

**BROCK NIAGARA AQUATICS  
400 FREE KICK RECORDS SCM**

**OPEN WOMEN**

<b>Rec:</b>	<b>5:56T</b>	<b>Dena Durand</b>	<b>2000</b>	56.	7:32	Phoebe Kirkup	2007
<b>Rec:</b>	<b>5:56T</b>	<b>Jolie Pun</b>	<b>2000</b>	57.	7:34	Amy Jarvis	1988
3.	6:00	Jennifer Johnston	1998	58.	7:36	Danielle Guertin	1987
4.	6:01	Victoria Culp	2011	59.	7:37	Tara Last	1995
5.	6:23	Mandy Melymuka	2007	60.	7:38	Kim Anderson	1987
6.	6:26	Ruth Davenport	1997	61.	7:39	Heather Skulj	1991
7.	6:30	Jennifer Smith	1986	61.	7:39	Corrie Galbraith	2005
7.	6:30	Simone Waller	2015	63.	7:40	Susan Pearce	1988
9.	6:31	Sue McKay	1995	63.	7:40	Brandie Smith	1989
10.	6:32	Gillian Coles	2002	65.	7:42	Andie Lloyd	2016
10.	6:32	Kayleigh Grover	2016	65.	7:42	Julia Rondinone	2016
10.	6:32	Anna Szaflarski	2002	67.	7:43	Stephanie Gauthier	2000
13.	6:33	Dana Bjorgan	2007	68.	7:44	Lila Miners	1998
14.	6:39	Ashley Montague	1998	69.	7:45	Michelle Kuruziak	1987
15.	6:41	Fran Zammit-Maempel	2016	69.	7:45	Sarah Whyte	1991
16.	6:42	Sarah Nickerson	1997	71.	7:47	Megan Parry	1996
17.	6:43	Alicia Braun	2006	71.	7:47	Megan deBray	1997
18.	6:44	Maegen Kulchar	2002	71.	7:47	Sarah Levesque	2000
19.	6:46	Christina Gallagher	2005	74.	7:48	Tonya Lailey	1990
19.	6:46	Alex Albert	2007	74.	7:48	Bridie McCann	1991
21.	6:47	Amber Miners	1995	74.	7:48	Victoria Smith	2007
21.	6:47	Kim Arnold	1998	77.	7:50	Chris Williams	1996
23.	6:47	Vanessa Stewart	2000	78.	7:53	Claire Sun	2016
23.	6:47	Adriana Csanadi	2005	79.	7:56	Tonya Plett	1987
25.	6:48	Brianne McCann	1995	80.	7:57	Natalie Garrow	1991
26.	6:49	Meghan White	1998	80.	7:57	Alison Heinrich	1996
27.	6:53	Bethany Loewen	1997	80.	7:57	Beth Hunter-French	2016
28.	6:54	Amanda Civak	1997	83.	8:00	Jessie Gogan	2004
28.	6:54	Lindsay Eller	1998	84.	8:03	Loni Seymour	1998
31.	6:56	Alex Bogusat	2002	85.	8:05	Colleen Smith	1998
32.	6:59	Jennifer Lawn	1991	86.	8:12	Sierra Spence	2016
33.	7:00	Molly Morrice	1991	87.	8:13	Lisa Luey	1996
33.	7:00	Meredith Sharpe	1991	88.	8:17	Mel Pearson	1987
35.	7:01	Fiona Woods	1987	88.	8:17	Jessica Tripp	2006
35.	7:01	Rebecca Haight	2000	90.	8:18	Erica Bourdon	1997
37.	7:02	Kelly Bartok	2003	91.	8:19	Monica Jensen	1996
38.	7:03	Deanna Hlywka	1990	91.	8:19	Melissa Sheehan	1999
39.	7:05	Courtney Braun	2007	93.	8:20	Alyson Michalko	2016
40.	7:08	Beni Gras	1987	94.	8:21	Alyssa Dekker	2016
40.	7:08	Christinia Phillips	2007	95.	8:22	Jennifer Lailey	1987
42.	7:10	Emma Gedge	2005	96.	8:25	Daniella Woodley	2016
43.	7:11	Mara Di Persio	2016	97.	8:27	Lea Formicuccia	2016
44.	7:12	Kara Demers	2007	97.	8:27	Heidi Poltl	1991
45.	7:13	Michelle Gecan	2006	99.	8:29	Dagmar Gschnitzer	2006
46.	7:15	Lisa Spiering	2006	100.	8:30	Rachel Kirkup	2007
47.	7:16	Samantha Bazely	2006	101.	8:39	Isabella Bonaldo	2016
48.	7:20	Hilary Smith	2002	102.	8:42	Ashleigh Last	1997
49.	7:22	Dianne Shearer	1996	103.	8:54	Ayyah Elayan	2016
49.	7:22	Cathy Wolowski	1998	104.	8:56	Jolia Custodio	2016
51.	7:23	Lindsay Kearns	1998	105.	8:59	Kim Caplan	1996
51.	7:23	Jamie Halucha	2007	105.	8:59	Alyssa Montgomery	2016
53.	7:25	Carrie Ash	1998	107.	9:00	Amber Hill	2003
54.	7:28	Sonya Romanowski	2007	108.	9:08	Larisa Yovanovich	2007
55.	7:31	Erin Arnold	1995	109.	9:16	Nikki Huggins	1997

