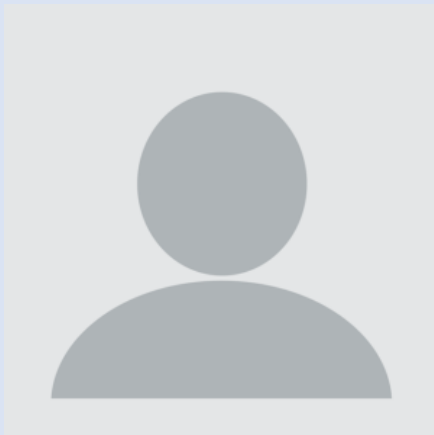




# Sweet, Sticky, and Healthy - using metabolomics to develop a 'green' protocol for polyphenolics extraction from wine grape pomace



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PhD student  
Brock



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BSc Biotechnology  
(CoOp) Brock



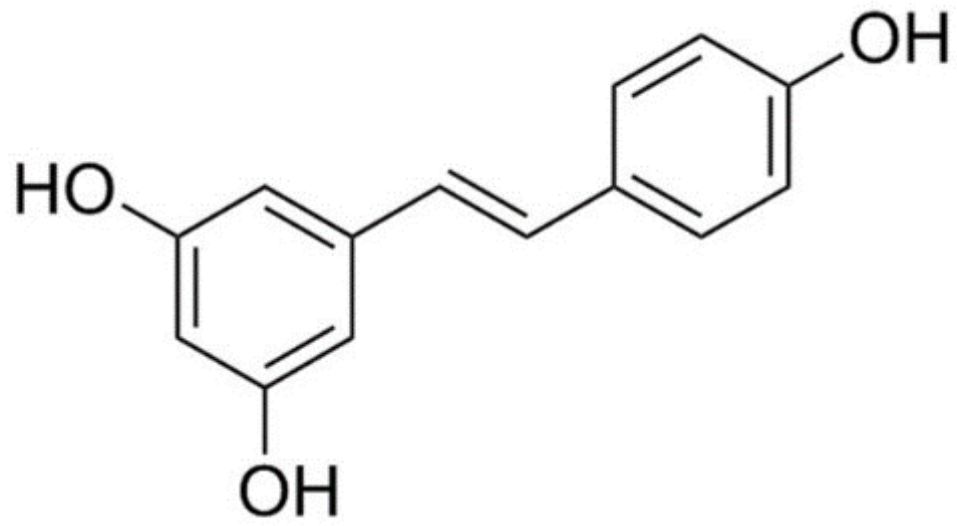
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Andrew Valente  
MSc student  
Brock

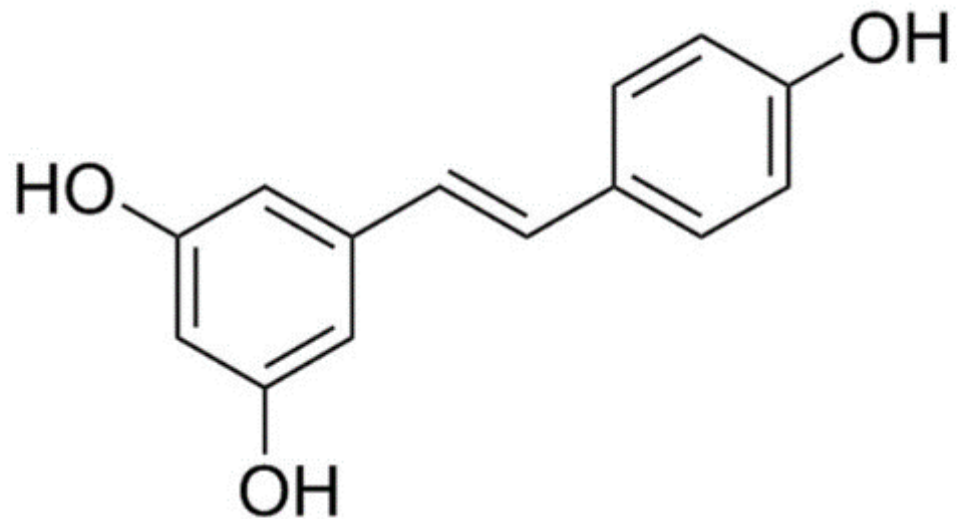


Shehab Selim (BSc)  
Medical School  
U of Ottawa



## Resveratrol:

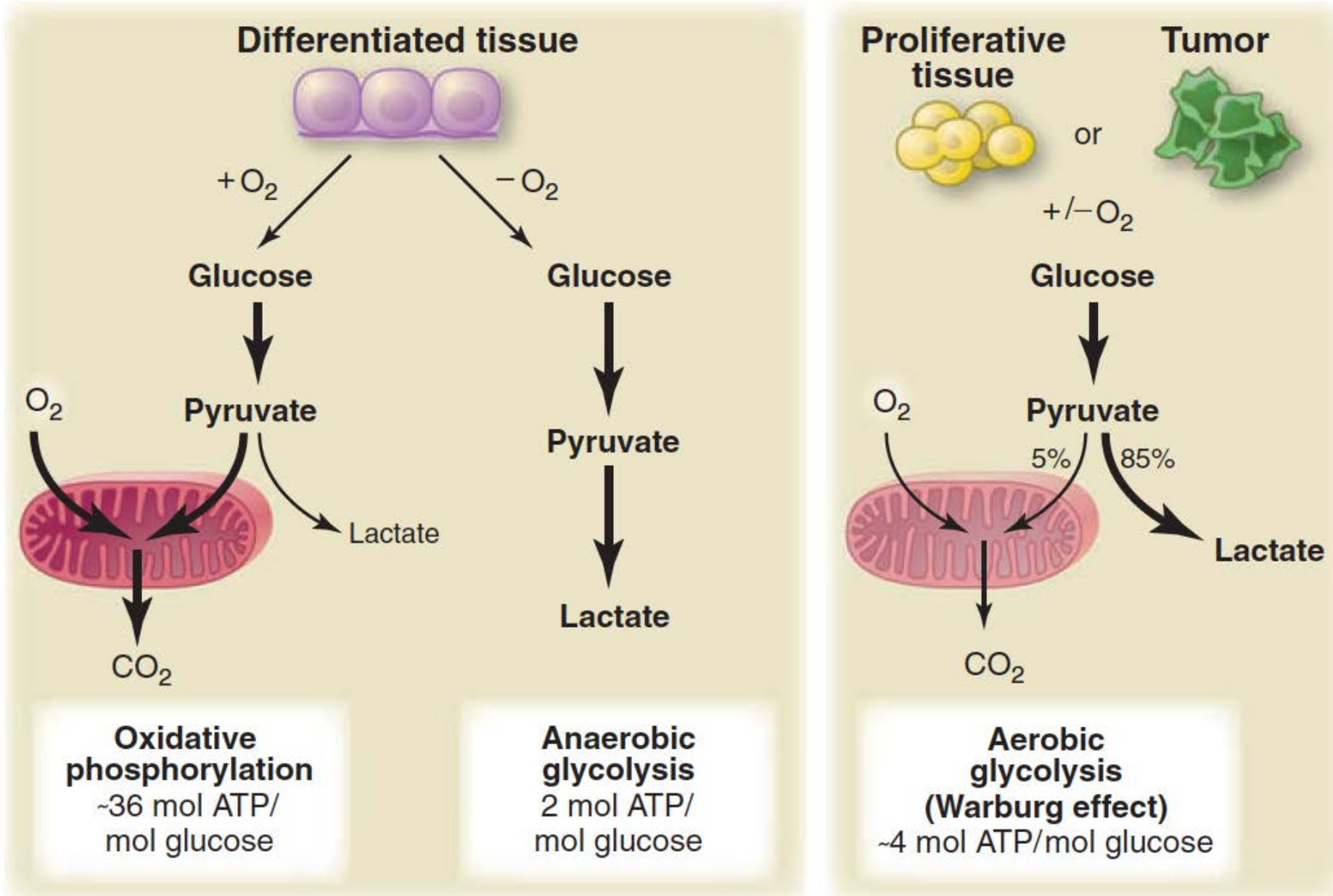
- Why
- Where
- How



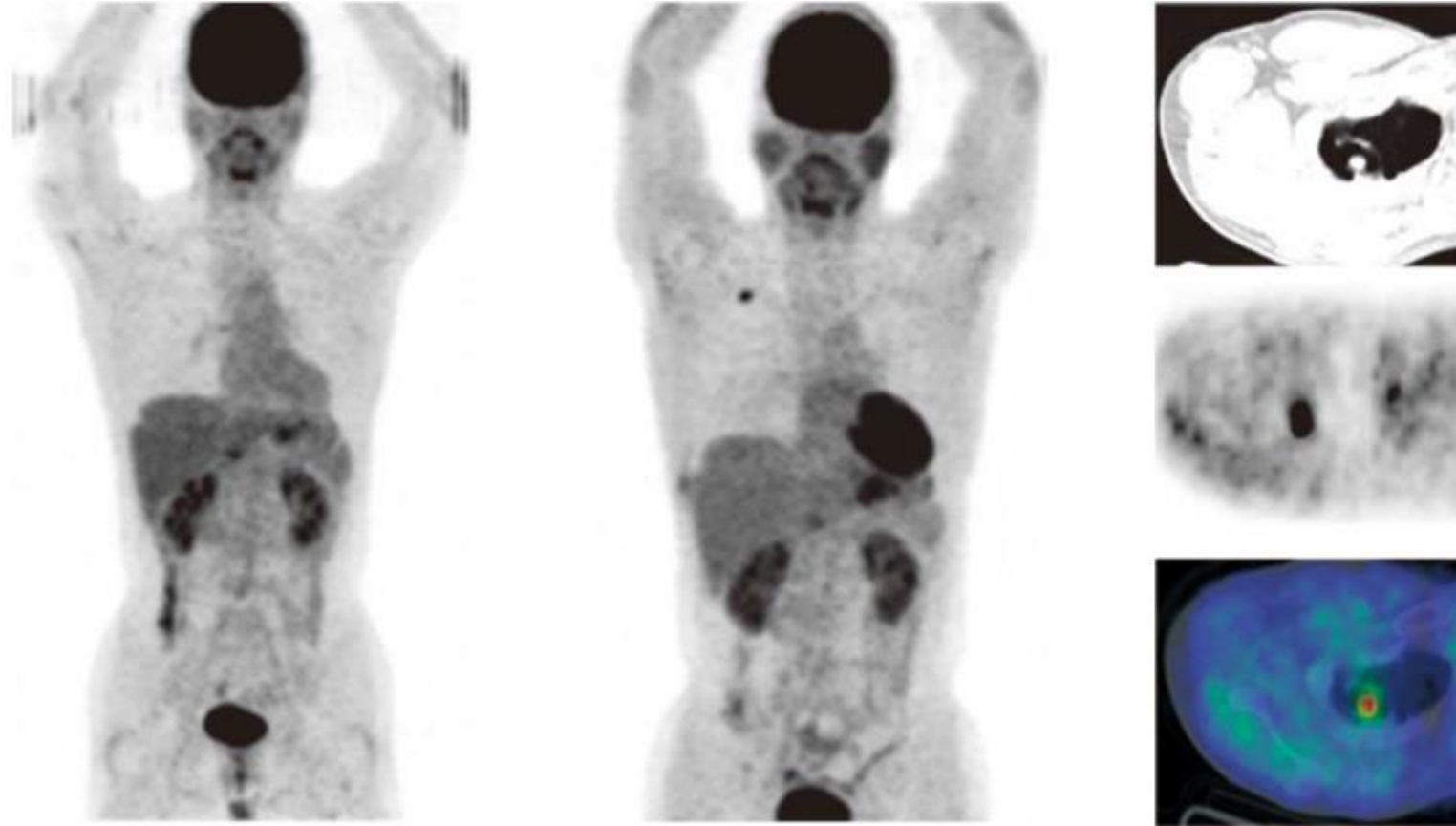
## Resveratrol:

