# **BURA Newsletter**

### **Brock University Retirees' Association**

### December 2018

# **BURA Executive**

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BURA Representative,

Brock Pension: Terry Varcoe

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# **Upcoming BURA Events**

Tuesday, December 4, 2018

Festive Holiday Lunch at Hilton Garden

Inn, 500 York Road, Niagara-on-the-Lake

**Arrive:** 11:30am for noon luncheon

Cost: \$35 pre-purchase per person

Wednesday, January 16, 2019

Coffee Club at Sunset Grill, Fairview Mall,

Geneva Street, St. Catharines

**Arrive:** 9:30-11:30am for breakfast/coffee

Cost: Pay your own

Tuesday, February 19, 2019

Family Pasta Dinner at Club Capri,

36 Cleveland Street, Thorold

**Arrive:** 4:30pm for 5:00pm dinner

Cost: Adults: \$20, Children: \$10 (plus one

canned or boxed food item per person for

Community Care)

March, (TBA)

Film Night for BURA

Dinner at Sahla Thai Restaurant,

270 St. Paul Street, St. Catharines

Film at Performing Arts Centre, 250

St Paul Street, St. Catharines

Cost: (TBA)

Please welcome **Pat Cane**, our newest councillor, to the BURA executive.

# A Message from BURA's President

We have several new members to BURA since our last newsletter including Al Ross, Joe Kenny, Chris Critelli, Frank Benko, Josephine Callaghan, Gloria Dringus, Julia Gottli, and Gloria Gallagher. We hope that we can welcome more to our group and I hope you will remind others you may know about the Association and the pleasure we all get from meeting each other on a regular basis. I am glad to report that Pat Cane has joined the Executive as a Councillor – a welcome addition to our busy group. This fall we enjoyed several events. The wellattended September social event, organized by Pat Miller, was held at Cat's Caboose – a venue that many of us have enjoyed visiting over the years. This was followed by a sold-out event at the Fall Shaw Festival event. This event was organized by

Velcome to the BURA Newsletter and our

update on activities since the last newsletter.

In **October**, Charles Burton presented a fascinating talk on *The Past, Present and Future of Canada-China Relations*. Professor Burton, a fluent Chinese speaker, has lived and worked in China for the Canadian government and so is well-qualified to speak about the dynamics of China's relations with the west and its Asian neighbours. This talk was organized by Steve Hartman and Jill Brindle.

Evelyn Janke.

Our **November** event, organized by Joan McCurdy Myers, featured a visit from Brock alumnus Adam Shoalts, who gave a spellbinding talk about his solo trip by foot and canoe across the Canadian arctic. This event was held at Rodman Hall which was filled to capacity. Adam published his latest book, "A History of Canada in Ten Maps" in 2017. Here is what the CBC said about the book:

What would the new world look like to wandering Vikings, who thought they had drifted into a land

of mythical creatures, or Samuel de Champlain, who had no idea of the vastness of the landmass just beyond the treeline? Adam Shoalts, one of Canada's foremost explorers, tells the stories behind these centuries old maps, and how they came to shape what became "Canada." It's a story that will surprise readers, and reveal the Canada we never knew was hidden. It brings to life the characters and the bloody disputes that forged our history, by showing us what the world looked like before it entered the history books. Combining storytelling, cartography, geography, archaeology and of course history, this book shows us Canada in a way we've never seen it before.

https://www.cbc.ca/books/a-history-of-canada-in-ten-maps-1.4246860

We hope that we shall have another visit from Adam in the near future.

On **December 4**th, our *Festive Holiday Lunch* will be held at the Hilton Garden Inn 500 York Road, Niagara-on-the-Lake and will feature a seasonal lunch with entertainment by a barbershop quartet (JAQ – Just Another Quartet).

