

# Upper Year Registration Guide

Department of Kinesiology  
2024-2025

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# General Information

The **Kinesiology Upper Year Registration Guide** contains important information that will assist you in registering for the 2024/2025 academic year. Be sure to review the information in this Guide carefully. This Guide is designed to provide you with program specific information to supplement the information in the **Brock 2024/2025 Returning Students Registration Guide and Timetable** on the Registrar's website, which you should review thoroughly.

<https://brocku.ca/guides-and-timetables/registration/undergraduate/>

Please review the course descriptions in the 2024/2025 Undergraduate Calendar to ensure that you know what courses you are registering for, and what the prerequisites and restrictions are for these courses.

<https://brocku.ca/webcal/2024/undergrad/kine.html>

**PLEASE NOTE** You will be following the program requirements outlined in the Undergraduate Calendar corresponding to the year you were admitted to your current degree program. You will need to satisfy the program requirements outlined in the Calendar year you started your program to graduate.

**Overview** | **UG #1**

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Bachelor of Kinesiology (Honours)  
Kinesiology

**Status** Open  
**Entry Point** 2020FW  
**Admitted** Full Time

Current Study Year 2      ~~Regulation Year 2020~~      **Program Requirements Year 2020**

Averages and Credits						
	Major	Non-Major	Brock	Transfer	Overall	Minor *
Average (%)	83	88	85	0	85	0
Credits	4.50	2.50	7.00	0.00	7.00	0.00

**NOTE:** You should check your Program Requirement Year under the *Program Status* section of your Brock Portal (my.brocku.ca) to determine which version of the Undergraduate Calendar you should be following. If you changed into your current degree program after your first year your Program Requirement Year may not be the same as the year you were admitted to Brock University (i.e. your Regulation year). You should follow the program requirements outlined in the Undergraduate Calendar corresponding to your Program Requirement Year.

# Credit System and Durations

*What is a credit vs. a course? How many courses do I have to take each year? How much is each course worth? How long will a course last?*

Each course at Brock is worth either a full credit or a half credit. Students typically take 5.0 credits each year. A combination of full credit courses and half credit courses can be combined to total 5.0 credits. All of the degrees offered from the Kinesiology Department – BPhEd, BKin, and BSc(Kin) – are 20.0 credit degrees.

- **FULL CREDIT** = 1.0 credit
  - Denoted by an 'F' (i.e. 'full credit') in the course code. E.g. FREN 1**F**90
  - Usually run for the entire Fall/Winter, beginning in September and ending in April
- **HALF CREDIT** = 0.5 credit
  - Denoted by a 'P' (i.e. 'partial credit') in the course code. E.g. KINE 2**P**08
  - Usually run for one term – a Fall term courses begins in September and ends in December; a Winter term course begins in January and ends in April

*How long are the courses? When do they begin/end?*

The Fall/Winter academic year at Brock begins in September and ends in April, and is divided into 3 possible terms, or 'durations'.

- **D1 = September – April** (aka 'Fall/Winter term')
  - Usually only full credit courses are scheduled for D1 (e.g. FREN 1F90)
- **D2 = September – December** (aka 'Fall term')
  - Usually only half credit courses are scheduled for D2 (e.g. KINE 2P08, KINE 3P10)
- **D3 = January – April** (aka 'Winter term')
  - Usually only half credit courses are scheduled for D3 (e.g. KINE 2P08, KINE 3P10)

Students should plan their Fall/Winter schedule to ensure that they are only taking 5 courses each term. See examples below:

- **Recommended** (5 courses in the Fall and 5 courses in the Winter)

Fall term	Winter term
KINE 2F00	
KINE 2P08	KINE 2P05
KINE 2P84	KINE 2P09
KINE 2P41	ECON 2P10
FREN 1F90	

- **Not Recommended** (4 courses in the Fall and 6 courses in the Winter)

Fall term	Winter term
	KINE 2P08
	KINE 2P84
KINE 2F00	
KINE 2P05	KINE 2P09
KINE 2P41	ECON 2P10
FREN 1F90	

## How can I plan my courses?

Under your **Student Self Serve** in your portal (my.brocku.ca) there is a **Course Planning** feature. You can use this before registration opens to help plan your schedule. It will list the Course Code, Duration, Type of Course, Days and Times running as well as the Remaining Space available. If a class fills it will show you so you can plan an alternative ahead of time. You can use the Delivery Method drop down to search for online courses (Async, Async in-person exams, Online Mixed, Sync, Sync in-person exams).

## Electives

### What are electives? What courses count as electives?

Electives are courses which you can take in any subject area at Brock.

Refer to the appropriate *Program Requirements* section of this Guide to determine how many electives you have room for in your timetable this year.

**NOTE:** A certain number of electives must be taken at the 2P00+ level or 3P90+ level. Check the requirements for your degree program in the appropriate Undergraduate Calendar.

## Science Elective Credits (BSc(Kin) students only)

The following courses can be taken by BSc(Kin) students to fulfill the Science Elective Credit component of their degree.

<b>ENGINEERING SCIENCE</b>		<b>EARTH SCIENCE</b>		<b>INTERACTIVE ARTS &amp; SCI</b>		<b>PHYSICS</b>		
ENGS 1P01	ENGS 2P01	All ERSC, <b>EXCLUDING</b> <i>ERSC 1F02, ERSC 1P92, ERSC 1P94, ERSC 2P08</i>		IASC 1P50		All PHYS <b>EXCLUDING</b> <i>PHYS 1P21, PHYS 1P22, PHYS 1P91, ASTR 1P01, ASTR 1P02</i>		
ENGS 2P02	ENGS 3P12			IASC 2P07	IASC 3P05			
ENGS 3P20	ENGS 3P21			IASC 2P89	IASC 3P94			
ENGS 3P22	ENGS 3P41							
ENGS 3P42	ENGS 3P44			<b>MATHEMATICS</b>		<b>KINESIOLOGY</b>		
<b>BIOCHEMISTRY</b>		<b>GEOGRAPHY</b>		All MATH, <b>EXCLUDING</b> <i>MATH 1F92, MATH 1P20, MATH 1P70</i>		<i>Note: KINE courses that are required for your degree (e.g. KINE 1P90) cannot be counted Towards science elective credit requirements.</i>		
All BCHM		GEOG 1P10	GEOG 1P11					
<b>BIOLOGICAL SCIENCES</b>		GEOG 2P05						
All BIOL, <b>EXCLUDING</b> <i>BIOL 1F25, BIOL 1P23, BIOL 1P24, BIOL 1P27, BIOL 1P28, BIOL 1P30, BIOL 1P96, BIOL 2P97</i>		GEOG 2P07	GEOG 3P35					
<b>BIOTECHNOLOGY</b>		GEOG 2P13	GEOG 3P83	All NEUR				
All BTEC								
<b>CHEMISTRY</b>		GEOG 2P18	GEOG 3P85					
All CHEM, <b>EXCLUDING</b> <i>CHEM 1P00, SCIE 1P50, SCIE 1P51, SCIE 1P52</i>		GEOG 3P05	GEOG 3P92					
<b>HEALTH SCIENCES</b>		GEOG 3P07	GEOG 3P95	<b>OENOLOGY &amp; VITICULTURE</b>		KINE 1P90		
HLSC 3P09	HLSC 4P07	GEOG 3P08	GEOG 3Q99	OEVI 2P97	OEVI 3P25			KINE 4P08
HLSC 3P19	HLSC 4P19	GEOG 3P07	GEOG 4P07	OEVI 2P99	OEVI 3P98			KINE 2P05
HLSC 3P51	HLSC 4P41	GEOG 3P08	GEOG 3P12	OEVI 3P12	OEVI 4P30			KINE 2P09
HLSC 3P90	HLSC 4P50	GEOG 3P09	GEOG 3P13	OEVI 3P14		KINE 2P90		
HLSC 3P91	HLSC 4P95	GEOG 3P14	GEOG 4P12	<b>PHILOSOPHY</b>		KINE 4P81		
HLSC 3P93	HLSC 4P97	GEOG 3P24	GEOG 4P26	PHIL 2P95		KINE 3P05		
HLSC 3P97	HLSC 4P99	GEOG 3P25	GEOG 4P28	<b>PSYCHOLOGY</b>		KINE 4P84		
<b>COMPUTER SCIENCE</b>			GEOG 4P83	PSYC 2P35	PSYC 3P81	KINE 3P10		
All COSC		GEOG 3P35	GEOG 4P85	PSYC 2P36	PSYC 3P82	KINE 4P94		
				PSYC 2P37	PSYC 4P29	KINE 3P90		
				PSYC 3F81	PSYC 4P55	KINE 3P94		
				PSYC 3P39	PSYC 4P63	KINE 3P98		
				PSYC 3P59	PSYC 4P84	KINE 4P05		
				PSYC 3P67	PSYC 4P85			
				<b>VISUAL ARTS</b>				
				VISA 2P96				

# Program Requirements

The courses you are required to take to complete your degree and graduate are outlined in the Undergraduate Calendar.