- **Why**
- **Where**
- **How**

# The Warburg Effect:

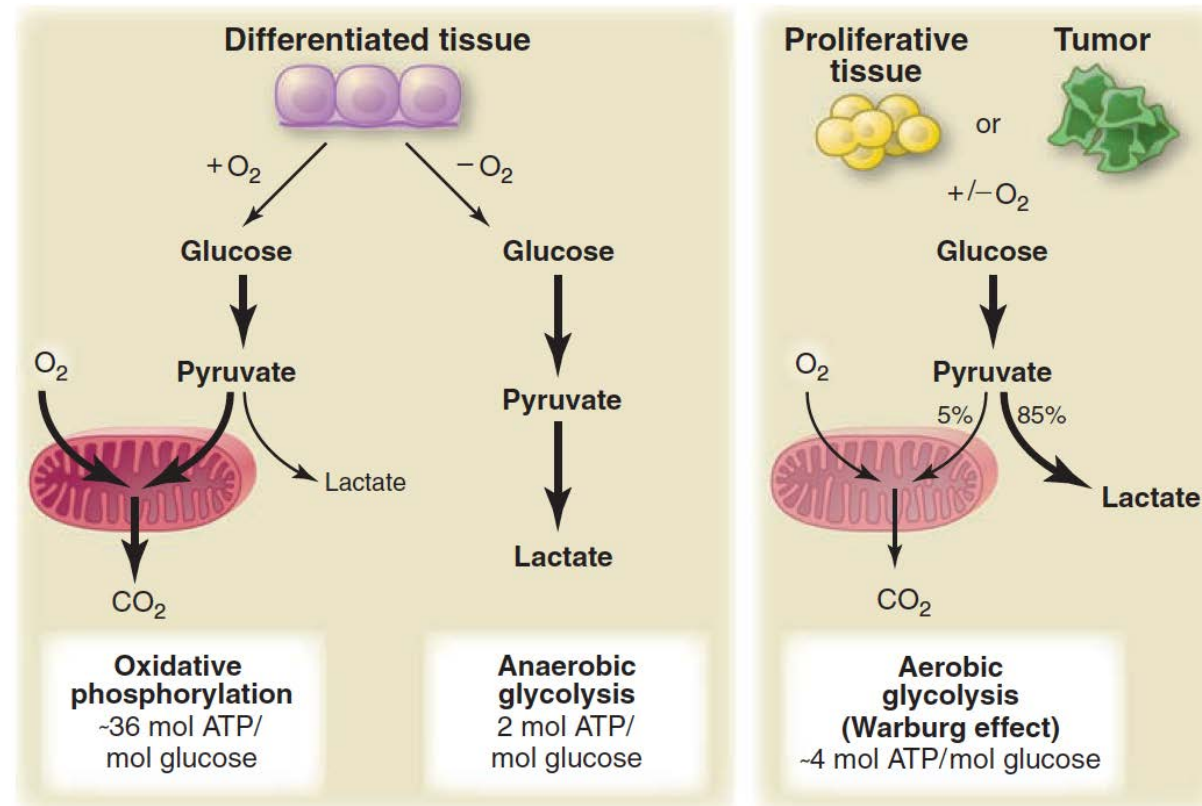


The Warburg Effect is exploited in the  $^{18}\text{F}$ -deoxyglucose PET scan to detect cancers



# One strategy for slowing growth of cancer cells is to target the Warburg Effect

- Inhibit glucose fermentation / stimulate mitochondrial oxidative phosphorylation to slow cancer growth

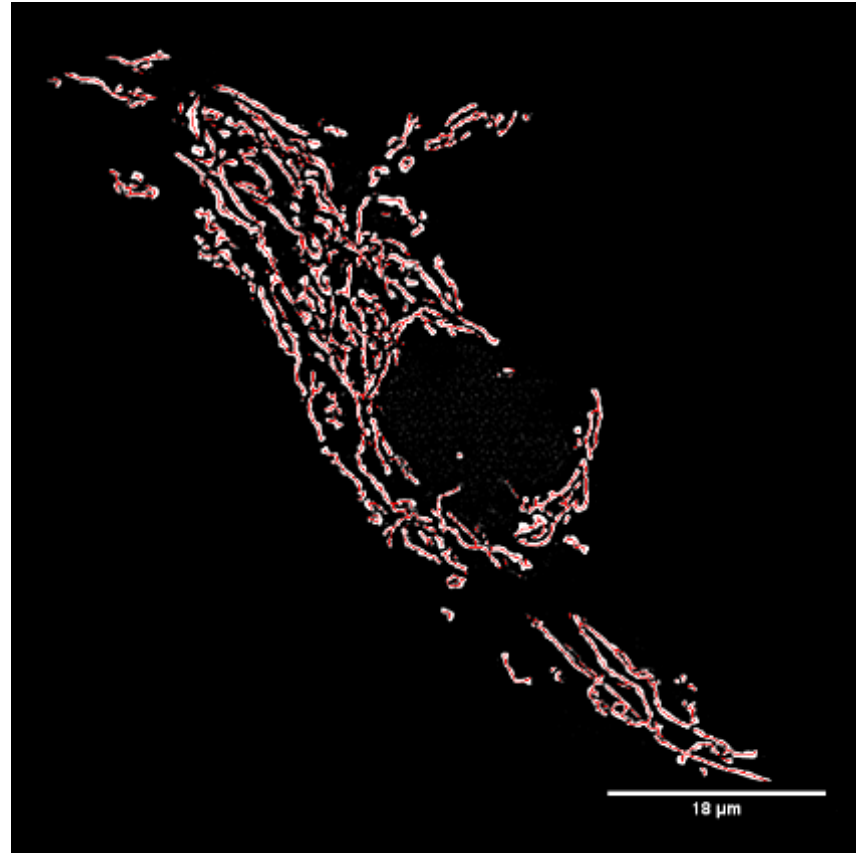
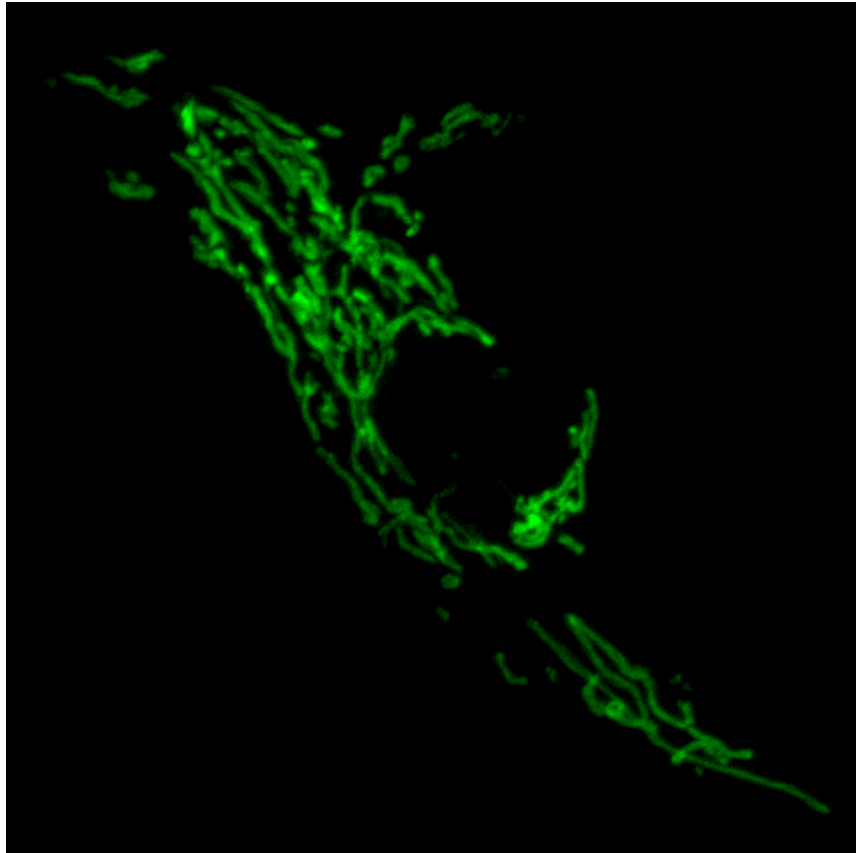




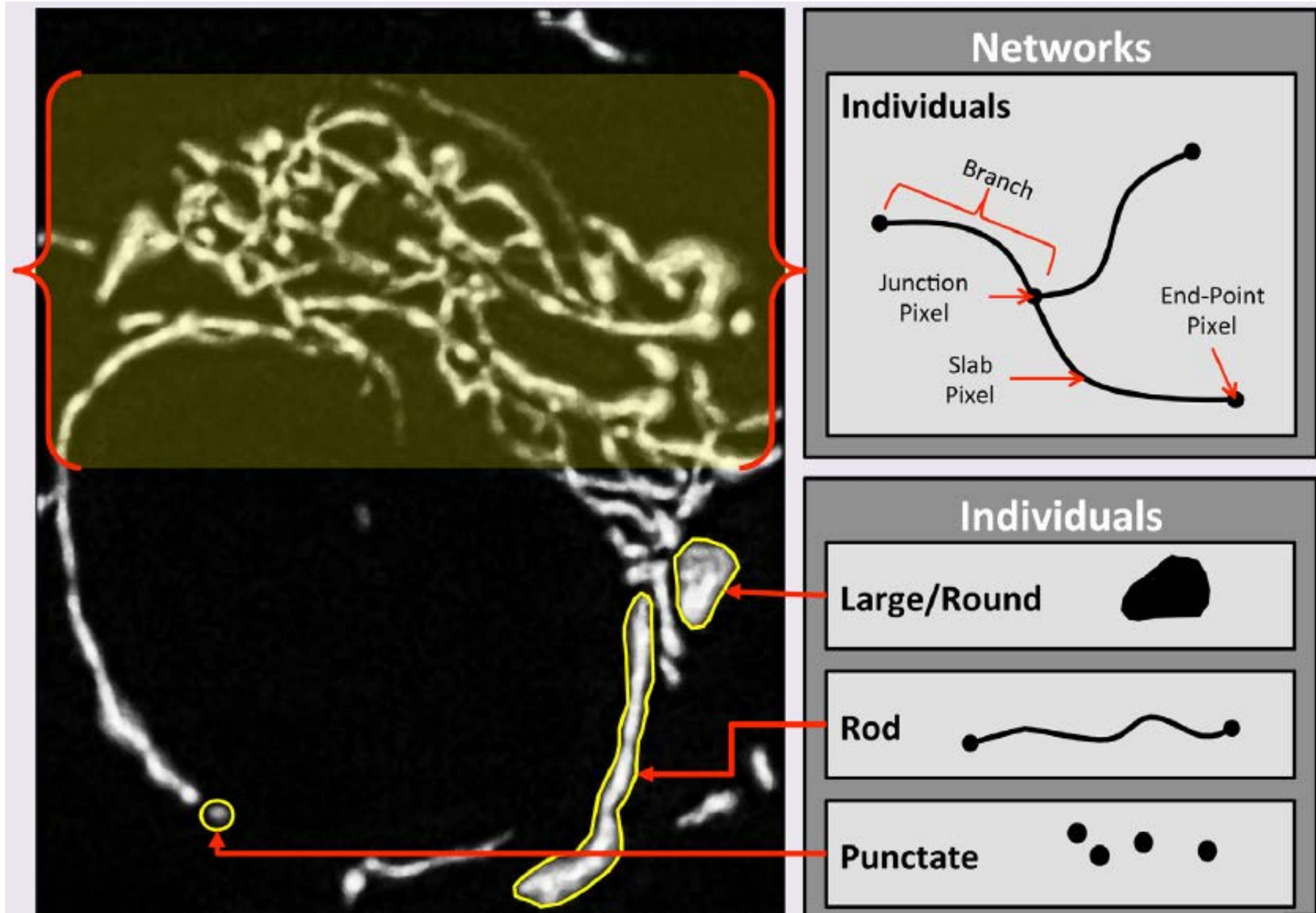
# MiNA

A simple ImageJ macro tool for analyzing mitochondrial network morphology in mammalian cell culture