We are busy planning next Winter/Spring events and we are adding a couple of coffee mornings as informal get-togethers for BURA members at the Sunset Grill at the Fairview Mall in St. Catharines in January and on Highway 20 in Pelham in April. We understand that BURA members will get a free pancake at the January launch. Another film night at the Performing Arts Centre is in the planning stages for March, 2019.

Finally, on behalf of your executive committee, I would like to send you best of good wishes for the holiday season.

- Ian Brindle, President

# In Memoriam

In sorrow, with respect and high regard, BURA observes the passing since August, 2018 of the following members:

Siu Ping Lo, spouse of Wing Check Chan, August 20, 2018

Carl Wolff, August 30, 2018

Emma Carlson, October 29, 2018

# ould you please let the Executive know about serious events in the lives of our BURA colleagues and friends?

We'd like to send a greeting card. Contact

Carol-Ann Farinacci buratreasurer@gmail.com or Pat Miller bura@brocku.ca

# **New BURA Members**

## We extend a warm welcome to the following new members:

Frank Benko, *Physics*Josephine Callaghan, *Registrar's Office*Chris Critelli, *Athletics* 

Gloria Dringus, Brock Central/Financial Services

Gloria Gallagher, Registrar's Office

Julia Gottli, CHYS/SOCI/SJES

Joseph Kenny, Athletic Therapy Clinic

Al Ross, Parking Services/Shipping and Receiving

# **Past BURA Events**

# Wednesday, September 19, 2018

## September Social at Cat's Caboose

Wes Turner spoke about the plans underway to establish the Carl M. Wolff endowment and encouraged everyone to contribute.

Cheques can be made out to Brock University with 'In memory of Carl Wolff' in the memo line and mailed to:



Wes Turne

Development and Alumni Relations 1812 Sir Isaac Brock Way St. Catharines ON L2S 3A1

Gifts can be made online at brocku.ca/donate. Under the area with the amount for the gift, there is a check box 'Make this gift in honour or in memory of an individual'. Once checked, you can select 'In Memory' and type 'Carl Wolff'.

Gifts can also be made via phone at 905-688-5550 x4190. It can be indicated at this time that the gift is in memory of Carl Wolff.

Pam Shanks presented Steve Hartman with Brock's annual thousand dollar donation to BURA. We thank Brock and Pam for their continuing support.

# Wednesday, November 14, 2018

## Adam Shoalts



Adam Shoalts

Adam Shoalts regaled us with stories about his solo trek across Canada's Arctic in 2017. He travelled nearly 4,000 km by canoe and on foot.

He showed us how his custom-built canoe was tested by being dropped from the roof of an abandoned five story building! (He actually used one that was not drop-tested.)

The wildlife showed as much interest in him as he in them. Moose had extended their range northwards, probably due to climate change.

# **Upcoming BURA Events**

# Tuesday, December 4, 2018

## Festive Holiday Luncheon

Join us for the last BURA event of the fall season. Share with us stimulating conversation, fine food, and musical entertainment by JAQ (Just Another Quartet.)

**Lunch** will be a delicious roast turkey meal with apple bread stuffing, garlic mashed potatoes, seasonal vegetables, dessert and coffee/tea in the lovely Niagara Garden Room B of the **Hilton Garden Inn**.

## **About JAQ:**

JAQ is a Registered Barbershop Quartet and has been singing for the last 10 years. As noted on their web site "We started singing as chorus members of A Cappella Niagara spending time learning our respective parts under the direction of Derek Stevens, considered one of the finest young directors in the Ontario District. Our A Cappella Niagara experience provided us the opportunity to become one of the premier a cappella quartets in the Niagara Region. We have performed at numerous venues and celebrations throughout Niagara including singing Christmas Carols for Niagara Falls Mayor Diodati and his family. JAQ, our unusual name, is pronounced Jack and is an acronym for Just Another Quartet. We are comprised of Tenor-Jym Cummings, Lead-Kerry Russ, Baritone-Dan Roy, Bass-Howard Bogusat."

