

Curriculum Vitae

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Citizenship: Canadian

Work

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Adjunct Appointments

Faculty of Graduate Studies, Dalhousie University (2007 – 2010)

Faculty of Physical Education & Health, University of Alberta (2011 – present)

School of Graduate Studies, University of Toronto (2012 – present)

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1. Areas of Expertise

Environmental physiology, human temperature regulation, heat and cold physiology, hyperthermia, hypothermia, cognitive ergonomics, body fluid balance, liquid cooling garments, protective clothing, breath-holding, cardiovascular physiology, exercise.

2. Education

Degree	Date	University
Post-doctoral Fellowship	1998	University of Aberdeen: Department of Biomedical Sciences
Ph.D.	1994-1998	University of Toronto: Department of Exercise Science, School of Community Health
Diploma (Honours)	1994	International Space University: Department of Space Life Sciences
M.Sc.	1991-1994	Simon Fraser University: School of Kinesiology
B.Sc. (Combined Honours)	1986-1990	University of British Columbia: Department of Oceanography/Zoology (1 st Class Standing)

3. Dissertation or Thesis

Ph.D.

Specialisation: Environmental/exercise physiology, temperature regulation.

Advisor: Tom M. McLellan, Ph.D.

Thesis: The thermophysiology of uncompensable heat stress: influence of hydration status, fluid replacement, physical training, aerobic fitness, and heat acclimation.

International Space University (Honours Diploma)

Specialisation: Space life sciences

Advisor: Oleg A. Atkov, M.D.

Design Project: Solar system exploration design project.

M.Sc.

Specialisation: Environmental physiology, temperature regulation.

Advisor: Igor B. Mekjavic, Ph.D.

Thesis: Dose-dependent effects of sub-anesthetic levels of nitrous oxide on thermal balance in humans.

B.Sc. (Combined Honours)

Specialisation: Biological oceanography.

Advisor: Paul J. Harrison, Ph.D.

Thesis: Tidal effects on phytoplankton productivity in a coastal estuary.

4. Publications

Books	3
Book Chapters	4
Peer-reviewed journal articles	93
Commentaries	8
Technical Reports	11
Peer-reviewed conference proceedings	98
Invited Presentations	18

5. Books

1. **Cheung, S.S.** and M.D. Zabala. *Cycling Science*. Human Kinetics, Champaign, USA. ISBN: 978-1450497329, 2017.
2. Allen, H. and **S.S. Cheung**. *Cutting-Edge Cycling*. Human Kinetics, Champaign, USA. ISBN: 978-0-73609-109-1, 2012. (*Translated into German ISBN: 978-3-936376-93-7 2013*)
3. **Cheung, S.S.** *Advanced Environmental Exercise Physiology*. Human Kinetics, Champaign, USA. ISBN: 978-0-73607-468-1, 2010.

6. Book Chapters

1. **Cheung, S.S.** and C.J. Tyler. Thermal Stress. In: *Mayo Clinic: Medicine in Challenging Environments for Apple iOS (Version 7.1)*. Stepanek, J., R. Johnson, and D. Cocco (Eds). Retrieved from <http://www.viacuro.com/MICE/>. 2014.
2. **Cheung, S.S.** and C.J. Tyler. Hydration. In: *Mayo Clinic: Medicine in Challenging Environments for Apple iOS (Version 7.1)*. Stepanek, J., R. Johnson, and D. Cocco (Eds). Retrieved from <http://www.viacuro.com/MICE/>. 2014.
3. **Cheung, S.S.** Two-way interactions between mental and physical stressors and their role in fatigue. In: F.E. Marino (Ed.) *The Regulation of Fatigue in Exercise*. Nova Science Publishers, Inc.

Hauppauge, New York. ISBN: 978-1-61209-334-5. pp. 27-40, 2011.

