

CURRICULUM VITAE

Chunlei Lu, PhD

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A. Formal Education

- 2004 PhD, University of Alberta, Canada
- 2000 M.Sc., State University of New York (SUNY) at Brockport, USA
- 1989 M.Ed., Zhejiang University, China
- 1986 B.Ed., Shandong Teachers' University, China

B. Academic Distinctions and Awards

- 2004 Social Sciences and Humanities Research Council of Canada (SSHRC)
Postdoctoral Fellowship (\$40,000) (declined), Canada
- 2003 Province of Alberta Graduate Fellowship (\$10,500), Alberta, Canada
- 1999 Teaching Assistantship (\$20,000), State University of New York (SUNY) at
Brockport, New York, USA
- 1997 National Scholar Fellowship, China Scholarship Council (\$20,000), China
- 1995 National Outstanding Young Scholar in Physical Education and Sports in
China (\$800), State Department of Sports of China
- 1991 Distinguished Instructor (\$100), Shandong Institute of Physical
Education and Sports, China

C. Academic Positions Held

- 2016- Professor (Tenured), Faculty of Education, Brock University, Canada

- 2009-2016 Associate Professor (Tenured), Faculty of Education, Brock University, Canada
- 2007- Adjunct Professor, Department of Physical Education and Kinesiology, Faculty of Applied Health Sciences, Brock University, Canada
- 2006-2009 Assistant Professor (Tenure-Stream), Faculty of Education, Brock University, Canada
- 2004-2006 Assistant Professor (Tenure-Stream), School of Human Kinetics, Faculty of Health Sciences, University of Ottawa, Canada
- 2004 Adjunct Professor, Department of Secondary Education, Faculty of Education, University of Alberta, Canada
- 2000-2001 Adjunct Professor, Department of Dance, University of Rochester, USA
- 1997-2001 Visiting Professor, Department of Physical Education and Sport, State University of New York (SUNY) at Brockport, USA
- 1989-1997 Lecturer, Department of Theoretical Foundation of Physical Education and Sports, Shandong Sport University, China

D. Research/Scholarly Activities or Creative Work

1. Publications

a. Books

- 1) Wang, C., Lu, C., & Rong, W. (2020). *The governance of education in Canada*. Wuhan, Hubei, China: Hubei Education Press. (open peer-reviewed)
- 2) Zhang, Z., Wang, B., Cao, L., Ma, G., Lu, C., Yao, L. et al. (1995). *School physical education*. Jinan, Shandong, China: Jinan Publishing Co. (open peer-reviewed)
- 3) Lu, C. (1993). *Physical education Games*. Jinan, Shandong, China: Jinan Publishing. (open peer-reviewed)

b. Chapters in books

- 1) Barrett, J., Lu, C., & Janzen, J. (2019). Recommendations for quality health education teaching. In J. Barrett & C. Scaini (Eds.), *Physical and health education in Canada: Integrated approaches for elementary teachers* (pp. 71-83). Human Kinetics: Champaign, IL. (open peer-reviewed)

- 2) Lu, C., & Gao, Z. (2015). Traditional Chinese physical activities. In D. Cothran & X. Keating (Eds.), *Learning for a lifetime: Effective secondary physical education programs* (pp. 274-288). Beijing, China: Educational Science Publishing House. (open peer-reviewed)
- 3) Lu, C., Francis, N., & Lodewyk, K. (2014). Movement domains. In D. Robinson & L. Randall (Eds.), *Teaching physical education today: Canadian perspectives* (pp. 208-225). Toronto, ON, Canada: Thompson Educational. (single-blind peer-reviewed)
- 4) Lu, C. (2011). Overview of body-mind exercise. In K. Lodewyk (Ed.), *Fundamental movement skills: Alternatives and pursuits* (pp. 13-14). Ottawa, Ontario, Canada: PHE Canada. (open peer-reviewed)
- 5) Lu, C. (2011). Qigong. In K. Lodewyk (Ed.), *Fundamental movement skills: Alternatives and pursuits* (pp. 31-37). Ottawa, Ontario, Canada: PHE Canada. (open peer-reviewed)
- 6) Lu, C. (2011). Martial arts. In K. Lodewyk (Ed.), *Fundamental movement skills: Alternatives and pursuits* (pp. 135-142). Ottawa, Ontario, Canada: PHE Canada. (open peer-reviewed)
- 7) Lu, C. (2006). Eastern and Western approaches to physical and health education. In E. Singleton & A. Varpalotai (Eds.), *Stones in the sneaker: Active theory for secondary school physical and health educators* (pp. 71-85). London, Ontario: The Althouse Press. (open peer-reviewed)
- 8) Lu, C., & Han, Z. (1993). Creative mechanism in sport science. In J. Huang, D. Gao, & J. Liu (Ed.), *Science of Sport Science* (pp. 38-58), Beijing, China: Hongqi Publishing Press. (open peer-reviewed)

c. **Papers in journals** (refereed)

- 1) Lu, C., Barrett, J., & Lu, O. (2020). Teaching physical education teacher education (PETE) online: Challenges and solutions. *Brock Education: A Journal of Educational Research and Practice*, 29(2), 13-17.
DOI: [HTTPS://DOI.ORG/10.26522/BROCKED.V29I2.828](https://doi.org/10.26522/BROCKED.V29I2.828)
- 2) Figg, C., Crawford, K., Lu, C., & Lu, O. (2020). E-3Cs: A research-based model for effective digital learning for K-6 schools. *Brock Education: A Journal of Educational Research and Practice*, 29(2), 24-29.
DOI: [HTTPS://DOI.ORG/10.26522/BROCKED.V29I2.835](https://doi.org/10.26522/BROCKED.V29I2.835)

- 3) Gao, H., & Lu, C. (2020). The importance of qualities as cross-cultural communicative competence. *Business 2.0*, 1, 79-80.
- 4) Lu, C., Yuan, X., & Ye, M. (2018). The problem and solutions of the Confucius Institute's development. *Journal of Minjiang University*, 39(4), 91-97.
- 5) Ruso, S., Lu, C., & Francis, N. (2018). Engaging South-Asian female adolescents in secondary physical education: A culturally-relevant approach. *PHenex Journal*, 10(1), 1-17. Free access: <http://ojs.acadiiau.ca/index.php/phenex/article/view/1824>
- 6) Wang, C., & Lu, C. (2018). Flipped classroom: An opportunity and strategy to cope with the "empty nest crisis" in rural schools. *The Inservice Education and Training of School Teachers*, 380, 33-38.
- 7) Lin, L., & Lu, C. (2017). Teachers' teaching is for students' learning: Inspiration obtained in physical education in Canada. *Sport*, 172, 61-63, 9.
- 8) Zhang, X., Lu, C., & Xia, S. (2017). A comparative analysis of PE module curriculum and PE unit teaching. *Journal of Tibet University (Social Sciences Edition)*, 128(1), 195-200.
- 9) Lu, C., McGinn, M., Xu, X., & Sylvestre, J. (2017). Living in two cultures: Chinese Canadians' perspectives on health. *Journal of Immigrant and Minority Health*, 19, 423-429. (March 21, 2016 online first). DOI: [10.1007/s10903-016-0386-2](https://doi.org/10.1007/s10903-016-0386-2)
- 10) Zhu, W., Lu, C., & Song, N. (2016). Research on management modes of sports venues in colleges and universities. *Journal of Jilin Sport University*, 32(6), 21-24.
- 11) Lu, C., & Lorusso, J. (2016). No PE degree? Foundational knowledge to support generalist teachers of physical education. *Teaching and Learning*, 11(1), 1-15. Free access: <https://brock.scholarsportal.info/journals/teachingandlearning/home/article/view/435>
- 12) Blom, R., & Lu, C. (2016). Contextualizing postmodernity in Daoist symbolism: Towards a mindful education embracing eastern wisdom. *Educational Philosophy and Theory*. Advance online publication. DOI: 10.1080/00131857.2016.1190266
- 13) Lu, C., & Montague, B. (2016). Move to Learn, Learn to Move: Prioritizing Physical Activity in Early Childhood Education Programming. *Early*

Childhood Education Journal, 44(5), 409-417. DOI: 10.1007/s10643-015-0730-5

- 14) Blom, R., Lu, C., & Mgombelo, J. (2015). Mindful pedagogy: Invocating the concept of play beyond the confines of recess. *Philosophical Inquiry in Education*, 22(2), 38-49. Free access: <https://journals.sfu.ca/pie/index.php/pie/article/view/420>
- 15) Lu, C., DiPetta, T., & Xu, Y. (2015). Teaching Chinese as an additional language: Issues, approaches, and pedagogy. *Educational Policies and Current Practices*, 1(2), 57-69. doi:10.15340/2147350112832
- 16) Lu, C., & Steele, K. (2014). Easy-Play Model: An inclusive approach to enjoyable sport participation. *Physical and Health Education Journal*, 80(1), 24-28.
- 17) Douglas, D., Lu, C., & Barrett, J. (2014). Developing physical activity habits in schools for active lifestyle among children and adolescents. *PHEnex Journal*, 6(2), 1-15. Free access: <http://ojs.acadiau.ca/index.php/phenex/article/viewFile/1532/1289>
- 18) Lu, C., & Buchanan, A. (2014). Developing student emotional well-being in physical education. *Journal of Physical Education, Recreation and Dance*, 85(4), 28-33. doi: 10.1080/07303084.2014.884433
- 19) Lu, C. (2014). Teaching and/or learning Chinese as an additional language: Challenging terminology and proposed solutions. *Education Matters: The Journal of Teaching and Learning*, 2(1), 141-150.
- 20) Lu, C., & Steele, K. (2014). Characteristics and conceptual framework of the Easy-Play Model. *European Physical Education Review*, 20(2), 229-243. doi: 10.1177/1356336X14524861.
- 21) Lorusso, J., Pavlovich, S., & Lu, C. (2013). Developing student enjoyment in physical education. *Physical and Health Education Journal*, 79(2), 14-18.
- 22) Luo, X., & Lu, C. (2013). Classroom reform in complexity thinking. *Theory and Practice of Education*, 33(28), 57-60.
- 23) Lu, C. (2012). Integrating mindfulness into school physical activity programming. *Teaching and learning*, 7(1), 37-46.
- 24) Webster, N., & Lu, C. (2012). "English language learners": An analysis of perplexing ESL-related terminology. *Language and Literacy*, 14(3), 83-94.