### **Event Details:**

**Time:** 11:30am – 2:00pm for lunch at noon

**Venue:** Hilton Garden Inn, 500 York Road, Niagara-on-the-Lake. (at Glendale

Avenue & QEW)

Cost: \$35 pre-purchase per person, Cash Bar

**Coordinators:** Carol-Ann Farinacci and Pat Miller

## Avoid missing out on BURA Newsletters and Event Notices

by making sure we are kept apprised of any revisions to your email or home address.

Please forward any change notices by e-mail to:

bura@brocku.ca

# Wednesday, January 16, 2019 BURA Coffee Club at Sunset Grill, Fairview Mall

hat better way to endure a cold January day than to enjoy a hot cup of coffee or tea (with or without breakfast) in the company of friends. Introducing BURA's new **Coffee Club** commencing Wednesday January 16, 2019 which, going forward, is expected to be hosted in a variety of locations a few times in 2019.



On January 16<sup>th</sup>, **Sunset Grill** at Fairview Mall will be pleased to provide you with your choice of beverage and food items from their tasty menu of breakfast and lunch items. One free pancake per person will be included with any breakfast plate ordered. As noted, this event is "*pay your own way*".

### **Event Details:**

Time: 9:30 – 11:30am (arrive when it's convenient)

Venue: Sunset Grill, Fairview Mall, 285 Geneva Street, St. Catharines

**Cost:** Pay your own way

**Coordinator:** Pat Miller

**RSVP:** Thursday December 27<sup>th</sup> through Saturday January 12<sup>th</sup>

# Go ahead – Make My Day: Again

# Contribute to the BURA Newsletter!

The BURA Newsletter continues to publish three times a year---the first week of September, December and April. These may include reports, notices of events, travelogues and photos, humour, poetry, and other information of interest to members. Photos should be jpeg format only and submitted as attachments to your email. Text may be submitted as part of email or as an attachment. If you do not use a computer, you may also send a paper submission.

Please send your submissions anytime, but at least a week before publication, to

Ron Ogawa rbgabadh@gmail.com

# Tuesday, February 19, 2019

# Family Pasta Dinner & Community Care Food Drive at Club Capri

ather members of your *famiglia*, young through old, and celebrate Family Day week with an Italian pasta and meatball dinner with salad, dessert and refreshments.

While you are thinking of family, let's not forget about our former Brock family and the many Brock students who struggle to pay tuition and rent, leaving little left for food. To help out, we are asking each diner to bring a canned or boxed food item for donation to Community Care.

There will also be two 50/50 draws during the evening to raise some cash for Community Care's fresh produce inventory. A cash bar will be available. Table reservations of 7-8 seats per table will be accepted. Please advise when you forward your email RSVP. *Mangia!!!* 

## **About Community Care Thorold:**

**MISSION:** We compassionately provide vital services and assistance to individuals and families that meet their basic needs and help bridge their journey to self-sufficiency.

Since 1984 Community Care Thorold has been meeting the needs of those facing hardships in our community.

Programs range from food security, clothing and household goods, to emergency services and supports throughout the Region that lead to the independence clients strive to achieve.

### **Event Details:**

**Time:** 4:30pm – 7:00pm. Doors Open at 4:30 pm, buffet at 5:00-6:45 pm

followed by refreshments and sweets through to 7:00 pm.

Venue: Club Capri, 36 Cleveland Street, Thorold

Cost: \$20 for adults, \$10 for children under ten, plus one canned or boxed food

item per person for Community Care. Cash Bar.

**Coordinator:** Pat Miller, Pat Cane

**RSVP:** January 16<sup>th</sup> through February 11<sup>th</sup>, 2019

# March (TBA)

# Film Night for BURA

The film will be chosen by the Brock University Film Society (BUFS) with our group in mind. We will have reserved seats for BURA attendees. If you have been to BUFS film screenings, then you know how difficult it can be to get good seats.