4. Flouris, A.D.* and **S.S. Cheung**. Reviewing the functional architecture of the human thermoregulatory system. In: Austin B. Cisneros and Bryan L. Goins (Eds.), *Body Temperature Regulation*. Nova Science Publishers, Inc. Hauppauge, New York, ISBN: 978-1-60741-282-3. pp. 25-64, 2009.

7. Articles published

* Graduate student or post-doctoral fellow authors

† Undergraduate student authors

1. Farra, S.D.*, **S.S. Cheung**, S.G. Thomas, I. Jacobs. Rate dependent influence of arterial desaturation on self-selected exercise intensity during cycling. *PLoS One*. 12(3):e0171119, doi: 10.1371/journal.pone.0171119, 2017.
2. Mallette, M.M.*, G.J. Hodges*, G.W. McGarr*, D.A. Gabriel, and **S.S. Cheung**. Spectral analysis of reflex cutaneous vasodilatation during passive heat stress. *Microvasc. Res.* 111(5):42-48, 2017.
3. Wallace, P.J.*, B.J. McKinlay, N.A. Coletta*, J.I. Vlaar*, M.J. Taber, P.M. Wilson, and **S.S. Cheung**. Effects of motivational self-talk on endurance and cognitive performance in the heat. *Med. Sci. Sports Exerc.* 49(1):191-199, 2017.
4. Tyler, C.J., T. Reeve, G.J. Hodges*, and **S.S. Cheung**. The effects of heat adaptation on physiology, perception, and exercise performance in the heat: a meta-analysis. *Sports Med.* 46(11):1699-1724, 2016.
5. Taber, M.J.*, G.L. Hartley*, G.W. McGarr*, D. Zaharieva†, F.A. Basset, Z. Hynes, F. Haman, B. Pinet, M.B. DuCharme, and **S.S. Cheung**. Cognitive performance during a 24-hour cold exposure survival simulation. *Biomed. Res. Int.* 8130731, 2016.
6. **Cheung, S.S.**, J.K.W. Lee, and J. Oksa. Thermal stress, human performance and physical employment standards. *Appl. Physiol. Nutr. Metabol.* 41(6 (Suppl. 2):S148-S164, 2016.
7. Hartley, G.L.*, C.L. Watson*, P.N. Ainslie, C.D. Tokuno, M.J. Greenway, David A. Gabriel, D.D. O'Leary, and **S.S. Cheung**. Corticospinal excitability is associated with hypocapnia but not changes in cerebral blood flow. *J. Physiol. (London)* 594:3423-3437, 2016.
8. Mallette, M.M.*, G.J. Hodges*, G.W. McGarr*, D.A. Gabriel, and **S.S. Cheung**. Investigating the roles of core and local temperature on forearm skin blood flow. *Microvasc. Res.* 106:88-95, 2016.