Andrew J. Valente<sup>a,\*</sup>, Lucas A. Maddalena<sup>a</sup>, Ellen L. Robb<sup>b</sup>, Fereshteh Moradi<sup>a</sup>,  
Jeffrey A. Stuart<sup>a,\*</sup>



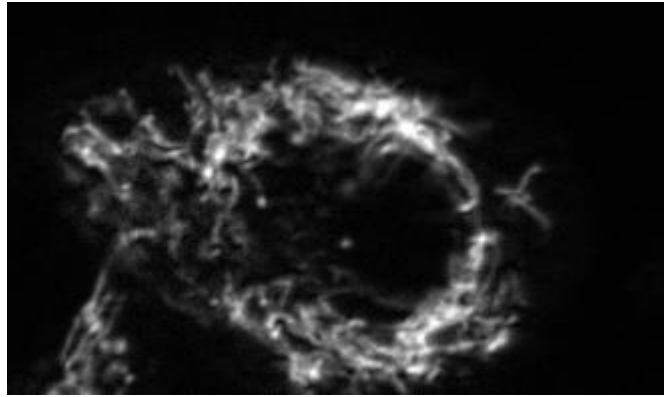
# Assessing resveratrol effects on mitochondria



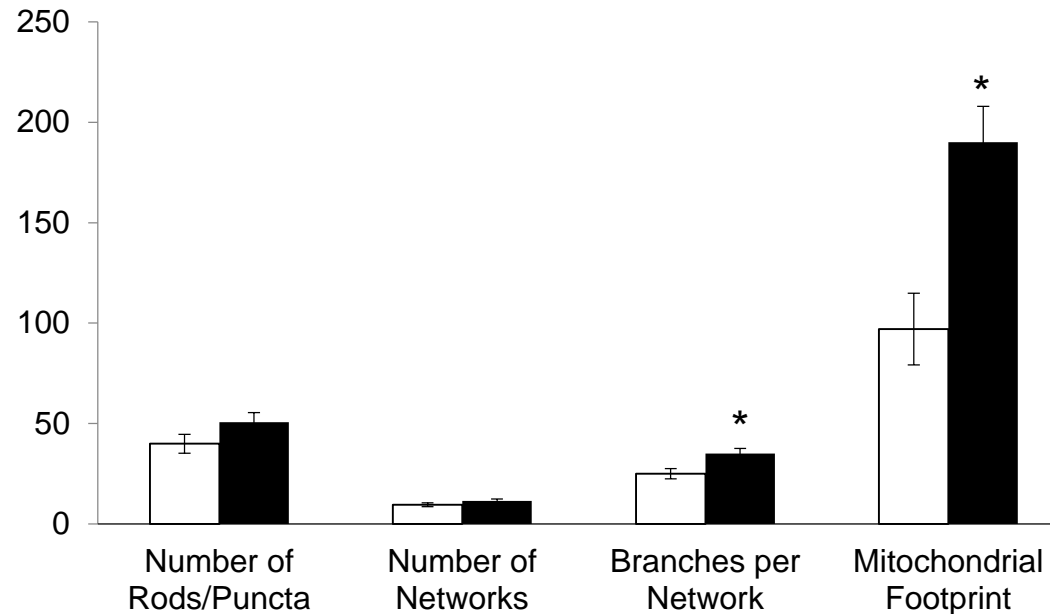
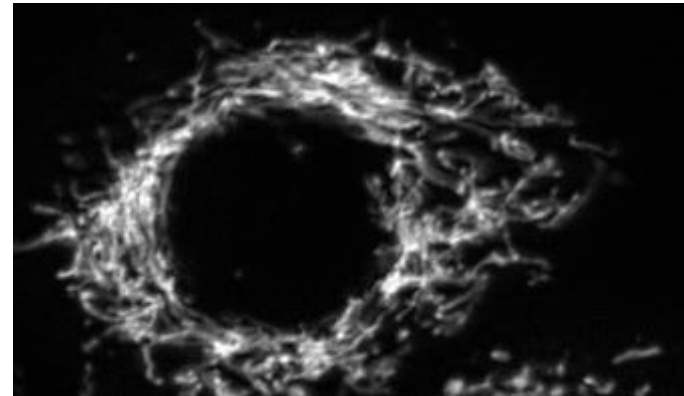


# Treatment (72h) of prostate cancer cells with 10 $\mu$ M resveratrol stimulates mitochondrial biogenesis and fusion

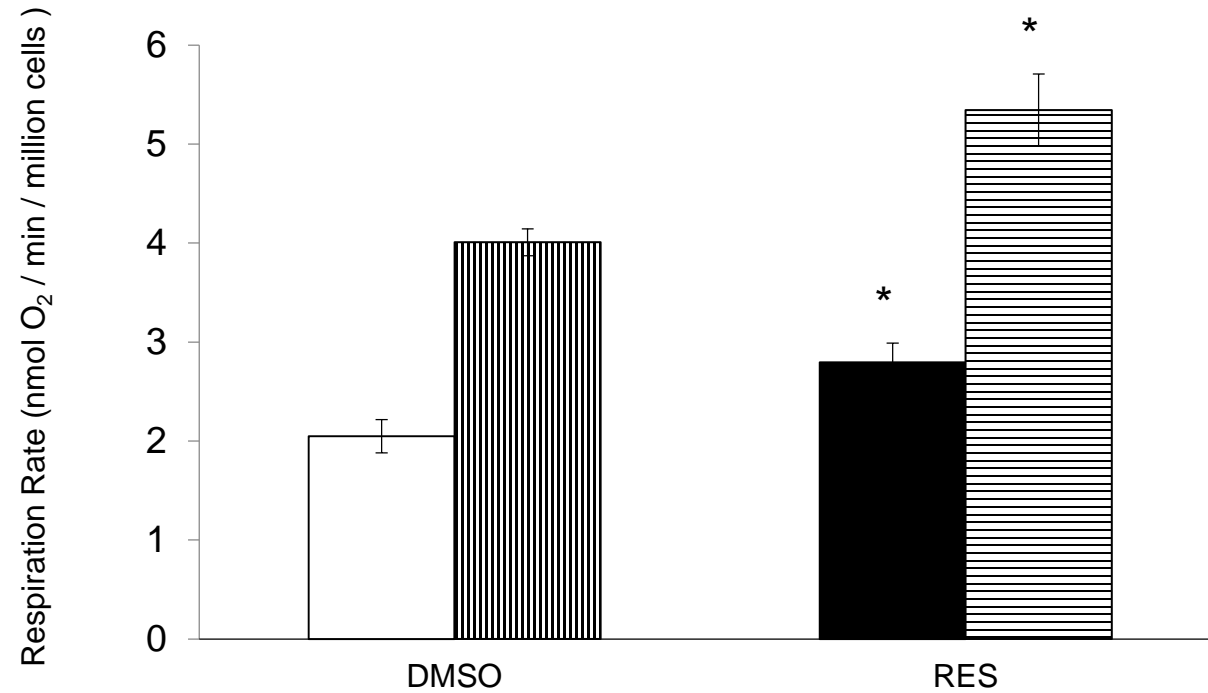
Control



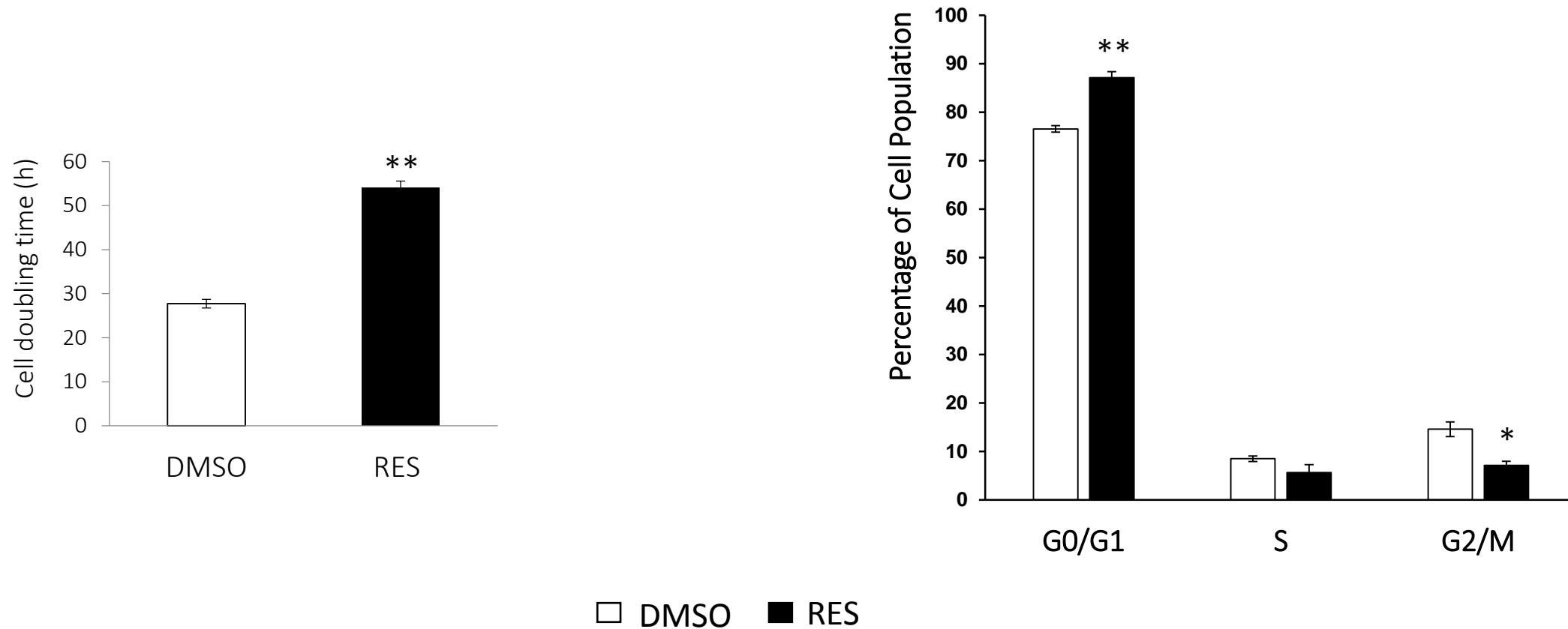
Resveratrol



# Treatment (72h) of prostate cancer cells with 10 $\mu$ M resveratrol stimulates respiration



Concomitantly, resveratrol slows prostate cancer cell growth and cells accumulate in G0/G1