**Dinner** will be at the **Sahla Thai Restaurant**, 270 St. Paul Street, St. Catharines.

### **Event Details:**

Time: (TBA)

**Venues:** Sahla Thai Restaurant, 270 St. Paul Street, St. Catharines.

FirstOntario Performing Arts Centre, 250 St. Paul Street, St. Catharines

(We will have reserve seats for BURA attendees)

Cost: (TBA)

**Coordinator:** Jill and Ian Brindle

## Volunteers Needed

This is an interesting and rewarding activity where small groups work together to organize events and complete other BURA activities. The Executive can always use new volunteers, whose talents and ideas are needed. Contact Steve Hartman or any current member of the Executive for more information.

Steve Hartman shartman@brocku.ca (905) 685-3839

# **Future BURA Events**

# April (TBA)

## The Pre-History of Brock University with Ian Brindle

#### **Event Details:**

Time: 11:30am – 2:00pm for a light lunch at noon, catered by Mahtay Café, St. Catharines.

Venue: Marilyn I. Walker Centre for Fine and Performing Arts, 15 Artists' Common,

St. Catharines. Meet outside the door to the student art gallery.

**Cost:** No cost to attendees, save parking (\$4.50 maximum at Meridian Centre).

**Coordinator:** Pam Shanks

We thank Brock's Office of Development and Alumni Relations, and Executive Director Pam Shanks for this privilege!

# Thursday, April 25, 2019

BURA Coffee Club at Sunset Grill, Fonthill

### **Event Details:**

Time: 9:30 – 11:30am (arrive when it's convenient)

Venue: Sunset Grill, 130 Highway 20 E., Unit D1, Fonthill (near Food Basics)

**Cost:** Pay your own way **Coordinator:** Pat Miller

## **Tuesday, May 14, 2019**

# BURA Annual General Meeting Brunch at the Welland Canal Centre

#### **Event Details:**

Time: 9:30am for breakfast buffet and social catered by Sweets Café;

10:30am AGM commences

Venue: Lockview Lounge, Welland Canal Centre, 1932 Welland Canals Parkway,

St. Catharines (Lock 3)

Cost: (TBD)

# Thursday, June 6, 2019

## 2018-19 Year End Barbecue Luncheon at Brock University

#### **Event Details:**

**Time:** 11:30am – 2:00pm

Venue: Pond Inlet, Brock University, 1812 Sir Isaac Brock Way, St. Catharines

Cost: (TBD)

# **CURAC**

### College and University Retiree Associations of Canada

CURAC announces **travel\_and extended health** insurance available to our members through CURAC's affiliation with

- •MEDOC (Johnston Inc.) and
- •RTO/ERO (Retired Teachers of Ontario / Les enseignantes et enseignants retraités de l'Ontario).

Go to https://www.curac.ca/members-benefits/benefits-for-members/insurance-now-available-en/ for more information.

# **Brock Pension Notes**

n October 10<sup>th</sup>, 2018, Ian Brindle, Gail Neff, Carol-Ann Farinacci, and Steve Hartman met with Terry Varcoe, who has been BURA's representative on the Brock Pension Committee for the last year and a half.

A question was raised about the difference in the rates of return of Brock's pension fund (\$500M), and of Brock's endowment fund (\$100M) which funds scholarships and bursaries. According to Terry, the endowment fund has a very conservative payout of about 3%, and in a bad year the payout can be cut without touching the capital. The endowment fund can accept more risk - higher-risk investments tend to have higher returns (when all goes well).

The pension fund has no such flexibility in its payout. For this reason, our plan managers have put 40% of the Brock assets into long-term fixed-income assets. It's very hard to make money on this 40% that protects us from a major market plunge, and this diminishes the overall rate of return of the plan.

The other 60% of the plan's assets are divided up as follows:

- 50% equities (of which 13.7% is Canadian equities; the rest is distributed worldwide, with considerable assets in the USA.)
- 30% fixed assets
- 10% real estate
- 10% infrastructure