



## REB – Health Science REB

### Approved Protocols 1-JANUARY-2023 to 31-JANUARY-2023

| No     | Last Name      | Date Submitted | Title   | Accepted  |
|--------|----------------|----------------|---|-----------|
| 22-135 | KLENTROU       | 16-Nov-22      | Physiological and Psychological Benefits of a “Bulk and Cut” Strength Training Program in Adult Men                             | 03-Jan-23 |
| 22-154 | SCOTT          | 30-Nov-22      | Logging On and Logging Off: Understanding the Work-Life Balance of Social Media Managers of Professional Sport Organizations    | 03-Jan-23 |
| 22-174 | TRISTANI/FORRE | 15-Dec-22      | Playground Closures and Mental Well-being in Children   | 05-Jan-23 |
| 22-197 | LOH            | 06-Jan-23      | Cannabinoids and an Anti-inflammatory Diet for the Treatment of Neuropathic Pain after Spinal Cord Injury: The CATNP Study      | 09-Jan-23 |
| 22-192 | HSIEH          | 03-Jan-23      | Effects of Leisure Education on Leisure Satisfaction, Leisure Attitude, and General Well-being in Widowed Older Adults          | 09-Jan-23 |
| 22-101 | BEAUDETTE/MA   | 24-Oct-22      | The Effects of Supplemental Instruction Derived from Peer-Leaders on Student Engagement in Undergraduate Human Anatomy          | 13-Jan-23 |
| 22-124 | WHYTE          | 09-Nov-22      | Exploring loved ones’ perspectives of move into a long-term care home: Supporting residents in the                              | 13-Jan-23 |
| 22-181 | TRISTANI/FORRE | 20-Dec-22      | How does active leisure during the winter impact the quality of life for seniors, who are aged 65 or more, in Southern Ontario? | 17-Jan-23 |
| 22-214 | HARVEY         | 18-Jan-23      | Leisure and Recreation in Later life: Reflections on Student Partnerships Across Institutions                                   | 23-Jan-23 |
| 22-217 | KHOWAJA        | 19-Jan-23      | Inappropriate Anti-psychotic use and cost associated with the adverse events in long terms homes across Niagara region          | 23-Jan-23 |
| 22-224 | ZEADIN         | 24-Jan-23      | Applying a 4M framework to interprofessional education: Connecting the academy to local, global and Indigenous communities      | 25-Jan-23 |
| 22-159 | SILVA E SILVA  | 05-Dec-22      | Understanding Compassion Fatigue and Burnout in Organ Donation Coordinators in Canada: A National Focus Group Discussion        | 25-Jan-23 |
| 22-196 | SPENCE         | 09-Jan-23      | Exploring emotional labour of women head coaches in the Canadian University context   | 30-Jan-23 |

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|--------|------|-----------|--|-----------|
| 22-127 | HALL | 14-Nov-22 | Exploring the Students Perspective of Alternative Environment Activities in Physical Education | 30-Jan-23 |
| 22-184 | HOOD | 20-Dec-22 | Exploring Descriptions of Non-Finite Loss in Mental Illness: A Qualitative Study               | 30-Jan-23 |

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| <b>Continuing Reports</b> | <b>1-JANUARY-2023 to 31-JANUARY-2023</b> |
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| No     |            |           | Title  | Continuing Report |
|--------|------------|-----------|--|-------------------|
| 19-117 | HOLMES     | 04-Nov-19 | Physical demands in ultrasound technicians: Evaluating biomechanical loading and injury risk across patients                                 | 03-Jan-23         |
| 21-217 | GAMMAGE    | 26-Jan-22 | Enhancing prenatal yoga participation: A qualitative investigation of motivators and barriers to prenatal yoga among Canadian pregnant women | 17-Jan-23         |
| 21-228 | TOKUNO     | 07-Feb-22 | The effect of vibration on postural responses to an unexpected loss of balance   | 17-Jan-23         |
| 18-268 | CAMPBELL   | 01-Apr-19 | Task-Related-Interference in Older Adults: Exploring On and Off Task Thoughts  | 17-Jan-23         |
| 21-125 | HOLMES     | 22-Nov-21 | Quantifying Worker Upper Extremity Exposure in Helicopter  | 19-Jan-23         |
| 21-219 | MACPHERSON | 27-Jan-22 | Examination of neuron health using human brain bank samples<br>Manufacturing   | 19-Jan-23         |
| 21-237 | HOLMES     | 16-Feb-22 | Inter-Joint Coordination in the Back Squat Using a Theraband Loop.   | 19-Jan-23         |
| 21-124 | HOLMES     | 22-Nov-21 | Validation of a Markerless Motion Capture Solution for Shooting in Ice Hockey  | 19-Jan-23         |
| 21-123 | HOLMES     | 22-Nov-21 | The Effect of Upper Limb Position on Corticospinal Excitability of the Shoulder Muscles  | 19-Jan-23         |
| 18-279 | AL-AIDROOS | 03-Apr-19 | How are the contents of visual working memory protected from distraction?  | 23-Jan-23         |
| 20-163 | LOCKWOOD   | 15-Mar-21 | Why Skate Uphill? - A Kinematic Analysis of Forward Skating on an Incline  | 23-Jan-23         |
| 21-201 | WHYTE      | 12-Jan-22 | Exploring Academic Design Considerations and Best Practices in Therapeutic Recreation  | 25-Jan-23         |
| 19-247 | KLENTROU   | 19-Feb-20 | Bone Response to Exercise Before and After one Week of Energy Restriction in Young Women   | 25-Jan-23         |
| 19-298 | PANDA      | 06-Apr-20 | Examining brain networks important for language and reading in typically developing children   | 25-Jan-23         |

