

Eleanor Misener Aquatic Centre, Brock University

Weekly Pool Schedule

Mar 18 - 24, 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
TIME:	18	19	20	21	22	23	24
7:00-7:30am	Fitness Swim	Fitness Swim	Fitness Swim	Fitness Swim	Fitness Swim		
7:30-8:00am	Limited space	Limited Space	Limited Space	Limited spce	Limited Space		
8:00-8:30am	7am-9am	7am-9am	7am-9am	7am-9am	7am-9am		
8:30-9:00am	25m	50m	25m	50m	25m		
9:00-9:30am							
9:30-10:00am							
10:00-10:30am							
10:30-11:00am							
11:00-11:30pm	Fitness Swim		Fitness Swim		Fitness Swim		
11:30-12:00pm	11am-2pm		11am-2pm		11am-2pm		Fitness Swim
12:00-12:30pm	25m		25m		25m		25m Shallow
12:30-1:00pm							11:30am-1pm
1:00-1:30pm						Fun Swim	
1:30-2:00pm							1pm-3pm
2:00-2:30pm		Fitness Swim		Fitness Swim			
2:30-3:00pm		2pm-4pm		2pm-4pm		Fitness Swim	
3:00-3:30pm		25m		25m		3pm-4:30pm	
3:30-4:00pm						25m	
4:00-4:30pm							
4:30-5:00pm							
5:00-5:30pm							
5:30-6:00pm							
6:00-6:30pm							
6:30-7:00pm							
7:00-7:30pm							
7:30-8:00pm							
8:00pm-8:30pm				Fun Swim			
8:30pm-9:00pm					8pm-9:50pm		
9:00pm-9:50pm							

LEGEND :



Fitness Swim 25m

Limited Space Available

No Space Available

Diving Boards & Rope Swing Available



Fitness Swim 50m

Special Event

www.brocku.ca/aquatics

schedule subject to change

Monday March 18			Thursday March 21		
Varsity/BNA	6am-8am		BNA/Varsity	6am-8am	
Masters	6:30am-8pm	4 lanes	OW	4:15pm-5:30pm	
Aquafit	11:10am-11:50am	2 lanes	Intramurals	8pm-10pm	
Masters	11:30am-1pm	4 lanes			
OW	5:45pm-8:15pm		Friday March 22		
Masters	7pm-8:30pm	4 lanes	BNA/Varsity	5:30am-8am	
			Masters	6:30am-8am	
Tuesday March 19			Masters	11:30am-1pm	
BNA/Varsity	6am-8am		Varsity/BNA	2pm-7:30pm	
KINE 3P14	2pm-4pm		Masters	6pm-7:30pm	4 lanes
OW	4:15pm-5:30pm				
Aquatic Staff Inservice	7pm-10pm				
Wednesday March 20					
BNA Swim Team	6am-7:30am	8 lanes	Saturday March 23		
Masters	6:30am-8am	4 lanes	BNA/Varsity		
Aquafit	11:10am-11:50am	2 lanes	Aquatic Staff Inservice	9am-12pm	
Masters	11:30am-1pm	4 lanes			
OW	5:45pm-8:15pm		Sunday March 24		
Masters	7pm-8:30pm	4 lanes			