You should follow the program requirements in the Undergraduate Calendar corresponding to the year you entered your program.

You should check your Program Requirement Year under the *Program Status* section of your Brock Portal to determine which version of the Undergraduate Calendar you should be following. If you changed into your current degree program after your first year your Program Requirement Year may not be the same as the year you were admitted to Brock University (i.e. the Regulation year). You should follow the program requirements outlined in the Undergraduate Calendar corresponding to your Program Requirement Year.

**Overview** | **UG #1**

Bachelor of Kinesiology (Honours)  
Kinesiology

Status Open  
Entry Point 2010FW  
Admitted Full Time

Current Study Year 3      ~~Regulation Year 2010~~      Program Requirements Year 2011

Averages and Credits						
	Major	Non-Major	Minor	Brock	Transfer	Overall
Average (%)	██████	██████	██████	██████	0	██████
Credits	5.50	5.00	0.00	10.50	0.00	10.50

Breakdown of Brock credits (transfer credits are not included)				
Courses numbered	1x99 or less	2x00 to 2x89	2x90 to 3x89	3x90 or above
Credits achieved	6.00	2.00	2.50	0.00

# Bachelor of Physical Education (BPhEd)

## Year 2 (2023/2024 Entry)

BPhEd YEAR 2	
CREDIT VALUE	COURSES
0.5	<b>KINE 1P98</b> <i>Musculoskeletal Anatomy</i>
1.0	<b>KINE 2F00</b> <i>Fundamental Movement Skills</i>
0.5	<b>KINE 2P05</b> <i>Foundations of Motor Behaviour</i>
0.5	<b>KINE 2P08</b> <i>Research Design in Kinesiology</i>
0.5	<b>KINE 2P09</b> <i>Human Physiology</i>
0.5	<b>KINE 2P41</b> <i>Health &amp; Physical Activity Promotion</i>
0.5	<b>KINE 2P84</b> <i>Human Growth &amp; Motor Development</i>
1.0	<b>Elective</b> (see the <i>Electives</i> section)

Students wishing to proceed to year 3 as a BPhEd major must have achieved:

- a minimum 60% major average;
- a minimum 60% non-major average; and
- a minimum 60% overall average

### ADDITIONAL INFORMATION:

- A maximum of 8.0 credits at the year 1 level (1P00-1P99) can be counted towards your degree requirements to graduate. Your elective can be taken at any level however you should review your student record to ensure that you have not exceeded this limit.

You can find the full listing of the courses you are required to complete to earn a BPhEd degree in the *Physical Education* section of the 2023-2024 Undergraduate Calendar:

<https://brocku.ca/webcal/2023/undergrad/phed.html>



## Year 3 (2022/2023 Entry)

BPhEd YEAR 3	
CREDIT VALUE	COURSES
0.5	<b>KINE 2P90</b> <i>Exercise Physiology</i>
0.5	<b>KINE 2P91</b> <i>Social History of Physical Education &amp; Sport</i> <b>Or 3P70</b> <i>Sociology of Sport</i>
0.5	<b>KINE 2P92</b> <i>Foundations in Adapted Physical Education &amp; Disability Studies</i>
0.5	<b>KINE 2P95</b> <i>Sport Psychology</i> <b>Or KINE 2P85</b> <i>Psychology of Health Behaviours</i> <b>Or KINE 2P65</b> <i>Sport and Mental Health</i>
0.5	<b>KINE 3P10</b> <i>Biomechanics</i>
1.0 (choose 2)	<b>KINE 3P00</b> <i>Individual &amp; Dual Formal Games</i> <b>KINE 3P03</b> <i>Gymnastics</i> <b>KINE 3P06</b> <i>Dance as Cultural Reflection</i> <b>KINE 3P13</b> <i>Global Lifestyle Fitness Activities</i> <b>KINE 3P14</b> <i>Aquatics</i> -OR- <b>RECL 3P26</b> <i>Outdoor &amp; Environmental Education</i>
1.5	<b>Elective</b> (see the <i>Electives</i> section)

Students wishing to proceed to year 3 as a BPhEd major must have achieved:

- a minimum 60% major average;
- a minimum 60% non-major average; and
- a minimum 60% overall average

### ADDITIONAL INFORMATION:

- KINE 3P14 Aquatics is a newer course that was recently introduced, you can take this toward your third year activity credit (choose two from KINE 3P00, 3P03, 3P06, 3P13, 3P14, RECL 3P26).

- **KINE 3P32, KINE 4P32:** If you are planning to take either of these courses as your elective you **MUST** have a police check (with a vulnerable sector search) completed. The police check must be presented to your Professor on the first day of class (**no exceptions will be made**).
- **KINE 3P99, KINE 4P99, KINE 4F90, KINE 4F91:** You can apply for these Independent Study/Thesis courses with the Faculty member (i.e. Instructor) of your choice. The application form must be complete by the Faculty member and signed by both the student and Faculty member before being submitted to the Academic Advisor to be processed and signed by the Chair. Application forms are available by emailing the advisor at [kinadvisor@brocku.ca](mailto:kinadvisor@brocku.ca) . It is recommended that you contact the Faculty member you are interested in working with well in advance of the registration period so that you can submit your form at least 2 weeks before your registration date.
- A maximum of 8.0 credits at the year 1 level (1P00-1P99) can be counted towards your degree requirements to graduate. Your electives can be taken at any level however you should review your student record to ensure that you have not exceeded this limit.

You can find the full listing of the courses you are required to complete to earn a BPhEd degree in the *Physical Education* section of the 2022/2023 Undergraduate Calendar:

<https://brocku.ca/webcal/2022/undergrad/phed.html>

## Year 4 (2021/2022 Entry)

BPhEd YEAR 4	
CREDIT VALUE	COURSES
0.5	<b>KINE 4P93</b> <i>Physical Activity Across the Lifespan</i>
0.5	<b>KINE 3P05</b> <i>Motor Learning</i>
0.5 (choose 1)	<b>KINE 3P93</b> <i>Philosophy of Physical Education &amp; Sport</i> -OR- <b>KINE 4P11</b> <i>Sport Ethics</i>
0.5 (choose 1)	<b>KINE 3P91</b> <i>Training Principles</i> -OR- <b>KINE 4P00</b> <i>Team Formal Games</i>
1.5	<b>Electives 3P90+</b> (SEE ADDITIONAL INFO) (see the <i>Electives</i> section)
1.5	<b>Electives</b> (see the <i>Electives</i> section)

The requirement to graduate from the BPhEd program with a **4-Year degree** are:

- a minimum 60% major average; and
- a minimum 60% overall average

The requirement to graduate from the BPhEd program with **Honours** are:

- a minimum 70% major average;
- a minimum 60% non-major average; and
- a minimum 60% overall average

### ADDITIONAL INFORMATION:

- **Electives 3P90+:** Any courses listed at 3a90+ can be used to satisfy this requirement. This includes all courses between 3P90-4P99.
- **KINE 3P32, KINE 4P32:** If you are planning to take either of these courses as your elective you **MUST** have a police check (with a vulnerable sector search) completed. The police check must be presented to your Professor on the first day of class (**no exceptions will be made**).
- **KINE 3P99, KINE 4P99, KINE 4F90, KINE 4F91:** You can apply for these Independent Study/Thesis courses with the Faculty member (i.e. Instructor) of your choice. The application form must be complete by the Faculty member and signed by both the student and Faculty member before being submitted to the Academic Advisor to be processed and signed by the Chair. Application forms are available by emailing the advisor at [kinadvisor@brocku.ca](mailto:kinadvisor@brocku.ca). It is recommended that you contact the Faculty member you are interested in working with well in advance of the registration period so that you can submit your form at least 2 weeks before your registration date.
- **KINE 4F16 or KINE 4P12:** You can apply to register in one or more of these Practicum Courses. Information on the programs they are involved with go here: <https://brocku.ca/health-well-being/>. Information on the programs and how to apply for them will be sent to your Brock email soon.