**mitochondrial biogenesis**  
**mitochondrial fusion**  
**mitochondrial respiration**



**Resveratrol**



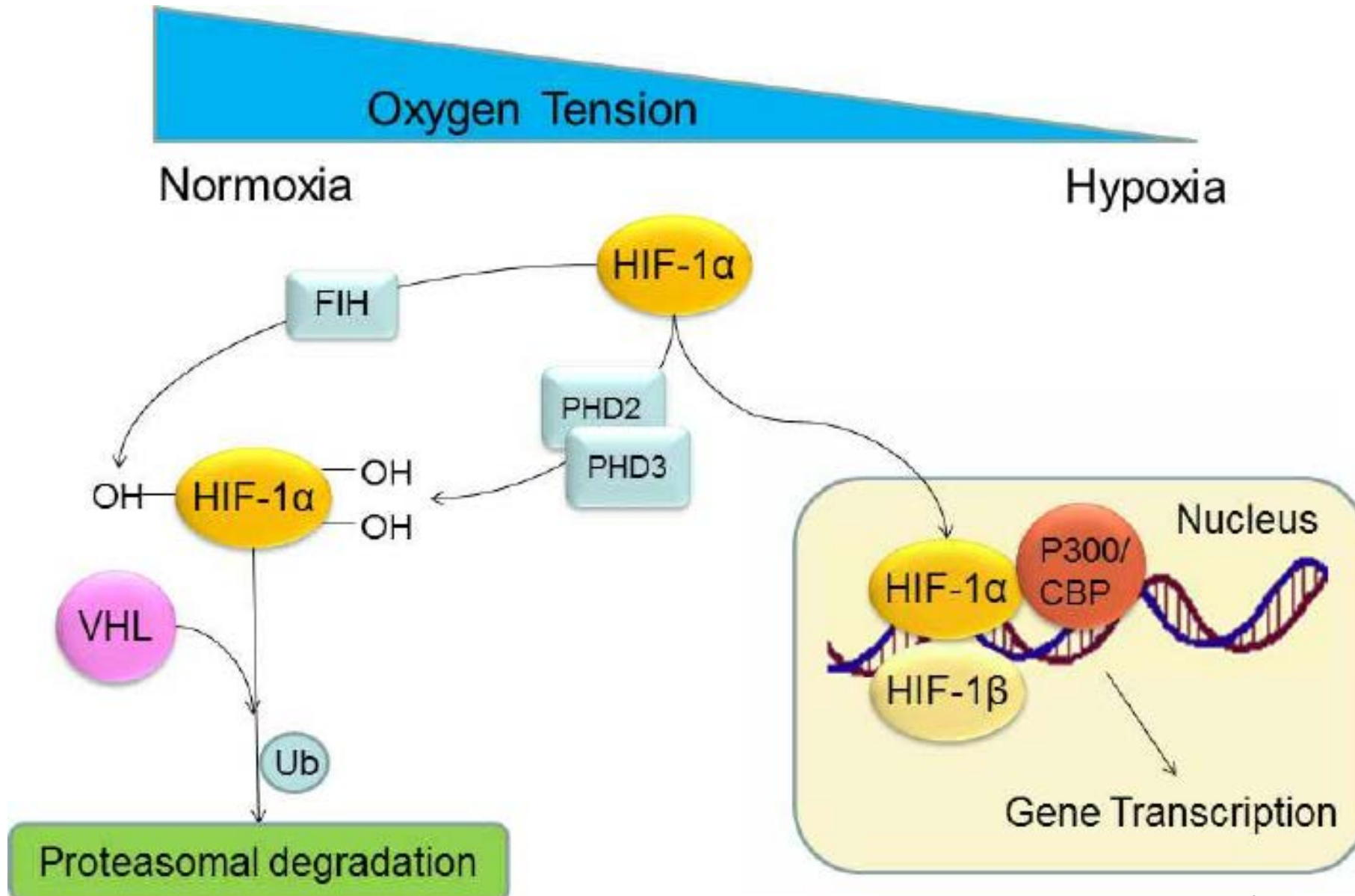
cell growth

Is the shift from a glycolytic to oxidative phenotype required for resveratrol's effects on PC3 cells?

- Investigate potential role of Hypoxia Inducible Factor-1 (HIF-1), which is elevated in normoxia in some cancer cells, including PC3.



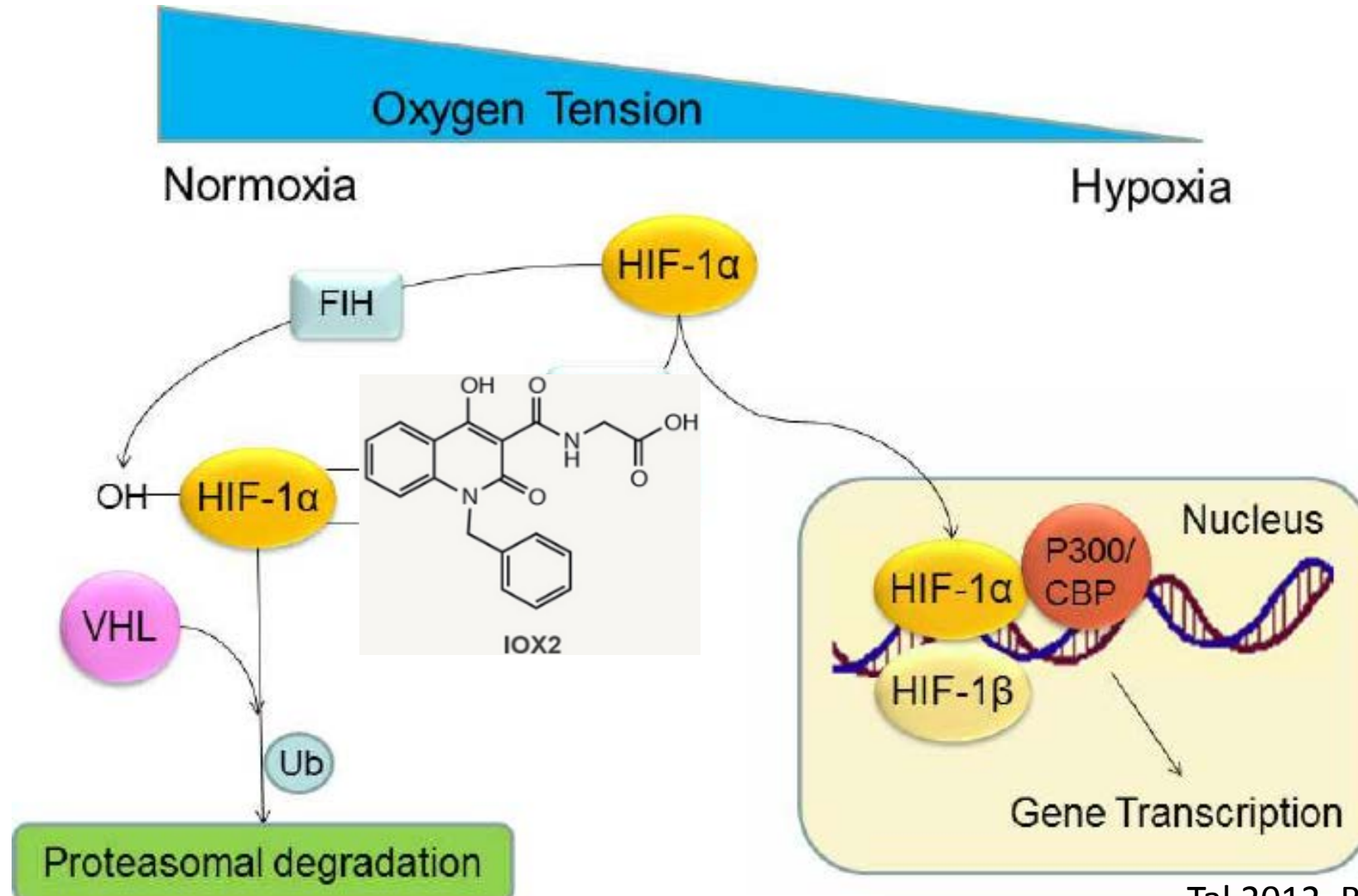
# HIF-1 $\alpha$ regulation



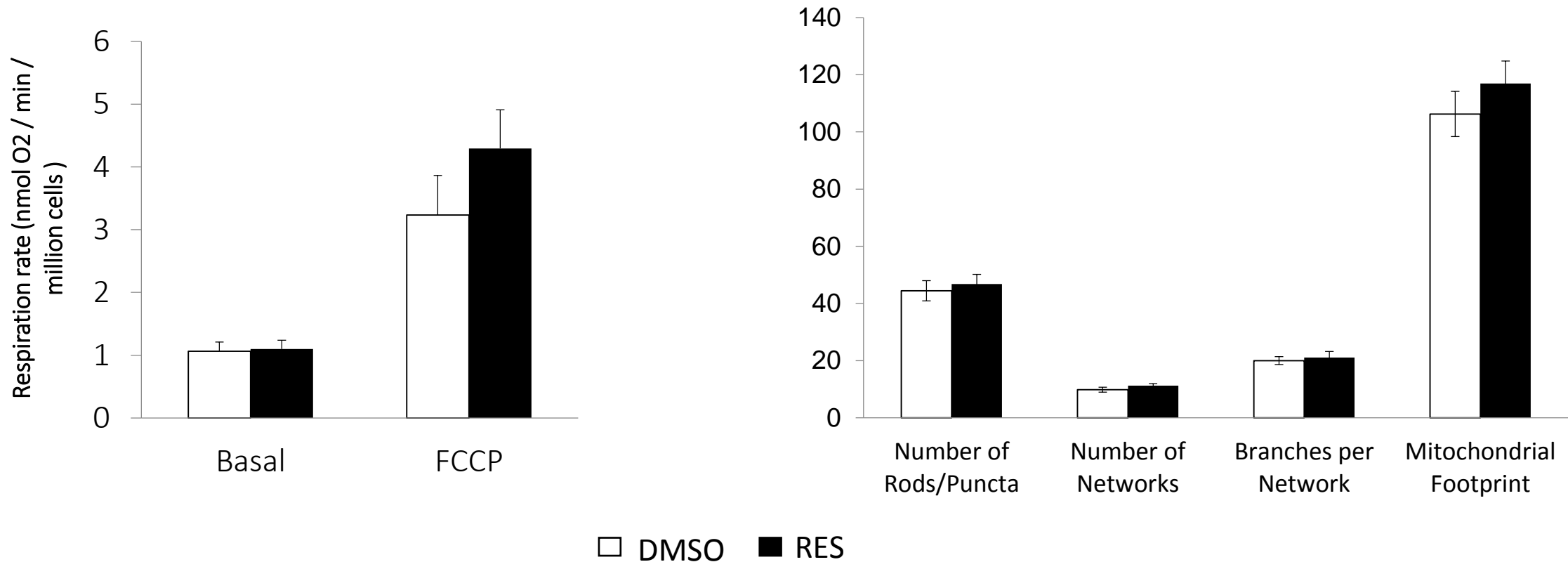
## Experimental approach:

- Stabilize HIF-1 $\alpha$  expression by inhibiting degradation (IOX2)

