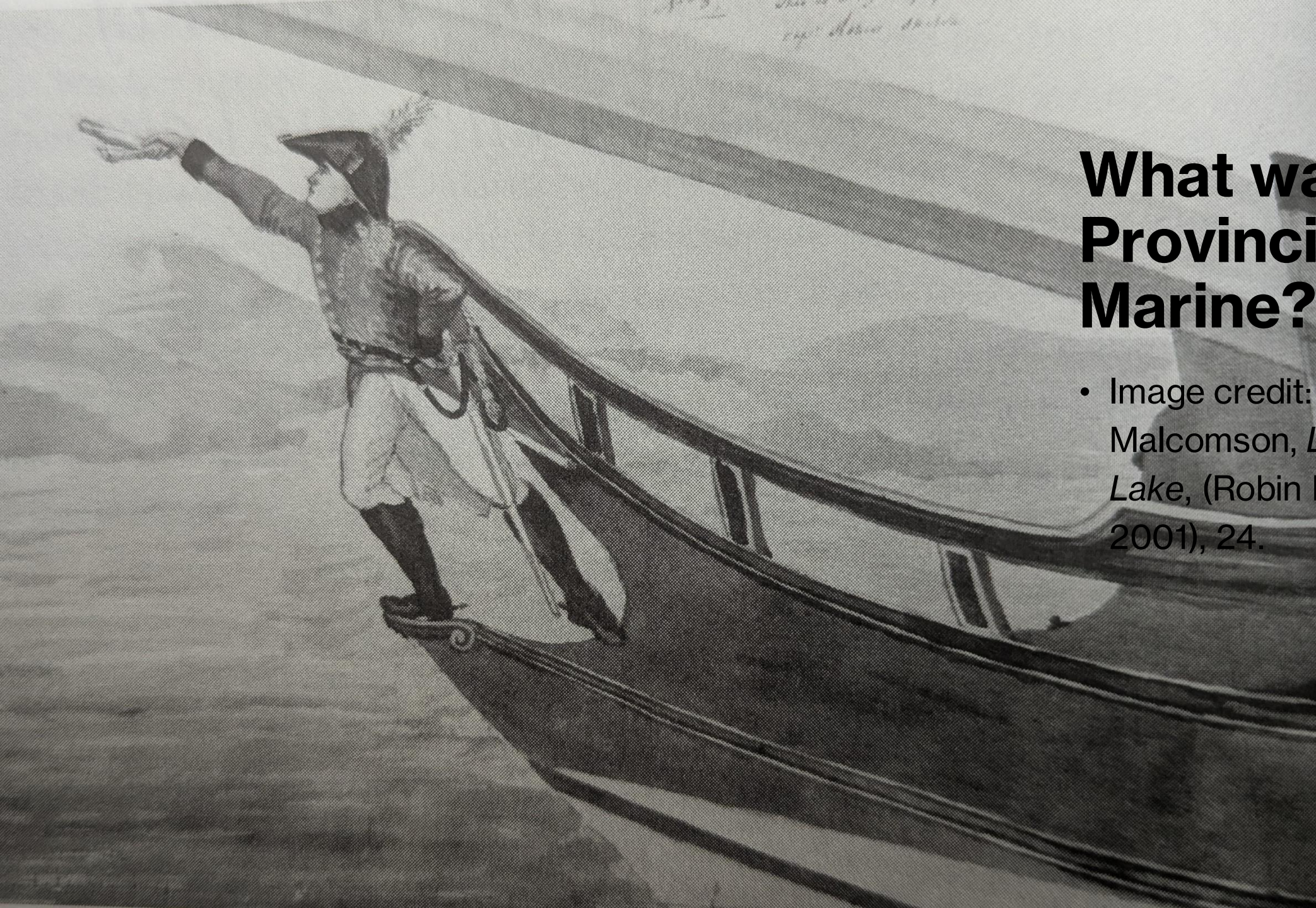


Provincial Provisioning: The Diet and Food Supplies of the Provincial

Marine By: Ethan Moncion

Image Credit: Robert Malcomson, ed., *Sailors of 1812: Memoirs and Letters of Naval Officers on Lake Ontario* by James Richardson, Arthur Sinclair, Henry Kent, Barzallai Pease (Old Fort Niagara Association, 1997), 86.