- The 1.5 credit in electives at the 3P90+ level can be taken from within the Kinesiology Department (i.e. KINE courses) or outside of the Kinesiology Department. These electives can be taken from any combination of full (1.0) and half (0.5) credit courses. Students must successfully complete a minimum of 3.0 credits at the 3a90+ level to meet the requirements for graduation.
- A maximum of 8.0 credits at the year 1 level (1P00-1P99) can be counted towards your degree requirements to graduate. Your electives can be taken at any level however you should review your student record to ensure that you have not exceeded this limit.

You can find the full listing of the courses you are required to complete to earn a BPhEd degree in the *Physical Education* section of the 2021-2022 Undergraduate Calendar:

<https://brocku.ca/webcal/2021/undergrad/phed.html>

## Bachelor of Kinesiology (BKin)

### Year 2 (2023/2024 Entry)

BKin YEAR 2	
CREDIT VALUE	COURSES
0.5	<b>KINE 1P98</b> <i>Musculoskeletal Anatomy</i>
0.5	<b>KINE 2P05</b> <i>Foundations of Motor Behaviour</i>
0.5	<b>KINE 2P09</b> <i>Human Physiology (additional information below)</i>
0.5	<b>KINE 2P84</b> <i>Human Growth &amp; Motor Development</i>
0.5 (choose one)	<b>KINE 2P65</b> <i>Sport and Mental Health</i> <b>KINE 2P85</b> <i>Psychology of Health Behaviours</i> <b>KINE 2P95</b> <i>Sport Psychology</i>
0.5 (choose one)	<b>KINE 2P91</b> <i>Social History of Physical Education &amp; Sport</i> <b>KINE 3P70</b> <i>Sociology of Sport I</i>
0.5	<b>KINE 2P90</b> <i>Exercise Physiology (additional information below)</i>
0.5	<b>KINE 3P08</b> <i>Quantitative Analysis</i>
1.0	<b>ELECTIVE</b>

Students wishing to proceed to year 3 as a BKin major must have achieved:

- a minimum 60% major average;
- a minimum 60% non-major average; and
- a minimum 60% overall average

#### ADDITIONAL INFORMATION:

- A maximum of 8.0 credits at the year 1 level (1P00-1P99) can be counted towards your degree requirements to graduate. Your elective can be taken at any level however you should review your student record to ensure that you have not exceeded this limit.
- Students **must** enroll in **KINE 2P09 in D2** (fall term) and **KINE 2P90 in D3** (winter term) as KINE 2P09 is the prerequisite for KINE 2P90. You cannot take the two classes concurrently. Failing to register in the right durations will result in automatic deregistration from KINE 2P90.

You can find the full listing of the courses you are required to complete to earn a BKin degree in the *Kinesiology* section of the 2023/2024 Undergraduate Calendar:

<https://brocku.ca/webcal/2023/undergrad/kine.html>

## Year 3 (2022/2023 Entry)

BKin YEAR 3	
CREDIT VALUE	COURSES
0.5	<b>KINE 3P02</b> <i>Fitness Assessment &amp; Exercise Prescription</i>
0.5	<b>KINE 3P05</b> <i>Motor Learning</i>
0.5	<b>KINE 3P10</b> <i>Biomechanics</i>
0.5	<b>KINE 3P91</b> <i>Training Principles</i>
0.5	<b>KINE 3P94</b> <i>Motor Control</i>
1.0	<b>HUMANITIES OR SOCIAL SCIENCE CONTEXT CREDIT</b> ( <i>whichever was not completed in first year</i> )
1.5	<b>ELECTIVES</b>

Students wishing to proceed to year 4 as a BKin major must have achieved:

- a minimum 60% major average;
- a minimum 60% non-major average; and
- a minimum 60% overall average

### ADDITIONAL INFORMATION:

- If you did not take both your Humanities and Social Science Context credits in year one be sure to take your remaining context credit this year. To see what courses satisfy this requirement please go to [www.brocku.ca/contextcredits](http://www.brocku.ca/contextcredits). Students are required to have 1.0 credit Humanities, 1.0 credit Social Science and 1.0 credit Science Context credit. BIOL 1P91 and 1P92 satisfy your Science Context Credit, be sure to have 1.0 credit from the other two Faculties to meet your degree requirements.
- **KINE 3P99, KINE 4P99, KINE 4F90, KINE 4F91:** You can apply for these Independent Study/Thesis courses with the Faculty member (i.e. Instructor) of your choice. The application form must be complete by the Faculty member and signed by both the student and Faculty member before being submitted to the Academic Advisor to be processed and signed by the Chair. Application forms are available by emailing the advisor at [kinadvisor@brocku.ca](mailto:kinadvisor@brocku.ca). It is recommended that you contact the Faculty member you are interested in working with well in advance of the registration period so that you can submit your form at least 2 weeks before your registration date.
- **KINE 4F16 or KINE 4P12:** You can apply to register in one or more of these Practicum Courses. Information on the programs they are involved with go here: <https://brocku.ca/health-well-being/>. Information on the programs and how to apply for them will be sent to your Brock email soon.
- A maximum of 8.0 credits at the year 1 level (1P00-1P99) can be counted towards your degree requirements to graduate. Your elective can be taken at any level however you should review your student record to ensure that you have not exceeded this limit.

You can find the full listing of the courses you are required to complete to earn a BKin degree in the *Kinesiology* section of the 2022/2023 Undergraduate Calendar:

<https://brocku.ca/webcal/2022/undergrad/kine.html>

## Year 4 (2021/2022 Entry)

BKin YEAR 4	
CREDIT VALUE	COURSES
0.5 (Choose one)	<b>KINE 4P05</b> <i>Cognitive Ergonomics</i> <b>KINE 4P01</b> <i>Occupational Ergonomics</i>
0.5 (Choose one)	<b>One of</b> <b>KINE 3P93</b> <i>History &amp; Philosophy of Physical Activity and Sport</i> <b>KINE 4P11</b> <i>Sport Ethics</i> <b>KINE 4P71</b> <i>Health Care Ethics</i> (SEE ADDITIONAL INFO BELOW)
1.5	<b>KINE 3P90+</b> (SEE ADDITIONAL INFO BELOW)
2.5	<b>Electives</b> (see the <i>Electives</i> section)

The requirement to graduate from the BKin program with a **4-year degree** are:

- a minimum 60% major average; and
- a minimum 60% overall average

The requirement to graduate from the BKin program with **Honours** are:

- a minimum 70% major average;
- a minimum 60% non-major average; and
- a minimum 60% overall average

### ADDITIONAL INFORMATION:

- Program requirements have changed, students need to complete **ONE** of KINE 4P71 (Healthcare Ethics), KINE 3P93 (History and Philosophy of Physical Activity and Sport) or KINE 4P11 (Sport Ethics).
- **KINE 3P90+:** You are required to take a 1.5 credits course within KINE at the 3P90+ level. This can be achieved by taking any combination of full credit (1.0) and half credit (0.5) courses. Any KINE course between 3P90-4P99 that is not a required course for the BKin program can be used to satisfy this requirement.
- **KINE 3P99, KINE 4P99, KINE 4F90, KINE 4F91:** You can apply for these Independent Study/Thesis courses with the Faculty member (i.e. Instructor) of your choice. The application form must be complete by the Faculty member and signed by both the student and Faculty member before being submitted to the Academic Advisor to be processed and signed by the Chair. Application forms are available by emailing the advisor at [kinadvisor@brocku.ca](mailto:kinadvisor@brocku.ca). It is recommended that you contact the Faculty member you are interested in working with well in advance of the registration period so that you can submit your form at least 2 weeks before your registration date.

- **KINE 4F16 or KINE 4P12:** You can apply to register in one or more of these Practicum Courses. Information on the programs they are involved with go here: <https://brocku.ca/health-well-being/>. Information on the programs and how to apply for them will be sent to your Brock email soon.
- A maximum of 8.0 credits at the year 1 level (1P00-1P99) can be counted towards your degree requirements to graduate. Your elective can be taken at any level however you should review your student record to ensure that you have not exceeded this limit.