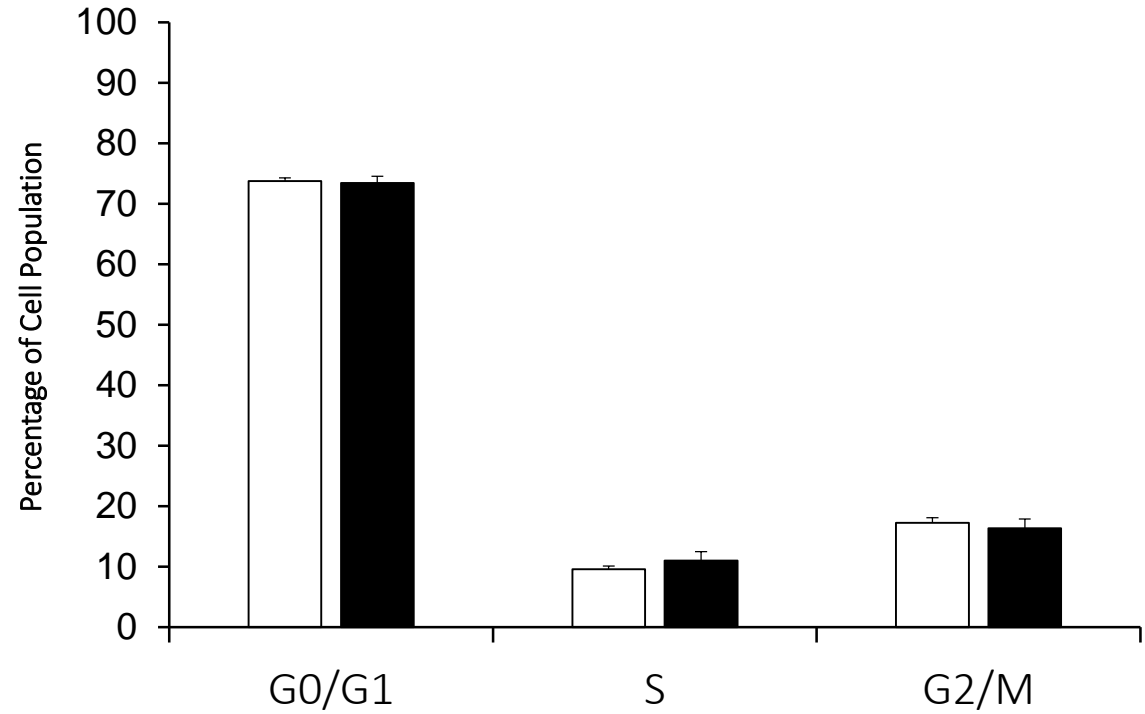
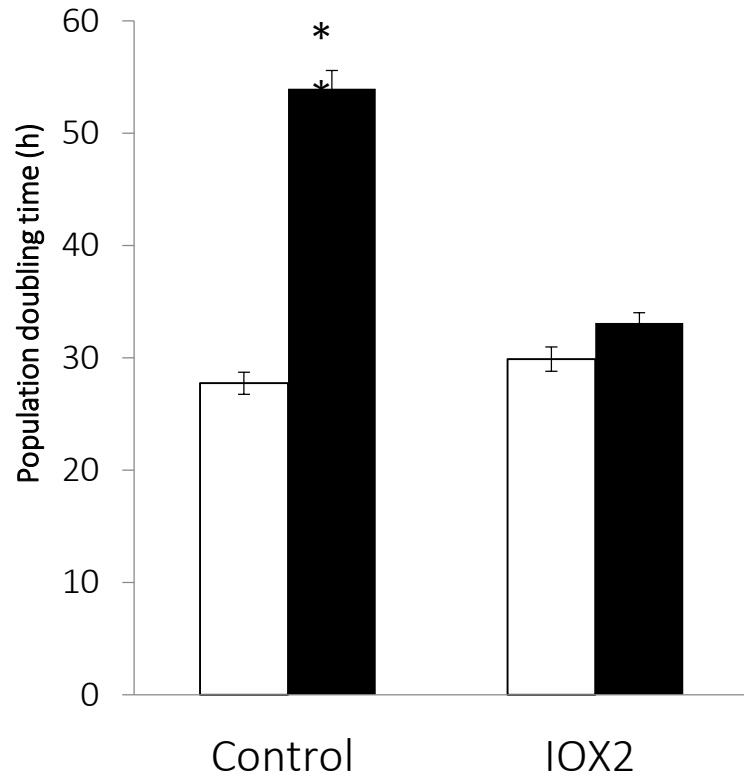
IOX2 inhibits the HIF prolyl hydroxylases (PHDs), thus stabilizing HIF-1 $\alpha$



# No effects of resveratrol on mitochondrial form or function in IOX2-treated PC3 cells



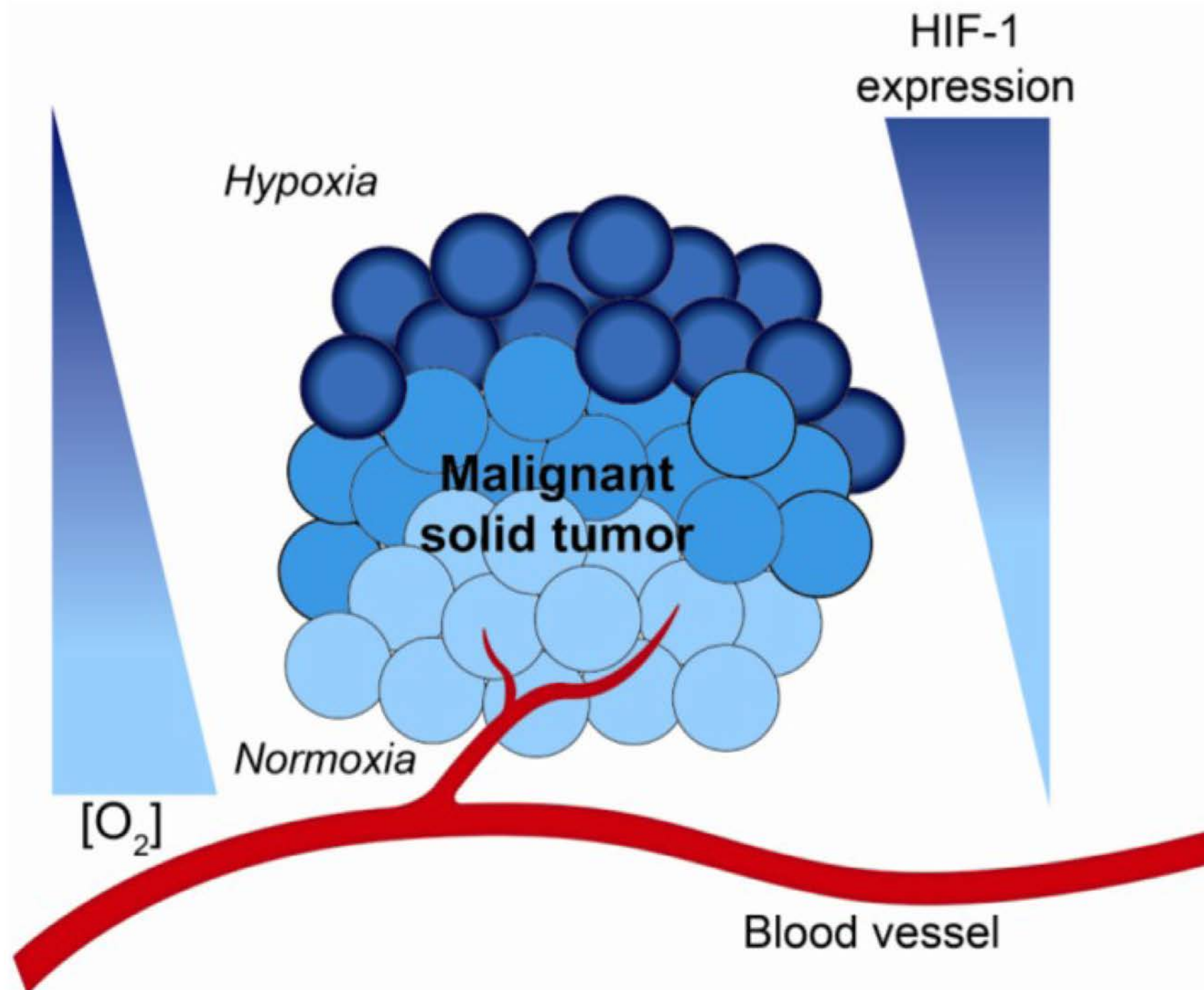
# IOX2 abolishes resveratrol's effects on PC3 cell growth



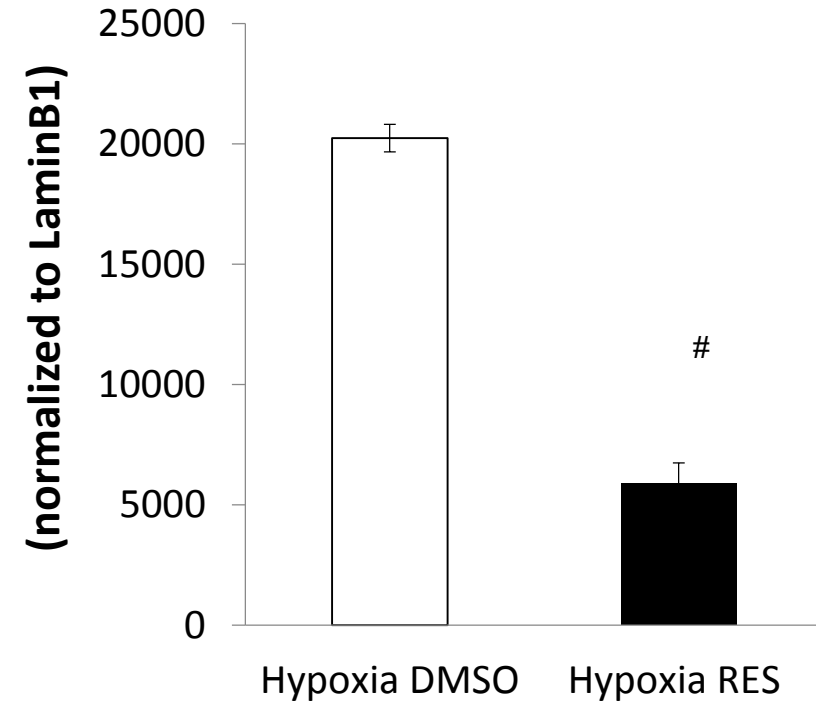
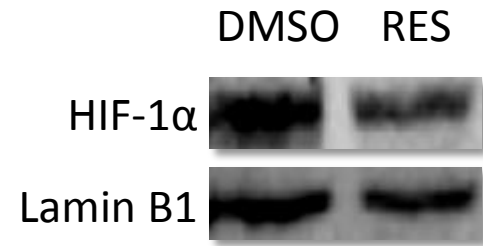
□ DMSO ■ RES



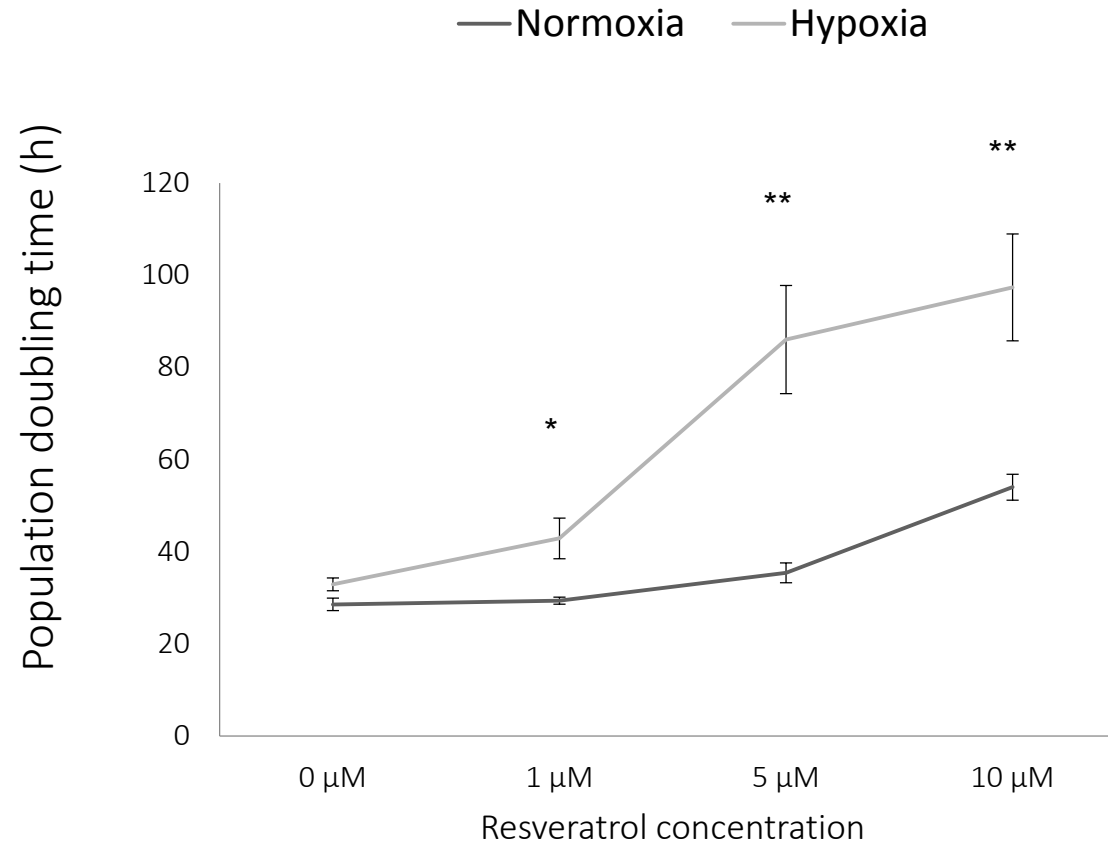
Since resveratrol negatively affects HIF-1 $\alpha$  stabilization is it particularly effective at inhibiting cancer growth in hypoxic conditions?



