

Vitae Graduate Writers' Retreat: WED. May 22nd @ Marilyn I. Walker

Time	Creative Stream	Pom-Paint Stream	Writing-Only Stream
Room			
8:15 MIW 156	Arrive Coffee/tea/pastries Registration		
8:30	Welcome + Orientation to the Day Outline schedule and streams Description of pomodoro technique and options (50/10 or 25/5)		
8:45	Guest Presenters: <i>'Musings about Art-making & Creative Expression for inspired academic writing'</i>		Rooms: Lobby, 211, 207, 215, 227, 229A
Rooms	Gathering Room		Find a writing space and write (scheduled consultations available)
	Studio MIW 505		
9:30	Pomodoro #1	Consultation #1 MIW 156	25/10 Timed pomodoro and unstructured free painting
10:30	30 minutes of creative (improv, singing) STUDIO B 247		
11:00	Pomodoro #2	Consultation #2 MIW 156	
Noon	Lunch		
12:30	Pomodoro #3	Consultation #3 MIW 156	25/10 Timed pomodoro and unstructured free painting
1:30	30 minutes of creative (zine making, button making) Learning Commons 229		
2:00	Pomodoro #4	Consultation #4 MIW 156	
3:00 Learning Commons 229	Unguided creative (space and materials available to finish earlier projects)		
3:30	Pomodoro #5		
Rooms	Gathering Room		
4:30	Wrap up and feedback survey		