9. Haman, F., O. Mantha, **S.S. Cheung**, M. DuCharme, M.J. Taber*, D. Blondin, G.W. McGarr*, G.L. Hartley*, Z. Hynes, and F. Basset. Oxidative fuel selection and shivering thermogenesis during a 12 and 24h cold survival simulation. *J. Appl. Physiol.* 120:640-648, 2016.
10. Hodges, G.J.*, G.W. McGarr*, M.M. Mallette*, A.T. Del Pozzi, and **S.S. Cheung**. The contribution of sensory nerves to the onset threshold for cutaneous vasodilatation during gradual local skin heating of the forearm and leg. *Microvasc. Res.* 105:1-6, 2016.
11. Zhao, J., L. Lai, **S.S. Cheung**, S. Cui, N. An, W. Feng, and S. Lorenzo. Hot environments decrease exercise capacity and elevate multiple neurotransmitters. *Life Sci.* 141:74-80, 2015.
12. Hodges, G.J.*, A.T. Del Pozzi, G.W. McGarr*, M.M. Mallette*, and **S.S. Cheung**. The contribution of sensory nerves to cutaneous vasodilatation of the forearm and leg to local skin heating. *Eur. J. Appl. Physiol.* 115:2091-2098, 2015.
13. Wallace, P.J.*, A.T. Masbou†, S.R. Petersen, and **S.S. Cheung**. The effects of cranial cooling during recovery on subsequent uncompensable heat stress tolerance. *Appl. Physiol. Nutr. Metabol.* 40(8):811-816, 2015.
14. McGarr, G.W.*, G.J. Hodges*, and **S.S. Cheung**. An adjustable stabilizing device for imaging the cutaneous microcirculation with Sidestream Dark Field imaging. *Microvasc. Res.* 100:1-3, 2015.
15. **Cheung, S.S.**, G.W. McGarr*, M.M. Mallette*, P.J. Wallace*, C.L. Watson*, I.M. Kim†, and M.J. Greenway. The separate and combined effects of dehydration and thirst on exercise performance in the heat. *Scand. J. Med. Sci. Sport* 25(Suppl. 1): 104-111, 2015.
16. Tyler, C.J., T. Reeves, and **S.S. Cheung**. Cold-induced vasodilation during single digit immersion in 0°C and 8°C water in men and women. *PLOS-One* 10(4):e0122592, doi: 10.1371/journal.pone.0122592, 2015.
17. **Cheung, S.S.** Responses of the hands and feet to cold exposure. *Temperature* 2(1):105-120, 2015.
18. Montgomery, R.E.*, G.L. Hartley*, C.J. Tyler, and **S.S. Cheung**. Effect of segmental, localized lower limb cooling on dynamic balance. *Med. Sci. Sports Exerc.* 47(1):66-73, 2015.
19. Tyler, C.J., C. Sunderland, and **S.S. Cheung**. The effect of cooling prior to and during exercise on exercise performance and capacity in the heat: a meta-analysis. *Br. J. Sports Med.* 49(1):7-13, 2015.

20. Morrison, S.A.*, **S.S. Cheung**, and J.D. Cotter. Importance of airflow for physiologic and ergogenic effects of precooling. *J. Athl. Train.* 49(5):632-639, 2014.
21. **Cheung, S.S.**, N.E. Mutanen, H.M. Karinen, A.S. Koponen, H. Kyrolainen, H.O. Tikkanen, and J.E. Peltonen. Ventilatory chemosensitivity, cerebral and muscle oxygenation, and total hemoglobin mass before and after a 72-day Mt. Everest expedition. *High Alt. Med. Biol.* 15(3):331-340, 2014.
22. Morrison, S.A., **S.S. Cheung**, and J.D. Cotter. Bovine colostrum, training status and gastrointestinal permeability during exercise in the heat: A placebo-controlled double-blind study. *Appl. Physiol. Nutr. Metab.* 39(9):1070-1082, 2014.
23. Morrison, S.A.*, P.N. Ainslie, R.A.I. Lucas, **S.S. Cheung**, and J.D. Cotter. Compression garments and aerobic fitness do not alter cerebrovascular responses to orthostatic stress after passive heat. *Scand. J. Med. Sci. Sports* 24(2):291-300, 2014.
24. Gagnon, D.D., H. Rintamäki, S.S. Gagnon, J. Oksa, K. Porvari, **S.S. Cheung**, K-H. Herzig, and H. Kyröläinen. Fuel selection during short-term submaximal treadmill exercise in the cold is not affected by pre-exercise low-intensity shivering. *Appl. Physiol. Nutr. Metab.* 39(3):282-291, 2014.
25. McGarr, G.W.*, G.L. Hartley*, and **S.S. Cheung**. Neither short-term sprint nor endurance training enhances thermal response to exercise in a hot environment. *J. Occup. Environ. Hyg.* 11(1):47-53, 2014.
26. Hasegawa, H. and **S.S. Cheung**. Hyperthermia effects on brain function and exercise capacity. *J. Phys. Fitness Sports Med.* 2: 429-438, 2013.
27. Bain, A.R., K.J. Smith, N.C. Lewis, G.E. Foster, K.W. Wildthong, C.K. Willie, G.L. Hartley*, **S.S. Cheung**, and P.N. Ainslie. Regional changes in brain blood flow during severe passive hyperthermia; the effects of P_aCO₂ and extra-cranial blood flow. *J. Appl. Physiol.* 115(5):653-659, 2013.
28. McLellan, T.M., H.A.M. Daanen, and **S.S. Cheung**. Encapsulated Environment. *Comprehensive Physiol.* 3(3):1363-1391, 2013.
29. Carrillo, A.E.*, **S.S. Cheung**, and A.D. Flouris*. Autonomic nervous system modulation during accidental syncope induced by heat and orthostatic stress. *Aviat. Space Environ. Med.* 84(7):722-725, 2013.
30. Morrison, S.A.*, **S.S. Cheung**, R.D. Hurst, and J.D. Cotter. Cognitive function and blood-brain barrier permeability during

