

Eleanor Misener Aquatic Centre, Brock University

Weekly Pool Schedule

Mar 11 - 17, 2024

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|-----------------------------------|--------------------------------------------|
| TIME: | 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 7:00-7:30am | Fitness Swim | Fitness Swim | Fitness Swim | Fitness Swim | Fitness Swim | | |
| 7:30-8:00am | Limited space | Limited Space | Limited Space | Limited spce | Limited Space | | |
| 8:00-8:30am | 7am-9am | 7am-9am | 7am-9am | 7am-9am | 7am-9am | | |
| 8:30-9:00am | 25m | 50m | 25m | 50m | 25m | | |
| 9:00-9:30am | | | | | | | |
| 9:30-10:00am | | | | | | | |
| 10:00-10:30am | | | | | | | |
| 10:30-11:00am | | | | | | | |
| 11:00-11:30pm | Fitness Swim | Fitness Swim | Fitness Swim | Fitness Swim | Fitness Swim | | Fitness Swim 25m Shallow 11:30am-1pm |
| 11:30-12:00pm | 11am-1pm | 11am-1pm | 11am-1pm | 11am-1pm | 11am-1pm | | |
| 12:00-12:30pm | 25m | 25m | 25m | 25m | 25m | | |
| 12:30-1:00pm | | | | | | | |
| 1:00-1:30pm | March Break Fun Swim 1pm-3pm | March Break Fun Swim 1pm-3pm | March Break Fun Swim 1pm-3pm | March Break Fun Swim 1pm-3pm | March Break Fun Swim 1pm-3pm | Fun Swim 1pm-3pm | |
| 1:30-2:00pm | | | | | | | |
| 2:00-2:30pm | | | | | | | |
| 2:30-3:00pm | | | | | | | |
| 3:00-3:30pm | | | | | | Fitness Swim 3pm-4:30pm 25m | |
| 3:30-4:00pm | | | | | | | |
| 4:00-4:30pm | | | | | | | |
| 4:30-5:00pm | | | | | | | |
| 5:00-5:30pm | | | | | | | |
| 5:30-6:00pm | | | | | | | |
| 6:00-6:30pm | | | | | | | |
| 6:30-7:00pm | | | | | | | |
| 7:00-7:30pm | | | | | | | |
| 7:30-8:00pm | | | | | | | |
| 8:00pm-8:30pm | | Fun Swim 8pm-9:50pm | | Fun Swim 8pm-9:50pm | | | |
| 8:30pm-9:00pm | | | | | | | |
| 9:00pm-9:50pm | | | | | | | |

LEGEND :



Fitness Swim 25m

Limited Space Available

No Space Available

Diving Boards & Rope Swing Available



Fitness Swim 50m

Special Event

www.brocku.ca/aquatics

schedule subject to change

| | | | | | |
|---------------------------|------------------------|----------------|--------------------------|----------------------|----------------|
| | | | | | |
| | | | | | |
| Monday March 11 | | | Thursday March 14 | | |
| Varsity/BNA | 6am-8am | | BNA/Varsity | 6am-8am | |
| Masters | 6:30am-8pm | 4 lanes | OW | 4:15pm-5:30pm | |
| Aquafit | 11:10am-11:50am | 2 lanes | Intramurals | 8pm-10pm | |
| Masters | 11:30am-1pm | 4 lanes | | | |
| HS swim team | 4:30pm-6pm | 4 lanes | Friday March 15 | | |
| Masters | 7pm-8:30pm | 4 lanes | BNA/Varsity | 5:30am-8am | |
| | | | Masters | 6:30am-8am | |
| Tuesday March 12 | | | Masters | 11:30am-1pm | |
| BNA/Varsity | 6am-8am | | Varsity/BNA | 2pm-7:30pm | |
| KINE 3P14 | 2pm-4pm | | HS Swim Team | 4:30pm-6pm | 4 lanes |
| OW | 4:15pm-5:30pm | | Masters | 6pm-7:30pm | 4 lanes |
| | | | | | |
| Intramurals | 8pm-10pm | | | | |
| | | | | | |
| Wednesday March 13 | | | | | |
| BNA Swim Team | 6am-7:30am | 8 lanes | Saturday March 16 | | |
| Masters | 6:30am-8am | 4 lanes | BNA/Varsity | | |
| Aquafit | 11:10am-11:50am | 2 lanes | NL Recert | 9am-1pm | |
| Masters | 11:30am-1pm | 4 lanes | | | |
| Masters | 7pm-8:30pm | 4 lanes | Sunday March 17 | | |
| | | | | | |
| | | | | | |