# RES prevents the stabilization of HIF-1 $\alpha$ in hypoxia



# Resveratrol's growth inhibition effect is greatly increased under hypoxic conditions

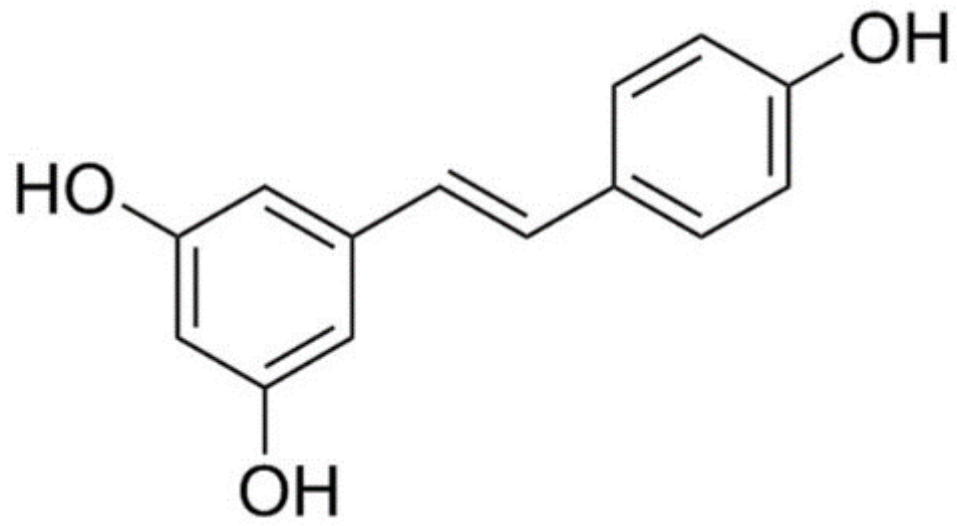


# Funding



Canada Foundation for Innovation  
Fondation canadienne pour l'innovation





## Resveratrol:

- Why
- Where
- How

# Industrial partnership with Steve Murdza and Sweet & Sticky



## The NSERC 'Engage Grant'

*Creating new research collaborations  
