



## MAC Winter Invitational Meet Information

### Host team/Location/ Format:

- Host Team: Markham Aquatic Club
- Location: Markham Pan Am Pool, 16 Main Street, Unionville, ON
- Google maps link: <https://maps.app.goo.gl/pKaRHCCXu8eHqtHM9>
- Date: January 18-21
- Format: Prelims and Finals (A-B per age group)

### Cost:

- \$15 for Individual events
- 400m and above events \$20 per event
- Relay events \$22 per relay
- Coaching Fee: TBD determined on expenses and amount of participants.

### Meet Scratch form Link:

- <https://forms.office.com/r/EsVZHSrncP>
- Deadline: December 22<sup>nd</sup>





## Meet schedule:

<b>Session # 2- January 19, 2024</b> Friday AM -13 & Over – Prelim Warm Up: 7:00 AM – 8:10 AM Start: 8:15AM			<b>Session # 3 –January 19, 2024</b> Friday PM – 12 & Under – Timed Final Warm Up: 12:55 PM – 1:25 PM Start: 1:30 PM			<b>Session # 4 - January 19, 2024</b> Friday Evening – 13 & Over - Finals Warm Up: 5:15 PM – 5:55 PM Start: 6:00PM		
Event #	Event	Gender	Event #	Event	Gender	Event #	Event	Gender
3	400 FREE # Fastest 2 heats swim at Finals	GIRLS 13 & O	13	400 FREE #	GIRLS 12 & U	3	400 FREE Fastest 2 heats swim at Finals	GIRLS 13 & O
4	400 FREE # Fastest 2 heats swim at Finals	BOYS 13&O	14	400 FREE #	BOYS 12& U	4	400 FREE Fastest 2 heats swim at Finals	BOYS 13 & O
5	200 IM	GIRLS 13&O	15	200 IM	GIRLS 12& U	5	200 IM (A & B Finals)	GIRLS 13 - 14, 15 & O
6	200 IM	BOYS 13&O	16	200 IM	BOYS 12& U	6	200 IM (A & B Finals)	BOYS 13 - 14, 15 & O
7	50 FREE	GIRLS 13&O	17	50 FREE	GIRLS 12& U	7	50 FREE (A & B Finals)	GIRLS 13 - 14, 15 & O
8	50 FREE	BOYS 13&O	18	50 FREE	BOYS 12& U	8	50 FREE (A & B Finals)	BOYS 13 - 14, 15 & O
9	100 BACK	GIRLS 13&O	19	100 BACK	GIRLS 12& U	9	100 BACK (A & B Finals)	GIRLS 13 - 14, 15 & O
10	100 BACK	BOYS 13&O	20	100 BACK	BOYS 12& U	10	100 BACK (A & B Finals)	BOYS 13 - 14, 15 & O
11	4x50-FREE RELAY## Fastest-heat swims at Finals	GIRLS 13 & O	21	4x50-FREE RELAY##	GIRLS 12 & U	11	4x50-FREE RELAY## Fastest-heat swims at Finals	GIRLS 13 & O
12	4x50-FREE RELAY## Fastest-heat swims at Finals	Boys 13 & O	22	4x50-FREE RELAY##	Boys 12 & U	12	4x50-FREE RELAY## Fastest-heat swims at Finals	Boys 13 & O





Session #5 - January 20, 2024 Saturday AM -13 & Over – Prelim Warm Up: 7:00 AM – 8:10 AM Start: 8:15AM			Session #6- January 20, 2024 Saturday PM-12 & Under-Timed Final Warm Up: 12:55 PM – 1:25M Start: 1:30 PM			Session #7- January 20, 2024 Saturday Evening – 13 & Over – Finals Warm Up: 5:15 PM – 5:55 PM Start: 6:00 PM		
Event #	Event	Gender	Event #	Event	Gender	Event #	Event	Gender
23	400 IM * Fastest 2 heats swim at Finals	GIRLS 13 & O	35	400 IM *	GIRLS 12 & U	23	400 IM Fastest 2 heats swim at Finals	GIRLS 13 & O
24	400 IM * Fastest 2 heats swim at Finals	BOYS 13&O	36	400 IM *	BOYS 12& U	24	400 IM Fastest 2 heats swim at Finals	BOYS 13 & O
25	50 BACK	GIRLS 13&O	37	50 BACK	GIRLS 12 & U	25	50 BACK (A Finals)	GIRLS 13 - 14 15 & O
26	50 BACK	BOYS 13&O	38	50 BACK	BOYS 12 & U	26	50 BACK (A Finals)	BOYS 13 - 14, 15 & O
27	100 BUTTERFLY	GIRLS 13&O	39	100 BUTTERFLY	GIRLS 12& U	27	100 BUTTERFLY (A & B Finals)	GIRLS 13 - 14, 15 & O
28	100 BUTTERFLY	BOYS 13&O	40	100 BUTTERFLY	BOYS 12& U	28	100 BUTTERFLY (A & B Finals)	BOYS 13 - 14, 15 & O
29	200 FREE ##	GIRLS 13&O	41	200 FREE ##	GIRLS 12& U	29	200 FREE (A & B Finals)	GIRLS 13 - 14, 15 & O
30	200 FREE ##	BOYS 13&O	42	200 FREE ##	BOYS 12& U	30	200 FREE (A & B Finals)	BOYS 13 - 14, 15 & O
31	100 BREAST	GIRLS 13&O	43	100 BREAST	GIRLS 12& U	31	100 BREAST (A & B Finals)	GIRLS 13 - 14 15 & O
32	100 BREAST	BOYS 13&O	44	100 BREAST	BOYS 12& U	32	100 BREAST (A & B Finals)	BOYS 13 - 14, 15 & O
33	4x50-MEDLEY RELAY## Fastest heat swim at Finals	GIRLS 12-8-O	45	4x50-MEDLEY RELAY##	GIRLS 12-8-U	33	4x50-MEDLEY RELAY## Fastest heat swim at Finals	GIRLS 12-8-O
34	4x50-MEDLEY RELAY## Fastest heat swim at Finals	BOYS 13-8-O	46	4x50-MEDLEY RELAY##	BOYS 13-8-U	34	4x50-MEDLEY RELAY## Fastest heat swim at Finals	BOYS 13-8-O





