# Goodman School of Business

## Goodman Group

#### **Brock University**











#### Welcome to Business Breathers

#### Reframing Negotiation: How to get better outcomes through the Art of Feminine Negotiation

Cindy Watson Women On Purpose

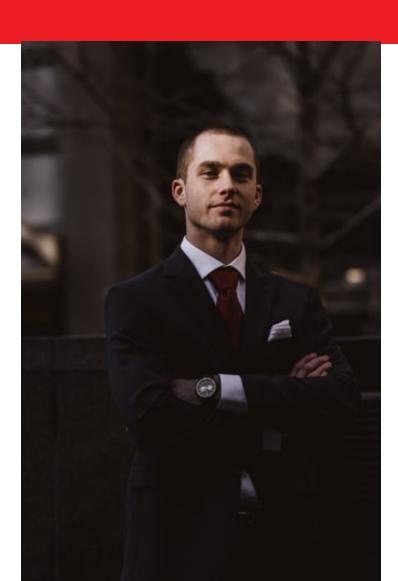






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Key = NegotiationSkills







All of life is a negotiation!





#### Are you a Master Negotiator?





### Do you believe toughness carries the day?









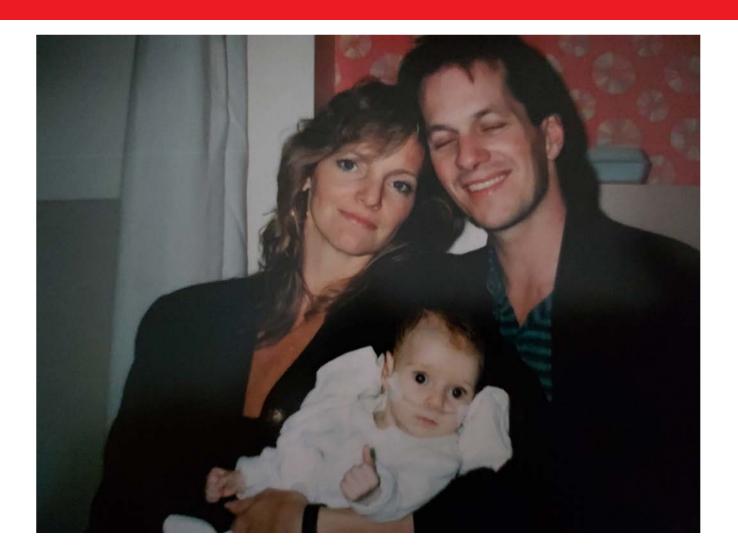
We all have both masculine and feminine energy