between Industry and universities*

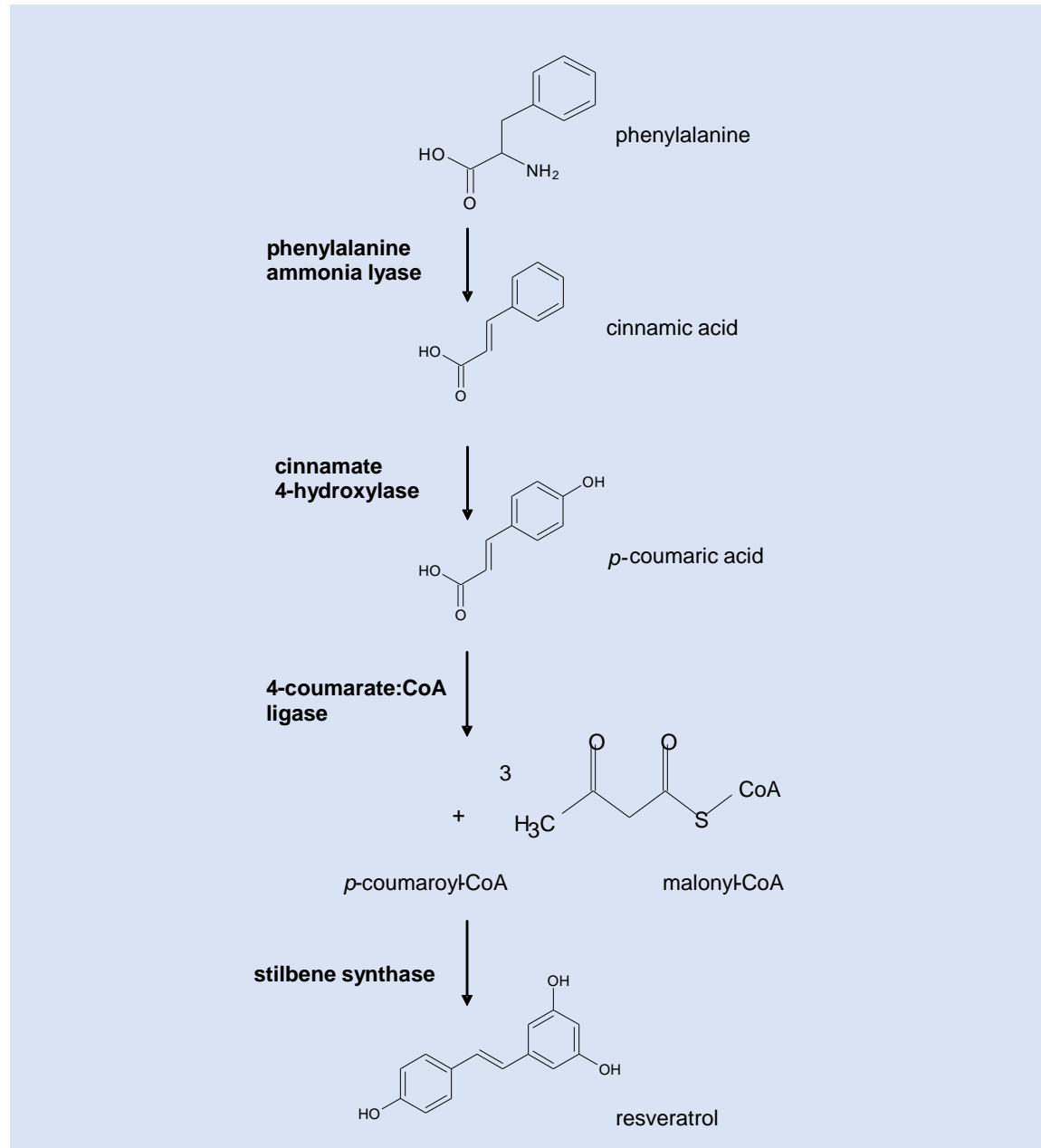


Ontario Centres of  
Excellence

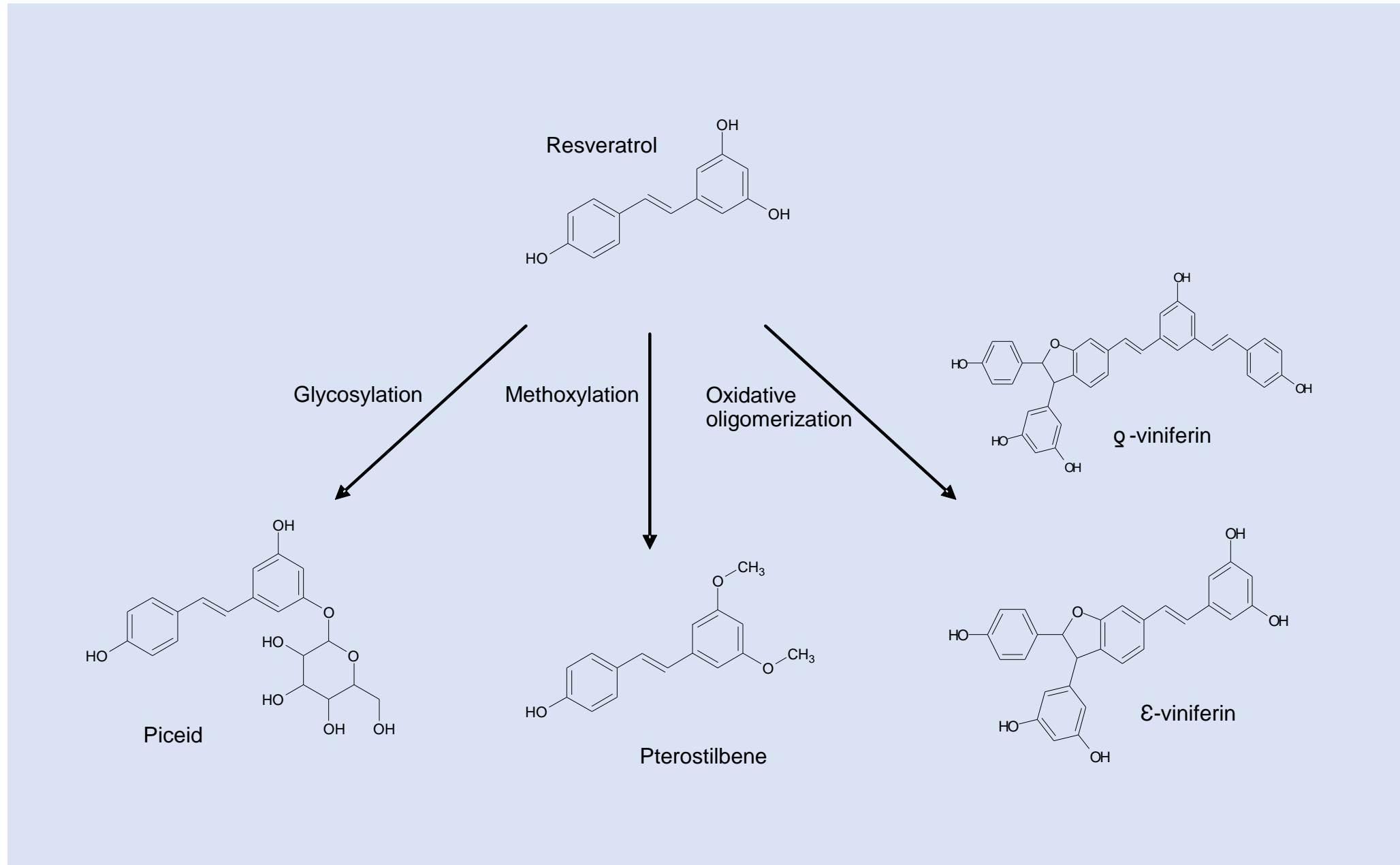


**Ontario Genomics**

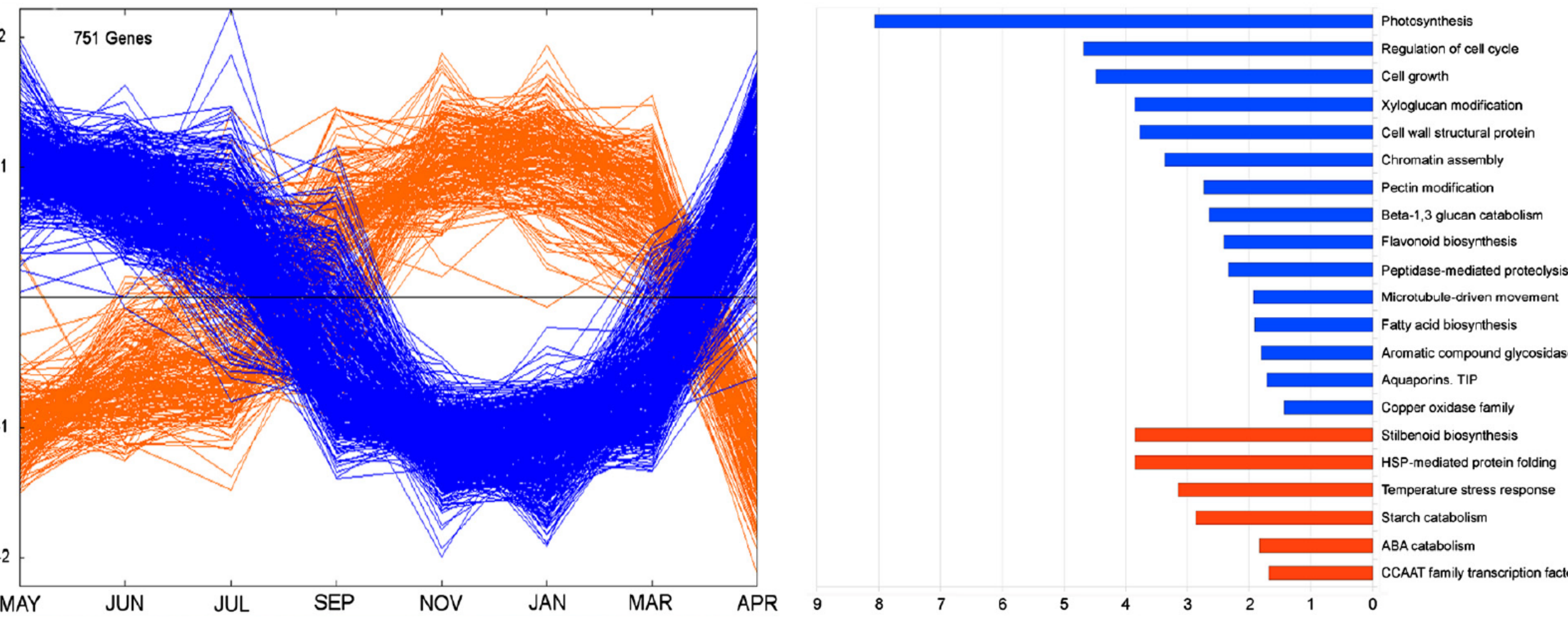
# Resveratrol synthesis in *Vitis vinifera*



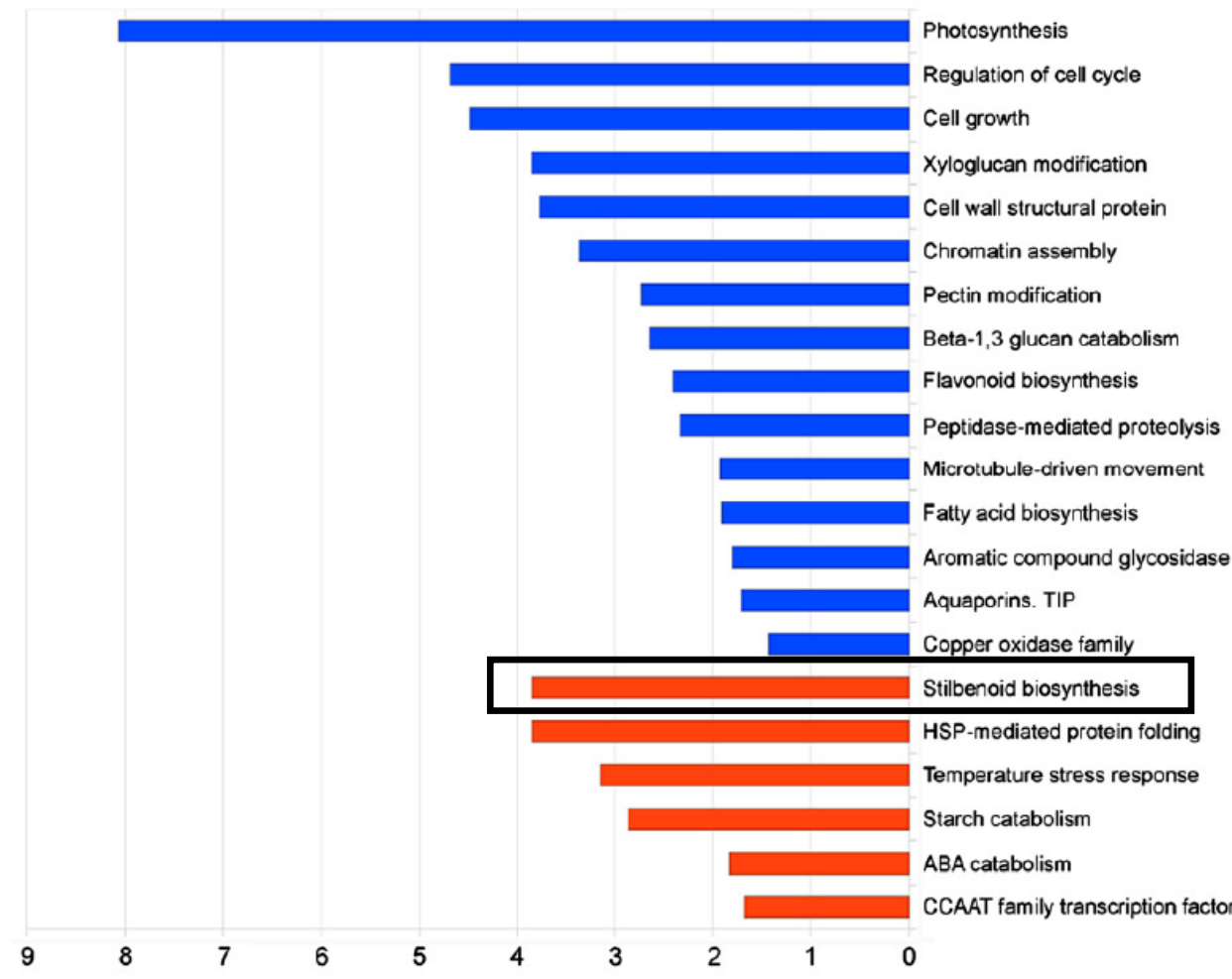
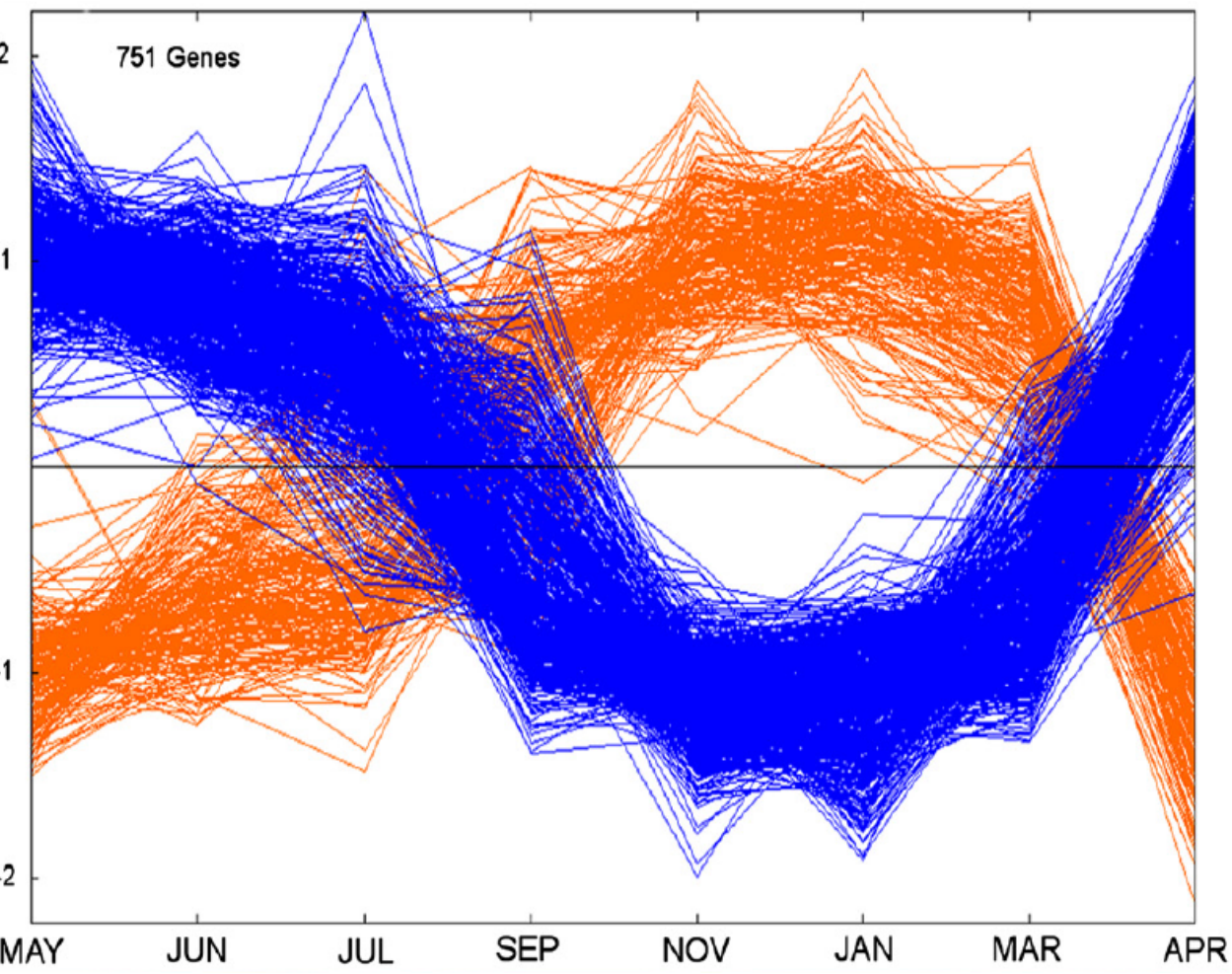
# Resveratrol is a precursor to many different stilbenes