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110.	9:51	Madelyn Harrigan	2016	111.	9:53	Vanelsa Nascimento	2016
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**13/14 GIRLS**

<b>Rec:</b>	<b>6:12</b>	<b>Jennifer Johnston</b>	<b>1997</b>				
	2.	6:33 Dana Bjorgan	2006	42.	8:17	Mel Pearson	1987
	2.	6:33 Mandy Melymuka	2006	42.	8:17	Jessica Tripp	2006
	4.	6:39 Ashley Montague	1998	44.	8:18	Vanessa Stewart	1998
	5.	6:44 Dena Durand	1995	44.	8:18	Rikki Bojanowski	2007
	6.	6:46 Sarah Nickerson	1996	46.	8:19	Melissa Sheehan	1999
	6.	6:46 Alex Albert	2007	47.	8:21	Alyssa Dekker	2016
	8.	6:47 Adriana Csanadi	2005	48.	8:23	Heather Skulj	1987
	9.	7:00 Molly Morrice	1991	49.	8:27	Lea Formicuccia	2016
	9.	7:00 Meredith Sharpe	1991	50.	8:31	Larissa Hrynczuk	1999
	11.	7:05 Courtney Braun	2007	50.	8:31	Jane Clarke	2006
	12.	7:06 Bethany Loewen	1997	52.	8:32	Lila Miners	1996
	13.	7:07 Gillian Coles	2000	53.	8:38	Rachel Kirkup	2006
	14.	7:13 Michelle Gecan	2006	54.	8:39	Isabellaonaldo	2016
	15.	7:15 Beni Gras	1986	55.	8:40	Tonya Lailey	1987
	15.	7:15 Lisa Spiering	2005	55.	8:40	Chris Williams	1995
	17.	7:16 Samantha Bazely	2006	57.	8:42	Ashleigh Last	1997
	18.	7:23 Jamie Halucha	2007	58.	8:43	Kendra Bishop	2007
	19.	7:25 Carrie Ash	1998	59.	8:46	Natalie Garrow	1990
	20.	7:26 Deanna Hlywka	1989	60.	8:50	Misty Kyriacou	1995
	20.	7:26 Christina Gallagher	2003	60.	8:50	Stephanie Tatzel	1999
	22.	7:29 Alex Bogusat	2000	62.	8:52	Emily Harrison	2005
	23.	7:30 Kara Demers	2005	63.	8:54	Ayyah Elayan	2016
	24.	7:31 Kim Arnold	1996	64.	8:56	Jolia Custodio	2016
	25.	7:32 Christinia Phillips	2005	65.	8:59	Alyssa Montgomery	2016
	25.	7:32 Victoria Smith	2007	66.	9:01	Kelly Bartok	2002
	27.	7:34 Amy Jarvis	1988	67.	9:04	Alyssa Schrapp	2007
	28.	7:38 Kim Anderson	1987	68.	9:06	Jenna Brunarski	2005
	29.	7:40 Brandie Smith	1989	69.	9:07	Brianne MacLaurin	1996
	30.	7:43 Stephanie Gauthier	2000	70.	9:10	Megan Saari	1996
	31.	7:47 Sarah Levesque	2000	71.	9:13	Sara Turavani	2016
	32.	7:48 Victoria Smith	2007	72.	9:24	Jen Sheppard	1996
	33.	7:53 Corrie Galbraith	2004	73.	9:33	Maria Trimble	1999
	34.	7:56 Jennifer Lawn	1989	74.	9:38	Larisa Yovanovich	2006
	35.	7:57 Beth Hunter-French	2016	75.	9:45	Chloe Derksen	2007
	36.	8:02 Anna Szaflarski	1998	76.	10:37	Emma Randall	2007
	37.	8:03 Loni Seymour	1998	77.	10:44	Isabel Trimble	1999
	38.	8:07 Hilary Smith	1998	78.	11:10	Gabryelle Corriveau	2016
	39.	8:12 Megan deBray	1996	79.	11:38	Paje Brennan	2016
	39.	8:12 Jessie Gogan	2004	80.	12:01	Brooke Parkin	2016
	41.	8:15 Jane Clarke	2007	81.	12:58	Tatiana Alaksas	2016
				82.	13:20	Lucy Teminski	2016

