


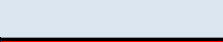


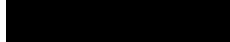

Eleanor Misener Aquatic Centre, Brock University

Weekly Pool Schedule

Nov 4 - 10, 2024

TIME:	MONDAY ⁴	TUESDAY ⁵	WEDNESDAY ⁶	THURSDAY ⁷	FRIDAY ⁸	SATURDAY ⁹	SUNDAY ¹⁰
7:00-7:30am	Fitness Swim	Fitness Swim	Fitness Swim	Fitness Swim	Fitness Swim		
7:30-8:00am	7am-9am	7am-9am	7am-9am	7am-9am	7am-9am		
8:00-8:30am	25m	50m	25m	50m	25m		
8:30-9:00am	Limited space	Limited Space	Limited space	Limited Space	Limited Space		
9:00-9:30am							
9:30-10:00am							
10:00-10:30am							
10:30-11:00am							
11:00-11:30pm	Fitness Swim		Fitness Swim				Fitness Swim
11:30-12:00pm	11am-2pm		11am-2pm				25m
12:00-12:30pm	25m		25m		Fitness Swim		11am-1pm
12:30-1:00pm					11am-2pm		
1:00-1:30pm	Shallow Only		Shallow Only		25m	Fun Swim	
1:30-2:00pm	1pm-2pm		1pm-2pm			1pm-3pm	
2:00-2:30pm		Fitness Swim		Fitness Swim			
2:30-3:00pm		2pm-4pm		2pm-4pm			
3:00-3:30pm		25m		25m		Fitness Swim	
3:30-4:00pm		Limited Space		Limited Space		3pm-4:30pm	
4:00-4:30pm						25m	
4:30-5:00pm							
5:00-5:30pm							
5:30-6:00pm							
6:00-6:30pm							
6:30-7:00pm							
7:00-7:30pm							
7:30-8:00pm							
8:00pm-8:30pm		Fun Swim		Fun Swim			
8:30pm-9:00pm		8pm-9:50pm		8pm-9:50pm			
9:00pm-9:50pm							

LEGEND :

	Fitness Swim 25m		Fitness Swim 50m
	Limited Space Available		Special Event
	No Space Available		
	Diving Boards & Rope Swing Available		

www.brocku.ca/aquatics

schedule subject to change

Pool Availability for the week of November 4, 2024

Pool Availability for the week of November 4, 2024					
<u>Monday, November 4</u>			<u>Thursday, November 7</u>		
Varsity	6am-8am		Varsity/BNA	6am-8am	7 lanes
HS Swim Team	6am-7:30am		HS Swim Team	3pm-4pm	2 lanes
Masters	6am-7:30am		HS Swim Team	3pm-4pm	2 lanes
Aquafit	11am-12pm		HS Swim Team	3pm-4pm	2 lanes
Masters	11:30am-1pm		Olympic Way	4:15pm-5:30pm	
Brock Student Swim Lesson	12pm-1pm		LSS Swim Lessons	4:30pm-8pm	
Varsity	1pm-4pm		Innertube Water Polo	8:30pm-10pm	
BNA	3:30am-6pm				
BNA	5:45pm-7:45pm				
Masters	7pm-8:30pm				
LSS Clubs	7:15pm-8:30pm		<u>Friday, November 8</u>		
			HS Swim Team	6am-7:30am	4 lanes
<u>Tuesday, November 5</u>			Varsity	6am-8am	
Varsity	6am-8am	7 lanes	Masters	6am-7:30am	
Olympic Way	4:15pm-5:30pm		Masters	11:30am-1pm	
LSS Swim Lessons	4:30pm-8pm		Varsity	2pm-5pm	
HS Swim Team	3pm-4pm	2 lanes	BNA	3:30pm-6pm	
HS Swim Team	3pm-4pm	2 lanes	BNA	5:45pm-7:45pm	
Innertube Water Polo	8:30pm-10pm		Masters	6pm-7:30pm	
			LSS Leadership	5pm-9pm	
<u>Wednesday, November 6</u>			<u>Saturday, November 9</u>		
HS Swim Team	6am-7:30am	4 lanes	Varsity/BNA	5:30am-8:30am	
BNA	6am-7:30am		LSS Swim Lessons	9am-1pm	
Masters	6am-7:30am		LSS Leadership	8:30-5pm	
HS Swim Team	7:30am-8:30am	4 lanes			
Aquafit	11am-12pm				
Masters	11:30am-1pm				
Brock Student Swim Lesson	12pm-1pm				
Varsity	1pm-4pm	Deep	<u>Sunday, November 10</u>		
BNA	3:30pm-6pm		LSS Leadership	8:30am-5pm	
BNA	5:45pm-7:45pm		HS Swim Team	11:30am-12:30pm	4 lanes
Olympic Way	5:45pm-8:15pm				
LSS Leadership	7:15pm-10pm				