BURA Newsletter

Brock University Retirees' Association

September 2024 https://brocku.ca/retirees-association

BURA Executive Rico Natale President: BURAPresident@gmail.com David Siegel Past President: BURAPastPresident@gmail.com Vice President, Hilary Findlay BURAVicePresident@gmail.com Membership Facilitator, Transportation Facilitator: Pat Cane BURAMembership@outlook.com Secretary(interim): Nicolas Baxter-Moore SecretaryBURA@gmail.com Nicolas Baxter-Moore Treasurer: BURATreasurer@gmail.com Communications Coord: Renée Kuchapski BURACommunications@gmail.com Newsletter Editor: Ronald Ogawa rbgabadh@gmail.com Councillor: Alan Castle acastle@brocku.ca Councillor: Patricia McDonnell pmcdonnell@brocku.ca

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Brock Pension Rep.: Terry Varcoe

Phone Ambassador: Marilyn Ferracuti

Upcoming Events

September 25, 2024 Where have all the protest songs gone?

with *Nick Baxter-Moore* at the *Holiday Inn* Arrive: 11:30am for lunch at noon

October 8, 2024 The Fate of Amelia Earhart: No Longer a Mystery with Ian MacKay at the Holiday Inn Arrive: 11:30am for lunch at noon November 21, 2024

Hope for the best, Plan for the rest with *Dr. Sammy Winemaker* at the *Holiday Inn*, Arrive: 11:30am for lunch at noon

December 9, 2024 BURA Holiday Celebration with *Caitlin Miller* at *Club Roma*, Arrive: 11:30am for lunch at noon

BURA Coffee Club at *Ostin's Restaurant,* Arrive: 9:30am

> September 12, 2024 October 23, 2024 November 5, 2024 December 2, 2024

Member News



In Memoriam



In sorrow, and with respect, BURA observes the passing of the following members:

Bob Davis, March 30, 2024 Jeanette Ramsay, June 15, 2024 Bob Rossini, July 6, 2024 Alan Earp, July 7, 2024 Bob Koehn, July 11, 2024

Know of any major events in the lives of our BURA colleagues and friends?

 $\mathbf{P}_{\mathsf{share.}}$ Contact: Pat Cane BURAMembership@outlook.com

New BURA Members

We extend a warm welcome to the following new members:

Richard Cheel, *Earth Sciences* Catherine Foreman, *Library* Mandy Deans Kassies, *Library* Karen McAllister-Kenny, *Recreation* Lynn Thompson Dovi, *Registrar's Office*

Robert R. Taylor has published a new book

 $\mathbf{R}^{ ext{OBERT R. Taylor, retired professor of history, has just had published in Victoria, BC, this book: "Between Heaven and and Balmoral. A History of Cary Castle. British Columbia's First Government House, 1860-1899".$

BURA President's Message

Welcome to another year of the Brock University Retirees Association! I'm honoured to take over the presidential reins from Dave Siegel and I'm looking forward to an action-packed year. As you know 2024 is Brock's 60th anniversary and BURA has been active in a working group that is leading the charge for the celebration. Please review the information for the kick-off event Brock's Skyline Celebration event, scheduled for Saturday, September 21 later in this newsletter. Other events will be announced over the course of the year.

In addition to our newsletter and slate of monthly events and coffee clubs, your BURA executive is working on new initiatives for the upcoming year. Stay tuned for our BURA Member News feature that will help you keep up to date on your fellow Brock colleagues.

Please stay in touch! I do hope to see you at an in-person event this year (BURA can provide transportation **if** it is needed) but, if not, please feel free to send me a note to let me know what BURA can do for you.

Cheers

Rico Natale, BURA President BURAPresident@gmail.com

Volunteers Needed

This is an interesting and rewarding activity where small groups work together to organize events and complete other BURA activities. The Executive can always use new volunteers, whose talents and ideas are needed. Contact Rico Natale or any current member of the Executive for more information.

Please let us know by e-mail to:

Rico Natale BURAPresident@gmail.com

Why retirees should be the CEO of their own health care

REMEMBER that you have the right to ask questions and can disagree with a diagnosis. Retirees, and anyone else caring for themselves or others, unfortunately have to work with an increasingly complex and dysfunctional health care system. To learn more, check out this recent article in https://universityaffairs.ca/career-advice/academic-for-life/

Past Events

Brock University Update

with President Lesley Rigg

D^{R.} Rigg mentioned the BFit (Brock Functional Inclusive Training Centre) program at Brock. On their webpage, "Bfit pursues innovative, multi-disciplinary research and provides supervised community exercise programs to improve health and quality of life in older adults, cardiac patients, and individuals with spinal cord injury, multiple sclerosis, Parkinson's, and amputees".

This September, the first cohort of the new Integrated Engineering program will begin their studies. The program combines elements from three distinct engineering disciplines: mechanical, electrical and software engineering.



Lesley Rigg

She was asked about the effect the government limit on new international students was having at Brock. The number of students was declining before the limit was imposed, but Brock does not rely heavily on international enrollment.

