

Additional resources about transgender people in Canada

General Information:

<https://transpulsecanada.ca/research-type/reports/>

<https://transpulsecanada.ca/results/report-health-and-well-being-among-trans-and-non-binary-youth/>

<https://www.genderbread.org/>

<https://www.glaad.org/transgender/transfaq>

<https://www.plannedparenthood.org/learn/gender-identity/transgender>

Resources for Parents/Families:

<https://pflagcanada.ca/> (has a chapter in Niagara)

<https://questchc.ca/participate-at-quest/groups/> (getting children and parents involved in the community)

<https://questchc.ca/participate-at-quest/rainbowniagara/> (amazing hub for trans healthcare)

<https://ctys.org/wp-content/uploads/CTYS-FIT-Families-in-Transition-Guide-2nd-edition.pdf>
(resources and education for families of trans youth)

<https://gendercreativekids.com/> (great hub for questioning/transgender kids and their parents)

<https://familyproject.sfsu.edu/> (research, information, and resources for trans kids and parents)

<https://www.transparentcanada.ca/?file=welcome> (national support group for parents)

<http://www.skylarkyouth.org/wp-content/uploads/2017/05/TRANS-RESOURCES.pdf>

(collection of resources, groups, and services for trans youth and families)

<https://www.stlouischildrens.org/conditions-treatments/transgender-center/puberty-blockers>

(information about the safety of puberty blockers and trans youth)

Local Resources:

<https://www.outniagara.org/> (one of the best local organizations for trans support/education)

<http://positivelivingniagara.com/> (practical support, education, and supplies)

<https://www.rainbowhealthontario.ca/> (this is one of the best places to find safe healthcare for trans people in Canada)

Videos, information series, and current issues by trans voices:

Youtube Creators: Miles McKenna, Samantha Lux, Sam Collins (based in London, Ont.), Ash Hardell, Brennen Beckwith