

Brock-Niagara Centre for Health & Well-Being

Full Time Summer Student Position: Brock-Niagara Centre for Health and Well-Being

Application Closes: Monday October 25th, 2021

Hours per week: 35 (may include some weeknights)

Start Date: November 8, 2021

End Date: February 25, 2021

Positions available: 3

Brock-Niagara Centre for Health and Well-Being

What we are about:

Our mission is to promote health, prevent disease and work to help rehabilitate/reintegrate people by enhancing quality of life across the lifespan through exercise and activity.

Position Responsibilities:

- Maintaining cleanliness of the facility (machines, floors, classrooms, exercise equipment, laundry)
- Helping staff with implementation of new policies and procedures due to Covid-19
- Assisting members with exercises and working with members in-person and through online programming
- Developing and implementing new programs/program updates for at home exercise and in person training
- Conducting initial exercise orientations for new members
- Reporting to the manager any questions, concerns, or scheduling conflicts
- Filing medical documents
- Running exercise classes for members online

Position Requirements:

- Must be between ages of 15-30
- Must have current CPR/First Aid (Level C is recommended)
- Must have good knowledge of exercise prescription
- Must be comfortable working with special populations
- Experience with Lifesize technology is an asset
- Full course of Covid-19 vaccination required

Partnering with the
Niagara Community

To apply: Please send your Resume or CV to afast@brocku.ca