Changing Face of Agri-business in Niagara with Charles Conteh

CHARLES Conteh gave us an historical overview of the agrifood sector in the Niagara Region from land grants given to Empire Loyalist to smallholdings then back to large consolidated industrial farms.

The region innovated with the times. Food production was profitable as Niagara was in an ideal location close to major markets on both sides of the border. The production changed with the introduction of vinifera grapes for wine. Recently, cannabis has become legal in Canada. Greenhouses in the region are switching to growing it.



Charles Conteh

The presentation concluded with some reflections on the institutions

and policies that support the sector such as the Vineland Research and Innovation Centre, Brock's Cool Climate Oenology and Viticulture Institute, and Niagara College's School of Wine, Beer and Spirits.

BURA Annual General Meeting with the *BURA Executive*

Changes to the executive:

President – Rico Natale Past President – David Siegel Vice President – Hilary Findlay Secretary (interim) – Nick Baxter-Moore New Councillors – Alan Castle, Patricia McDonnell

From the Treasurer's report:

"We began the year with \$4655.75 in the bank. We ended the financial year with a balance of \$6538.28, a difference of \$1882.53."

From the President's report:

"I want to pay special tribute to the one member of the Executive who is stepping down from her role this year. Joan McCurdy-Myers has served on the Executive as Secretary for six years. This is one of the most important and time-consuming roles on the Executive. We have been fortunate to have these responsibilities resting in such highly-competent hands. She has been an excellent guide to me in my role as President. We will miss her presence on the Executive, but we look forward to welcoming her as an attendee at our monthly events. On behalf of all members of BURA, I would like to offer my deep gratitude to Joan. "

End of Year Social with *Caitlyn Miller*

W^E wrapped up the Brock University Retirees Association year with a barbeque and live music performed by Caitlyn Miller, a local guitarist and singer. Her styles range from 60s era tunes, to contemporary music and originals.

Fortunately, the hamburgers and sausages were served indoors because there was a major thunderstorm with very heavy rain. The water actually leaked in through the closed glass doors.



Caitlyn Miller

Upcoming Events

September 25, 2024 Where have all the protest songs gone? with Nick Baxter-Moore

IIII INICK DUXIEI-IVIOU

at the Holiday Inn

A CCORDING to Joan Baez, who might be expected to know about such things, "The hardest song to write is a protest song." Nonetheless, many of her contemporaries from the 1960s on – singers, songwriters, and singer/songwriters – contributed to the genre. To support her thesis, some of their songs have stood the test of time while others are long forgotten. Many protest messages have been misunderstood and others satirized and subverted. This "illustrated" talk surveys the history of the protest song from the 1930s to the present day, exploring how protest songs work and how their form has changed over time.

Event Details:

Time : 11:30am for lunch at noon Venue: *Holiday Inn*, 327 Ontario St, St. Catharines

October 8, 2024

The Fate of Amelia Earhart: No Longer a Mystery

with *Ian MacKay* at the *Holiday Inn*

MANY of us know of Amelia Earhart only as a flyer who disappeared sometime in the first half of the 20thcentury, and that her fate is a great, enduring mystery. There are also a sizable number of conspiracy theories explaining that mystery, ranging from a popular one based on the plot of 1943 movie starring Rosalind Russell and Fred MacMurray to the usual suspects: aliens and foreigners.

The truth is more straightforward. Today, there is an enormous weight of individual but interlocking pieces of evidence that precisely outline her fate. Join us for a story full of twists and turns and many surprises, to say nothing of the irony.

Event Details:

Time : 11:30am for lunch at noon Venue: *Holiday Inn*, 327 Ontario St, St. Catharines

November 21, 2024 Hope for the best, Plan for the rest

7 Keys for Navigating a Life-Changing Diagnosis

with Dr. Sammy Winemaker

at the Holiday Inn

CO-AUTHOR, Dr. Sammy Winemaker discusses 7 keys to facing a life-changing illness. It's about how to live well, be fully informed, and be activated. How to feel more like a person, not a patient. But most of all, how to be hopeful and prepared at every step along the way.

Event Details:

Time : 11:30am for lunch at noon Venue: *Holiday Inn*, 327 Ontario St, St. Catharines

December 9, 2024 BURA Holiday Celebration

with Caitlin Miller

at Club Roma

JOIN your BURA friends and colleagues for some holiday cheer and live entertainment provided by Caitlin Miller.

Event Details:

Time : 11:30am for lunch at noon Venue: *Club Roma*, 125 Vansickle Road, St. Catharines, ON

BURA Coffee Club

following dates at the Ostin's Restaurant

September 12, 2024 October 23, 2024 November 5, 2024 December 2, 2024

G OOD news! The monthly coffee club will continue to be in-person gatherings this fall at *Ostin's Restaurant*, 327 Ontario Street, St. Catharines, starting at 9:30am. Please save the above dates. We hope to see you there!