- 25) Lu, C., & Lodewyk, K. (2012). The physical education profession in Canada. *Journal of Physical Education and Health, 1*(1), 15-22.
- 26) Lu, C., & McLean, C. (2011). Health education curricula in Canada: A critical analysis. *Physical and Health Education Nexus (PHEnex) Journal, 3*(2), 1-20.
- 27) Lu, C., & Jiao, J. (2011). Developing mindfulness-based school physical activity programs. *uOttawa Education Review, 1*(2), 4-5.
- 28) Lu, C. (2011). How China plays the games: A cultural perspective on sports in China. *Scandinavian Sport Studies Forum, 2*, 1-17.
- 29) Melnychuk, N., Robinson, D., Lu, C., Chorney, D., & Randall, L. (2011). Physical education teacher education (PETE) in Canada. *Canadian Journal of Education, 34*(2), 148-168.
- 30) Lu, C., & Han, W. (2010). Why don't they participate? A study of Chinese graduate students' classroom involvement in North America. *Brock Education, 20*(1), 80-96.
- 31) Lu, C., Tito, J., & Kentel, J. (2009). Eastern movement disciplines (EMDs) and mindfulness: A new path to subjective knowledge in Western physical education. *Quest, 61*(3), 353-370.
- 32) Lodewyk, K., Lu, C., & Kentel, J. (2009). Enacting the spiritual dimension in physical education. *The Physical Educator, 66*(4), 170-179.
- 33) Francis, N., & Lu, C. (2009). The conceptual framework of the Eastern approach in physical education: Ancient wisdom for modern times. *ACHPER Healthy Lifestyles Journal, 56*(2/3), 23-27.
- 34) Lu, C., & Xu, X. (2009). The effect of the student teaching experience on selected personality traits in physical education. *African Journal for Physical, Health Education, Recreation and Dance, 15*(3), 442-458.
- 35) Lu, C., & De Lisio, A. (2009). Forget the physical and the difference is clear! Confronting the confusion surrounding Physical Education and Physical Activity. *Physical and Health Education Journal, 75*(4), 6-11.
- 36) Lu, C., & De Lisio, A. (2009). Specifics for generalists: Teaching elementary physical education. *International Electronic Journal of Elementary Education, 1*(3), 170-187.
- 37) Lu, C., Sylvestre, J., Melnychuk, N., & Li, J. (2008). East meets West: Chinese-Canadians' perspectives on health and fitness. *Canadian Journal of Public Health, 99*(1), 22-25.

- 38) Lu, C. (2008). How to integrate tai ji quan into physical education programs. *Journal of Physical Education, Recreation, and Dance (JOPERD)*, 79(2), 20-25.
- 39) Lu, C. (2008). Eastern martial arts and violence prevention: Reversing a stereotype. *Archives of Budo*, 4(4), 32-36.
- 40) Lu, C. (2008). Modern wushu: When Chinese martial arts meet Western sports. *Archives of Budo*, 4(4), 37-39.
- 41) Lu, C. (2008). Martial arts, violence, and public schools. *Brock Education*, 18(1), 68-78.
- 42) Lu, C. (2008). Health education re-conceptualized and its implications for Ontario school health education curriculum. *Teaching and Learning*, 4(3), 1-7.
- 43) Lu, C., & De Lisio, A. (2008). Exploring the relationship between physical education and physical activity. *Teaching and Learning*, 4(3), 8-15.
- 44) Figg, C., Griffin, S., Lu, C., & Vietgen, P. (2008). New faculty cross borders through self-study in teacher education: Global horizons. *Brock Education*, 18(1), 17-32.
- 45) Lu, C. (2007). Re-think PETE programs: Physical education teacher educators' perspectives on Eastern movement disciplines. *AVANTE*, 11(3), 77-86.
- 46) Liang, G., Walls, R. T., & Lu, C. (2005). Standards and Practice for Physical Education in China. *Journal of Physical Education, Recreation, and Dance*, 76 (6), 15-19.
- 47) Lu, C. (2003). An understanding of body-mind relation based on Eastern movement disciplines and its implication in physical education. *AVANTE*, 9(3), 67-74.
- 48) Xie, H., Lu, C., & Yiao, L. (1998). National fitness project and school physical education programs. *Journal of Nanjing Institute of Physical Education and Sports*, 33(2), 90-93.
- 49) Zhang, J., Lu, C., & Meng, Y. (1997). Teaching methods and evaluation of game courses. *Shandong Institute of Physical Education and Sports*, 13(3), 76-78.
- 50) Xie, H., Lu, C., & Yiao, L. (1997). The modern values of traditional Chinese

- sports. *Shandong Institute of Physical Education and Sports*, 13(2), 16-19.
- 51) Lu, C., Xu, X. (1996). Introduction and analysis of fitness programs in the United States. *Journal of Physical Education*, 4(4), 107-109.
- 52) Lu, C. (1995). The tendency and exchange between Chinese and Western physical activity and sport. *Journal of Shandong Sport Science and Technique* (Symposium), 14-16.
- 53) Xu, X., & Lu, C. (1995). Quantitative approach to sport science. *Journal of Shandong Institute of Physical Education and Sports*, 11(3), 17-21.
- 54) Lu, C. (1994). Historical analysis of facilities and equipment development of school physical education and sports. *Sport History*, 11(4), 25-26.
- 55) Lu, C. (1993). Critical issues in sport sciences. *Journal of Shandong Sport Science and Technique* (Symposium), 13-14.
- 56) You, D., Lu, C., Sun, J., & Zheng, S. (1993). Evaluation of volleyball major learning in physical education. *Journal of Shandong Institute of Physical Education and Sports*, 9(3), 59-63.
- 57) You, D., & Lu, C. (1993). The structural analysis of game texts. *Journal of Shandong Institute of Physical Education*, 9(4), 66-70.
- 58) Lu, C., & Yuan, L. (1993). Development of sport pedagogy. *Journal of Shandong Institute of Physical Education and Sports*, 9(1), 62-65.
- 59) Xu, X., & Lu, C. (1992). Quantitative research in sport sciences. *Journal of Shandong Institute of Physical Education and Sports*, 8(2), 1-3.
- 60) Lu, C. (1992). Research methods in physical education and sports. *Sport Science Research*, 11(1), 1-4.
- 61) Lu, C. (1991). East-West cultural influence on physical education and sports. *Journal of Shandong Medical University*, 5(4), 64-67.
- 62) Lu, C. (1991). Critical analysis of the reform in physical education and sports in higher education. *Journal of Shandong Institute of Physical Education and Sports*, 7(1), 22-27.
- 63) Lu, C. (1991). The Fundamentals of physical education and sport programs in higher education, *Journal of Research on Physical Education in Higher Education*, 2(1), 56-59.
- 64) Lu, C. (1991). Promoting appropriate basketball games in schools. *Shandong*

Education, 16(1), 61-62.

