

AN ALTERNATIVE TO ACADEMIC
SUSPENSION

BOOST

STAY ENROLLED.
GET BACK ON TRACK.

- ✓ Goal Setting
- ✓ Growth Mindset
- ✓ Getting and Staying Motivated
 - ✓ Time Management
 - ✓ Academic Writing
- ✓ Exam Study Strategies
 - ✓ Critical Thinking
- ✓ Confidence and Self-Efficacy

**Making success in the
University a little bit simpler
and a lot more deterministic.**

*Boost re-introduces you to the wide-
range of supports available on campus
including Career Zone, Student Health
Services, Academic Advising, and more!*

*Guides you along the path forward that is
best for you!*

REGISTER TODAY

- 1. Login at my.brocku.ca**
- 2. Under the Applicant and Self Serve section, click on “BoostApp”**
- 3. Read the terms and conditions**
- 4. Complete the application**
- 5. After you receive an email confirming your entry into the program, register for BOST ON00 the same way you’d register for any other class.**
- 6. Once you’re registered in BOOST, you’ll be able to register for your other classes (no more than 1.5 per term).**



BOOST ENDED UP BEING BETTER THAN I COULD'VE IMAGINED. THROUGH OUR INSTRUCTOR, WE WERE SUPPORTED AND ENCOURAGED TO LEAD OUR OWN SUCCESS AND REACH OUR GOALS. MY INSTRUCTOR CREATED A WARM AND INVITING ENVIRONMENT TO HELP US ACHIEVE THIS.

2022 Boost Student



WHAT IS IT?

BOOST is non-credit pass/fail course. Students who are facing a full year of academic suspension can instead choose to participate in BOOST while carrying a reduced course load.

BOOST allows you to stay enrolled during your academic suspension and maintain your learning momentum.

WHY DO I NEED IT?

BOOST helps you identify and strengthen the skills you already have! It provides a welcoming and diverse learning community and allows you space to explore and work on improving skills.

Additionally, BOOST connects you with a Learning Skills Specialist to support you for the full academic year and beyond.

HOW DOES IT LOOK LIKE?

Style: BOOST is delivered through group seminar sessions to discuss and practice course concepts.

Time Required:

- 2 x 90-min. seminars per week and consultations as needed.

Duration: D2 or D3 (on-campus)

Learning Services

SUPPORTING YOUR SUCCESS INSIDE AND OUTSIDE THE CLASSROOM