

CAMPS AT HOME

Make Your Own Slushies

Did you know that you can make your own slushies with just two Ziploc bags, some ice, salt and your favourite drink? The science behind this delicious treat is that when you add the salt to the ice, it lowers the freezing point of the water in the bag, so the bag of ice stays colder longer than plain ice. Instead of your ice melting when you shake it around, it stays frozen long enough to freeze your juice - creating your slushie!

Materials:

- Juice or soda (whatever flavour you would like your slushie to be)
- Ice
- Salt
- Gallon Ziploc bag
- Sandwich Ziploc bag

Steps:

1. Take your juice or soda and pour it into the sandwich Ziploc bag.
2. Take your gallon Ziploc bag and fill with ice 1/4 way full.
3. Add 1/3 cup of salt on top of your ice cubes.
4. Place your sandwich Ziploc into your gallon Ziploc.
5. Shake for 5-10 minutes.
6. Enjoy your refreshing homemade drink!



WARNING! This will get SUPER cold! You can wrap a tea towel around the bag so your hands don't get too cold.

This same process can be done to make your own ice cream! Instead of putting juice into the sandwich bag, add the recipe below:

- 300mL Milk
- 1 tbsp sugar
- ¼ tsp vanilla
- Food colouring for fun!