You can find the full listing of the courses you are required to complete to earn a BKin degree in the *Kinesiology* section of the 2021/2022 Undergraduate Calendar:

<https://brocku.ca/webcal/2021/undergrad/kine.html>



## Bachelor of Science (Kinesiology) (BSc(Kin))

### Year 2 (2023/2024 Entry)

BSc(Kin) YEAR 2	
CREDIT VALUE	COURSES
0.5	<b>KINE 1P98</b> <i>Musculoskeletal Anatomy</i>
0.5	<b>KINE 2P05</b> <i>Foundations of Motor Behaviour</i>
0.5	<b>KINE 2P08</b> <i>Research Design in Kinesiology</i>
0.5	<b>KINE 2P09</b> <i>Human Physiology (additional information below)</i>
0.5	<b>KINE 2P84</b> <i>Human Growth &amp; Motor Development</i>
0.5 (choose 1)	<b>KINE 2P65</b> <i>Sport and Mental Health</i> <b>KINE 2P85</b> <i>Psychology of Health Behaviours</i> <b>KINE 2P95</b> <i>Sport Psychology</i>
0.5 (choose 1)	<b>KINE 2P91</b> <i>Social History of Physical Education &amp; Sport</i> <b>KINE 3P70</b> <i>Sociology of Sport I</i>
0.5	<b>KINE 2P90</b> <i>Exercise Physiology (additional information below)</i>
0.5	<b>Elective Credit 2@00+</b>
0.5	<b>Science Elective Credit</b> (see the <i>Science Elective Credits</i> section)

Students wishing to proceed to year 3 as a BSc(Kin) major must have achieved:

- a minimum 60% major average;
- a minimum 60% non-major average; and
- a minimum 60% overall average

#### ADDITIONAL INFORMATION:

- **BIOL 2P97: DO NOT** take BIOL 2P97 as a Science Elective Credit. You will not receive a grade (or credit) for this course if you have already completed KINE 1P90. Refer to the list of Science Elective options on page 6 of this document.
- Students **must** enroll in **KINE 2P09 in D2** (fall term) and **KINE 2P90 in D3** (winter term) as KINE 2P09 is the prerequisite for KINE 2P90. You cannot take the two classes concurrently. Failing to register in the right durations will result in automatic deregistration from KINE 2P90.

- A maximum of 8.0 credits at the year 1 level (1P00-1P99) can be counted towards your degree requirements to graduate. Your Science Elective Credit can be taken at any level however you should review your student record to ensure that you have not exceeded this limit.

You can find the full listing of the courses you are required to complete to earn a BScKin degree in the *Kinesiology* section of the 2023/2024 Undergraduate Calendar:

<https://brocku.ca/webcal/2023/undergrad/kine.html>

## Year 3 (2022/2023 Entry)

BSc(Kin) YEAR 3	
CREDIT VALUE	COURSES
0.5	<b>KINE 3P02</b> <i>Functional Fitness Assessment &amp; Exercise Prescription</i>
0.5	<b>KINE 3P05</b> <i>Motor Learning</i>
0.5	<b>KINE 3P08</b> <i>Quantitative Analysis</i>
0.5	<b>KINE 3P10</b> <i>Biomechanics</i>
0.5	<b>KINE 3P91</b> <i>Training Principles</i>
0.5	<b>KINE 3P94</b> <i>Motor Control</i>
1.0	<b>Science Elective Credit</b> (see the <i>Science Elective Credits</i> section)
1.0	<b>Electives</b> (see the <i>Electives</i> section)

Students wishing to proceed to year 4 as a BSc(Kin) major must have achieved:

- a minimum 60% major average;
- a minimum 60% non-major average; and
- a minimum 60% overall average

### ADDITIONAL INFORMATION:

- **BIOL 2P97: DO NOT** take BIOL 2P97 as a Science Elective Credit. You will not receive a grade (or credit) for this course if you have already completed KINE 1P90.
- **KINE 3P99, KINE 4P99, KINE 4F90, KINE 4F91:** You can apply for these Independent Study/Thesis courses with the Faculty member (i.e. Instructor) of your choice. The application form must be complete by the Faculty member and signed by both the student and Faculty member before being submitted to the Academic Advisor to be processed and signed by the Chair. Application forms are available by emailing the advisor at [kinadvisor@brocku.ca](mailto:kinadvisor@brocku.ca). It is recommended that you contact the Faculty member you are interested in working with well in

advance of the registration period so that you can submit your form at least 2 weeks before your registration date.

- **KINE 4F16 or KINE 4P12:** You can apply to register in one or more of these Practicum Courses. Information on the programs they are involved with go here: <https://brocku.ca/health-well-being/>. Information on the programs and how to apply for them will be sent to your Brock email soon.
- A maximum of 8.0 credits at the year 1 level (1P00-1P99) can be counted towards your degree requirements to graduate. Your elective can be taken at any level however you should review your student record to ensure that you have not exceeded this limit.

You can find the full listing of the courses you are required to complete to earn a BKin degree in the *Kinesiology* section of the 2022/2023 Undergraduate Calendar:

<https://brocku.ca/webcal/2022/undergrad/kine.html>

## Year 4 (2021/2022 Entry)

BSc(Kin) YEAR 4	
CREDIT VALUE	COURSES
0.5 (choose one)	<b>KINE 4P05</b> <i>Cognitive Ergonomics</i> <b>KINE 4P01</b> <i>Occupational Ergonomics</i>
0.5	<b>KINE 4P10</b> <i>Clinical Biomechanics</i>
0.5 (choose one)	<b>One of</b> <b>KINE 3P93</b> <i>History &amp; Philosophy of Physical Activity and Sport</i> <b>KINE 4P11</b> <i>Sport Ethics</i> <b>KINE 4P71</b> <i>Health Care Ethics</i> (SEE ADDITIONAL INFO BELOW)
1.0 (choose 2)	<b>KINE 4P08</b> <i>Nutritional Implications for Human Performance</i> <b>KINE 4P84</b> <i>Children's Response to Physical Activity &amp; Exercise</i> <b>KINE 4P94</b> <i>Neural Control of Balance &amp; Gait</i> <b>KINE 3P92</b> <i>Physiological Consequences of Spinal Cord Injury &amp; Rehabilitation Techniques</i> <b>KINE 3P97</b> <i>Exercise Physiology in Aging and Disease</i> <b>KINE 4P98</b> <i>Principles of Physiological Signals &amp; Instrumentation</i>
1.5	<b>Science Elective Credit</b> (see the <i>Science Elective Credits</i> section)
1.0	<b>Electives 2P00+</b> (see the <i>Electives</i> section)

The requirement to graduate from the BSc(Kin) program with a **4-year degree** are:

- a minimum 60% major average; and
- a minimum 60% overall average

The requirement to graduate from the BSc(Kin) program with **Honours** are:

- a minimum 70% major average;
- a minimum 60% non-major average; and
- a minimum 60% overall average

### ADDITIONAL INFORMATION:

- Program requirements have changed, students need to complete **ONE** of KINE 4P71 (Healthcare Ethics), KINE 3P93 (History and Philosophy of Physical Activity and Sport) or KINE 4P11 (Sport Ethics).
- **BIOL 2P97: DO NOT** take BIOL 2P97 as a Science Elective Credit. You will not receive a grade (or credit) for this course if you have already completed KINE 1P90. Refer to the list of possible science electives on page 6 of this package.

- **KINE 3P99, KINE 4P99, KINE 4F90, KINE 4F91:** You can apply for these Independent Study/Thesis courses with the Faculty member (i.e. Instructor) of your choice. The application form must be complete by the Faculty member and signed by both the student and Faculty member before being submitted to the Academic Advisor to be processed and signed by the Chair. Application forms are available by emailing the advisor at [kinadvisor@brocku.ca](mailto:kinadvisor@brocku.ca). It is recommended that you contact the Faculty member you are interested in working with well in advance of the registration period so that you can submit your form at least 2 weeks before your registration date.
- **KINE 4F16 or KINE 4P12:** You can apply to register in one or more of these Practicum Courses. Information on the programs they are involved with go here: <https://brocku.ca/health-well-being/>. Information on the programs and how to apply for them will be sent to your Brock email soon.
- A maximum of 8.0 credits at the year 1 level (1P00-1P99) can be counted towards your degree requirements to graduate. Your elective can be taken at any level however you should review your student record to ensure that you have not exceeded this limit.