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**11/12 GIRLS**

<b>Rec:</b>	<b>6:58</b>	<b>Adriana Csanadi</b>	<b>2003</b>	41.	9:17	Dana Knisley	1999
2.	7:00	Molly Morrice	1991	41.	9:17	Hilary White	2000
2.	7:00	Gillian Coles	1998	43.	9:20	Stephanie Gauthier	1998
4.	7:19	Christina Gallagher	2001	44.	9:24	Jenna Brunarski	2003
5.	7:21	Alexandra Albert	2006	45.	9:27	Charley Crane	2016
6.	7:32	Phoebe Kirkup	2007	45.	9:27	Alex Forsythe-Sells	2000
7.	7:38	Kelly Bartok	2000	47.	9:33	Fiona Kerr	1986
8.	7:39	Mandy Melymuka	2004	47.	9:33	Jennifer Lawn	1987
9.	7:42	Deanna Hlywka	1987	47.	9:33	Bianca Ciccarelli	2000
9.	7:42	Andie Lloyd	2016	50.	9:35	Kathryn Hrycusko	2007
11.	7:53	Claire Sun	2016	51.	9:36	Kara Demers	2003
12.	7:59	Phoebe Kirkup	2006	52.	9:38	Danielle Brennan	1998
13.	8:02	Amanda Schmitke	2000	53.	9 :54	Amanda Riva	2016
14.	8:03	Amy Jarvis	1986	54.	9 :55	Jinnie Yang	2016
15.	8:15	Danielle DeDuca	1999	55.	10:14	Kristen Watson	1986
16.	8:16	Melissa Mahony	2004	56.	10:19	Michelle Gecan	2004
17.	8:17	Brandie Smith	1987	57.	10:24	Lisa Spiering	2004
18.	8:19	Monica Jensen	1996	58.	10:34	Sarah Whyte	1987
18.	8:19	Christinia Phillips	2003	59.	10:38	Emma-Grace van Dyk	2015
20.	8:20	Beth Hunter-French	2015	60.	10:40	Alyssa Staples	2007
21.	8:25	Daniella Woodley	2016	61.	10:45	Briar Paugh	2015
22.	8:26	Heather Skulj	1986	62.	10:52	Julie Zierle	2003
23.	8:29	Samantha Bazely	2004	63.	10:56	Caitlyn Taylor	2015
24.	8:32	Hilary Smith	1996	64.	11:00	Kaleigh Holland	1999
25.	8:35	Anna Szaflarski	1997	65.	11:04	Victoria Smith	2004
26.	8:40	Emily Harrison	2005	66.	11:06	Jessica Micucci	1999
27.	8:42	Sarah Levesque	1999	67.	11:32	Bianca Ciccarelli	1999
28.	8:43	Lidia Aiello	2004	68.	13:20	Nicole Burnett	1999
29.	8 :51	Paulina Kociolek	2000				
30.	8:53	Shabana Jamani	2007				
31.	8:54	Jennifer White	1987				
32.	8:57	Jillian van Dyk	2015				
33.	9:00	Loni Seymour	1996				
33.	9:00	Jessie Gogan	2002				
35.	9:05	Casey Morley	2002				
36.	9:07	Alexandra Tatzel	2000				
37.	9:10	Samantha Bryk	2015				
38.	9:13	Delia Barnes	2015				
38.	9:13	Dawn Staz	1987				
40.	9:14	Kendra Bishop	2005				

**BROCK NIAGARA AQUATICS  
400 FREE KICK RECORDS SCM  
10/UNDER GIRLS**

<b>Rec:</b>	<b>7:36</b>	<b>Alex Moore</b>	<b>2002</b>
2.	9:28	Adriana Csanadi	2000
3.	9:44	Sue McKay	1988
4.	9:45	Alexandra Albert	2004
5.	9:59	Samantha Bazely	2002
6.	10:06	Christinia Phillips	2002
7.	10:13	Jenna Brunarski	2002
8.	10:23	Courtney Braun	2004
9.	10:34	Teresa Park	2004
10.	10:56	Diana Park	1999
11.	11:11	Dana Knisley	1998
12.	11:18	Kendra Bishop	2002
13.	11:35	Melanie Tanguay	2004
14.	11:45	Stacy Zierle	2003
14.	11:45	Emily Vancise	2004
16.	11:46	Kaitlyn McPherson	2004
17.	11:59	Emma O'Neill	2004
18.	12:15	Chloe Derksen	2003
19.	13:08	Kaitlyn McPherson	2003
20.	13:22	Melissa Mahony	2002
21.	13:25	Samantha Sobchak	1999
22.	13:28	Jessica Tripp	2003
23.	14:15	Lauren Jack	1999
24.	16:09	Karlie Boyle	2004