

Faculty of Applied Health Sciences
**Celebration of Outstanding
Achievements**



December 2021
Brock University

Celebration of Outstanding Achievements

Welcoming Remarks

Peter Tiidus, Dean
Faculty of Applied Health Sciences

Kirsty Spence, Associate Dean
Teaching & Undergraduate Studies

Keynote Presentation

Stefanie Pavlovich
(BPHEd '10, BEd '10, MEd '11)
Brock Alumna

Special Recognition

Elisabeth Walker-Young (BPhed '02)
Brock Alumna

DEAN'S MESSAGES

Thank you for joining us virtually as we honour the accomplishments of our undergraduate students in achieving the annual Dean's Honours List.



Each year our faculty enjoys taking the time to celebrate the outstanding achievements of our students within the Faculty of Applied Health Sciences. Although this year may look a bit different, I am delighted to host this event virtually and congratulate each of you on your notable successes.

There is so much to celebrate, and we are pleased to recognize not only your hard work, but those who support you every day. As each of you continue to strive for excellence on your journey through academia, please take a moment to thank those who are helping you along the way.

On behalf of the Faculty of Applied Health Sciences, welcome and congratulations.

A handwritten signature in blue ink, appearing to read 'Peter Tiidus', with a long horizontal flourish underneath.

Peter Tiidus, PhD
Dean, Faculty of Applied Health Sciences

As Associate Dean of Teaching and Undergraduate Studies of the Faculty of Applied Health Sciences, I congratulate you for being named to the 2021



Faculty's Dean's Honour List! This distinction signifies the superior academic outcomes you have achieved in your academics. I imagine your deep dedication, organizing your life around your studies every day and the sacrifices

you make to help you achieve this distinction. I believe you are a curious learner, excited about the concepts you learn about and their applications to solving complex problems you encounter daily. I see your resiliency to overcome adversity, through uncertainty brought about by the pandemic. I know how hard you have worked and I appreciate the commitment you have made to yourself your family, your program and to the Brock University community.

Once again, congratulations and Surgite!!!

A handwritten signature in black ink that reads "Kirsty Spence". The script is fluid and cursive.

Kirsty Spence, PhD
Associate Dean, Teaching & Undergraduate Studies
Faculty of Applied Health Sciences

Keynote Presentation

Stefanie Pavlovich

Program Leader of Health and Physical
Education / Athletic Director,
Eden High School



Stefanie graduated from Brock University (BPHEd '10, BEd '10, MEd '11) and then went on to complete additional qualifications in dance, cooperative education, special education, alternative education, and leadership in health and physical education.

Stefanie has been a teacher with the District School Board of Niagara since 2011. Currently the Program Leader of Health and Physical Education and the Athletic Director at Eden High School, Stefanie has successfully developed curricula in

female-focused fitness, leadership in sport, dance for students with special needs, and rugby-focused physical education. Prior to her current role, Stefanie was an instructor within the Faculty of Education and the head coach of women's rugby at Brock University. She has also presented at several conferences and universities across Ontario on the importance of student enjoyment in health and physical education.

In addition to her extensive portfolio, Stefanie has a passion for giving back to the community, coaching youth in Niagara, and mentoring the next generation of physical education teachers.

She enjoys sharing her time and expertise by sitting on the Dean's Advisory Council for Applied Health Sciences, connecting with alumni at various Brock events, and creating leadership opportunities for students at Eden High School.

There is an extensive list of awards to showcase Stefanie's passion for volunteer involvement with sport. During her time as a student-athlete, Stefanie received the Director's Award in Sport and was recognized as an OUA Women of Influence (2010). While coaching the Badgers, Stefanie received both the prestigious honour of OUA Coach of the Year and Brock University Coach of the Year (2019).

We are pleased to recognize Stefanie Pavlovich as one of our distinguished alumna and we are thrilled to have her as the keynote speaker at this year's virtual event.

Special Recognition

Elisabeth Walker-Young

Manager of Programs, Accessibility
Certification at the Rick Hansen Foundation



Born without arms below her elbows, Walker-Young has a classic line when she speaks to school children about her success at the Paralympics and empowers others to seek out new heights: “The only thing I cannot do is count to ten on my fingers.”

A ground-breaking para swimmer during her time at Brock University before graduating in 2002 with a Bachelor of Physical Education (Honours), Elisabeth is a 4-time Paralympian. Upon her retirement from swimming, Walker-Young was quickly selected by Swimming Canada to take on an advisory role with Paralympic swimming, in addition to acting as a consultant for the

Vancouver 2010 organizing committee. She was then selected as Canada's Assistant Chef de Mission for the London 2012 Paralympic Games as well as for the Toronto 2015 Parapan Am Games.

She was inducted into the Swim Ontario Hall of Fame in 2008, received the Queen Elizabeth II's Diamond Jubilee medal for her contributions to the Paralympic movement as an athlete and builder in 2013, entered the Canadian Disability Hall of Fame in 2014, and was made an Officer of the Order of Canada in 2019 by honouring her contribution to the betterment of inclusion and accessibility for Canadians.

Elisabeth has never let her disability stop her from her pursuit of inclusion and diversity for health and wellness for all of society. Elisabeth believes that every person can and must take on equity, diversity and inclusion every day.

We are pleased to recognize Elisabeth Walker-Young as one of our distinguished alumna and the recipient of the 2021 Faculty of Applied Health Sciences Distinguished Graduate Award. Congratulations!

Dean's Honours List Certificates

How do I access my certificate?

We are pleased to announce that Dean's Honours List Certificates are now available for download via my.brocku.ca.

Once logged in, follow these steps:

- 1) Brock DB
- 2) HOME
- 3) Student Access
- 4) DHL Certificate



Faculty of Applied Health Sciences

The health of people, families, organizations, and communities is a shared and fundamental responsibility. We are dedicated to understanding health broadly to help gain, maintain, and restore it.

brocku.ca/applied-health-sciences