You can find the full listing of the courses you are required to complete to earn a BScKin degree in the *Kinesiology* section of the 2021/2022 Undergraduate Calendar:

<https://brocku.ca/webcal/2021/undergrad/kine.html>

## Registering for Courses

### Where can I get information on what I need to do?

The **Brock 2024/2025 Returning Students Registration Guide and Timetable** is available on the Registrar's website under the *Registration Guides and Timetables* section. All the information on the registration process that you will need can be found on this website including:

- The Fall/Winter Timetable
- Important dates and deadlines
- Info on how to read the Timetable, course codes, etc.
- Information on how to select courses (course availability, eligibility)
- Instructions on how to register through your Brock Portal
- Links on how to pay your tuition and fees
- Worksheets to help you plan your timetable and check for scheduling conflicts

[Undergraduate Registration – Registration Guides and Timetables \(brocku.ca\)](#)

### How do I register?

Registering for your courses is done online through your **Brock Portal** ([my.brocku.ca](http://my.brocku.ca)). Your Brock Portal is the hub where all information about your student record is kept.

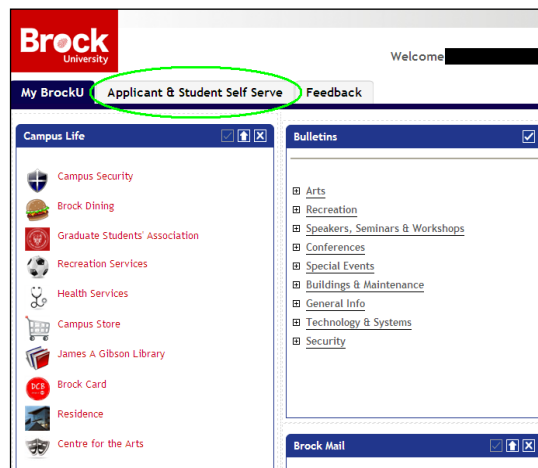
You can find instruction on how to register for your courses through your Brock Portal on the Registrar's website:

[Undergraduate Registration – Registration Guides and Timetables \(brocku.ca\)](https://brocku.ca/undergraduate-registration-guides-and-timetables)

To log into your Brock Portal visit:

<https://my.brocku.ca>

Once you have entered your Campus ID and your password and logged in, click on the *Applicant & Student Self Serve* tab along the top of the screen.



## When can I register?

You can find the registration dates on the Registrar's website under the *Registration Guides and Timetables* section:

[Registration & Important Dates – Registration Guides and Timetables \(brocku.ca\)](https://brocku.ca/registration-important-dates)

Your registration date is based on the number of credits you have accumulated as of **June 30, 2024**. You can determine the number of credits you've accumulated under the *Program Status* section in your Brock Portal. This is also where you can determine your Program Requirement Year which dictates which Undergraduate Calendar year you must follow for your degree requirements (see the *Program Requirements* section of this Guide).

**Overview** | **UG #1**

Bachelor of Kinesiology (Honours)  
Kinesiology

**Status** Open  
**Entry Point** 2020FW  
**Admitted** Full Time

Current Study Year 2                      Regulation Year 2020                      **Program Requirements Year 2020**

Averages and Credits						
	Major	Non-Major	Brock	Transfer	Overall	Minor *
Average (%)	83	88	85	0	85	0
Credits	4.50	2.50	7.00	0.00	7.00	0.00

\* Courses can be used towards a major and minor within one program. A course will only count once in the Brock and Overall credits and averages.

**Registration is a first-come-first-serve process.** Courses can and have been known to fill before the end of the registration period. **It's strongly recommended that you register for your courses on the first day that the registration system opens to you.** The registration system opens at 6:00am.

Registration in KINE courses are 'reserved' for students in our degree program(s) for most of the registration period. For example, registration in KINE 2P09 is initially reserved for all BPhEd, BKin and BSc(Kin) students as it is a requirement for all three programs. However, KINE 2F00 is initially reserved only for BPhEd students as it is only a requirement for this one program (BKin and BSc(Kin) students must wait until registration opens to non-majors to try to register for this course). On dates later in the registration period most KINE courses will open to non-majors. To determine the date registration in a specific course will open to non-majors please refer to the 'Notes' column on the online Timetable or refer to the Restriction Lift dates listed here: [Registration & Important Dates – Registration Guides and Timetables \(brocku.ca\)](#). Please note that registration opens at 6am but restrictions come off at midnight. You would need to log on and register for a course that had a restriction at midnight (12am). Once a course is full it is very unlikely that any additional spaces will be added. **It is your responsibility to make sure that you register in the courses you need.** The Academic Advisor cannot register for you.

## What courses should I register for?

Check the *Program Requirements* section of this Guide for information on which courses you should select based on your program and year.

## What if a lecture/seminar/tutorial/lab for a REQUIRED COURSE is full?

If a lecture/seminar/tutorial/lab is full choose another section if one is available. Once you have registered for the course you can then keep checking your Brock Portal for scheduling updates to see if any spaces open in the section you prefer.

If the course is a **MAJOR REQUIREMENT** (e.g. KINE 2P05, KINE 3P08, KINE 3P10, etc.) and on a **WAITLIST** please add yourself to the waitlist and check your Brock email regularly for contact from the Kinesiology Advisor.

Please be aware that if a required course is full there are likely many students in the same situation as you. We will take care of this situation as best we can, however this sometimes takes time. Please be patient. During peak times responses can take up to 7 business days, please be detailed with any email you send the Advisor. **Send emails from your Brock email account and include your name, ID number and a detailed message about what you are having difficulty with.** This will help speed up the response times. (see the *Academic Advisor* section for contact information).

## What if a lecture/seminar/tutorial/lab for a NON-REQUIRED COURSE (elective) is full?

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If the course is an elective start by selecting another elective that has space available. Once you have registered for the alternate course you can then keep checking your Brock Portal for scheduling updates to see if any spaces open in the course you prefer. If space opens register for your preferred course and then immediately drop the alternate course you are currently registered in.

There are many KINE courses that are not required in any of the three degree programs in the Kinesiology Department but are offered as electives to all BPhEd, BKin and BSc(Kin) students provided they meet the prerequisites. Also, some students choose to take KINE courses that are not a requirement for their degree as electives. If you have decided to take a KINE course that is not a requirement for your degree program it is considered an elective. (If you are trying to take all KINE course this year see the *Why isn't the system allowing me to register in all KINE courses?* section of this Guide for more information). If a KINE course you are taking as an elective is full you may have to take it next year and choose a different elective this year instead. Additional spaces are not usually added to these courses.

If an elective in another department is full or on a waitlist, contact the Academic Advisor in the appropriate department. **The Kinesiology Academic Advisor cannot assist you with courses in other departments.** A list of the Academic Advisors in other departments at Brock is available at:

[Find Your Advisor – Academic Advising \(brocku.ca\)](https://brocku.ca/academic-advising)

## What if I don't have the prerequisites/minimum number of credits for a course I want to register in?

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Prerequisites and restrictions for KINE courses are outlined in the Undergraduate Calendar:



Example:

**KINE 3P13**

**Fitness Activities**

Theoretical and applied principles related to low and high impact activities.

*Lectures, lab, 3 hours per week.*

→ Restriction: open to BPhEd, BPhEd (Honours)/BEd (Intermediate/Senior), BPhEd (Honours)/BEd (Junior/Intermediate) until date specified in Registration guide. After that date open to BKin, BPhEd, BPhEd (Honours)/BEd (Intermediate/Senior), BPhEd (Honours)/BEd (Junior/Intermediate) and BSc (Kin) majors until date specified in Registration guide. Students must have a minimum of 8.0 overall credits.

→ Prerequisite(s): **KINE 2P05** or permission of the instructor.

Note: lab fee required; consult Department. Field experience is required. Transportation is a student responsibility. Modes of instruction/evaluation will normally include vigorous physical activity. This course may be offered in multiple modes of delivery. The method of delivery will be listed on the academic timetable, in the applicable term.