Session #8 – January 21 - 2024 Sunday AM – 13 & Over – Prelim Warm Up: 7:00 AM – 8:10 AM Start: 8:15AM			Session # 9 - January 21, 2024 Sunday PM – 12 & Under- Timed Final Warm Up: 12:55 PM – 1:25 PM Start: 1:30 PM			Session # 10 – January 21, 2024 Sunday Evening – 13 & Over – Finals Warm Up: 5:15 PM – 5:55 PM Start: 6:00 PM		
Event #	Event	Gender	Event #	Event	Gender	Event #	Event	Gender
47	200 BACK ##	GIRLS 13 & O	61	200 BACK ##	GIRLS 12 & U	47	200 BACK (A & B Finals)	GIRLS 13 - 14, 15 & O
48	200 BACK ##	BOYS 13&O	62	200 BACK ##	BOYS 12& U	48	200 BACK (A & B Finals)	BOYS 13 - 14, 15 & O
49	50 BUTTERFLY	GIRLS 13&O	63	50 BUTTERFLY	GIRLS 12 & U	49	50 BUTTERFLY (A Finals)	GIRLS 13 - 14, 15 & O
50	50 BUTTERFLY	BOYS 13&O	64	50 BUTTERFLY	BOYS 12& U	50	50 BUTTERFLY (A Finals)	BOYS 13 - 14, 15 & O
51	200 BREAST ##	GIRLS 13&O	65	200 BREAST ##	GIRLS 12& U	51	200 BREAST (A & B Finals)	GIRLS 13 - 14, 15 & O
52	200 BREAST ##	BOYS 13&O	66	200 BREAST ##	BOYS 12& U	52	200 BREAST (A & B Finals)	BOYS 13 - 14, 15 & O
53	100 FREE	GIRLS 13&O	67	100 FREE	GIRLS 12& U	53	100 FREE (A & B Finals)	GIRLS 13 - 14 15 & O
54	100 FREE	BOYS 13&O	68	100 FREE	BOYS 12& U	54	100 FREE (A & B Finals)	BOYS 13 - 14, 15 & O
55	50 BREAST	GIRLS 13&O	69	50 BREAST	GIRLS 12 & U	55	50 BREAST (A Finals)	GIRLS 13 - 14, 15 & O
56	50 BREAST	BOYS 13&O	70	50 BREAST	BOYS 12& U	56	50 BREAST (A Finals)	BOYS 13 - 14, 15 & O
57	200 BUTTERFLY ##	GIRLS 13&O	71	200 BUTTERFLY ##	GIRLS 12& U	57	200 BUTTERFLY (A & B Finals)	GIRLS 13 - 14, 15 & O
58	200 BUTTERFLY ##	BOYS 13&O	72	200 BUTTERFLY ##	BOYS 12& U	58	200 BUTTERFLY (A & B Finals)	BOYS 13 - 14, 15 & O
59	4-X-100-FREE RELAY ## Fastest heat swims at Finale	GIRLS 13&O	73	4-X-100-FREE RELAY ##	GIRLS 12& U	59	4-X-100-FREE RELAY ## Fastest heat swims at Finale	GIRLS 13&O
60	4-X-100-FREE RELAY ## Fastest heat swims at Finale	BOYS 13&O	74	4-X-100-FREE RELAY ##	BOYS 12& U	60	4-X-100-FREE RELAY ## Fastest heat swims at Finale	BOYS 13&O