What was the Provincial Marine?

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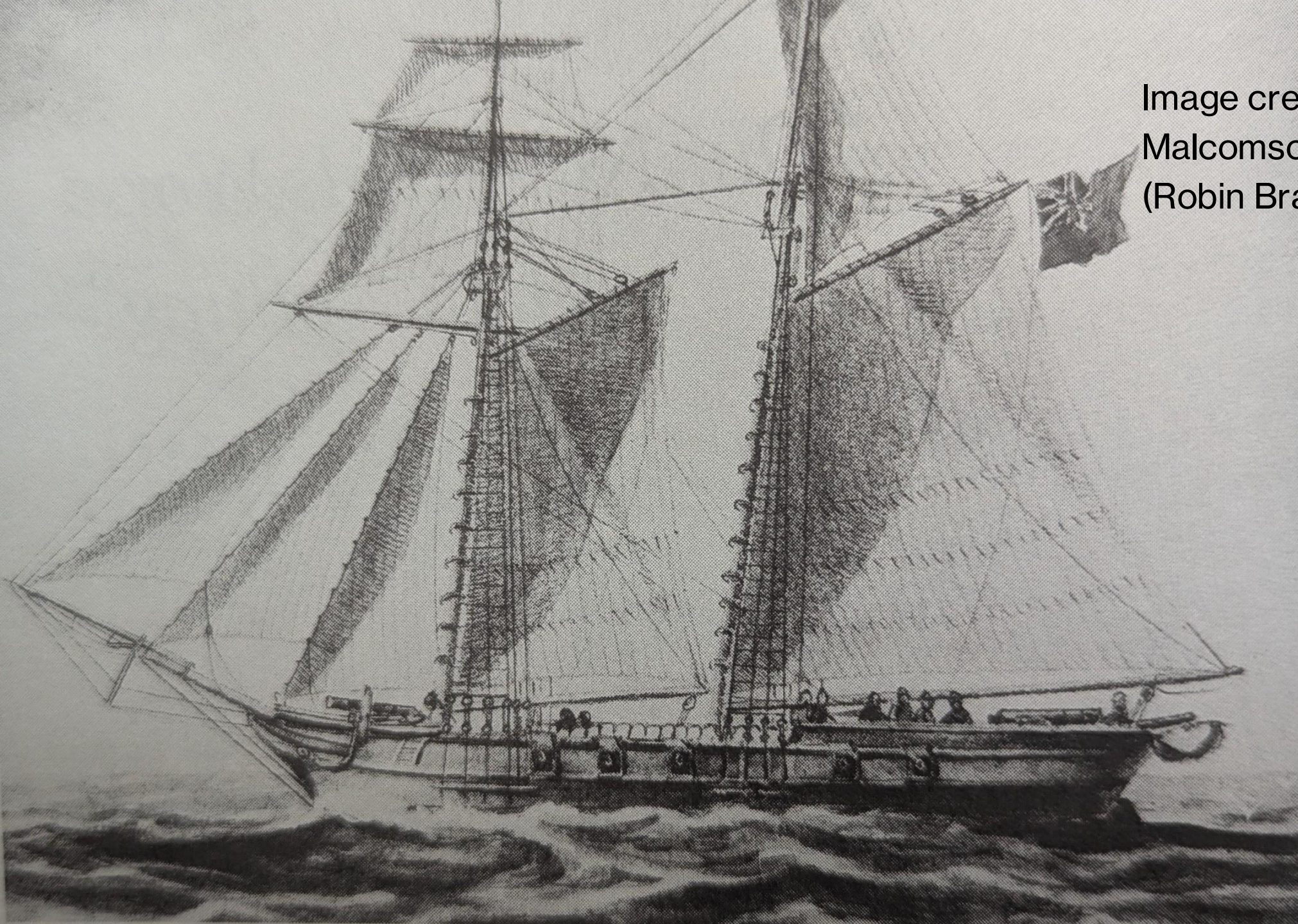


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