- 65) Lu, C. (1990). An investigation of facilities and equipment in school physical education. *Journal of Shandong Institute of Physical Education and Sports*, 6(2), 47-52.
- 66) Lu, C. (1990). Teaching physical education games in elementary schools. *Shandong Education*, 15(5), 47-48.
- 67) Zhang, Z., Song, H., Wang, B., Ma, G., & Lu, C. (1990). Exploration of the reform of sport pedagogy course examination. *Journal of Shandong Institute of Physical Education and Sports*, 6(1), 50-54.
- 68) Lu, C. (1987). The culture of sports. *Graduate Symposium*, 3, 150-154.

d. Papers delivered at professional meetings/conferences

- 1) Halas, J., & Lu, C. (May 2, 2019). *Everyone has a story: HPE teacher educators' own mental health*. Physical and Health Education Canada Research Council (PHEC-RC) Forum, Montreal, Quebec, Canada. (refereed)
- 2) Lu, C. (May 17, 2018). *Keynote address at the Physical and Health Education (PHE) Canada Research Council Forum*. Whistler, BC, Canada. (invited)
- 3) Lu, C., Lodewyk, K., & Francis, N. (May 17, 2018). *Movement domains: A comprehensive framework to guide physical education programming*. *Physical and Health Education (PHE) Canada Research Council Forum* Whistler, BC, Canada. (refereed)
- 4) Lodewyk, K., & Lu, C. (May 4, 2017). *Physical literacy developments in physical education*. Physical and Health Education Canada Research Council (PHEC-RC) Forum, St. John's, NL, Canada. (refereed)
- 5) Oag, S., & Lu, C. (May 4, 2017). *Using a culturally relevant curriculum to engage South-Asian female adolescents in secondary physical education*. Physical and Health Education Canada Research Council (PHEC-RC) Forum, St. John's, NL, Canada. (refereed)
- 6) Barrett, J., Lu, C., & Rickwood, G. (May 4, 2017). *PHETE program design and implementation: Lessons learned in meeting Ontario's mandated changes to professional teacher education*. Physical and Health Education Canada Research Council (PHEC-RC) Forum, St. John's, NL, Canada. (refereed)

- 7) Lu, C., & Steele, K., Barrett, J., Lodewyk, K. (April 30, 2015). *Sports for life: Participants' Experiences in the Easy-Play Model*. Paper presented at the Physical and Health Education Canada Research Council (PHEC-RC) Forum, Banff, AB, Canada. (refereed)
- 8) Ye, M., Young, S., DiPetta, T., & Lu, C. (May 28, 2014). *An online Mandarin course: A model for additional language teacher training in Canada*. Poster presented at the 42nd Annual Canadian Society for the Study of Education (CSSE). St. Catharines, ON, Canada. (refereed)
- 9) Finn, G., Lu, C., De Pitta, T., Young, S., & Ye, M. (December 7-8, 2013). *Mainstreaming Chinese language education in public schools: A Canadian model for Mandarin teacher training*. Paper presented at the 8th Global Confucius Institute Conference. Beijing, China. (refereed)
- 10) Lu, C., Barrett, J., & Steele, K. (October 24, 2013). *Developing a wholistic approach to active living: Comprehensive school physical activity programs*. Paper presented at PHE Canada Research Council Forum, Winnipeg, Manitoba, Canada. (refereed)
- 11) Lu, C., Steele, K., & Barrett, J. (October 21-23, 2010). *Active living: Developing a school-based comprehensive physical activity program for adolescents*. Paper presented at the CUPR (Council of University Professors and Researchers) Forum of Health and Physical Education of Canada. Toronto, Ontario, Canada. (refereed)
- 12) Barrett, J., & Lu, C. (October 21-23, 2010). *Analogy Learning: Developing movement competencies through the use of creative language and imagery*. Paper presented at the CUPR (Council of University Professors and Researchers) Forum of Health and Physical Education of Canada. Toronto, Ontario, Canada. (refereed)
- 13) Thomas, L., & Lu, C. (October 21-23, 2010). *Differing perspectives of health literacy: School health education, health care, & public health*. Paper presented at the CUPR (Council of University Professors and Researchers) Forum of Health and Physical Education of Canada. Toronto, Ontario, Canada. (refereed)
- 14) Pavlovich, S., & Lorusso, J., & Lu, C. (October 21-23, 2010). *Enjoyment: The missing element in current physical education*. Paper presented at the CUPR (Council of University Professors and Researchers) Forum of Health and Physical Education of Canada. Toronto, Ontario, Canada. (refereed)
- 15) Lu, C., & De Lisio (April 30—May 2, 2009). *Confronting the confusion surrounding physical education and physical activity*. Paper presented at the

CUPR (Council of University Professors and Researchers) Forum of Health and Physical Education of Canada, Banff, Alberta, Canada. (refereed)

- 16) Francis, N., & Lu, C. (April 30—May 2, 2009). *Mindfulness in physical education practice*. Paper presented at the CUPR (Council of University Professors and Researchers) Forum of Health and Physical Education of Canada, Banff, Alberta. (refereed)
- 17) Lu, C. (2008). *Moving toward mindfulness*. Paper presented at the annual meeting of the Canadian Society for the Study of Education (CSSE). Vancouver, British Columbia, Canada. (refereed)
- 18) Xu, X., & Lu, C. (2008). *(Mis)perceived violence in Eastern martial arts and its implications for physical education*. Paper presented at the annual meeting of the Canadian Society for the Study of Education (CSSE). Vancouver, British Columbia, Canada. (refereed)
- 19) Thomas, L., & Lu, C. (2008). *Health literacy in education*. Paper presented at the annual meeting of the Canadian Society for the Study of Education (CSSE). Vancouver, British Columbia, Canada. (refereed)
- 20) Vietgen, P., Lu, C., & Figg, C., & Griffin, S. (2008). *New faculty cross borders through self-study in teacher education: Global horizons*. Paper presented at the annual meeting of the Canadian Society for the Study of Education (CSSE). Vancouver, British Columbia, Canada. (refereed)
- 21) Lu, C. (2008). *Chinese-Canadians' perspectives on health and fitness*. Paper presented at Brock Faculty of Education Scholarly Presentation Series, St. Catharines, Ontario, Canada. (non-refereed)
- 22) Lu, C., Francis, N., & Kentel, J. (2007). *Mindfulness: A new dimension in physical education*. Paper presented at the 2007 History & Future Directions of Research on Teaching and Teacher Education in Physical Education conference. Pittsburgh, Pennsylvania, USA. (refereed)
- 23) Lodewyk, K., Lu, C., & Kentel, J. (2007). *Reviving the spiritual dimension within a new physical education*. Paper presented at the 2007 History & Future Directions of Research on Teaching and Teacher Education in Physical Education conference. Pittsburgh, Pennsylvania, USA. (refereed)
- 24) Melnychuk, N., Robinson, D., Lu, C., & Randall, L. (2007). *Researching Physical education teacher education (PETE) across Canada: Socially and Culturally Responsive Physical Education*. Paper presented at the 2007 History & Future Directions of Research on Teaching and Teacher Education in Physical Education conference. Pittsburgh, Pennsylvania, USA. (refereed)

- 25) Lu, C (2007). *Eastern movement disciplines: A new horizon in health and physical education*. Paper presented at the CUPR (Council of University Professors and Researchers) Forum of Health and Physical Education of Canada, Moncton, New Brunswick, Canada. (refereed)
- 26) Francis-Murray, N., Hopper, T., Kentel, J., Lodewyk, K., & Lu, C. (2007). *Conflicting discourses in physical education: Binaries and mergers*. Paper presented at the CUPR (Council of University Professors and Researchers) Forum of Health and Physical Education of Canada, Moncton, New Brunswick, Canada. (refereed)
- 27) Lu, C. (2007). *Mindful living: A new approach to health and wellness*. Paper presented at the Brock's Second Annual Interdisciplinary Conference, St. Catharines, Ontario, Canada (non-refereed)
- 28) Lu, C. (2007). *Chinese-Canadians' perspectives on health and fitness: Some preliminary findings*. Paper presented at Brock Faculty of Applied Health Sciences Scholarly Presentation Series, St. Catharines, Ontario, Canada. (non-refereed)
- 29) Lu, C., Melnychuk, N., Sylvestre, J., & Li, J. (2006). *East meets West: Chinese-Canadians' perspectives on health and fitness*. Paper presented at the 12th Qualitative Health Research Conference, Edmonton, Alberta, Canada. (refereed)
- 30) Lu, C., Li, J., Sylvestre, J., & Melnychuk, N. (2006). *Chinese-Canadian women's perspectives on health and fitness*. Paper presented at the Ontario Women's Health Council conference 2006, Ottawa, Ontario, Canada. (refereed)
- 31) Lu, C., & Melnychuk, N. (2005). *Reconceptualizing physical education: A cross-cultural journey with physical education teachers*. Paper presented at the American Education Research Association (AERA) 2005 annual conference, Montreal, Quebec, Canada. (refereed)
- 32) Liang, G., Lu, C., Hicks, V., Clayton, B., & Lu, W. (2005). *A longitude study on pre-service physical educators' technology preparation*. Paper presented at the 26th International Conference of Society for Information Technology & Teacher Education (SITE). Phoenix, Arizona, USA. (refereed)
- 33) Lu, C. (2005). *A cross-cultural study of physical education teacher educators' perspectives of Eastern movement disciplines*. Paper presented at the CUPR (Council of University Professors and Researchers) Forum of Health and Physical Education of Canada. Regina, Saskatchewan, Canada. (Refereed)

- 34) Lu, C. (2004). *East meets West: Student teachers' perceptions of Eastern movement disciplines*. Paper presented at the WestCAST conference, Edmonton, Alberta, Canada. (refereed)
- 35) Lu, C. (2003). *East meets West: Reconceptualizing physical education curriculum based on Eastern-Western holistic approaches*. Paper presented at the CUPR (Council of University Professors and Researchers) Forum of Health and Physical Education of Canada, Winnipeg, Manitoba, Canada. (refereed)
- 36) Chorney, D., & Lu, C. (2003). *Curriculum development: An analysis of physical education curriculum using the three predominant theories of curriculum studies*. Paper presented at the CUPR (Council of University Professors and Researchers) Forum of Health and Physical Education of Canada, Winnipeg, Manitoba, Canada. (refereed)
- 37) Melnychuk, N., Meadows, W., Chorney, D., & Lu, C. (2003). *Alternative sports schools within a public system*. Paper presented at the CUPR (Council of University Professors and Researchers) Forum of Health and Physical Education of Canada, Winnipeg, Manitoba, Canada. (refereed)
- 38) Lu, C. (2002). *A descriptive analysis of selected personality traits of student teachers in physical education*. Paper presented at the CUPR (Council of University Professors and Researchers) Forum of Health and Physical Education of Canada, Banff, Alberta, Canada. (refereed)
- 39) Melnychuk, N., Fishburne, G., & Lu, C. (2002). *Student teachers' perceptions of the implementation of a new active living physical education curriculum*. Paper presented at the 12th Commonwealth International Sport Conference. Manchester, England, UK. (refereed)
- 40) Lu, C. (1995). A study of research methodology in physical activity and sports. *Proceedings of the International Conference of Physical Education and Sports Science* (pp. 108-111), Chendu, China.
- 41) Lu, C. (1993). New teaching approaches in sport pedagogy. *Proceedings of the Conference of Physical Education Society of Shandong Province*, (pp. 96-98), Jinan, China.
- 42) Shi, S., & Lu, C. (1991). Teaching school physical education with limited facilities and equipment. *Proceedings of the Conference of Physical Education Teaching and Research Society of Shandong Province* (pp. 26-32), Jinan, China.

