



Exam Survival Guide: Tips, Tricks & Diversions.

Created by Chelsea Humphries & Evelyn Smith,
Brock University Library.

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Brock University Library

Learn from the Pros.

We've gathered some tried-and-true methods, guides, & supports compiled by Brock experts to help you study and find the materials you need as you finish your final assignments!

Just-in-Time Workshops

A-Z Learning Services Workshops



● Exam Prep ● Multiple-Choice Exams ● Making Sense of Online Exams ● Build a 5-Day Study Plan

Student Wellness & Accessibility Workshops



● Getting Ready for Finals ● Stress Less for Tests

Library Mindful Research Workshop. Learn how incorporating elements of mindfulness into the research process can improve daily academic experiences. **November 22** via Microsoft Teams.

DIY Help for Final Projects

The Library and A-Z Learning Services have resources to assist you in the researching, writing, and citing of your take-home exams and final projects.

[Video Lessons](#)

Topics include: Peer Review, Primary & Secondary Sources, Scholarly Sources, Evaluating Sources, Creating Search Strategies, and Annotated Bibliographies

[Library research guides by program](#)

[Library guides for writing & citing](#)

[A-Z Learning Services Referencing Sources and Citation Guides](#)



Do you have questions about your research? [Chat with a librarian](#), email us at libhelp@brocku.ca, or [book an appointment with your program librarian](#).

Log-in & Stream.

Through Brock's subscriptions, you have access to hundreds of recent films and old-fashioned classics.

Audio Cine Films



Stream movies from some of Hollywood's most well-known studios, including Walt Disney, Universal, DreamWorks, Sony, Marvel, Pixar, MGM, and many others.

Criterion-on-Demand

Stream feature films and find classic films, documentaries, international film, North American feature films, cult classics, new releases, foreign films, literary adaptations, documentaries, animated titles, and independent features.



Stretch it Out.

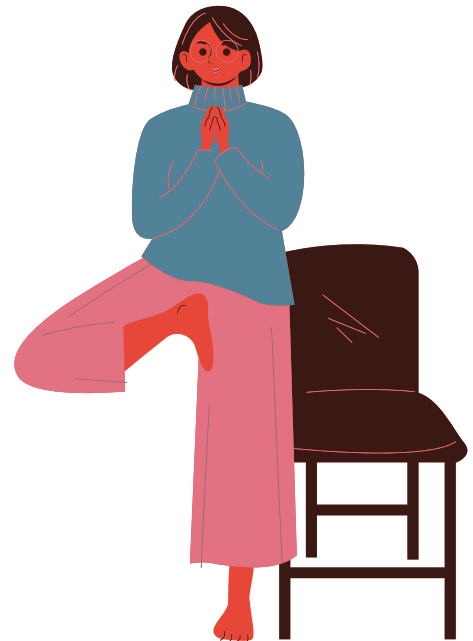
Take a mindful-movement study break to boost your mood and give your brain a break! Try out some of our favourite *free* online exercise classes led by Brock experts.

Library Yoga on 

Library Yoga *LIVE*

Join Brock Librarian, Chelsea for a 30-minute online yoga session designed specifically for students hard at work.

November 24 & **December 1**



Express Fit On Demand

Yoga, Zumba, HIIT, Kickboxing & more are all offered on-demand by members of Brock's Recreation Team, viewable on your phone, tablet, or computer.

Just Dance on 

Burn off your nervous energy with these dance videos.

Diversions

Colour Your World

Colouring pages are a perennial favourite at the Brock Library. This term try these online sites.

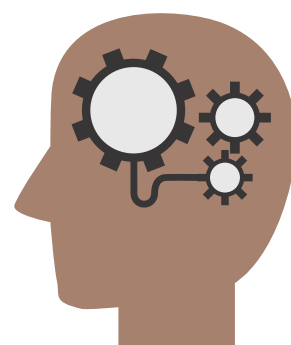
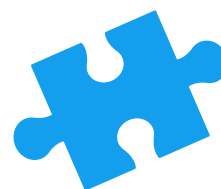
- [Online Coloring from Mom Books](#)
- [Online Collaborative Painting](#)



Puzzle it Out

There's nothing like a good word puzzle to reset a tired brain. Are numbers and logic more your thing? Or perhaps a jigsaw puzzle.

- [All Star Puzzles](#)
- [Web Sudoku](#)
- [Jigsaw Planet](#)



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