rivers in between. There is plenty of opportunity to be near and on the water here in Niagara! When you have a beautiful and no classes, hop on the bus to [Port Dalhousie](#) for the day! Want to do more than swim? [Check out some local Kayak or Stand-up Paddle Board Rentals!](#)

Hiking

You can access countless trails all around Brock University!

- Glenridge Quarry Naturalization site (right behind Quarry View townhouses)
- Bruce Trail (find the trail right alongside the tennis courts on campus)
- Burgoyne Woods (located at the end of Edgedale Ave off Glenridge)
- Niagara Glen (in Niagara Falls along the Niagara Parkway)

[To find more trails, click here.](#)

Sports

Did you know that there are more than a dozen local sports teams in the Niagara Region? In addition to cheering on your favorite [Brock Badgers](#), check out the [Niagara Ice Dogs](#) or the [River Lions](#) at the Meridian Centre.

[Visit Niagara Canada for more information.](#)



GET INVOLVED IN YOUR LOCAL COMMUNITY

There are countless ways to get involved and make an impact in your community. Volunteering is a great way to meet new people, engage with the community, build your resume and work towards completing your [Campus Wide Co-Curriculum](#).

Volunteering

Find volunteer opportunities on the [CareerZone](#) portal or on the [Community Engagement & Volunteering ExperienceBU](#) page.

Brock Cares

Join us for Brock Cares Days of Service, Volunteer Fair or an online workshop to meet community partners and like-minded students.

Brock University Volunteer Association

[Brock University Volunteer Association \(BUVA\)](#) is a dynamic group of trained Brock students committed to improving the local community through volunteering.

Clubs making change in our community.

Take some time to explore one of the many [BUSU clubs](#) here at Brock with goals around community engagement, advocacy, social justice, fundraising or education.



The domains of Campus Wide Co-Curriculum

Arts & Culture | Brock Spirit | Career Preparation | Community Engagement |
Diversity & Inclusion | Global Awareness | Health & Wellness | Innovative & Creative Thinking |
Leadership & Teamwork | Personal Growth

BE A GOOD NEIGHBOUR

As a Brock student living off-campus, you are an ambassador for the Brock community, and we hope that you can show your neighbours what it means to be a Brock Badger. You are part of a vibrant community in Niagara and we hope you will embrace and respect this community as your own!

Tips on being a good neighbour



Say hello!

Learn your neighbours names



Keeping your property tidy



Following parking and traffic rules

Be considerate and respectful



Try talking to your neighbour. You'll probably find that resolving issues is easy and can usually be done through a friendly conversation.



Be mindful of noise you are making

If a neighbour can hear noise from your home on the edge of their property, it's too loud.



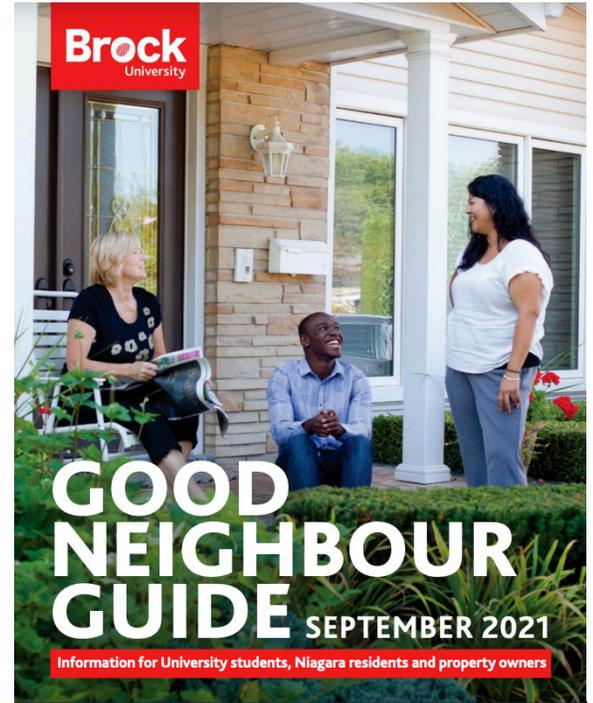
Follow garbage schedules and rules



Contribute to your community



Be aware of local laws and by-laws



GOOD NEIGHBOUR GUIDE

Want more tips and information on accommodations in Niagara?

You can find the [Good Neighbour Guide](#) Here!

If you're ever having difficulty resolving an issue between yourself, a roommate, a property owner, or neighbour - remember that the Off Campus Living team is here for you! Contact Brock's Off-Campus Living Office for assistance at ocl@brocku.ca

BROCK OFF-CAMPUS LIVING - STUDENT LIFE AND SUCCESS

Off-Campus Living is here to help with lots of great resources for students and property owners – from finding accommodation, to making sure you're equipped with the tools to understand tenancy laws and stay involved on campus.

Off-Campus Living supports with:



Getting to know Niagara



Living Off-Campus



Supports and Services

This includes our: Off-Campus Listing Service, Off-Campus Dispute Resolution, Resources (e.g. roommate compatibility checklist and budgeting basics), and legal support through our partner Niagara Community Legal Clinic.



Getting Involved

So now you're ready to explore Niagara!

Make sure to tag Student Life and Success on your Niagara Adventures!

Contact Off-Campus Living

Phone : 905-688-5550 x.6431

Website : [Brock University Student Life and Success](#)

Facebook @BrockUSLS

Instagram @BrockUSLS

Twitter @BrockUSLS