e. Contributions to panels, workshops, and clinics

- 1) Lu, C. (July 29, 2019). *How to publish outside China?* Workshop offered to Minjiang University teachers, Brock University, St. Catharines, Canada.
 - 2) Lu, C. (July 31, 2018). *Rethinking teaching and learning?* Workshop offered to Minjiang University teachers, Brock University, St. Catharines, Canada.
 - 3) Lu, C. (November 25, 2016). *Children Middle Years Strategy* (for children ages 6-12) *Researcher Think Tank* panelist. Ontario Ministry of Children and Youth Services, Toronto, ON, Canada.
 - 4) Lu, C. (February 18, 2016). *The significance of the New Year celebration in Chinese culture*. Brock University Retirees Association. St. Catharines, ON, Canada.
 - 5) Hall, N.Lu, C. et al. (April 29, 2015). *Graduate student event: Cup of knowledge*. Invited panel at the Physical and Health Education Canada Research Council (PHEC-RC) Forum, Banff, AB, Canada.
 - 6) Lu, C., & Zhou, M. (March 22-26, 2009). *The Merging of Eastern and Western Sport Philosophy and Culture*. In the panel of *Educating for One World, One Dream: East Meets West in the 2008 Beijing Summer Olympic Games* by Lin, J., Xiao, J., Cai, C., Lu, C., Zhou, M. Panel presentation at the Comparative and International Education Society's (CIES) 53rd Annual Conference, to be held at Charleston, South Carolina, USA.
 - 7) Goodwin, D., Halas, J., Hopper, T., Humbert, L., Lu, C., Pelletier, J., Rutledge, M., Sanford, K., Singleton, E., & Varpalotai, A. (2005). *Teaching secondary physical and health education*. Panel presentation at the national conference of Canadian Association for Health, Physical Education, Recreation, and Dance (CAHPERD), Regina, Canada.
 - 8) Bibbins, K., Altman, J., Detherage, K., Harris, R., Lu, C., Ortiz, M., & Skye, W. (1999). *Living culture diversity*. Panel presentation at the annual conference of the New York State Recreation & Park Society (NYSRPS) and New York Association of Continuing/Community Educators (NYACCE). Rochester, New York, USA.
- f. Consulting with government, related professionals, and agencies, or preparation of instructional, clinical, curriculum or policy materials for such agencies**
- 1) July 28, 2016. *Middle Years Physical Development and Wellbeing - Research Synthesis*. Ontario Ministry of Children & Youth Services, Toronto, Ontario, Canada.

- 2) April 15, 2011. *Child and youth development beyond Age 6—Transitions to adulthood (for the development of a Youth Policy Framework as an evidence-based guide for governments, communities, and other service sectors as well as academic community)*. Ontario Ministry of Children & Youth Services, Toronto, Ontario, Canada.
- 3) October 27, 2008. Research Advisory Board meeting for “*At my best: Helping every child thrive*” project, Physical & Health Education Canada (PHE Canada), Mississauga, Ontario, Canada.
- 4) March 20, 2008. University Faculty of Education Consultation Session for *Ontario Health and Physical Education (Grade 1-12) Curriculum Review*, Ontario Ministry of Education, Toronto, Ontario, Canada.

g. Editorial and refereeing duties

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| 2012 | Referee for the textbook, “teaching physical education today”. |
| 2009 | External Grant Application Reviewer, SickKids Foundation (Ontario) |
| 2007 | Editorial board, Journal of Sports and Leisure |
| 2009- | Reviewer, Brock Education |
| 2009- | Reviewer, PHEnex Journal |
| 2007- | Reviewer, CSSE-PHETE annual conference presentation proposal peer-review |
| 2005- | Editorial board, Physical and Health Education Journal |
| 2003- | Reviewer, Physical and Health Education Canada Research Council Forum presentation proposals |
| 2001- | Reviewer, Alberta Journal of Educational Research |

h. The creation, performance, direction, programming, design, and staging of creative works for the public, or curation of exhibitions, particularly when recognized by competent external peers

- 1) Lu, C. (2003). *Tai chi* (video-tape series). Brockport, NY: Brockport Tai Chi Centre, New York, USA.
- 2) Lu, C. (2003). *Qi gong* (videotape series). Brockport, NY: Brockport Tai Chi

Centre, New York, USA.

- 3) Lu, C. (2000). *Chinese wisdom (proverbs)* (videotape series). Brockport, NY: Brockport Tai Chi Centre, New York, USA.

i. Scholarly contributions to pedagogy (Refereed)

- 1) Lu, C., Walsh, J., Li, L., & Cursio, D. (May 18, 2018). *Integrating Eastern model into health and physical education in Canada*. Physical and Health Education (PHE) Canada National Conference. Whistler, BC, Canada. (refereed)
- 2) Lu, C., Cursio, D., & Walsh, J. (October 13, 2017). *Integrating East-West approaches into the implementation of Ontario health and physical education curriculum*. Ophea (Ontario Physical and Health Education Association) Conference. Niagara Falls, Ontario, Canada.
- 3) Lu, C. (May 6, 2017). *Taijiquan: A body-mind exercise for lifetime*. Physical and Health Education Canada National Conference, St. John's, NL, Canada. (refereed)
- 4) Crawford, K., Lancione, B., & Lu, C. (November 20, 2016). *Connecting additional language learning to digital environments*. Workshop presented at the New York State Curriculum for Advanced Technological Education (NYSCATE) Annual Conference, Rochester, NY, USA.
- 5) Lu, C., & Hayward, L. (October 21, 2016). *Taijiquan: An ancient exercise for body-mind*. Ophea (Ontario Physical and Health Education Association) Conference. Niagara Falls, Ontario, Canada.
- 6) Lodewyk, K., Lu, C., Lopez, R., & Steele, K. (October 21, 2016). *A panel presentation and discussion of physical literacy developments and applications for physical educators*. Ophea (Ontario Physical and Health Education Association) Conference. Niagara Falls, Ontario, Canada.
- 7) Steele, K., & Lu, C. (October 21, 2016). *Easy-Play Model: An effective approach to implement comprehensive school physical activity programs*. Ophea (Ontario Physical and Health Education Association) Conference. Niagara Falls, Ontario, Canada.
- 8) Lu, C., & Hayward, L. (May 13, 2016). *Easy-Play Model: Fostering active lifestyles among female students*. OFSAA (Ontario Federation of School Athletic Associations) Women's Sport School workshops at Durham College, Oshawa, Ontario, Canada.

- 9) Lu, C., & Hayward, L. (May 13, 2016). *Qigong: An ancient Eastern movement discipline for modern female adolescents*. OFSAA (Ontario Federation of School Athletic Associations) Women's Sport School workshops at Durham College, Oshawa, Ontario, Canada.
- 10) Lu, C. (May 1, 2015). *Mindfulness: A new approach to school mental health*. Physical and Health Education (PHE) National Conference. Banff, AB, Canada.
- 11) Lu, C., Steele, K., & Barrett, J. (May 1, 2015). *Easy-play Model: A new approach to empowering students for active lifestyles*. Physical and Health Education (PHE) National Conference. Banff, AB, Canada.
- 12) Fletcher, T., & Lu, C. (May 2, 2015). *Taking play seriously in physical education and sport programs*. Workshop presented at the Physical and Health Education (PHE) National Conference. Banff, AB, Canada.
- 13) Lu, C. (November 22, 2014). *Teaching Chinese language in the West: A workshop for instructors of Chinese language in Niagara region*. Confucius Institute at Brock. St. Catharines, ON, Canada.
- 14) Lu, C. (October 28, 2014). *Mindfulness for a happy life*. District School Board of Niagara Academy. St. Catharines, ON, Canada.
- 15) Lu, C. (May 24, 2014). *Eastern mindfulness in the West: Moving into a meditative state of body-mind*. Pre-conference workshop (under the group theme of *Elemental mindfulness: Body-mind and biosphere*) presented at the 42nd Annual Canadian Society for the Study of Education (CSSE). St. Catharines, ON, Canada.
- 16) Lu, C. (February 13, 2014). *Mindfulness for a new horizon in education*. Invited workshop in EDUC5P42 (Innovative Practices in Curriculum/Assessment K-16), Brock University.
- 17) Lu, C. (October 25-26, 2013). *Mindfulness: Ancient wisdom as a new approach to healthy living*. Workshop presented at the Physical and Health Education (PHE) National Conference. Winnipeg, Manitoba, Canada.
- 18) Steele, K., & Lu, C. (October 25-26, 2013). *Easy-play model: An inclusive approach to enjoyable sport participation*. Workshop presented at the Physical and Health Education (PHE) National Conference. Winnipeg, Manitoba, Canada.
- 19) Lu, C. (October 23, 2013). *Mindfulness for education*. Invited workshop presented at the Faculty of Education, University of Manitoba, Winnipeg, Manitoba, Canada.