# Increased stilbene synthesis gene expression in fall/winter



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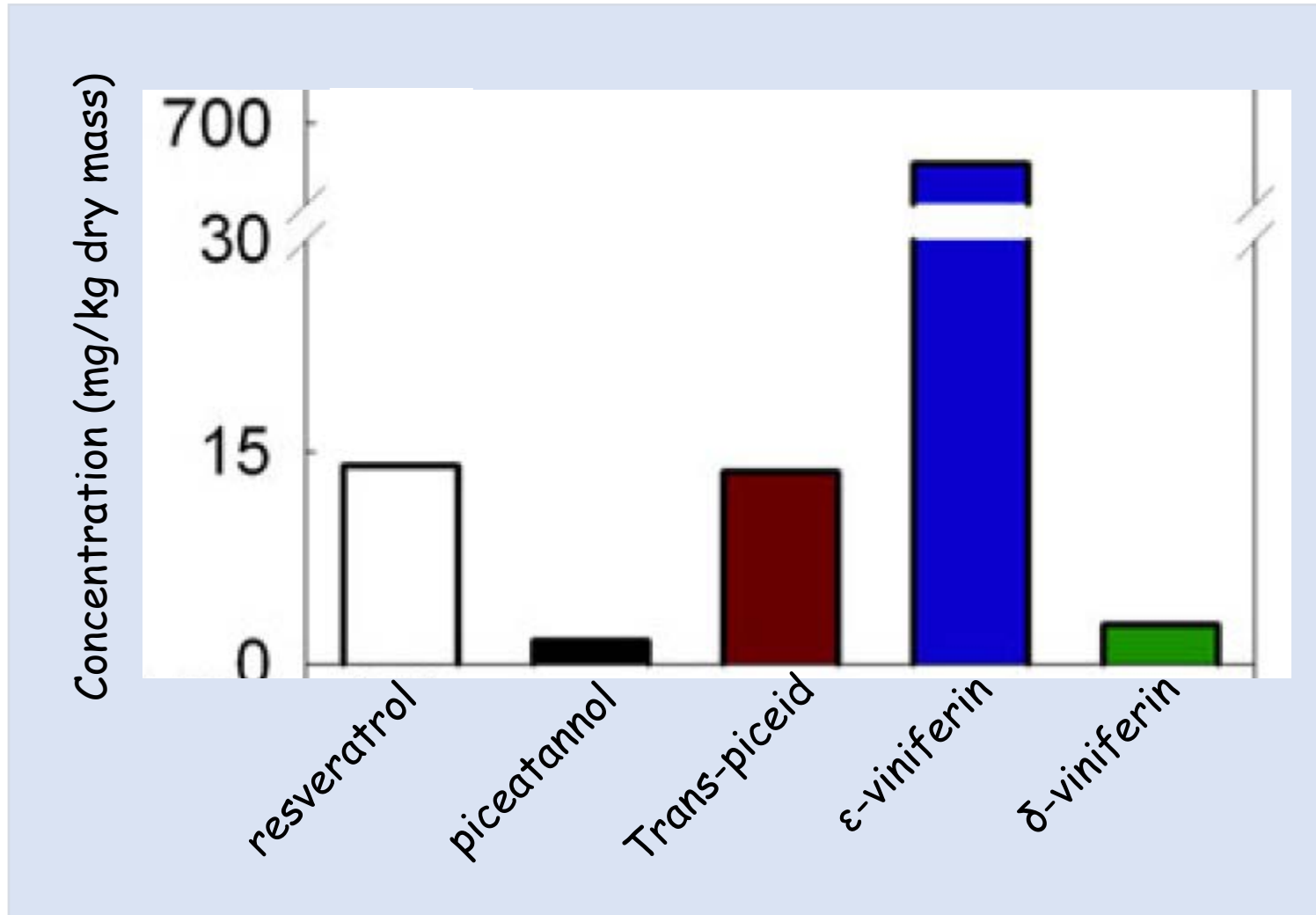




## Previous collaboration between Sweet & Sticky and Vince DeLuca

- higher resveratrol levels in winter-harvested grapes used in Ice Syrup production

# Grape skins contain high levels of stilbenes

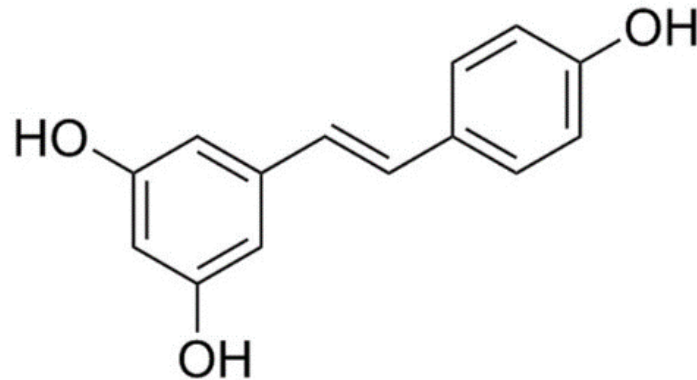




# Resveratrol is highly hydrophobic

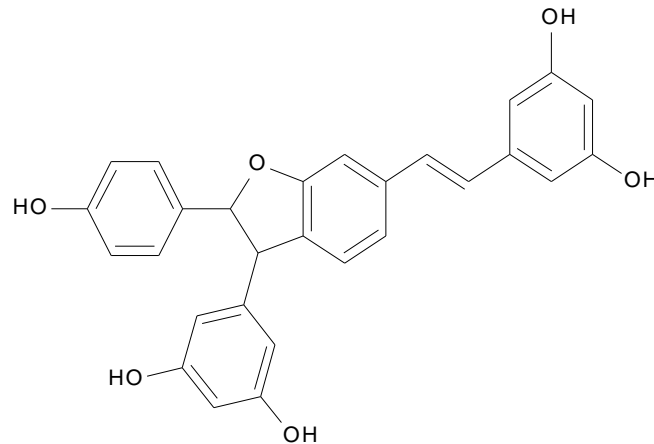
- negligible solubility in water

Solvent	Solubility of Resveratrol (g/L)
Water	0.03
Alcohol	50



# Some derivatives of resveratrol are even less water soluble

Stilbene	Solubility in water (g/L)
Resveratrol	0.03
$\epsilon$ -viniferin	0.0001319





How to extract resveratrol and other stilbenes from the waste pomace produced during the manufacture of Ice Syrup?





# Resveratrol extraction from Ice Wine grape pomace

- Process must be 'green'
  - no toxic solvents
  - product must be edible
- Process must be simple, scalable
- Resveratrol/stilbene content should be maximized
- Ideally, resultant extract should be water soluble

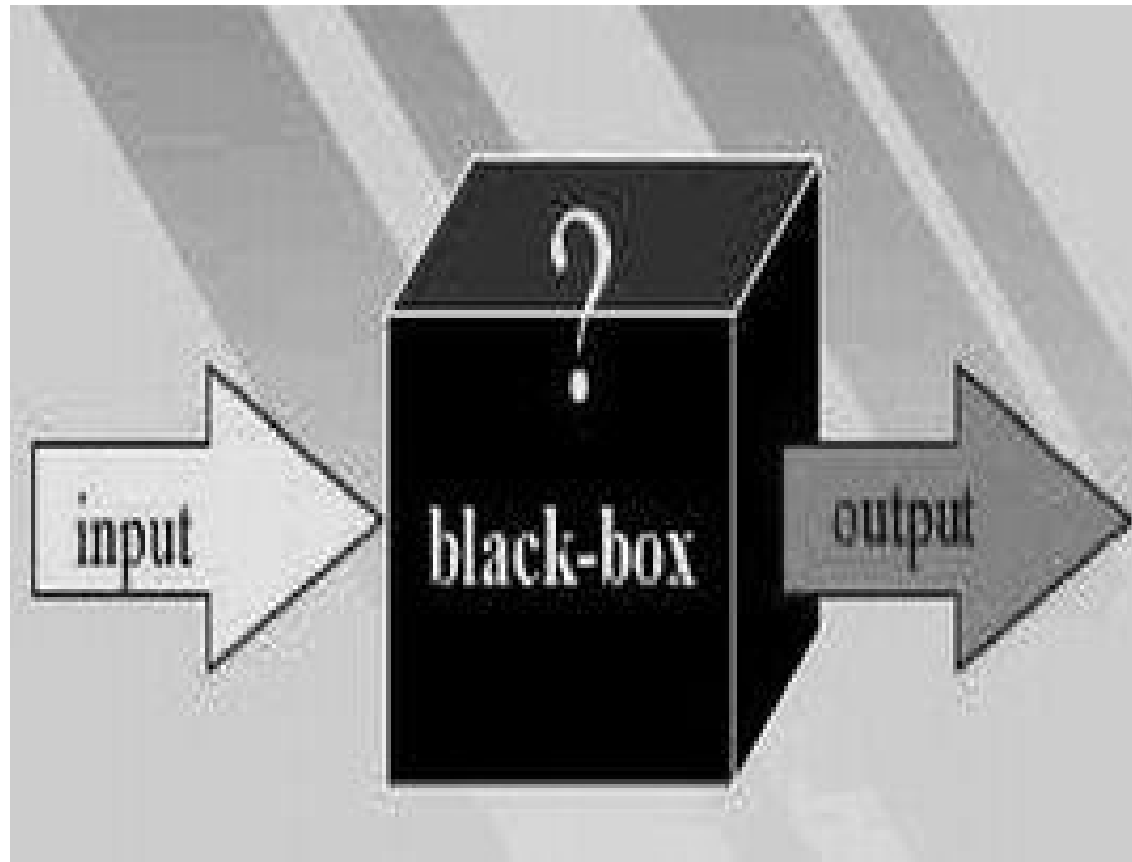


# Study design:

- Two varieties of grape used in Ice Syrup production: Cabernet Franc and Vidal (Steve Murdza)
- Harvest in October, November, December, sometimes January
- Harvest years 2015, 2016, 2017



**Apply the developed green extraction method to  
all pomace samples**



# Metabolomics profiling of polyphenols in all extracts



# Concentration of polyphenols in extracts (μg/mg extract mass)

Samples	Treatments																				
	Nov	Cab	Franc	2mL/g	(1)NCF	5mL/g	(2)NCF	5mL/g	(1)NCF	7mL/g	(2)NCF	7mL/g									
Gallic Acid				1.15				1.04				0.46			0.52			0.21			0.21
Protocatechuic acid (3,4-Dihydroxybenzoic acid)				0.29				0.30				0.01			0.01			N/A			N/A
Catechin				3.74				3.66				1.69			1.73			1.10			1.14
Chlorogenic Acid				2.00				1.91				0.75			0.81			0.17			0.15
Vanillic Acid				0.71				0.69				0.06			0.08			0.02			0.01
Caffeic Acid				2.46				2.36				1.06			1.11			0.55			0.58
Syringic Acid				0.93				0.89				0.36			0.34			0.28			0.24
Benzoic Acid				1.30				1.27				0.49			0.51			0.21			0.21
Sinapic Acid				1.36				1.25				0.29			0.29			0.25			0.26
Rutin				0.49				0.47				0.14			0.15			N/A			N/A
Resveratrol				0.58				0.54				0.27			0.30			0.23			0.21
Quercetin				0.20				0.18				0.11			0.12			0.11			0.13
Kaempferol				0.21				0.19				0.16			0.17			0.16			0.17



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# How much resveratrol is present in the pomace extracts?

- An average red wine has  $1.9 \pm 1.7 \text{ mg/L}$  \*
  - An average glass of wine is about 175ml
    - Therefore, average glass of wine has  $\sim 0.33 \text{ mg}$  resveratrol
- The best extracts have  $\sim 0.6 \text{ mg/g}$ 
  - Therefore,  $\sim 0.5 \text{ g}$  of the extract is equivalent to a glass of wine
- The extracts have no alcohol and contain a variety of 'good' polyphenols

\* Sabine Weiskirchen and Ralf Weiskirchen *Adv Nutr* 2016;7:706–18;

If the extracts are added to Ice Syrup (they are water soluble), what concentration of resveratrol could be achieved?

Up to 1.5g of extract per 100ml Ice Syrup

Therefore, almost 1mg of resveratrol per 100ml Ice Syrup

Compare to 0.19mg resveratrol per 100ml of an average red wine

# Relative levels of some other polyphenols in the extracts versus red wine

Compound	Level in Extract (mg/g)	Amount in glass of red wine (mg/175 mls) *
Resveratrol	0.56	0.33
Kaempferol	0.20	0.2-2
Catechin	3.70	100-150
Quercitin	0.19	5-20

\*Granato et al 2011; Food Chemistry

# Conclusions

- (1) Resveratrol has some health benefits that have been well studied. These include anti-cancer activities.

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- (3) Resveratrol and other polyphenols are abundant in the skin (pomace) of wine grapes and accumulate toward fall and winter. Pomace is a waste product of Ice Syrup and wine production.
- (4) An edible extract can be produced from the pomace of Cabernet Franc and Vidal grapes harvested in October through December (maybe January). The CF extracts have resveratrol levels comparable to red wines but without the alcohol. More characterization is needed.



# Acknowledgements:

- Elaine Corbett and Dennis McCormick - Ontario Genomics
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- Dan Lynch - BioLync