# KINE 4P31 - Reflective Practice in Physical Education

### **INSTRUCTOR**

Dr. Tim Fletcher

## Vision for Professional Practice Assignment (30%)

The aim of this partnered assignment is to have you begin thinking about your vision for teaching physical education or coaching youth sport (or other form of professional practice) - or the thing that will guide your teaching/coaching behaviours. Further, it signals the beginning of a professional dialogue that you and I will engage in through the course.

# Steps to complete the assignment:

- **A. Find a partner** with whom you feel comfortable working. You need to be honest and open about describing your thoughts for this assignment, so it pays to select someone you know and/or trust.
- **B. Develop interview questions with your partner** that will help both of you describe your experiences of physical education, youth spot, and/or physical activity. These should be open-ended (i.e. not answerable as yes/no) and during the interviews you should be prepared to probe (e.g. Can you tell me more about that? Why do you think that? Can you provide some examples? How did that make you feel?)
- **C. Interview each other.** You should think of the interview more as a conversation rather than a journalistic-type interview (see probe questions above). You could choose to record the interview (Garage Band application on Macs works well, as does the freely downloadable Audacity if you have a PC) or you could interview each other via email or a combination of the two.
- **D.** Listen to the interview and write down excerpts/quotes that you feel are important, insightful, or that capture an important descriptive moment.
- **E.** Work with your partner to identify common themes AND differences in opinion. This should not be thought about as disagreements but rather how one person found an experience more (or less) beneficial or powerful than the other and explain why.
- **F. Write the paper together.** There are several ways to do this. You could both sit down at the computer together or one person could do one section and the other person another. It doesn't matter as long as you both feel that the final product fairly and accurately represents the thoughts, ideas, experiences, and opinions of you both.

#### Structure of the paper:

**Section 1.** A brief introduction on (a) reflective practice (What is it? Who has said wahat about reflective practice? Why is it thought to be important?), and (b) the role/purpose of a vision for teaching/coaching or other form of professional practice (i.e. several links to the literature) and (c) a quick summary of what you will discuss in your paper.

**Section 2.** An analysis/discussion of prominent issues, points of view, or goals that you each want to achieve as a professional practitioner (e.g., teacher/coach)

Section 3: An analysis/discussion of prominent issues, points of view, or goals that you want learners to achieve with their time with you as their teacher/coach

**Section 4:** An analysis/discussion of clear and explicit links to learning about yourselves/each other that has occurred from writing this paper.

Section 5: A brief conclusion that ties things together.

## Format guidelines:

It is acceptable to submit this in an essay-style written piece, in written expanded points, in a mind-map/brainstorm/spider-web with visual images, in a video, or another form of representation.

- Essay-style paper: word limit for this paper is 2000 words MAXIMUM, double-spaced
- 'Alternative' format: you MUST see the instructor before doing so in order to agree upon benchmarks or essential features. For example, if you choose to use a mindmap, your visual representation must be supplemented with written explanations of the connections you have made.