- 20) Lu, C. (October 23, 2013). *Mindfulness for healthy living*. Invited workshop presented at the Faculty of Kinesiology and Recreation Management, University of Manitoba, Winnipeg, Manitoba, Canada.
- 21) Steele, K., & Lu, C. (October 12, 2012). *Easy-play model: An inclusive approach to team sports*. Workshop presented at the Ontario Physical & Health Education Association (Ophea) Conference. Alliston, Ontario, Canada.
- 22) Lu, C., & Buchanan, A. (October 12, 2012). *Developing mindfulness and emotional well-being in health and physical education*. Workshop presented at the Ontario Physical & Health Education Association (Ophea) Conference. Alliston, Ontario, Canada.
- 23) Lu, C., McGinn, M., Sylvestre, J., Chen, D., Liu, L., & Han, W. (May 10, 2012). *Exercise between two cultures: Healthy active lifestyles for Chinese-Canadians*. Paper presented at the CUPR (Council for University Professors and Researchers) of Health and Physical Education of Canada. Halifax, NS, Canada.
- 24) Lu, C. (Oct. 14, 2011). *A missing dimension in health & physical education: Mindfulness for a true healthy living*. Workshop presented at the Ontario Physical & Health Education Association (Ophea) Conference. Alliston, Ontario, Canada.
- 25) Lu, C. (2010). *Tai ji quan for a mindful life*. Workshop presented at the national conference of Canadian Association for Health, Physical Education, Recreation, and Dance (CAHPERD). Toronto, Ontario, Canada.
- 26) Lu, C. (2009). *PHETE programs in Canada*. Symposium of PHETE at the national conference of Canadian Association for Health, Physical Education, Recreation, and Dance (CAHPERD), Banff, Alberta.
- 27) Lu, C. (2007). *Tai chi for healthy active living*. Workshop presented at the national conference of Canadian Association for Health, Physical Education, Recreation, and Dance (CAHPERD), Moncton, New Brunswick, Canada.
- 28) Lu, C. (2007). *Qi gong for healthy active living*. Workshop presented at the national conference of Canadian Association for Health, Physical Education, Recreation, and Dance (CAHPERD), Moncton, New Brunswick, Canada.
- 29) Lu, C. (2006). *Tai chi for active living*. Workshop presented at the Ophea (Ontario Physical and Health Education Association) Kids' Health Conference, Alliston, Ontario, Canada.

- 30) Lu, C. (2006). *Mindful living*. Workshop presented at teachers' professional development (PD) days of Ottawa-Carleton District School Board, Ottawa, Ontario.
- 31) Lu, C. (2005). *Teaching Tai Chi in school*. Workshop presented at the national conference of Canadian Association of Health, Physical Education, Recreation, and Dance (CAHPERD), Regina, Canada.
- 32) Lu, C. (2005). *Teaching Qi Gong in school*. Workshop presented at the national conference of Canadian Association of Health, Physical Education, Recreation, and Dance (CAHPERD), Regina, Canada.
- 33) Lu, C. (2003). *Learning and teaching Tai Chi*. Workshop presented at the national conference of Canadian Association of Health, Physical Education, Recreation, and Dance (CAHPERD), Winnipeg, Manitoba, Canada.
- 34) Lu, C. (2003). *Learning and teaching Qi Gong*. Workshop presented at the national conference of Canadian Association of Health, Physical Education, Recreation, and Dance (CAHPERD), Winnipeg, Manitoba, Canada.
- 35) Lu, C. (2003). *Learning and teaching Tai Chi*. Workshop presented at the annual conference of Health and Physical Education Council (HPEC), Red Deer, Alberta, Canada.
- 36) Lu, C. (2003). *Learning and teaching Qi Gong*. Workshop presented at the annual conference of Health and Physical Education Council (HPEC), Red Deer, Alberta, Canada.

Please Note: Over additional 100 professional presentations and workshops (refereed and non-refereed) were invited by universities, schools, community centers, health sectors, senior centers, companies, and government agencies in China, Canada, and the United States prior to 2003. The topics cover the areas such as mindfulness, wholistic health, East/West physical and recreational activities (e.g., tai chi, qi gong), East/West philosophies and cultures, religion, stress management, and health for disabilities.

j. Other publications demonstrating a high quality of scholarship with significant public impact;

- 1) Lu, C., & Lodewyk, K. (2016). *Updated and refined research synthesis on the physical and movement domains*. Funded research report to Ontario Ministry of Children & Youth Services, Toronto, Ontario, Canada.

- 2) Lu, C., & Barrett, J. (2012). *Feedback and comments on Ontario 2010-2011 the full-day early learning—Kindergarten program*. Ontario Ministry of Education, Canada.
- 3) Barrett, J., & Lu, C. (2012, June). Tip has “profound negative” impact. *Professionally Speaking*. Retrieved from http://professionallyspeaking.oct.ca/june_2012/upfront/letters.aspx
- 4) Lu, C. (2011). *Research synthesis in physical and movement domains (Age 7-25) for the development of a Youth Policy Framework as an evidence-based guide for governments, communities, other service sectors, and academic community*. Funded report to Ontario Ministry of Children & Youth Services, Toronto, Ontario, Canada
- 5) Kentel, J., & Lu, C. (2008). *Health and physical education for elementary school children*. Boston, MA: Pearson Custom Publishing.

2. Grants obtained

a) Internal grants (refereed)

- 1) 2017-2018 (Principal Investigator). Faculty of Education Research & Development (R & D) Grant (\$1,000), Brock University. *A contemplation of three educational models*.
- 2) 2015-2016 (Principal Investigator). Faculty of Education Research & Development (R & D) Grant (\$1,000), Brock University. *Issues in the development of Confucius Institute*.
- 3) 2013-2014 (Principal Investigator). Faculty of Education Research & Development (R & D) Grant (\$1,000), Brock University. *Developing a theoretical model for mindfulness-based post-modern education*.
- 4) 2011-2012 (Principal Investigator). Faculty of Education Research & Development (R & D) Grant (\$1,000), Brock University. *Developing a school-based comprehensive physical activity program*.
- 5) 2010-2011 (Principal Investigator). Faculty of Education GRAD Fund (\$1,500), Brock University. *Physical education profession in Canada*.
- 6) 2010-2011 (Principal Investigator). Faculty of Education Graduate Research Assistant Development (GRAD) Fund (\$1,500), Brock University. *A cultural perspective on Chinese sports*.
- 7) 2008-2010 (Principal Investigator). Faculty of Education Research & Development (R & D) Grant (\$1,000), Brock University. *Moving towards*

mindful health and physical education.

- 8) 2008-2009 (*Principal Investigator*). Experience Works Fund (\$4480.20), Brock University. *Multicultural Education.*
- 9) 2008-2009 (*Co-Investigator*). Faculty of Education Scholarly Learning Community Initiation Grant (\$1,000), Brock University. *Imagining possibilities in teaching and learning afforded by a complexity perspective.*
- 10) 2008-2009 (*Principal Investigator*). Faculty of Education Graduate Research Assistant Development (GRAD) Fund (\$1,000), Brock University. *School health literacy.*
- 11) 2007-2008 (*Co-Investigator*). Faculty of Education Scholarly Learning Community Grants Award (\$760), Brock University. *Self-study of teacher education practices of new faculty.*
- 12) 2006-2007 (*Principal Investigator*). Faculty of Education Graduate Research Assistant Development (GRAD) Fund (\$1,000), Brock University. *School health literacy.*
- 13) 2004-2006 (*Principal Investigator*). Faculty-University Research Fund of University of Ottawa (\$10,000). *A preliminary study of health and fitness among Chinese Canadians.*

b) External grants (refereed)

- 1) 2016 (*Principal Investigator*). Ontario Ministry of Children & Youth Services (\$16,950). *Updating research on the synthesis for physical and movement domains among children and youth.*
- 2) 2010-2011 (*Principal Investigator*). Ontario Ministry of Children & Youth Services (\$43,900.80). *Child and youth development beyond age 6—Transitions to adulthood: Research synthesis in physical and movement domains (Age 7-25).*
- 3) 2007-2010 (*Principal Investigator*). SSHRC-Sport Canada Joint Initiative (\$121,000). *Chinese-Canadians' perspectives on health and fitness.*
- 4) 2007-2010 (*Co-Investigator*). SSHRC (\$130,675). *Socio-behavioral determinants of bone health in adolescent females.*
- 5) 2008-2009 (*Co-Investigator*). Ontario Ministry of Education (\$21,000), *Background research to support curriculum review in health and physical education.*

- 6) 1994-1996 (*Co-Investigator*). Social and Human Sciences Grant of Shandong Province, China (\$200). *A fitness study of Child and youth in schools.*
- 7) 1992-1994 (*Principal Investigator*). Social and Human Sciences Grant of Shandong Province, China (\$200). *Physical educational games.*
- 8) 1990-1992 (*Co-Investigator*). Sport Science Grant Shandong Province, China (\$2000). *An investigation of elite athletes' profiles.*

3. Memberships (including executive positions held) in scholarly and/or professional societies/organizations or other federal or provincial agencies having an academic connection

- 1) Co-Chair of Physical and Health Education Canada Research Council (2009-2010)
- 2) Member of the Canadian Society for the Study of Education (CSSE)
- 3) Member of American Educational Research Association (AERA)
- 4) Member of the International Chinese Society of Physical Activities and Health (ICSPAH)
- 5) Member of the International Society of Eastern Sports & Physical Education (ISESPE) and the Pan-Asian Society of Sports & Physical Education (PASSPE)
- 6) Member of the Physical & Health Education (PHE) Canada
- 7) Member of the Physical & Health Education (PHE) Canada Research Council
- 8) Member of Ontario Physical and Health Education Association (OPHEA)
- 9) Member/researcher at Brock University Jack and Nora Canadian Centre for Lifespan Development Research
- 10) Member/researcher of the Centre for Healthy Development through Sport & Physical Activity, Brock University

4. Other activities (including any activities specific to the discipline which would support the application)

Selected research collaboration

Please see my research collaboration reflected in the publications and conference presentations above.