- exercise in the heat: effect of fitness and bovine colostrum supplementation. *J. Thermal Biol.* 38(7):374-383, 2013.
31. Gagnon, D.D., H. Rintamäki, S. Gagnon, **S.S. Cheung**, K-H. Herzig, K. Porvari, and H. Kyröläinen. Cold exposure enhances fat utilization but not non-esterified fatty acids, glycerol or catecholamines availability during submaximal walking and running. *Frontiers Physiol.* 4:99 doi: 10.3389/fphys.2013.00099, 2013.
 32. De Pauw, K., B. Roelands, **S.S. Cheung**, B. de Geus, G. Rietjens, and R. Meeusen. Guidelines to classify subject groups in sport science research. *Int. J. Sports Physiol. Performance* 8(2):111-122, 2013.
 33. Hartley, G.L.* and **S.S. Cheung**. Freely chosen cadence during a covert manipulation of ambient temperature. *Motor Control* 17(1):34-47, 2013.
 34. Tonoli, C., E. Heyman, B. Roelands, L. Buyse, **S.S. Cheung**, S. Berthoin, and R. Meeusen. Effects of different types of acute and chronic training exercise on glycaemic control in Type 1 Diabetes – A meta-analysis. *Sports Med.* 42(12):1059-1080, 2012.
 35. Daanen, H.A.M., J. Koedam, and **S.S. Cheung**. Trainability of cold-induced vasodilatation in the fingers and toes. *Eur. J. Appl. Physiol.* 112(7):2595-2601, 2012.
 36. Hartley, G.L.*, A.D. Flouris, M.J. Plyley, and **S.S. Cheung**. The effect of a covert manipulation of ambient temperature on heat storage and voluntary exercise intensity. *Physiol. Behav.* 105(5):1194-1201, 2012.
 37. **Cheung, S.S.** and H.A.M. Daanen. Dynamic adaptation of the peripheral circulation to cold exposure. *Microcirculation.* 19(1):65-77, 2012.
 38. Carrillo, A.E.*, **S.S. Cheung**, and A.D. Flouris*. A novel model to predict cutaneous blood flow via finger and rectal temperatures. *Microcirculation* 18(8):670-676, 2011.
 39. Taber, M.J.*, N.F. Dies*, and **S.S. Cheung**. The effect of transportation suit induced heat stress on helicopter underwater escape preparation and task performance. *Appl. Ergo.* 42(6):883-889, 2011.
 40. Basset, F.A., F. Cahill, G. Handrigan, M.B. DuCharme, and **S.S. Cheung**. The effect of lower body cooling on the changes in three core temperature indices. *Physiol. Meas.* 32(4):385-394, 2011.
 41. Flouris, A.D.* and **S.S. Cheung**. Thermal basis of finger blood flow adaptations during abrupt perturbations in thermal homeostasis. *Microcirculation* 18(1):56-62, 2011.