If you have not satisfied the prerequisites or met the restrictions for a KINE course you are not eligible to register in that course. If you register for a course for which you do not have the prerequisites **you will be automatically deregistered from the course.**

Please review the *Deregistration* section of the Registrar's website for additional information:

[Withdrawals and Deregistration – Registration Guides and Timetables \(brocku.ca\)](#)

**You will not be able to register in a D1 or D2 courses for which you do not have the prerequisites and/or have not completed the minimum number of credits. You can register for a course in D3 if you have added its prerequisite to D2.**

## How do I apply for a course that requires the Instructor's approval?

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The following courses require approval from the Instructor before you can register:

- KINE 3P99 Special Studies in Physical Education and Kinesiology
- KINE 4P99 Special Studies in Physical Education and Kinesiology
- KINE 4F91 Thesis/Project
- KINE 4F16 Exercise Programming for Spinal Cord Injury
- KINE 4P80 Clinical Practices in Athletic Therapy
- KINE 4P82 Practicum in Athletic Therapy
- KINE 4P86 Internship in Fitness and Conditioning
- KINE 4P87 Internship in Coaching
- KINE 4P88 Internship in Athlete Development
- KINE 4P89 Clinical Internship in Kinesiology

**KINE 3P99, 4P99:** These are **Independent Study** courses that require permission from the Instructor. For more information see the *What if I want to do an Independent Study course or Thesis?* section of this Guide. It is your responsibility to contact a Faculty member(s) who you are

interested in working with to determine if they are able to supervise your Independent Study. You should contact Faculty members who work in an area of research/study that interests you and that you are interested in exploring for an Independent Study. For a listing of the area of research/study for the Faculty members in the Kinesiology Department visit the Department's website:

<https://brocku.ca/applied-health-sciences/kinesiology/faculty-research/faculty-directory/>

Once you have found a Faculty member willing to supervise you for an Independent Study you must complete the application form in consultation with the Faculty member. The completed application (which must include your signature and the Faculty member(s)' signature) must be submitted to the Undergraduate Coordinator/Academic Advisor – Katrina Bennie – to be processed and signed by the Chair of the Department. Once your application has been processed you will be notified by email that an override for the course has been entered for you. **You must register for the course through your Brock Portal once the override has been entered.** The application form is available by contacting the Academic Advisor at [kinadvisor@brocku.ca](mailto:kinadvisor@brocku.ca).

**KINE 4P89:** This is an **Internship in Clinical Kinesiology** that requires permission from the Instructor, a major average of 75% and a placement (that the student must find) of 50 hours in a clinical setting under the supervision of a Health Professional. For more information see the *What if I want to do an Independent Study course or Thesis?* section of this Guide. It is your responsibility to contact a Faculty member(s) who you are interested in working with to determine if they are able to supervise your Internship. You should contact Faculty members who work in an area of research/study that interests you and that you are interested in exploring for an Internship. For a listing of the area of research/study for the Faculty members in the Kinesiology Department visit the Department's website:

<https://brocku.ca/applied-health-sciences/kinesiology/faculty-research/faculty-directory/>

Once you have found a Faculty member willing to supervise you for an Internship you must complete the application form in consultation with the Faculty member and the Clinical Supervisor. The completed application (which must include your signature and the Faculty member(s)' signature and the Clinicians signature) must be submitted to the Undergraduate Coordinator/Academic Advisor ([kinadvisor@brocku.ca](mailto:kinadvisor@brocku.ca)) and the Experiential Education Coordinator ([dtoms@brocku.ca](mailto:dtoms@brocku.ca)) to be processed and signed by the Chair of the Department. Once your application has been processed you will be notified by email that an override for the course has been entered for you. **You must register for the course through your Brock Portal once the override has been entered.** The application form is available by contacting the Academic Advisor at [kinadvisor@brocku.ca](mailto:kinadvisor@brocku.ca).

**KINE 4P80:** This is the **Clinical Practices in Athletic Therapy** course. Successful completion of KINE 3P80 (Care and Prevention of Injuries) is a prerequisite for this course. To apply for KINE 4P80 you must contact Nicole Chimera ([nchimera@brocku.ca](mailto:nchimera@brocku.ca)). If your application is accepted you will be notified by email that an override for the course has been entered for you. **You must register for the course through your Brock Portal once the override has been entered.**

**KINE 4P82:** This is the **Practicum in Athletic Therapy** course. A minimum final grade of 75% in KINE 3P80 (Care and Prevention of Injuries) and a minimum of 13.0 credits are the prerequisite for this course. Students must be working with a varsity team as a student athletic therapist to be eligible for this course.

**You do not need to register for these courses on the date registration opens to you.**

Because they require an override there is sometimes a delay in the processing of the override. Just leave space in your schedule in the duration/term you want the course to be in and wait for an email alerting you to register.

## What if I want to do an Independent Study course or a Thesis?

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Independent Study and Thesis and Internship courses include:

- KINE 3P99
- KINE 4P99
- KINE 4P89
- KINE 4F91

These courses are designed to meet students' special academic interests in a topic/area of study in Physical Education and/or Kinesiology by completing independent work under the direction of a Faculty member who has an interest or specialty in the same area. Course content and the evaluation protocol are determined individually between the student and Faculty member.

It is your responsibility to contact a Faculty member(s) who you are interested in working with to determine if they are able to supervise your Independent Study/Thesis.

These courses can either count towards satisfying requirements for courses at the 3P90+ level, or satisfying electives.

**For BSc(Kin) students only: If you wish to have an Independent Study course count towards your Science Elective Credit requirements you must obtain permission from the Department before registering for the course.** The content of the Independent Study/Thesis must be predominantly science based. Please notify the Undergraduate Coordinator/Academic Advisor that you wish to have the course considered as a Science Elective Credit when you submit your application.

For more information on how to apply for an Independent Study or Thesis see the *How do I apply for a course that requires the Instructor's approval?* section of this Guide.

## What if I need to retake a class because I failed or dropped it last year?

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To graduate with your BPhEd, BKin or BSc(Kin) degree you **must successfully complete (pass) 20.0 credits**. These credits are a combination of:

- i. Major required KINE courses
- ii. Context credits
- iii. Elective credits

**When a course is repeated (e.g. taking KINE 1P90 a second time) the most recent grade will always replace the previous grade regardless of whether it is higher or lower than the previous grade. A course may only be repeated ONCE and you can only repeat a course if you have not taken any upper year courses in the same department that the course you are repeating is a prerequisite for.**

For more information please review the Repeating a Course policies in the Undergraduate Calendar:

<https://brocku.ca/webcal/2024/undergrad/areg.html#sec24>

- **FAILED/DROPPED MAJOR REQUIRED KINE COURSES:**

**ALL** specified major required courses must be taken and successfully completed (passed). If you drop or fail a major required course you must repeat the same course and pass it in order to satisfy the requirement.

- **FAILED/DROPPED NON-MAJOR COURSES (electives, context credits):**

If you fail or drop a non-major course (elective, context credit) you must either:

- a) Take the exact same course again and pass it;

-OR-

- b) Take another course(s) of equal credit value to replace it (e.g. if you need to replace a full credit course you can either take another full credit course or 2 half credit courses)

If you have failed a course and you choose not to repeat exactly the same course but rather choose to satisfy the requirement by taking a different course(s) the failed course grade will still factor into your average. The only way to not have a grade used in the calculation of your average is to **take the same course again and pass it**.

## What if I still need to complete a Context Credit?

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You must select and successfully complete (pass) 1.0 Context Credit from Humanities, Social Sciences and Science. Your Science Context Credit will be met with the BIOL 1P91 and 1P92 or BIOL

1P91 and PHYS 1P91 requirement from first year. Your other context credits need to be completed by the end of third year. You can see the lists in the Undergraduate Calendar for Humanities and Social Sciences context credits here:

[www.brocku.ca/contextcredits](http://www.brocku.ca/contextcredits)

You can search for a Context Credit by going to your my.brocku.ca portal. Here click on the Course Planning tab. Fill out the page as it is shown below (can change Context Credit to Humanities or Social Sciences). Click Go and this will generate a list of classes that satisfy the requirement chosen from the drop down box.

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## Course Planning

This is a planning page only. For registration, click on Register in the Navigation Menu.

Year: 2023

Course Type  \*      Session  \*

Delivery Method:  (Click for Definitions)      Location

\*      OR      Context Course  \*  
      Faculty

Scheduled On

Sun (U)     Mon (M)     Tues (T)     Wed (W)     Thurs (R)     Fri (F)     Sat (S)

Day (Before 1700)     Late Afternoon (1700 - 1900)     Evening (1900 and Later)

## What if I have a timetable conflict (e.g. 2 courses scheduled at the same time each week)?

You cannot be in two places at once, therefore you should not be registered for two courses that are at the same time. Your grades will suffer, tests/midterms/exams may overlap and Professors are not supportive of this practice.