Selected professional development attended

- 1) 2019 & 2020, I attended a series of workshops about online teaching and learning hosted by the Centre for Pedagogical Innovation. Brock University.
- 2) 2019 & 2010, I attended a series of webinar workshops about teaching and learning health and physical education hosted by the Physical and Health Education (PHE) Canada.
- 3) May 17-19, 2018. Attended scholarly presentations at the Physical and Health Education Canada Research Council (PHEC-RC) Forum and the professional workshops at the Physical and Health Education (PHE) Canada National Conference. Whistler, BC, Canada.
- 4) March 6, 2018. Attended the teaching and learning overview of Scholarship of Teaching & Learning (SoTL) projects from Brock University Chancellor's Chairs for Teaching Excellence. Brock University.
- 5) February 7, 2018. Attended the Ophea webinar workshop, "the Essentials of Teaching Health and Physical Education: What You Need to Know, & We've Got a Resource for That", Ontario, Canada.
- 6) October 13, 2017. Attended workshops at Ophea Conference. Niagara Falls, Ontario, Canada.
- 7) May 4-6, 2017. Attended scholarly presentations at the Physical and Health Education Canada Research Council (PHEC-RC) Forum and the professional workshops at the Physical and Health Education Canada National Conference. St. John's, NL, Canada.
- 8) April 27, 2017. Attended 2017 Spring Perspectives on Teaching and Learning with a Spotlight on Experiential Education, Brock University.
- 9) November 25, 2016. *Middle Years Strategy (for children ages 6-12) Researcher Think Tank meeting*. Ontario Ministry of Children and Youth Services, Toronto, ON, Canada.
- 10) October 20-21, 2016. Attended seminars and workshops in *Ophea (Ontario Physical and Health Education Association) Conference*, Niagara Falls, Ontario, Canada.
- 11) May 12-13, 2016. *OFSAA (Ontario Federation of School Athletic Associations) Women's Sport School* workshops at Durham College, Oshawa, Ontario, Canada.

- 12) April 19, 2016. *Teachers talk sex Ed: Practical approaches to implementation*. Webinar offered by Ophea, Ontario, Canada.
- 13) January 25, 2016. *Understanding the human development & sexual health curriculum expectations and Ophea's new implementation supports: Grades 1-8*. Webinar offered by Ophea, Ontario, Canada.
- 14) December 15, 2015. *The flipped classroom: Not just for math and science! Flipping your PE classroom*. Webinar via Huddle Connect (Adobe Connect), Thompson Educational Publishing, Toronto, Ontario, Canada.
- 15) November 24, 2015. *Systematic review methodology and literature searching*. James Gibson Library, Brock University.
- 16) October 27, 2015. *Freedom of Information and Protection of Privacy Act online workshop*. Brock University.
- 17) October 22, 2015. *Life after Access Copyright: Moving towards Open Access workshop*. Centre for Pedagogical Innovation. Brock University.
- 18) August 19, 2015. *Gamification and Badging workshop*. Faculty of Education, Brock University.
- 19) August 10, 2015. *Sakai Updates workshop*. Centre for Pedagogical Innovation. Brock University.
- 20) August 6, 2015. *Using iPad and Videocapture to Enhance Learning workshop*. Faculty of Education, Brock University.
- 21) June 20-21, 2015. *The symposium of East-West philosophy* with the international delegation of Beijing Normal University and scholars at Brock University, Confucius Institute at Brock University.
- 22) May 14-15, 2015. *Ontario Ministry of Education face-to-face training session for Health and Physical Education Curriculum Grade 1-12 implementation*, Ancaster, ON, Canada.
- 23) May 1-2, 2015. Attended the *workshops* in Physical and Health Education (PHE) Canada National Conference. Banff, AB, Canada.
- 24) April 30-May 2, 2015. Attended academic presentations at the Physical and Health Education Canada Research Council (PHEC-RC) Forum and the professional workshops at the Physical and Health Education Canada National Conference. Banff, AB, Canada.

- 25) April 7, 2015. Attended the *Ontario Ministry of Education online training session for Health and Physical Education Curriculum Grade 1-12 implementation*. Online.
- 26) March 25, 2015. Attended the *Tracking 45 years of Canada-China relations*. Confucius Institute at Brock University, St. Catharines, ON, Canada.
- 27) November 22, 2014. Attended the *Teaching Chinese language in the West: Workshop for Instructors of Chinese Language in Niagara Region*. Confucius Institute at Brock University, St. Catharines, ON, Canada.
- 28) September 27, 2014. Attended the *Traditional Chinese core values in modern society: Reflection on differences between Chinese and Western education*. St. Catharines Chinese School, St. Catharines, ON, Canada.
- 29) August 14, 2014. Attended the *Advanced Isaak: Making Your Course More Interactive* offered at the Centre for Pedagogical Innovation. Brock University, St. Catharines, ON, Canada.
- 30) July 9, 2014. Learned the management and structure of the Confucius Institute at the University of New South Wales, Sydney, Australia.
- 31) July 8, 2014. Visited and learned the programs of human movement and health education and teaching strategies at the University of Sydney, Sydney, Australia.
- 32) July 7, 2014. Visited and learned the physical education and sport studies programs and teaching strategies at the University of Western Sydney, Bankstown, Australia.
- 33) June 27, 2014. Attended the online *Health and safety awareness training*. Office of Health, Safety, and Wellness, Brock University, St. Catharines, ON, Canada.
- 34) May 12-June 27, 2014. Took the additional basic qualification course (ABQ) *EDUC 9M00, Intermediate Basic English*, the Centre for Continuing Teacher Education, Faculty of Education, Brock University, St. Catharines, ON, Canada.
- 35) May 12-June 27, 2014. Took the additional qualification course *Intermediate Basic Interdisciplinary Forums D08*, the Centre for Continuing Teacher Education, Faculty of Education, Brock University, St. Catharines, ON, Canada. As a result, I obtained the permanent *Teaching Certificate* issued by Ontario College of Teachers on September 2, 2014.

- 36) May 24-28, 2014. Attended the presentations at the 42nd Annual Canadian Society for the Study of Education (CSSE). St. Catharines, ON, Canada.
- 37) April 28, 2014. Attended the *Reading, writing, resiliency: A briefing on the state of teacher education toward positive mental health* Webinar workshop offered by Physical and Health Education Canada (online).
- 38) April 24, 2014. Attended *Brock University's on-line Freedom of Information and Protection of Privacy employee orientation*, Brock University, St. Catharines, ON, Canada.
- 39) March 31, 2014. Attended the *Chancellor's Chair for Research Excellence Lecture Series: Measuring physical activity: More than just child's play* presented by Dr. John Hay, Brock University, St. Catharines, ON, Canada.
- 40) December 6-8, 2013. Attended the workshops and presentations at the Global Confucius Institute Conference, Beijing, China.
- 41) October 31, November 27, 2013; February 14, 2014. Attended the mindfulness workshops at the Centre for Pedagogical Innovation, Brock University, St. Catharines, ON, Canada.
- 42) October 30, 2013. Attended the *Philosophy of arts: East meets West* presented by Dr. Wing-Cheuk Chan at Brock University, St. Catharines, ON, Canada.
- 43) October 24-26, 2013. Attended academic presentations at the Physical and Health Education Canada Research Council (PHEC-RC) Forum and the professional workshops at the Physical and Health Education Canada National Conference. Winnipeg, MB, Canada.
- 44) October 18, 2013. Attended the *Lives and values of ordinary people in China* presented by Dr. Yin Xiao, (Tsinghua University, China) at Brock University, St. Catharines, ON, Canada.
- 45) August 17, 2013. Attended *the Present Moment: Wisdom for Global Peace and Happiness* presented by Thich Nhat Hanh at Sony Centre, Toronto, Ontario, Canada
- 46) March 25—June 7, 2013. Took the additional qualification (AQ) credit course, *EDUC 9F34 D5 S1 International Languages - Mandarin I* at the Centre for Continuing Teacher Education, Faculty of Education, Brock University.
- 47) Oct. 12, 2012. Attended the Professional workshops offered at the Ontario Physical & Health Education Association (Ophea) Conference. Alliston, Ontario, Canada.