42. Reynolds, L.F.*, C. Short, D.A. Westwood, and **S.S. Cheung**. Head pre-cooling improves symptoms of heat-sensitive Multiple Sclerosis patients. *Can. J. Neurol. Sci.* 38(1):106-111, 2011.
43. Grantham, J. **S.S. Cheung**, P. Connes, M.A. Febbraio, N. Gaoua, J. Gonzalez-Alonso, O. Hue, J.M. Johnson, R.J. Maughan, R. Meeusen, L. Nybo, S. Racinais, B. Saltin, S.M. Shirreffs, and J. Dvorak. Current knowledge on playing football in hot environments – FIFA Position Statement. *Scand. J. Med. Science Sports* 20(Suppl. 3):161-167, 2010.
44. **Cheung, S.S.** Interconnections between thermal perception and exercise capacity in the heat. *Scand. J. Med. Science Sports* 20(Suppl. 3):53-59, 2010.
45. **Cheung, S.S.**, T.M. McLellan, and S.R. Petersen. Physiological strain and countermeasures with firefighting. *Scand. J. Med. Science Sports* 20(Suppl. 3):103-116, 2010.
46. Flouris, A.D.* and **S.S. Cheung**. Validity of tympanic and exhaled breath temperature for core temperature measurement. *Physiol. Meas.* 31(5):35-42, 2010.
47. Flouris, A.D.* and **S.S. Cheung**. Thermometry and calorimetry assessment of sweat response during exercise in the heat. *Eur. J. Appl. Physiol.* 108(5):905-911, 2010.
48. Mak, L., A. Kuczora, M.B. DuCharme, B. Farnworth, J. Boone, R. Brown, K-A Evely, F.A. Basset, S. MacKinnon, and **S.S. Cheung**. Experimental study and modelling of thermal protection in liferaft using a thermal manikin and human subjects. *Proceedings of 28th International Conference on Ocean, Offshore and Arctic Engineering*, 2009.
49. Flouris, A.D.* and **S.S. Cheung**. Influence of thermal balance on cold-induced vasodilation. *J. Appl. Physiol.* 106:1264-1271, 2009.
50. Flouris, A.D.* and **S.S. Cheung**. Human conscious response to thermal input is adjusted to changes in mean body temperature. *Br. J. Sports Med.* 43:199-203, 2009.
51. Morrison, S.A.*, G.G. Sleivert, J.P. Neary, and **S.S. Cheung**. Prefrontal cortex oxygenation is preserved and does not contribute to impaired neuromuscular activation during passive hyperthermia. *Appl. Physiol. Nutr. Metab.* 34:66-74, 2009.
52. Carrillo, A.E.*, R.J.L. Murphy, and **S.S. Cheung**. Vitamin C supplementation and salivary immune function following exercise-heat stress. *Int. J. Sports Physiol. Perform.* 3:516-530, 2008.
53. Flouris, A.D.*, D.A. Westwood, I.B. Mekjavic, and **S.S. Cheung**. Effect of body temperature on cold induced vasodilation. *Eur. J. Appl. Physiol.* 104:491-499, 2008.