Before registering for courses use the 2024-2025 Fall/Winter Timetable on the Registrar's website ([Timetables – Registration Guides and Timetables \(brocku.ca\)](http://www.brocku.ca/timetables)) to create a 'mock' schedule that is free of conflicts. Remember that full credit courses (e.g. HLSC 1F90) run for the whole academic year (September-April), whereas half credit courses (e.g. KINE 2P08) only run from either September-December (D2) or January-April (D3).

You should try to create your 'mock' schedule well in advance of the date that the registration system opens to you to ensure that you are ready to select your courses as soon as the system opens.

Try your best to register for the course sections (lectures, labs, tutorials, etc.) that you plotted on your 'mock' schedule. However, if your preferred section is full register in another section that doesn't conflict with your other courses and still has spaces available. (See the *What if a lecture/seminar/lab is full?* section of this Guide for additional information).

If an elective course conflicts with a required course (e.g. KINE 2P05, KINE 3P10, etc.) then you have to choose a different elective, or choose a less desirable class time(s) to avoid the conflict.

**DO NOT REGISTER FOR 2 LECTURES/SEMINARS/TUTORIALS/LABS, ETC. THAT ARE SCHEDULED AT THE SAME TIME, REGARDLESS OF WHAT THE COURSES MIGHT BE.**

## Why isn't the system allowing me to register in all KINE courses?

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The registration system will only allow students to register in 9 classes from one department. Therefore, you will not be able to register in all KINE courses if you register in 5.0 credits. Students should try to have one 0.5 elective credit from outside the department each year. If you want to attempt to take all KINE credits you must obtain permission from the Dean of the Faculty. Permission for this will only be considered if you have completed all your Context Credits, first year required courses and electives. To request this, email the advisor at [kinadvisor@brocku.ca](mailto:kinadvisor@brocku.ca).

**ONLY EMAIL THE ACADEMIC ADVISOR ONCE WITH YOUR CONCERN. BE SURE TO INCLUDE YOUR FULL NAME AND STUDENT NUMBER AND YOUR SPECIFIC REQUEST IN YOUR EMAIL.**

## What if I want to take more than 5.0 credits?

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You can determine the maximum number of credits you are allowed to register in during the Fall/Winter term through your Brock Portal (under *Program Status* – see below):

**Overview** | **UG #1**

Bachelor of Physical Education (Honours)  
Physical Education

**Status** Open  
**Entry Point** 2011FW  
**Admitted** Full Time

Current Study Year 1      Regulation Year 2011      Program Requirements Year 2011

Averages and Credits						
	Major	Non-Major	Minor	Brock	Transfer	Overall
Average (%)	████	████	████	████	████	████
Credits	1.00	3.00	0.00	4.00	0.00	4.00

Breakdown of Brock credits (transfer credits are not included)				
Courses numbered	1x99 or less	2x00 to 2x89	2x90 to 3x89	3x90 or above
Credits achieved	4.00	0.00	0.00	0.00

Business, Education and Applied Health Science credits = 1.00

Please check applicable Undergraduate Calendar to ensure that all completed courses may be used towards your program.

**Maximum courses per session**

The following list identifies the maximum courses you are permitted to register for, broken down by session. Please note: Fall/Winter refers to the full session beginning September through April. Fall Term refers to the September-December session.

Fall/Winter session = 6.00 credits	Fall term = 3.50 credits
Spring session = 2.00 credits	Spring term = 1.00 credits
Summer session = 1.00 credits	

Core & Context Requirements		
Humanities = Not Satisfied	Social Science = Satisfied	Science = Satisfied

**If you wish to register in more credits than specified on your Brock Portal you must request permission.** To request permission send an email to the Kinesiology Academic Advisor ([kinadvisor@brocku.ca](mailto:kinadvisor@brocku.ca)) outlining the number of credits you would like to register for, what your proposed schedule will be (i.e. simply which courses you plan to take in the Fall term and courses you plan to take in the Winter term), and why you are requesting to take more than the number of credits you have been preapproved for. Please note that permission is granted at the discretion of the Department and Faculty based on the number of credits you have successfully completed and your academic performance (grades) to date. Your email should be received at least 2 weeks prior to your registration date. **ONLY EMAIL THE ACADEMIC ADVISOR ONCE WITH YOUR CONCERN. BE SURE TO INCLUDE YOUR FULL NAME AND STUDENT NUMBER IN YOUR EMAIL.**

## What if I want to take less than 5.0 credits?

The BPhEd, BKin and BSc(Kin) degrees are all 20.0 credit degrees. Generally, students take 5.0 credits each Fall/Winter session for 4 years to complete their degree requirements to graduate. Please be aware that **taking less than 5.0 credits during the 2024-2025 Fall/Winter session may impact your degree progression (i.e. you may be required to stay longer at Brock beyond the 'traditional' 4 years to complete your degree requirements).** Additionally, **some of the required KINE courses listed for your year of study are prerequisites for required KINE courses next year.** You should check your program requirements in the appropriate Undergraduate Calendar to ensure that you are registering in the KINE courses this year that are prerequisites for the required KINE course you will need to take next year.

You are welcome to take less than 5.0 credits to reduce your course load. Some students choose to take course(s) during the Spring/Summer session to 'catch up' or 'get ahead' if they take less than 5.0 credits during the Fall/Winter. As well, some students choose to complete their degree in more than the 'traditional' 4 years.

**If you decide that you want to take less than 5.0 credits you do not need special permission or approval.** Simply register for the number of credits that you wish to take during the 2024-2025 Fall/Winter session on your Brock Portal during the registration period. However, please keep the following in mind:

- **Student Status considerations (part-time vs. full-time status):**
  - Full time student: enrolled in 3.0 or more credits over the Fall/Winter session
  - Part-time student: enrolled in less than 3.0 credits over the Fall/Winter session.

- **Tuition and Fee considerations:**

Visit the **Financial Services** website to determine the tuition and fees you will be charged based on the number of credits you register in for the 2024-2025 Fall/Winter session (under the *Tuition and Related Fees* section of the website).

[Student Accounts & Financial Aid \(brocku.ca\)](https://brocku.ca/student-accounts-financial-aid)

- **Government Student Financial Assistance, Scholarship and Bursary considerations:**

The number of credits you enroll in can have a **SERIOUS IMPACT** on any government student financial assistance (e.g. OSAP), scholarships, or bursaries you have applied for/are receiving. If you have applied for/are receiving any type of student financial assistance you should contact the **Student Awards and Financial Aid Office** before you decide to register for a reduced course load.

[Student Accounts & Financial Aid \(brocku.ca\)](https://brocku.ca/student-accounts-financial-aid)

[central@brocku.ca](mailto:central@brocku.ca)

## What if I want to do a minor?

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Requirements for Minor programs are listed by department in the Undergraduate Calendar. Please contact the Academic Advisor in the appropriate department for more information about their



program and to determine how to declare a Minor. To see what minors are offered at Brock go to:

<https://brocku.ca/webcal/2024/undergrad/degr.html#sec6>

To find out how to contact an advisor in the area you would like to minor go here:

[Find Your Advisor – Academic Advising \(brocku.ca\)](#)

## Do I have to apply to 4<sup>th</sup> year?

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You do not have to apply to 4<sup>th</sup> year. The BPhEd, BKin, and BSc(Kin) are all 4 year programs.

## What's the difference between an Honours degree and a 4-Year Degree? How do I get Honours?

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There is no difference in the courses you are required to take to receive an Honours degree or a 4-Year degree in your program. The differences between these two degrees are based solely on your grades:

- **Honours:** You will graduate with an Honours degree if on the day your last grade is entered you have:
  - a **MAJOR AVERAGE** of at least 70%;
  - a **NON-MAJOR AVERAGE** of at least 60%; and
  - an **OVERALL AVERAGE** of at least 60%

If you did not achieve one or more of these requirements, you will not receive an Honours degree.