- 48) July 18, 2012. Attended the *What you can do with copyright materials now! Copyright update for Fall 2012* offered at Brock Centre for Pedagogical Innovation.
- 49) May 9-12, 2012. Attended academic presentations at the Physical and Health Education Canada Research Council (PHEC-RC) Forum and the professional workshops at the Physical and Health Education Canada National Conference. Halifax, NS, Canada.
- 50) June 14, 2012. Attended the *Copyright in publication* offered by Brock University Centre for Pedagogical Innovation.
- 51) March 22, 2012. *Publishing from mixed methods studies*. Faculty of Education, Brock University.
- 52) February 27, 2012. *Copyright considerations in selecting and creating course materials* offered by Brock University Centre for Teaching, Learning and Educational Technologies (CTLET).
- 53) Jan. 27, 2012. *Back to Class: Teaching and Learning in the 21st Century* offered by Brock University Centre for Teaching, Learning and Educational Technologies (CTLET).
- 54) Oct. 14, 2011. Attended professional workshops offered at the Ontario Physical & Health Education Association (Ophea) Conference. Alliston, Ontario, Canada.
- 55) Sept. 22, 2011. *Qualitative research methodology* presented by Dr. Sharan Merriam. Brock University, Canada.
- 56) May 17, 2011. *Accessibility tutorial* offered by Council of Ontario Universities (online), St. Catharines, Ontario, Canada.
- 57) October 21-23, 2010. Attended academic presentations at the CUPR (Council of University Professors and Researchers) Forum and professional workshops at the PHE National Conference. Toronto, Ontario, Canada.
- 58) Oct. 15, 2009. Attended professional workshops offered at the Ontario Physical & Health Education Association (Ophea) Conference. Alliston, Ontario, Canada.
- 59) April 30-May 2, 2009. Attended academic presentations at the CUPR (Council of University Professors and Researchers) Forum and professional workshops at the PHE National Conference. Banff, AB, Canada.
- 60) 2009: Sakai workshop, Centre for Teaching, Learning, & Educational Technologies

(CTLET), Brock University.

- 61) 2008: Academic publication workshop, Centre for Teaching, Learning and Educational Technologies (CTLET), Brock University.
- 62) May 9-11, 2007. Attended academic presentations at the CUPR (Council of University Professors and Researchers) Forum and professional workshops at the CAHPERD National Conference. Moncton, NB, Canada.
- 63) 2007: Refworks workshop, Gibson Library, Brock University.
- 64) 2007: Supervising graduate students, Faculty of Graduate Studies, Brock University.
- 65) 2007: How to manage your research account, Office of Research Services, Brock University.
- 66) Oct. 14, 2006. Attended professional workshops offered at the Ontario Physical & Health Education Association (Ophea) Conference. Alliston, Ontario, Canada.
- 67) 2006: SSHRC updated information by SSHRC program officers, Office of Research Services, Brock University.
- 68) 2006: Human ethics: An introduction to the REB review process, Office of Research Services, Brock University.
- 69) 2006: Introduction to NVivo, Office of Research Services, Brock University.
- 70) May 4-6, 2005. Attended academic presentations at the CUPR (Council of University Professors and Researchers) Forum and professional workshops at the CAHPERD National Conference. Regina, SK, Canada.
- 71) October 22-25, 2003. Attended academic presentations at the CUPR (Council of University Professors and Researchers) Forum and professional workshops at the CAHPERD National Conference. Winnipeg, MB, Canada.
- 72) May 9-11, 2002. Attended academic presentations at the CUPR (Council of University Professors and Researchers) Forum and professional workshops at the CAHPERD National Conference. Banff, AB, Canada.

Media appearance

- Being interviewed by the “Grades Point Average (GPA)” Magazine of Green Path Association of the University of Toronto, December 2010 issue, p. 11, at www.gpaut.ca

E. TEACHING ACTIVITIES

1. Courses Taught (list all courses taught during the past five years and the number of times each was taught, including the course number and title of each course and enrolment)

2020-2021	Professor, Faculty of Education, Brock University			
	EDBE 8P46	Primary/Junior Health/physical education	1 time	25 students
	EDBE 8P56	Junior/ Intermediate Health/physical education	1 time	24 students
	EDUC 5P21	Comparative & International Education	2 times	
2019-2020	Professor, Faculty of Education, Brock University (50% reduced teaching load in Fall 2020)			
	EDBE 8P46	Primary/Junior Health/physical education	1 time	14 students
	EDUC 5P21	Comparative & International Education	2 times	29 students
	EDUC 7P51	Directed Study (PhD)	1 time	1 student
2018-2019	Professor, Faculty of Education, Brock University (on approved leave)			
2017-2018	Professor, Faculty of Education, Brock University (on Sabbatical)			
2016-2017	Professor, Faculty of Education, Brock University. I had 50% teaching load (40 points or 1 credit course) reduction for being the Director of Continuing Teacher Education (CCTE) at Brock FOE.			
	EDBE 8F84	Intermediate/Senior Health/physical education	1 time	10 students
2015-2016	Associate Professor, Faculty of Education, Brock University.			
	EDBE 8F84	Intermediate/Senior Health/physical education	1 time	12 students
	EDUC 8Y26	Physical education in the curriculum	1 time	8 students
	EDUC 8Y36	Primary/Junior/ Health/physical education	1 time	14 students
	EDUC 5P57	Junior/Intermediate Health/physical education	1 time	17 students
2014-2015	Associate Professor, Faculty of Education, Brock University (I had no teaching duties because I had more than two full courses or 85 points teaching workload reduction: 40 points workload reduction for being the current Co-Director of Confucius Institute at Brock in 2014-2015; 30 points			

workload reduction for the three-year term of 2011-2014 served as the Director of Confucius Institute at Brock; and 15 points workload reduction for the new 2-year teacher education courses development). The following are overload teaching:

Overload	EDUC 7Z90	PhD Dissertation	1 time	1 student
Overload	EDUC 3P90	Directed Study	1 time	1 student
2013-2014	<i>Associate Professor</i> , Faculty of Education, Brock University (one full course or 40 points workload reduction for being the Co-Director of Confucius Institute at Brock)			
	EDUC 8P82	Intermediate/Senior Health/physical education	1 time	14 students
	EDUC 5P57	Physical Education in the curriculum	1 time	13 students
Overload	EDUC 5P98	Independent Study	2 times	2 students
2012-2013	<i>Associate Professor</i> , Faculty of Education, Brock University (one full course or 40 points workload reduction for being the Co-Director of Confucius Institute at Brock)			
	EDUC 8P82	Intermediate/Senior Health/physical education	1 time	14 students
	EDUC 8Y26	Junior/Intermediate Health & Physical Education	2 times	52 students
2011-2012	<i>Associate Professor</i> , Faculty of Education, Brock University (one full course or 40 points workload reduction for being the Co-Director of Confucius Institute at Brock)			
	EDUC 8P82	Intermediate/Senior Health/physical education	1 time	17 students
	EDUC 8Y26	Junior/Intermediate Health & Physical Education	1 times	28 students
	EDUC 8Y36	Primary/Junior Health & Physical Education	1 time	29 students
Overload	EDUC 3F90	Independent study	1 times	1 students
2010-2011	Associate Professor, Faculty of Education, Brock University (on Sabbatical)			
Overload	EDUC 7P51	PhD Directed Study	1 time	1 student

2009-2010	<i>Associate Professor</i> , Faculty of Education, Brock University			
	EDUC 8L09	Principles & Practices for Professional Certification	1 time	30 students
	EDUC 8P82	Intermediate/Senior Health/physical education	1 time	19 students
	EDUC 8Y26	Junior/Intermediate Health & Physical Education	2 times	55 students
2006-2009	<i>Assistant Professor</i> , Faculty of Education, Brock University			
	EDUC 8L09	Principles & Practices for Professional Certification	3 time	83 students
	EDUC 8P82	Intermediate/Senior Health/physical education	2 time	32 students
	EDUC 8Y26	Junior/Intermediate Health & Physical Education	5 times	110 students
	EDUC 8Y36	Primary/Junior Health & Physical Education	5 time	127 students
Overload	EDUC 5P98	Independent Study	1 time	1 student

2. Graduate student supervision

#	Name	Date	Degree	Theses or major research projects (MRP)
1	Nicoleta Woinarosky (U of Ottawa)	2005.9— 2007.4	M.A.	A holistic approach to coping with white collar injuries: The effect of exercise on chronic pain and related mental health
2	Kelly Chen (Brock University)	2007.9— 2009.5	M.A.	Exploring Chinese-Canadians' perspective on health: A quantitative analysis
3	Linda Thomas (Brock University)	2007.9— 2010.12	MEd	Health literacy: A concept redefined for school education
4	Chris McLean (Brock University)	2009.9— 2010.8	MEd	A critical analysis of health education curricula across Canada
5	Stefanie Pavlovich (Brock University)	2010.9— 2011.7	MEd	Developing enjoyable experiences for students in physical education

