



The Zone Attendant & Personal Trainer

Department: Brock Recreation

Contact: Amanda Gregory agregory@brocku.ca

Pay Scale: \$16.55 (more when training clients)

Expected start date: September, 2024

Overview:

Reporting to The Zone Manager, The Zone Attendant & Personal Trainer is responsible for front-line operations of Brock University's Fitness Centre. As Brock's primary student fitness centre, The Zone is open seven days a week, serving Brock's undergraduate and graduate student populations, University Faculty and staff members, and guests from within the community. Having recently undergone a major expansion, the facility now boasts close to 16,000 sq ft of fitness space, as well as multiple studios and an outdoor exercise area. This role is tasked with ensuring the safe and effective use of the space, as well as maintaining cleanliness, safety, and a positive experience for members.

Requirements:

- Brock University student
- Certified Personal Trainer (CSEP, NSCA, CPTN, canfitpro, or similar)
- Standard First Aid & CPR-C

Responsibilities of the Position will include but are not limited to:

- Deliver all aspects of the personal training program to clients, including but not limited to customized program design, individual training sessions, and body composition testing
- Provide members with superior customer service & deliver current comprehensive fitness and health programming & information
- Actively supervise members and ensure they are working out in a safe and effective manner as well as adhering to all fitness centre member expectations
- Maintain optimal operation of the facility through daily cleaning, maintenance, and safety checks
- Carry out all necessary screening protocols for users upon entering the Fitness centre
- Advocacy for staff and member rights and privileges as they pertain to The Zone operations
- Model the lifestyle habits expected of a fitness professional
- All other duties as assigned by a supervisor

Conditions of Employment:

- All required certifications are subject to the approval of the Fitness Centre Manager. Employment is contingent upon receipt of all required certifications and documentation prior to the opening of the Fall 2024 academic term.
- Attend all required professional development opportunities.
- Completion of all mandatory training sessions, including but not limited to the following:
 - AODA (Accessibility for Ontarians with Disabilities Act)
 - Workplace Health & Safety
 - Workplace Violence and Sexual Harassment
 - FIPPA (Freedom of Information and Protection of Privacy Act).
- Availability to work a minimum of two shifts per week, including mornings, evenings, and weekends.

Our Commitment

Brock University is actively committed to diversity and the principles of Employment Equity and invites applications from all qualified candidates. Women, Indigenous peoples, members of visible minorities, and people with disabilities are encouraged to apply. We will accommodate the needs of the applicants and the Ontario Human Rights Code and the Accessibility for Ontarians with Disabilities Act (AODA) throughout all stages of the selection process, as outlined in the Employee Accommodation Policy(https://brocku.ca/webfm_send/39939).

Please advise Amanda Gregory (agregory@brocku.ca) to ensure your accessibility needs are accommodated through this process. Information received relating to accommodation measures will be addressed confidentially.

FIPPA

All Brock employees are required to comply with Ontario's Freedom of Information and Protection of Privacy Act (FIPPA). To help meet our legal obligations under FIPPA, employees are required to complete mandatory online training.

AODA

All Brock employees are required to comply with the Accessibility for Ontarians with Disabilities Act (AODA). To help meet our legal obligations, employees are required to complete mandatory online training.

Health and Safety

All Brock employees are required to complete online mandatory training to comply with related safety legislation.

Workplace Violence Training

All Brock employees are required to complete online mandatory training to comply with related legislation. Training to be completed on Brock's Sakai site.