Goodman School of Business

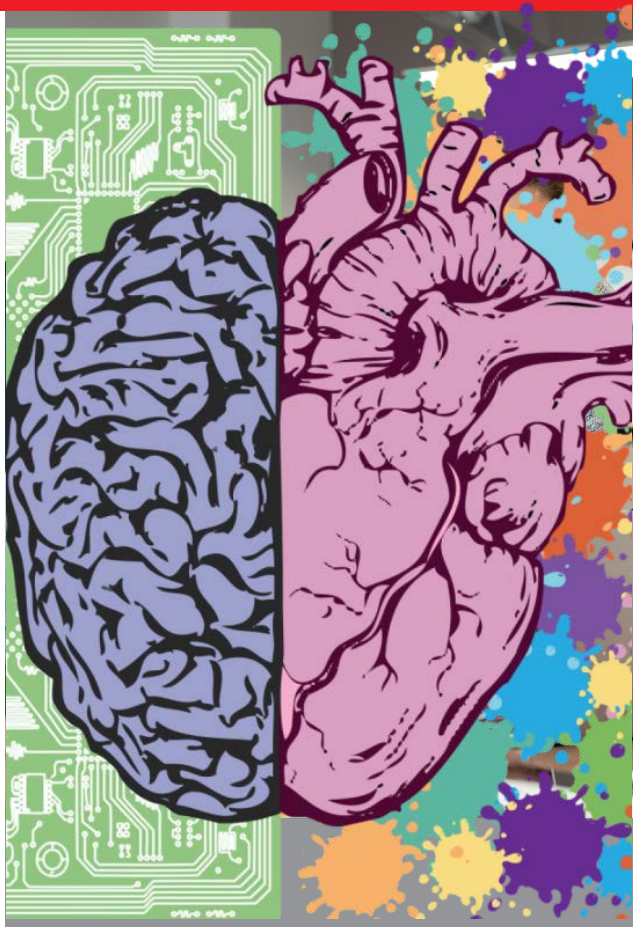
Brock University

Goodman Group

Emotional Intelligence (EQ)

As we have seen this past year, increased complexity demands increased capability. Leaders today not only need to show logistical knowhow when driving teams, they need to show empathy and compassion to win people over. Ironically, seeing how today's increasingly remote workspace has become the new norm, EQ has become an ever-increasing essential element one needs to achieve continuing success.

The Goodman Group's Emotional Intelligence (EQ) Seminar is designed to help maximize soft skills. It will help instill the ethos that a more reflective approach, one increasing understanding and responsiveness, will help ease team anxiety and stress. The program's practical people skills approach, when combined with business acumen, will become an essential toolkit for any aspiring leader to master.



You will:

- Learn how to build more productive relationships.
- Understand the role of emotional intelligence in effective leadership.
- Gain insight into the what and how of emotional intelligence.
- Explore how compassion coupled with competence builds trust.
- Leverage shared purpose/cause and vision to help a team succeed.
- Provide opportunities through the individual exploration to further develop facets of emotional intelligence in leadership development

Who should attend:

- This program is designed for any aspiring manager from all industries interested in understanding how to get the best performance from their teams. The symposium works towards developing functional teams for the betterment.

Facilitator Information

Lesley Calvin is a Leadership Development Consultant, Coach and Trainer. She is one of few Leadership Development Master Practitioners with the expertise and certification to administer and facilitate methodologies recognized by Forbes in their top 10 EQ calculations for Professionals/Leaders. With her unique and specialized approach, Lesley works with individuals and teams to identify strengths, triggers, and development areas, to deliver elevated results, fuel positivity, and foster engagement.

Program details

Fall Online Session:

Day 1: Thursday, November 19
(1 pm - 4 pm)
Day 2: Friday, November 20
(1 pm - 4 pm)

Tuition

- $699 + HST per participant
- 20% Alumni discount

Register

On **brocu.ca/goodman-group**
by Monday Oct. 19, 2020