- **4-Year Degree:** You will graduate with a 4-Year degree if on the day your last grade is entered you have:
  - a **MAJOR AVERAGE** between 60-69.4%;
  - a **NON-MAJOR AVERAGE** of at least 60%; and
  - an **OVERALL AVERAGE** of at least 60%

## What if I have technical difficulties or questions about how to register through my Brock Portal?

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If you have technical difficulties (e.g. forgot your Campus ID, forgot your password, problems accessing your Brock Portal), please contact:

905-688-5550 x3052  
[central@brocku.ca](mailto:central@brocku.ca)

**TECHNICAL HELP WITH REGISTRATION IS NOT AVAILABLE THROUGH THE KINESIOLOGY DEPARTMENT OR THE KINESIOLOGY ACADEMIC ADVISOR.**

## Academic Advisor

### How do I contact the Academic Advisor?

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The Undergraduate Program Coordinator and Academic Advisor for the Kinesiology Department is **Katrina Bennie**. Her contact information is:

[kinadvisor@brocku.ca](mailto:kinadvisor@brocku.ca)  
905-688-5550 ext. 3855

**NOTE:** During the months of June-October the Academic Advisor is assisting over 1,000 students. This is an extremely busy time of year. If you have an issue and require her assistance, please **EMAIL HER FROM YOUR BROCK EMAIL ACCOUNT. PLEASE INCLUDE YOUR FULL NAME AND STUDENT NUMBER IN YOUR EMAIL.** Emails that do not contain this information or are not sent from a Brock email account will not receive a reply. During peak times it may take the Academic Advisor 10 business days to respond to your email. If you receive an automatic reply email from the Academic Advisor this is confirmation that she has received your email and it is in the response queue. Please read the automatic response email thoroughly (and this Registration Guide) to find answers to your questions or concerns.

During peak times (May-October) the Academic Advisor limits the number of in-person appointments available. Quite often your questions/concerns can be answered via email. If the Academic Advisor feels there is a need for an in-person appointment she will contact you via email.

### What should I **NOT** contact the Academic Advisor about?

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- **Issues with courses in other departments (i.e. non-KINE courses)**

The Academic Advisor only administers KINE courses. If you have questions or concerns about a course in another department you should contact the Academic Advisor in the other department. A listing of the Departmental Academic Advisors is available online:

[Find Your Advisor – Academic Advising \(brocku.ca\)](#)

- **Technical difficulties with your Brock Portal**

All questions related to technical difficulties should be directed to the Registration Help Service:

905-688-5550 x3052  
[central@brocku.ca](mailto:central@brocku.ca)

- **Questions about your financial account (paying tuition and fees)**

Information about your tuition and fees, including dates and instructions on how to pay your tuition and fees can be found on the Financial and Administrative Services website:

[Student Accounts & Financial Aid \(brocku.ca\)](#)

- **Questions about student financial assistance (e.g. OSAP, bursaries, scholarships)**

Information about government student assistance (e.g. OSAP), Brock bursaries and scholarships is available on the Student Awards and Financial Aid website:

[Student Accounts & Financial Aid \(brocku.ca\)](#)

- **Questions about what you will learn in your courses**

You can find descriptions for all courses in the Undergraduate Calendar:

<https://brocku.ca/webcal/2024/undergrad/>

- **Where to find contact information for Kinesiology Professors**

The Kinesiology Department website has an up-to-date listing of the contact information for all Faculty and Staff:

<https://brocku.ca/applied-health-sciences/kinesiology/faculty-research/faculty-directory/>

For all other departments consult the online Undergraduate Calendar.

# Post Graduation Education Options

- **BACHELOR OF EDUCATION ('TEACHERS' COLLEGE')**

For detailed information on admission requirements for **Bachelor of Education (BEd) programs at Ontario Universities** (i.e. 'teacher's college') refer to the Ontario University Teacher Education Application (TEAS) website (the Instruction Booklet outlines the specific admission requirements for each program/University). **If you have questions regarding the admission requirements you should contact the Universities directly for the most accurate information.**

<http://www.ouac.on.ca/teas/>

For **International Bachelor of Education programs** visit Career Services.

If you are interested in applying for a BEd program you will usually need to complete the requirements for 2 teachable subjects if you want to be qualified to teach at the Intermediate/Senior level (high school) and 1 teachable subject if you want to be qualified to teach at the Junior/Intermediate (middle school) level. If you wish to apply for the Intermediate/Senior level you will usually need to complete 5.0 credits in your first teachable subject and 3.0 credits in your second teachable subject. Although the requirements for a second teachable can be achieved by taking a minor, you do not necessarily have to complete a minor to earn these 3.0 credits. This can be achieved by taking the appropriate courses as electives to fulfill the admission requirements for your second teachable (refer to the TEAS website). If you wish to do a minor refer to the *What if I want to do a minor?* section of this Guide. **If you have questions about meeting the requirements for a teachable subject you should contact the Faculty(ies) of Education that you plan to apply to.**

- **REHABILITATION SCIENCE (OCCUPATIONAL THERAPY, PHYSICAL THERAPY)**

For detailed information on admission requirements for **Occupational Therapy and Physical Therapy** refer to the Ontario Rehabilitation Sciences Programs Application Service (ORPAS) website (the Instruction Booklet outlines the specific admission requirements for each University). **If you have questions regarding the admission requirements you should contact the Universities directly for the most accurate information.**

<http://www.ouac.on.ca/orpas/>

- **ATHLETIC THERAPY**

For detailed information on **Athletic Therapy programs** refer to the Canadian Athletic Therapy Association website. **If you have questions regarding the admission requirements you should contact the Universities directly for the most accurate information.**

[CATA ACCREDITED INSTITUTIONS | CANADIAN ATHLETIC THERAPISTS ASSOCIATION  
\(ATHLETICTHERAPY.ORG\)](http://www.athletictherapy.org)

- **MEDICINE**

For detailed information on admission requirements for Medical Schools in Ontario refer to the Ontario Medical Schools Application Service (OMSAS) website (the Instruction Booklet outlines the specific admission requirements for each University). **If you have questions regarding the admission requirements you should contact the Universities directly for the most accurate information.**

<http://www.ouac.on.ca/omsas/>

- **CHIROPRACTIC**

For detailed information on accredited programs in Chiropractic see here:

<https://www.cceintl.org/accrediting-bodies>

[DCP information \(cce-usa.org\)](https://www.cce-intl.org/usa)

For detailed information on admission requirements to the **Chiropractic program at the Canadian Memorial Chiropractic College** refer to their website (the Admissions Brochure outlines the specific admission requirements). This is the only Chiropractic program in Ontario. **If you have questions regarding the admission requirements you should contact the Universities directly for the most accurate information.**

<https://www.cmcc.ca/admissions/>

- **POST-DEGREE COLLEGE PROGRAMS (EXERCISE SCIENCE & LIFESTYLE MANAGEMENT, CHIROPODY, ETC.)**

For detailed information on Post-Degree College Programs in the health sector refer to the Ontario Colleges website. This site allows you to search programs by sector, college and type of program. **If you have questions regarding the admission requirements you should contact the Universities directly for the most accurate information.**

<http://www.ontariocolleges.ca/ontcol/home.html>

## Additional Resources

**Brock Central (Registrar)**

Student Self Serve forms, Admissions information, Course Calendar, Live Chat

[Office of the Registrar \(brocku.ca\)](https://brocku.ca)

## Student Accounts and Financial Aid

Tuition Information, Due Dates, OSAP, Scholarships & Bursaries

[Student Accounts & Financial Aid \(brocku.ca\)](https://brocku.ca)

## Student Life and Success Centre

Learning Services, Tutoring, Faith and Life, Honour Societies, Drop in Support

[Student Life and Success \(brocku.ca\)](https://brocku.ca)

## Student Wellness & Accessibility Centre

Health Services, Counselling Services, Accessibility Services

[Student Wellness and Accessibility Centre \(brocku.ca\)](https://brocku.ca)

## Hadiya<sup>2</sup>dagénhahs First Nations, Métis and Inuit Student Centre

Academic Support, Gathering Place, Cultural Support

<https://brocku.ca/aboriginal-student-services/>

## BUSU (Brock University Student Union)

Clubs, Bus Pass, Health & Dental Plan

[Home - BrockBUSU.ca](https://brocku.ca)

## Bookstore

Textbooks, Course Material, Technology, Brock Swag

[Home - Brock University Campus Store](https://brocku.ca)

## Health Services

**Appointments with Physicians, Nurses, vaccinations**

[Student Health Services – 905 688 5550 x3243 – Student Wellness and Accessibility Centre \(brocku.ca\)](#)

## Residence

**On Campus living**

[Housing Services \(brocku.ca\)](#)

## Off Campus Housing

[Student Life and Success \(brocku.ca\)](#)

## Athletics & Recreation

**Varsity Sports, Intramurals, Gyms, Certifications**

[Brock University Athletics - Official Athletics Website \(gobadgers.ca\)](#)

[Recreation \(brocku.ca\)](#)