













 <p>Plan ahead! Leadership & Teamwork</p>	<p>Activate your Experience Record on CareerZone</p>	 <p>Career Preparation</p>	<p>Complete a career focused self-assessment</p>	 <p>Email experiencebu@brocku.ca</p>	<p>Celebrate and learn about another culture</p>	 <p>Global Awareness</p>	<p>Expand your intercultural awareness</p>	<p>START HERE with the pre-curriculum reflection</p>							
<p>Attend an event with a focus on diversity & inclusion</p>								<p>Attend Welcome Week events</p>							
 <p>Diversity & Inclusion</p>								<p>Brock Spirit</p> 							
<p>Attend an event with a focus on accessibility</p>	<h1>Getting Started in the Campus-Wide Co-Curriculum</h1>							<p>Engage with any Brock group on social media</p>							
 <p>Report Your Experiences</p>								<p>Attend a campus spirit event</p>							
<p>Complete a detailed personal budget</p>								<p>This board is your official starting point to the Campus-Wide Co-Curriculum (CWC).</p>							<p>Work on the CWC with friends!</p> 
<p>Attend a mental health event</p>								<p>Complete the activities on the board and track your involvement. You'll earn co-curricular credit and be well on your way to receiving the prestigious Certificate of Engagement awarded to those who complete the CWC.</p>							<p>Attend a volunteer fair</p>
 <p>Health & Wellness</p>	<p>Log in to experiencebu.brocku.ca to get started! Or visit brocku.ca/experiencebu for more information</p>							<p>Community Engagement</p> 							
<p>Commit to 90 minutes of physical activity/week</p>								<p>Volunteer in the community with a campus group</p>							
<p>Keep going in Brock Spirit</p> 	<p>Attend a Niagara community arts event</p>	<p>Arts & Culture</p> 	<p>Attend a Brock hosted arts event</p>	<p>Try something new!</p> 	<p>Attend a skill enhancing workshop</p>	<p>Participate in a Brock Library workshop</p>	<p>Personal Growth</p> 	<p>Attend a Learning Services workshop</p>	<p>Plan ahead! Innovative & Creative Thinking</p> 