People, Places and Things Content Advisories

This play deals with difficult subjects that may be disturbing to some viewers.

These include:

- **Substance Abuse & Addiction:** Graphic depictions of drug and alcohol abuse, withdrawal, detox, and relapse (including snorting lines, severe physical shaking, and writhing in pain).
- **Mental Illness & Psychological Distress:** Panic attacks, severe emotional breakdown, grief, abandonment, and deep existential distress.
- **Hallucinations & Sensory Overload:** Detox-induced hallucinations featuring doppelgängers/multiples of the main character crawling out of walls/furniture, accompanied by flashing/strobe lighting, harsh lighting design, and a loud, cacophonous, nightmare-like soundscape.
- **Self-Harm & Suicide:** Verbal references or mentions of suicide and suicide attempts.
- **Strong Language:** Frequent use of profanity and intense verbal arguments.
- **Needles and clinical procedures**

HOTLINES/MENTAL HEALTH SUPPORT:

- **ON CAMPUS**
  - BrockU Mental Health Support
- **OFF CAMPUS, 24/7**
  - **Suicide Crisis Helpline:**
    Call or text **9-8-8** (toll-free, 24/7).
  - **Ontario helpline**: connexontario.ca
  - **Good2Talk Ontario**: Good2Talk Ontario
    Free confidential help line for post-secondary students.
    Phone: 1-866-925-5454
  - **Crisis Outreach and Support Team (COAST):**
    Call **1-866-550-5205**
  - **Here 24/7**: here247.ca/ Mental Health and Crisis Service Team.
    Phone: 1-844-437-3247
  - **Narcotics Anonymous in Niagara**
    https://www.niagarana.com/meetings-
    Meetings schedule
  - **Alcoholics Anonymous in Niagara**
    https://aaniagara.org/