

Degree Exploration Guide

<https://brocku.ca/hlsc/guides>

Public Health

Public health envisions a world where all people are safe, secure and healthy. Pursue a dynamic career that addresses a diversity of clinical and public health challenges, locally and globally.

Career Options

Health Promotion

Support schools, workplaces, and communities to end health inequities, enhance mental and physical health, combat diseases, make work sites safe, and improve living conditions.

Administration & Management

Lead and support operations of private and not-for-profit health organizations that deliver services to at-risk and under-served populations.

Research & Policy

Explore public health consequences of policies related to creating safety nets for at-risk and under-served populations, managing outbreaks, and facilitating health initiatives across the lifespan.

Global Health

Work to achieve gender equality, better health outcomes for women and children, safe recovery from disasters, and access to healthy sanitation and clean water.




**Some options may require further education*








Employability Skills

Public health professionals draw on a range of knowledge, skills, and competencies. They work independently, and also within teams. They successfully collaborate with diverse groups and professions. Your emerging skills as an advocate and leader are vital assets. The knowledge gained during your undergraduate training – whether that is how best to communicate ideas to diverse audiences, or competently engage in scientific research, or understand the factors that drive health and health experiences – will always be there as your foundation. Equipped with your Brock degree, you are ready to serve the people and populations that you care about.

Brock Competencies

-  Act Innovatively
-  Apply Knowledge
-  Harness Curiosity

-  Collaborate Effectively
-  Communicate Authentically
-  Embrace Cultural Diversity

-  Practice Intercultural Fluency
-  Think Critically

The knowledge, skills and attributes that students develop through their curricular and co-curricular experiences and reflection.

Career Resources

There are a number of student resources to help you on your career, but with so many career options, it can be overwhelming to know where to look! Consulting job boards on professional associations, government websites, and checking out the Brock CareerZone regularly can be good starting points. In addition, faculty and staff in the Department of Health Sciences are willing to chat and connect you to recent alumni as well.

Advancing Your Career

Public health professionals in Canada are often employed by government agencies that operate at various levels. Clinicians and allied health professionals are regulated by professional colleges that set standards of practice. For non-regulated public health professions, government agencies determine what skills and education are required.

Brock's graduates have been hired in various roles: from hospital or university-based research units, to working for agencies such as Health Canada or regional public health units. Short-term contracts and practicum placements provide opportunities to explore these career pathways.



Experience More

Experiential Education (EE) is a game changer! EE can be incorporated into your Brock experience through your courses or co-curricular. These opportunities are all unique and give you the chance to contribute to your profession through real world experiences. Connect with Janet Westbury (jwestbury@brocku.ca) to learn more about EE opportunities at Brock, in the local community, and internationally.

Details at <https://brocku.ca/ccee/hlsc>

Continuing Career & Educational Pathways

As you complete your degree, it might be time to confirm requirements for applications to professional programs or full-time jobs, and to get your resume ready. If you hope to attend graduate school, remember that you need to complete a four-year undergraduate degree. Your professors are glad to talk with you about next steps. Please don't hesitate to reach out!

 BrockCareerZone

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