

# Badger Cleaning 101

## -THE BEDROOM -

How many times to do I have to change my sheets?

This is a question I am not prepared to answer

I googled it and saw that badgers change their bedding DAILY...

Well that seems extreme

I'd probably do the same if I slept on grass.

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### Supplies You'll Need

All-purpose cleaner\*

*\*Can use water/vinegar mixture*

Small mop for laminate flooring (if applicable)

Personal sized vacuum\*

*\*not necessary as you can sign out one from your Service Desk*

Broom/Dust Pan

Cleaning Cloth/Paper towels

Disinfecting wipes

Duster/Dusting cloth

Glass cleaner

### Where do I Start?

1. Visit the dollarstore (cleaning items do not have to be expensive)
2. **Put on some music**, most people don't like cleaning so set the mood!
3. De-Clutter the space! Keep your items organized and keep surfaces clear.
4. Dust all surfaces. Important to use a damp cloth and wipe clean any vents in your room to keep dust from accumulating and recirculating in your room. Depending on your building these may be high on the walls, in the ceiling, on the floor or low on the walls near the carpet.
5. Grab that all purpose cleaner (or vinegar/water mixture!) and spray all surfaces and wipe clean (desk, dresser, bookshelves, handles, door knobs and high touch areas. Using disinfecting wipes on high touch areas often is always a good practice.
6. Use the homemade vinegar solution on your mirrors / bedroom windows for a streak free disinfected clean OR use a glass cleaner but don't use Lysol wipes, that's not their job.
7. Take out the garbage/recycling and place in appropriate garbage/recycling areas for your building/unit. Lining your bins with a grocery bag will make clean up that much faster.
8. Vacuum your carpeted area in your room! If you don't have access to your own vacuum visit your Service Desk to sign out a vacuum for a 30 minute period.
9. If you have any laminate flooring in your bedroom, sweep the area and spot clean any spills/build up with an all purpose cleaner/paper towels. Would recommend this area be mopped once a week using a small area mop or something similar like a Swiffer wet jet.
10. Launder bedding at least once a week - remember that white zipped mattress cover that was on your bed when you moved in? This can be unzipped and washed with the rest of your sheets!