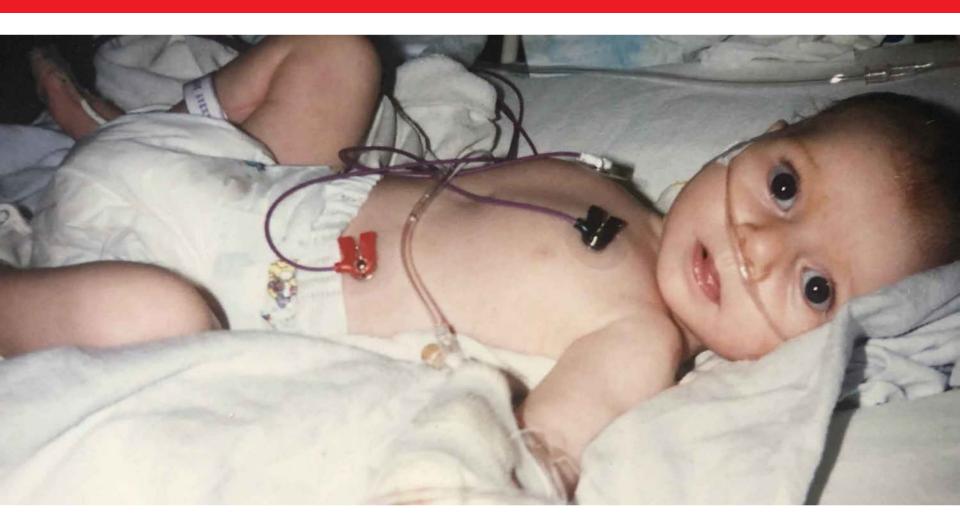
#### Unconscious gender bias









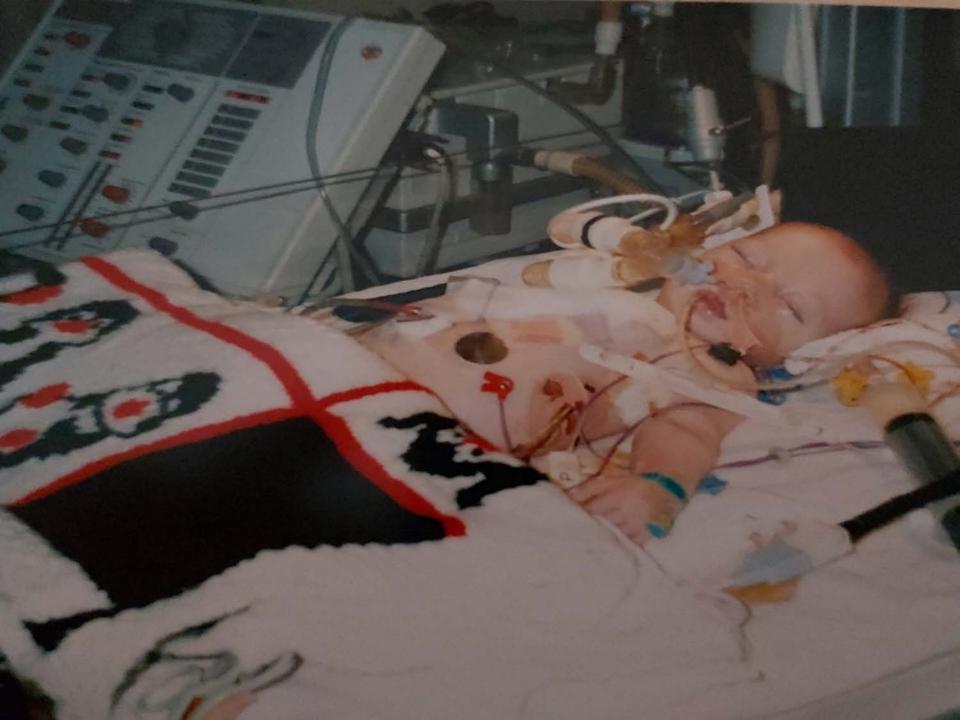






#### Cue Mama Bear







WHAT YOU SAY
IS OFTEN NOT AS IMPORTANT
AS YOUR BODY LANGUAGE





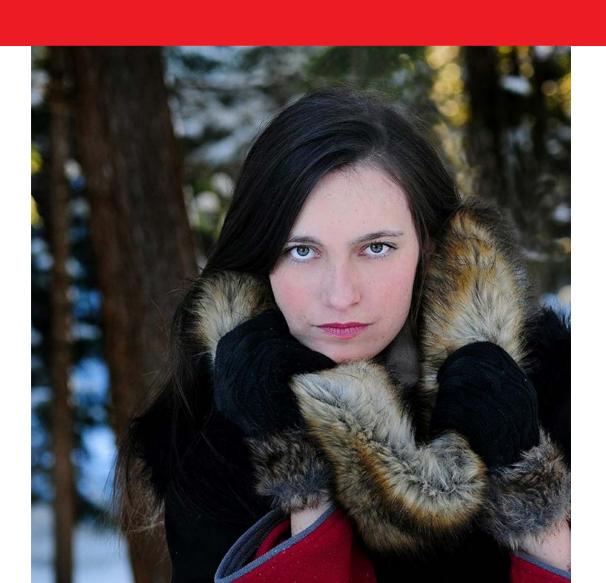


#### On Our Way Home





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Key = NegotiationSkills





I WAS IN MOMMA BEAR MODE -NOT A PLACE OF MASCULINE ENERGY





# A.R.E. F.I.T





- Assertiveness
- Rapport-building
- Empathy
- Flexibility
- Intuition
- Trust





Get assertive with yourself.

Assertive does not equal aggressive.

Assertive comes from confidence.

Preparation (i.e. 5 W's)

Ask, Ask, Ask!

