

# KINE 4P02 – Programming for Disability & At-Risk Youth

## INSTRUCTOR

Dr. Maureen Connolly

## Practicum Journal, Analysis & Recommendations (40%)

### Template for Practicum Journal

#### Part I. Preface

- a) Site of practicum and context for the practicum
- b) Your role and responsibilities
- c) Summary of what typically happens during a regular session (daily and/or weekly)

#### Part II. Planning

- a) Detailed description of your planning for each session with reasoning
- b) Scripting of instructions or tasks or instructional/facilitative strategies

#### Part III. Each Session

- a) What happened? Focus on the specifics, not the typical.
- b) So what?
- c) Now what?
- d) Emotional responses. Articulate immediately following the session.
- e) Reflection. Complete several hours or a day or so after the session. Be as critical and aware of assumptions as possible.

### Requirements for Analysis and Recommendations

This component is to be completed once the practicum has concluded. You will conduct an analysis of the following:

- A) Your journal, including:
  - i. Five significant people and what made them significant
  - ii. Five repeating patterns (with evidence from your journal)
  - iii. Five significant events and what made them significant
  - iv. Five overall insights about disability, your placement in general, yourself as a practitioner
- B) Your lesson/session plans including:
  - i. Reasoning for decisions made regarding activities chosen and/or actions taken and/or decisions made
  - ii. Summary of what worked well and why you think this is so
  - iii. Summary of what did not work well and why you think this is so
  - iv. Lessons learned from the planning and implementation

### Discussion and Recommendations using practicum experience and literature

Use the disability studies and other relevant literature to compose a discussion and recommendations essay/report (3-6 pages or 1,000- 2,000 words). See guideline for the recommendations paper below.

#### Guidelines/Format for Discussion and Recommendations:

**Introduction.** Here, do a brief summary of how you have arrived at these recommendations, including whether and how you used your journal, your lesson plan analysis, your movement profiles on the person with whom you worked, and your own insight from observation and reflection.

**The Recommendations.** Here, list the 3-5 recommendations you are suggesting with some rationale from your experience with the person. Approximately half a page to a page.

**Recommendation #1-5:** Each recommendation should be on its own page. Outline the recommendation and then provide more detail on what you would like to do and how you believe it will contribute to improving the person's quality of movement or overall quality of meaningful active leisure. Provide literature support for your recommendation (try to use 2-3 different articles, readings, chapters, etc., to support your recommendation). Connect the research literature to your recommendation.

**References.**

## **Rubric for Practicum Journal, Analysis & Recommendations**

### **Literal Elements (/10)**

- Journal includes all elements indicated on the template.
- Analysis includes all elements on the template

### **Content Elements (/60)**

- Journal:
  - Preface provides sufficient information, detail and reasoning
  - Planning provides sufficient information, detail and reasoning
  - Each session provides detail and description that demonstrates investment in the experience and in the journal writing experience
- Analysis:
  - Obvious evidence of reading and re-reading of one's own journal
  - Patterns noted have evidence in journal and/or have been accounted for with clear explanations
  - Literature is used when appropriate and is applied correctly

### **Writing Conventions (/30)**

- Demonstrates adherence to university level academic writing conventions:
  - Correct paragraph and sentence structure, grammar, spelling and punctuation
  - Word choice is consistent with level of course and course material
  - Focused (i.e. avoids use of extraneous material and/or rambling)
  - Unfolds progressively (i.e. planning is evident)
  - Coherent (material hangs together; reasoning is connected and logical)
- Adheres to prescribed limited (e.g. word count, format, guidelines)
- When quotes/paraphrased material are used, they are contextualized
- When quotes/paraphrased material are used, correct citation and formatting are used
- Follows APA Style Manual or MLA Style Manual conventions