Other Events

September 21, 2024 Brock University 60th Anniversary Events

Join your BURA colleagues at these Brock University 60th Anniversary Events

Registration for Brock's Skyline Celebration event, scheduled for Saturday, September 21 from 6:00 to 11:00 pm is now live. Tickets can be purchased here.

This unique event marks the official launch of Brock University's 60th anniversary celebrations. Guests will have the opportunity to enjoy a memorable evening on the Brock Podium, the outdoor rooftop space surrounding the iconic Arthur Schmon Tower. The celebration will feature local food and wine, live entertainment, and a chance to revisit Brock's history at the Pop-Up Archives.

Additionally, homecoming celebrations will begin on Friday, September 20, and continue through Sunday, September 22. For a full schedule of events, please visit: Homecoming Events Schedule.

October 2, 2024 Brock University Rankin Cancer Run 2024

BURA is teaming up with Brock University to organize a university-wide event to support the *Rankin Cancer Run*.

All participants can register and fundraise on-line at www.rankincancerrun.com for the Brock University team. Registration is \$20 for adults and \$10 for students. All participants who register by a specified date would receive a Rankin Run t-shirt designed by local students.

Brock president, Dr. Lesley Rigg will provide opening remarks.

Please mark your calendars for this important event. Further details will be sent via email, closer to the event date. Please consider participating.

Contribute to the BURA Newsletter!

 $T^{\rm HE} \ {\rm BURA} \ {\rm Newsletter} \ {\rm continues} \ {\rm to} \ {\rm publish} \ {\rm three} \ {\rm times} \ {\rm a} \ {\rm year} \ - \ {\rm the} \ {\rm first} \ {\rm week} \ {\rm of} \ {\rm September}, \ {\rm December} \ {\rm and} \ {\rm April}. \ {\rm Your} \ {\rm contributions} \ {\rm may} \ {\rm include} \ {\rm reports}, \ {\rm notices} \ {\rm of} \ {\rm events}, \ {\rm travelogues} \ {\rm and} \ {\rm photos}, \ {\rm humour}, \ {\rm poetry}, \ {\rm and} \ {\rm other} \ {\rm information} \ {\rm of} \ {\rm interest} \ {\rm to} \ {\rm members}. \ {\rm Send} \ {\rm your} \ {\rm submissions} \ {\rm to}: \ {\rm Ronald} \ {\rm Ogawa} \ {\rm rbgabadh@gmail.com}$



LLN – Fall Lecture Series 2024

Tuesdays, 10 am to noon. Registration opens August 13 at https://llniagara.ca Online registration only 3 In-person and 3 Zoom Lectures In-person at Ruby Carroll Hall, Trillium United Church, 415 Linwell Rd., St. Catharines

September 24th – Canada's North and Its Politics (*In-person*)

Graham White, PhD, Retired Professor of Political Science, University of Toronto, Learn about the influence of Indigenous peoples – First Nations, Métis, and Inuit – in the politics of Canada's northern territories.

October 1st – Gospel Music: A Canadian Perspective (In-person)

Karen Burke, Associate Professor, School of the Arts, Media, Performance & Design, York University; Artistic Director and Co-founder of Toronto Mass Choir; Co-owner of Burke Music Inc., a Gospel music production and publishing company,

Discover the roots of Gospel music and the many ways in which it is connected to Canadian history, including in the Niagara region.

October 8th – Are we (?not?) living in the Anthropocene? (*In-person*)

Francine McCarthy, PhD, Professor, Earth Sciences, Brock University,

What is the Anthropocene? And how does Crawford Lake near Milton fit in? Join us in hearing if scientific research at Crawford Lake can help define this new epoch – the Anthropocene.

October 15th – Mobility and Culinary Change (*Zoom*)

Donna Gabaccia, PhD, Professor Emerita, University of Toronto,

Culinary change has occurred over the years: first, when humans populated the earth, then during the 14th to 17th centuries with increased mobility and trading, and more recently with mass migration and global trading.

October 23th – AI Ethics PROBES (*Zoom*) **This lecture is on Wednesday.**

Gus Skorburg, PhD, Associate Professor of Philosophy, Academic Co-Director of the Centre for Advancing Responsible and Ethical Artificial Intelligence (CARE-AI), and Faculty Affiliate at the One Health Institute at the University of Guelph,

Gain an understanding of the most important ethical considerations relating to Artificial Intelligence and Machine Learning: Privacy, Responsibility, Opacity, Bias, Equity, and Sustainability.

October 29 $^{\rm st}$ – Pioneering Microbiome Research and Advocacy with the Yanomami People(Zoom)

David Good, PhD Candidate, Department of Molecular and Cellular Biology, University of Guelph; Explorer's Club 50 Awardee 2023; and Founder of the Yanomami Foundation

Do you know that your microbiome can impact your health? The Yanomami of the Amazon rainforest possess unique and highly diverse microbiomes. Learn about research among the Yanomami to investigate gut- derived bacterial strains and their potential impact on Western gut microbiota.