

# Degree Exploration Guide

<https://brocku.ca/hlsc/guides>

## Child Health

Drawing from the strengths of two multi-disciplinary departments, launch your career working with children in a health-related profession.

### Career Options

#### Improving the Health of Children, Youth, and Families:

Work one-on-one with children, adolescents, and families to help promote and maintain health and prevent disease is a common career path of Child Health students.

#### Improving the Health of Communities:

In private business, not-for-profit organizations, or government settings, promote and maintain positive health practices and environments for children, youth and their families. Work to reduce the risk and occurrence of negative health outcomes.

#### Research:

Conduct essential research that contributes to the discovery, development, testing, and evaluation of initiatives for health promotion, disease prevention, and treatment. Share findings to improve the lives of children, teens, and families.




*\*Some options may require further education*








### Employability Skills

The vast range of careers in child health calls for a strong foundation. Your training gives you a broad and comprehensive understanding of individual, community, and population health. You can skillfully translate knowledge into health policy, programming, products, and services. Being flexible and reflexive, in addition to demonstrating a strong awareness of and respect for diversity, allows for effective collaboration with colleagues within and across disciplines and sectors. Your ability to appropriately apply skills and knowledge to diverse populations strengthens your position and opens rewarding professional opportunities with employers.

### Brock Competencies

-  Act Innovatively
-  Apply Knowledge
-  Harness Curiosity

-  Collaborate Effectively
-  Communicate Authentically
-  Embrace Cultural Diversity

-  Practice Intercultural Fluency
-  Think Critically

*The knowledge, skills and attributes that students develop through their curricular and co-curricular experiences and reflection.*

## Career Resources

There are a number of student resources to help you on your career, but with so many career options, it can be overwhelming to know where to look! Consulting job boards on professional associations, government websites, and checking out the Brock CareerZone regularly can be good starting points. In addition, faculty and staff in the Department of Health Sciences are willing to chat and connect you to recent alumni as well.

### Advancing Your Career

Professional colleges determine what education and competencies are necessary for professional practice in a province, territory or nation. They regulate and set standards of practice to serve the best interests of the public. The Ministry of Health and Long-Term Care website provides a list of Regulated Health Professions. Other provinces/regions set out their own regulations, so be sure to check what you need to work in your desired field.

Professional Associations and many employers are focused on advancing the professional interests of their members/staff and the profession as a whole. Many offer student placements and career portals.



### Experience More

Experiential Education (EE) is a game changer! EE can be incorporated into your Brock experience through your courses or co-curricular. These opportunities are all unique and give you the chance to contribute to your profession through real world experiences. Connect with Janet Westbury ([jwestbury@brocku.ca](mailto:jwestbury@brocku.ca)) to learn more about EE opportunities at Brock, in the local community, and internationally.

Details at <https://brocku.ca/ccee/hlsc>

## Continuing Career & Educational Pathways

As you complete your degree, it might be time to confirm requirements for applications to professional programs or full-time jobs, and to get your resume ready. If you hope to attend graduate school, remember that you need to complete a four-year undergraduate degree. Your professors are glad to talk with you about next steps. Please don't hesitate to reach out!

 BrockCareerZone

 [careerzone.brocku.ca](https://careerzone.brocku.ca)

 BrockCareerZone

 CareerZone Blog

**Brock**  
University

Co-op, Career &  
Experiential Education