

Degree Exploration Guide

<https://brocku.ca/programs/undergraduate/kinesiology/>
<https://brocku.ca/programs/undergraduate/kinesiology-aim/>
<https://brocku.ca/programs/undergraduate/physical-education/>

Brock
University

Co-op, Career &
Experiential Education

Kinesiology & Physical Education

Career Possibilities

Some options may require further/prior education

Athletic Director	Physiotherapist
Athletic Therapist	Professor
Biomechanist	Prosthetist/Orthotist
Chiropractor	Registered Kinesiologist
Coach	Rehabilitation Counsellor
Ergonomist	Sports Agent
Exercise Physiologist	Sports Instructor
Facility Manager	Sports Psychologist
Fitness Instructor	Sports Sales Representative
Health & Fitness Consultant	Sport Scientist
Massage Therapist	Strength & Conditioning Specialist
Medical Doctor	Teacher
Nutrition Consultant	Wellness Centre Director
Occupational Therapist	Wellness Instructor
Personal Trainer	
Physical Educator	













Degree Specific Skills

- Ability to analyze and assess human movement
- Ability to distinguish between psychological and behavioural applied to human movement
- Ability to prescribe and implement exercise rehabilitation programs
- Apply instructional knowledge and competencies to a spectrum of abilities and backgrounds
- Familiarity with the principles of the mechanics of movement
- Knowledge surrounding the function of anatomical and physiological systems
- Knowledge surrounding growth, development, aging and a range of pathologies, and their implications in movement and activity
- Recognition of sociocultural concepts and their relation to human movement
- Understanding the physiological and functional adaptations to physical activity and exercise across the lifespan

Brock Competencies

The knowledge, skills and attributes that students develop through their curricular and co-curricular experiences and reflection.

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|--|--|--|
|  Act Innovatively |  Collaborate Effectively |  Practice Intercultural Fluency |
|  Apply Knowledge |  Communicate Effectively |  Surgite! |
|  Be Curious |  Engage with Your Community |  Think Critically |
| |  Know Yourself | |

Career & Job Search Resources

Brock University CareerZone
careerzone.brocku.ca

Canadian Society for Exercise Physiology (CSEP)
csep.ca/opportunities

Canadian Sport Institute Ontario
csiontario.ca/careers

Healthcare Jobs in Canada
healthcarejobs.ca

Jobs in Education
jobsineducation.com

LinkedIn
linkedin.com

Ontario Public Service Careers
gojobs.gov.on.ca/Jobs.aspx

Ontario Kinesiology Association
oka.on.ca/site/resources/careers

Public Health Ontario
publichealthontario.ca

The Canadian Institute for Health Information
cihi.ca

SIRC Job Board | Career Opportunities in Canadian Sport
sirc.ca/careers

Professional Associations

Canadian Associations and Affiliates
charityvillage.com/organizations/directory/professional-associations

Canadian Society for Exercise Physiology (CSEP)
csep.ca

Coaching Association of Canada
coach.ca

College of Kinesiologists of Ontario
coko.ca

The Kinesiology Network
kinesiology.com

National Strength and Conditioning Association
nsca.com/certification/cscs

Ontario Athletic Therapists Association
ontarioathletictherapists.com

Ontario Association of Prosthetics and Orthotics
oapo.org

Ontario Kinesiology Association
oka.on.ca

Ontario Physical & Health Education Association
ophe.net

Ontario's Teaching Regulator
oct.ca



Experience More

Brock University Ten Thousand Coffees Alumni Mentorship Program
brocku.tenthousandcoffees.com

Brock University Human Anatomy
brocku.ca/applied-health-sciences/brock-university-human-anatomy

Brock University Volunteer Association (BUVA)
experiencebu.brocku.ca/organization/buva

CareerZone Student Resources
careerzone.brocku.ca > Student Resources

ExperienceBU
experiencebu.brocku.ca

Fit Link
brocku.ca/ccee/career-education/fit-link

INCommunities:
Niagara's Volunteer Centre
niagara.cioc.ca/volunteer

Kinesiology Experiential Learning Courses at Brock
brocku.ca/applied-health-sciences/kinesiology/student-resources/experiential-education

Ontario Volunteer Centre Network
ovcn.ca

Further Education & Entrance Exams

Association of Canadian Ergonomists (Professional Certification)
ergonomicscanada.ca

Brock University Graduate Studies
brocku.ca/graduate-studies

Canadian Memorial Chiropractic College Admissions Overview
cmcc.ca

Commission on Accreditation of Athletic Training Education
caate.net/search-for-accredited-program

College of Massage Therapists of Ontario Education in Ontario
cmto.com

Graduate School Guide (US & CA)
graduateguide.com

Graduate Certificates: Ontario Colleges
ontariocolleges.ca

Occupational Therapy/Physical Therapy/Physiotherapy: Ontario Rehabilitation Sciences Programs (ORPAS)
ouac.on.ca/orpas (Ontario's Universities' Application Centre)

Ontario Medical Schools (OMSAS)
ouac.on.ca (Ontario's Universities' Application Centre)

Orthotics Prosthetics Canada
opcana.ca

The Princeton Review
princetonreview.com

Educational Pathways

Brock University Kinesiology opportunities:

- MA/MSc Applied Health Sciences
- Master of Applied Gerontology
- Master of Professional Kinesiology
- Master of Public Health
- Bachelor/Master of Nursing
- Teacher Education
- PhD Applied Health Sciences

 **BrockCareerZone**

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 **CareerZone Blog**

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