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|--------|-----------|-----------|---|-----------|
| 21-122 | HOLMES    | 22-Nov-21 | Characterizing the impact of low-intensity muscle fatigue on fine motor performance of the distal upper extremities | 25-Jan-23 |
| 19-296 | STRUG     | 01-Apr-20 | Voices of the SickKids Research Institute   | 30-Jan-23 |
| 19-271 | BEAUDETTE | 05-Mar-20 | The utility of skin stretch sensors in the evaluation of spine motor control  | 31-Jan-23 |

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| <b>Modifications</b> | <b>1-JANUARY-2023 to 31-JANUARY-2023</b> |
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| No     | Last Name    | Date Submitted | Title  | Modification Number |   |
|--------|--------------|----------------|--|---------------------|---|
| 21-201 | WHYTE        | 12-Jan-22      | Exploring Academic Design Considerations and Best Practices in Therapeutic Recreation  | 03-Jan-23           | 1 |
| 18-254 | BOGAERT      | 04-Mar-19      | Fraternal Birth Order, Height, Personality, and Sexual Orientation in Add Health   | 03-Jan-23           | 1 |
| 19-131 | KLENTROU     | 13-Nov-19      | Acute effects of high intensity interval exercise (cycling and running) on markers of bone metabolism, inflammation and oxidative stress in young adults                                   | 09-Jan-23           | 2 |
| 12-284 | BOGAERT      | 17-May-13      | Sexual Arousal in Asexual Men (SAAM)   | 10-Jan-23           | 5 |
| 21-319 | BEAUDETTE    | 08-Jun-22      | Automated Movement Screen: Developing a data-driven scoring tool to assess spine motor dysfunction   | 20-Jan-23           | 1 |
| 21-228 | TOKUNO       | 07-Feb-22      | The effect of vibration on postural responses to an unexpected loss of balance   | 20-Jan-23           | 4 |
| 22-136 | MICHAELSON   | 16-Nov-22      | Investigating the role of spirituality for South Asian seniors living with Type 2 Diabetes   | 25-Jan-23           | 1 |
| 22-101 | BEAUDETTE/MA | 24-Oct-22      | The Effects of Supplemental Instruction Derived from Peer-Leaders on Student Engagement in Undergraduate Human   | 25-Jan-23           | 1 |
| 22-037 | LOCKWOOD     | 04-Aug-22      | Measuring the Contribution of Equipment to Performance: Using portable in-skate instrumentation to optimize skate boot/blade set up, training and performance in world class speed skaters | 25-Jan-23           | 1 |

**Final Reports****1-JANUARY-2023 to 31-JANUARY-2023**

| <b>No</b> | <b>Last Name</b> | <b>Title</b>                                    | <b>Accepted</b> | <b>Final Report</b> |
|-----------|------------------|---|-----------------|---------------------|
| 20-218    | KLENTROU         | Menstrual cycle related fluctuations in         | 24-Feb-21       | 03-Jan-23           |
| 19-265    | FALK             | Maximal Force Estimation and Muscle             | 30-Mar-20       | 04-Jan-23           |
| 21-200    | RICH             | Gay men, well-being, and sport participation: A | 10-Feb-22       | 16-Jan-23           |
| 21-218    | HUTSON           | Experiencing the Experience of Horseback        | 10-Feb-22       | 17-Jan-23           |
| 20-275    | PATTE            | Mental health effects of COVID-19 of Canadian   | 23-Mar-21       | 23-Jan-23           |
| 20-269    | LOCKWOOD         | “Relationship Between Stroke Length, Stroke     | 23-Mar-21       | 23-Jan-23           |
| 17-347    | WARD             | Food components and bone cell metabolism        | 04-Apr-18       | 23-Jan-23           |
| 21-187    | TRUSSELL         | A critical examination of the marketing         | 10-Feb-22       | 25-Jan-23           |
| 21-203    | LOCKE            | Physical activity and diet during pregnancy:    | 10-Feb-22       | 31-Jan-23           |