6	Kyle Steele (Brock University)	2009.9— 2012.7	MEd	Adult participants' experiences of a sport program implementing the Easy-Play Model: Implications for an active lifestyle
7	Yuming Xu (Brock University)	2011.9— 2012.8	MEd	Teaching Chinese as an additional language: A handbook for classroom teachers outside China
8	Deanna Douglas (Brock University)	2012.9— 2013.8	MEd	Developing physical activity habit in schools for active lifestyle among children and adolescents
9	Rob Blom (Brock University)	2010.9— 2014.2	MEd	Mindfulness: An ancient wisdom for the reconceptualisation of modern education in the complex world
10	Sarah Oag	2015.9— 2017.1	MEd	Using a culturally-relevant approach to engage South-Asian female adolescents in secondary physical education
11	Lindsay Hayward	2015.9— 2017.4	MEd	Mindfulness for student mental health in schools
12	Keith Crawford	2015.9— 2017.4	MEd	Connecting digital environments to additional language learning in schools
13	Nina Webster	2010.6— 2017.4	PhD	Teaching learners of English as an additional language: Re-conceptualizing mainstream teacher preparedness in the growing linguistic mosaic of Ontario
14	Daniel Cursio	2017.8- 2018.9	MEd	First aid: A Critical Component of School Health Education

3. Graduate committee member or second reader

#	Name	Completion date	Degree	Theses or Major Research Projects (MRP)
1	Helena Hutton	April 2007	MEd	Creating an evidence-based pre-operative cataract surgery computer-assisted educational module
2	Alison Nash	April 2007	MEd	Exploring the effectiveness of using mental imagery with children as a learning tool to improve motor skills
3	Cyrus Ko	Aug. 2007	MEd	A cross-cultural communication study:

				Teacher-student communication in an international context
4	Sylvia Ieraci	Feb. 2008	MEd	Examination of the oral health status of functionally independent and dependent seniors residing in long-term care facilities
5	Sandy Gocalves	Sept. 2008	MEd	Junior division teachers regarding their perceptions of daily physical activity
6	Shawn Haining	September 2008	MEd	Daily physical activity handbook programming at the junior and intermediate level(s)
7	Vickie Morgado	April 2009	MEd	Histórias: Exploring schooling experiences of second-generation Portuguese Canadian students
8	Sarah Gray	April 2009	MEd	The nutritional knowledge and habits of adolescent females
9	Mauro Andre	Sept. 2010	M.A.	Analyzing the learning of the taking Personal and Social Responsibility Model within a new physical education undergraduate degree program in El Salvador
10	David Telles-Langdon	Aug. 2011	PhD	A descriptive study utilizing grounded theory: The moral-reasoning process of coaches
11	Brandy Dewar	Aug. 2012	MEd	Mental Health Education Across Canada: A Physically Active Handbook Supporting Health and Physical Education Teachers' Efforts to Foster Positive Mental Health

4. Visiting international scholars hosted/supervised:

#	Date	Name	Academic Position	Institution	Research project
1	Jan. 2012-Sept. 2015	Minfen YE	Lecturer	Minjiang University, China	Issues in the development of Confucius Institute in Canada
2	Sept.-Nov. 2012	Xiaolan LUO	Professor	Xinzhou University, China	Luo, X., & Lu, C. (2013). Classroom reform in complexity thinking. <i>Theory and Practice of Education</i> , 33(28), 57-60. (published)
3	Nov. 2012	Yu GAO	Lecturer	Shanghai University of Finance & Economics, China	Development of the satisfaction index of sport consumption

4	July 2013- July 2014	Ling LIU	Lecturer	Nanjing University, China	Strategies to develop teaching competencies of ESL teachers
5	July 2013- Jan. 2014	Deming XIONG	Associate Professor	Hubei University of Arts and Science	Cohort: An effective model for pre-service teacher education
6	Feb. 2014- Feb. 2015	Cheng WANG	Associate Professor	Hubei Education University, China	Flipped classroom: An opportunity and strategy to cope with the "empty nest crisis" in rural schools
7	March 2015- March 2016	Xin ZHANG	Associate Professor	Southwest University, China	The new development of physical education module in school in China
8	Jan. 2016- March 2017	Weina ZHU	Lecturer	Southwest University, China	The business models of sport facilities for external public use in higher institutions in China
9	June-Sept. 2016	Li LIN	Professor	Minjiang University	Models of sport management for public services
10	Feb.-Aug. 2017	Hui GAO	Associate Professor	Shandong University of Political Science and Law	The conceptual issues of English as an additional language
11	June 2017- Aug. 2018	Ling LI	Researcher	Qingdao School of Beijing Normal University	Reform of school sport meet in China
12	April 2018- June 2019	Wenting RONG	Researcher	Harbin Engineering University	The governance of education in Canada
13	Oct. 2019- Oct. 2020	Zixun Yu	Lecturer	Changchun University of Traditional Chinese Medicine	The adoption of Toastmasters training model in English courses in Chinese universities

5. Recognition of Teaching Excellence, including Awards (e.g., a Faculty Teaching Award or the OCUFA award)

n/a

6. Other Contributions Devoted to Pedagogical Interest (Publications or Activities previously listed in Section D may be cross listed here and identified with an asterisk.)

Program development

2013-2015 Two-year enhanced new Intermediate/Senior programs, Department of Teacher Education, Brock University (with colleagues).

Course design

2013-2015 Two-year new Health and Physical Education courses designs at Primary/Junior, Junior/Intermediate, and Intermediate/Senior levels (with Joe Barrett)

Course materials

2014-2015 EDBE 8P46 Primary/Junior Health and Physical Education Curriculum (Developing course outline with Joe Barrett)

2014-2015 EDBE 8P56 Junior/Intermediate Health and Physical Education Curriculum (Developing course outline with Joe Barrett)

2014-2015 EDBE 8F84 Intermediate/Senior Teaching Health and Physical Education PART I (Developing course outline with Joe Barrett)

2014-2015 EDBE 8P93 Intermediate/Senior Teaching Health and Physical Education PART II (Developing course outline with Joe Barrett)

2013 EDUC 5P57 Physical Education in the Curriculum (Developing course outline for this graduate course)

2006-2010 EDUC 8L09 D1 S9-- Principles and Practices for Professional Certification (Intermediate/Senior) (Developing course outlines with colleagues)

2006 EDUC 8Y36 Primary/Junior Health and Physical Education (Developing course outline)

2006 EDUC 8Y26 Junior/Intermediate Health and Physical Education (Developing course outline)

2006 EDUC 8P82 Intermediate/Senior Health and Physical Education (Developing course outline)

7. Supervision of student practica and/or internships where specific professional credentials are required of the supervisor to allow students to obtain certification or licensure.

EDUC 8L09: Principles & Practices for Professional Certification

2009-2010	20 Teacher Candidates
2008-2009	18 Teacher Candidates
2007-2008	20 Teacher Candidates
2006-2007	24 Teacher Candidates

Please note: I personally and formally evaluated these students during their teaching practicums.

F. UNIVERSITY/COMMUNITY SERVICE (e.g., memberships and executive positions on the Board of Trustees, Senate, BUFA; presidential/departmental Committees; community organizations)

Services in University, Faculty, Departmental, and Union Committees

2020-	Joint PhD Steering Committee, Faculty of Education, Brock University, Canada
2015-	Continuing Teacher Education Advisory Committee, Faculty of Education, Brock University, Canada
2016-2017	Director of Centre for Continuing Teacher Education, Brock University
2016-2017	Faculty Restructuring Committee, Faculty of Education, Brock University, Canada
2016-2017	Leaderships Council member, Faculty of Education, Brock University, Canada
2016-2017	Dean's Budget Advisory Committee, Faculty of Education, Brock University, Canada
2015-2017	Concurrent Program Committee, Faculty of Education, Brock University, Canada
2013-2017	International Initiatives Advisory Committee (IIAC), Faculty of Education, Brock University, Canada
2008-2017	Faculty of Education Representative for Education-Concurrent BPhEd (Honours)/BEd (Junior/Intermediate and Intermediate/Senior) Programs, Brock University, Canada

- 2012-2015 Joint PhD Implementation Committee, Faculty of Education, Brock University, Canada
- 2011-2015 Co-Director of Confucius Institute at Brock University, Canada
- 2011-2012 BUFA Public Relations Committee
- 2015-2016 Health and Physical Education Subject Team Leader, Department of Teacher Education, Faculty of Education, Brock University, Canada
- 2008-2010 Health and Physical Education Subject Team Leader, Department of Teacher Education, Faculty of Education, Brock University, Canada
- 2007-2009 Faculty of Education Planning and Priority Committee
- 2006-2010 Admission Committee, Department of Teacher Education, Faculty of Education, Brock University, Canada

Services in Community

- 2014-2015 Volunteer of Chinese credit course, District School Board of Niagara (DSBN), St. Catharines, Canada
- 2012- Coach of the Family Easy-Play Sports Club, St. Catharines, Canada
- 2012 Contributing member of St. Catharines “Save the West Park Pool” Organizing committee
- 2010-2015 President of Brock University Chinese Faculty Association (BUCFA)
- 2009-2010 Chair of PHEC-RC (Physical and Health Education Canada Research Council)
- 2009-2011 President of the Chinese Cultural Association of Regional Niagara, Canada
- 2007-2009 Vice-President of the Chinese Cultural Association of Regional Niagara, Canada
- 2006- Founder and management team member of Niagara Easy-Play Soccer Club, Canada
- 2006-2016 Volunteer of St. Catharines Chinese School, Canada