Hold your ground ... calmly but firmly





#### **RAPPORT-BUILDING**

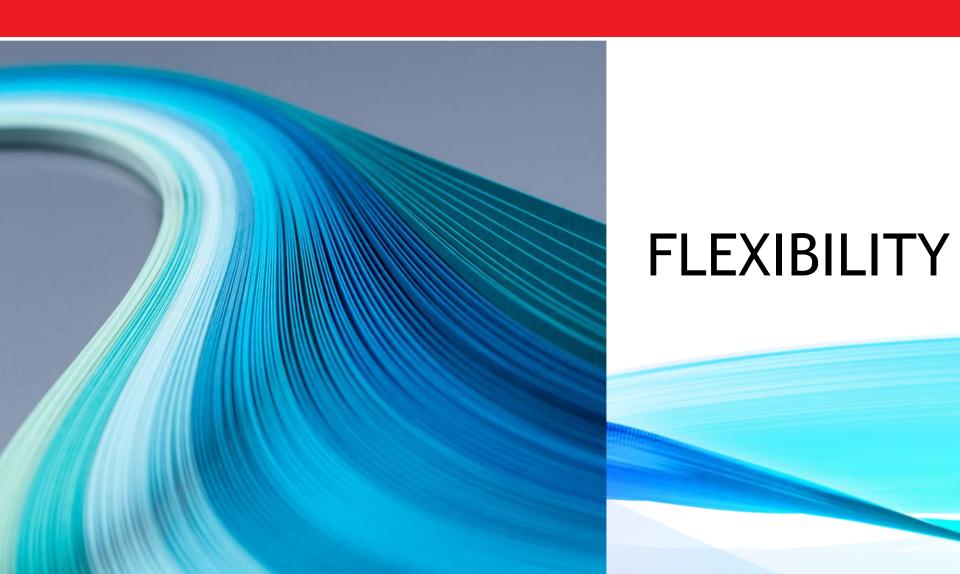
Art to rapport building

Get the best possible results



# **EMPATHY**















Important to build trust with others

Important to trust yourself

Going ahead in the face of your fear



# WHAT DOES THIS HAVE TO DO WITH ME?





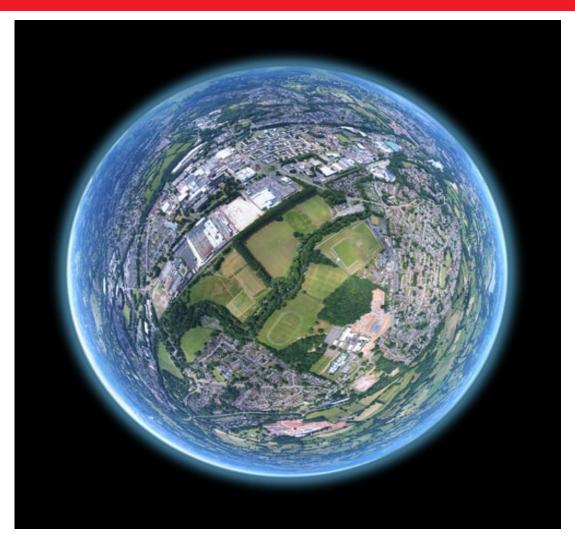
#### A.R.E. F.I.T Model

- Assertiveness
- Rapport-building
- Empathy
- Flexibility
- Intuition
- Trust





#### IMAGINE A WORLD ...



# YOU ARE ON YOUR WAY TO GET WHAT YOU WANT FROM THE BOARDROOM TO THE BEDROOM



# YOU ARE FIT TO BE A MASTER NEGOTIATIOR



# WOMEN on PURP SE

www.womenonpurpose.ca





#### The Power of Teamwork

#### Program Details:

- Online Instructor-Led
- August 18 & 19 (3:00 p.m. to 6:30 p.m.)
- Price: \$1,495 + HST
- Register: brocku.ca/goodman-group



#### **Questions?**

Contact prodev@brocku.ca



Thank you for joining us.

Join us on July 14 for a panel discussion on "Evidence Based Decision Making" with faculty members from the Goodman School of Business

Taking businesses, careers and ideas to the next level

# Goodman School of Business

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