54. **Cheung, S.S.** Neuromuscular responses to exercise heat stress. *Med. Sport Sci.* 53:39-60, 2008.
55. Felicijan, A., P. Golja, M. Milcinski, **S.S. Cheung**, and I.B. Mekjavic. Enhancement of cold-induced vasodilatation following acclimatisation to altitude. *Eur. J. Appl. Physiol.* 104:201-206, 2008.
56. Mekjavic, I.B., U. Dobnikar, S.N. Kounalakis, B. Musizza, and **S.S. Cheung**. The trainability and contralateral response of cold-induced vasodilatation in the fingers following repeated cold exposure. *Eur. J. Appl. Physiol.* 104:193-199, 2008.
57. **Cheung, S.S.**, L.F. Reynolds*, M.A.B. Macdonald†, C.L. Tweedie†, R.L. Urquhart*, and D.A. Westwood. Effects of local and core body temperature on grip force modulation during movement-induced load force fluctuations. *Eur. J. Appl. Physiol.* 103:59-69, 2008.
58. Reynolds, L.F.* , I.B. Mekjavic, and **S.S. Cheung**. Cold-induced vasodilatation in the foot is not homogenous or trainable over repeated cold exposure. *Eur. J. Appl. Physiol.* 102:73-78, 2007.
59. **Cheung, S.S.** Neuropsychological determinants of exercise tolerance in the heat. *Prog. Brain Res.* 162:45-60, 2007.
60. Payne, J.* and **S.S. Cheung**. Isolated core vs. superficial cooling effects on virtual maze navigation. *Aviat. Space Environ. Med.* 78:680-5, 2007.
61. Flouris, A.D.* , D.A. Westwood, and **S.S. Cheung**. Thermal balance effects on vigilance during 2-hour exposures to -20°C. *Aviat. Space Environ. Med.* 78:673-9, 2007.
62. **Cheung, S.S.** Hyperthermia and voluntary exhaustion: integrating models and future challenges. *Appl. Physiol. Nutr. Metab.* 32:808-17, 2007.
63. **Cheung, S.S.** and I.B. Mekjavic. Cold-induced vasodilatation is not homogenous or generalizable across the hand and feet. *Eur. J. Appl. Physiol.* 99:701-705, 2007.
64. **Cheung, S.S.**, D.A. Westwood, and M.K. Knox†. Mild body cooling impairs attention via distraction from skin cooling. *Ergonomics.* 50:275-288, 2007.
65. Morrison, S.A.* , G.G. Sleivert, and **S.S. Cheung**. Aerobic influence on neuromuscular function and tolerance during passive hyperthermia. *Med. Sci. Sports Exerc.* 38:1754-1761, 2006.
66. Flouris, A.D.* , **S.S. Cheung**, J.R. Fowles, L.D. Kruisselbrink, D. A. Westwood, A.E. Carrillo* and, R.J.L. Murphy. Influence of

- body heat content on hand function during prolonged cold exposures. *J. Appl. Physiol.* 101:802-808, 2006.
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 75. **Cheung, S.S.** and A.M. Robinson†. Wingate sprinting performance in temperate environments after upper body pre-cooling. *J. Sport Sci.* 22:605-612, 2004.
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85. McLellan, T.M., **S.S. Cheung**, W.A. Latzka, M.N. Sawka, K.B. Pandolf, C.E. Millard, and W.R. Withey. Effects of dehydration, hypohydration and hyperhydration on tolerance during uncompensable heat stress. *Can. J. Appl. Physiol.* 24: 349-361, 1999.
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8. Commentaries

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5. Morrison, S.A.*, G.G. Sleivert, J.P. Neary, and **S.S. Cheung**. Prefrontal cortex oxygenation is preserved and does not contribute to impaired neuromuscular activation during passive hyperthermia. *CSEP Communique* June 2, 2009 (<http://www.csep.ca/english/view.asp?x=724&id=133>).
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8. **Cheung, S.S.** and A.D. Flouris*. Maximal oxygen uptake as a behavioral mechanism. *J. Appl. Physiol.* 106:345, 2009.

9. Technical Reports

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- Natural Science and Engineering Research Council – Engage (EGP2 490663-15), 2016.
2. **Cheung, S.S.** Factors affecting survival in the cold on an intoxicated individual. Foster Townsend Graham & Associates LLP. Expert witness report, 2015.
 3. **Cheung, S.S.**, M.M. Mallette*, N. Coletta*, and T. Tharmaratnam*. Modeling of water vapour pressure across clothing layers during exercise in a hot environment. Natural Science and Engineering Research Council – Engage Plus (EGP2 461858-13), 2015.
 4. **Cheung, S.S.**, M.M. Mallette*, and A.T. Masbou*. Thermal characteristics of female cycling clothing across a range of environmental conditions. Contract technical report to Pearl iZUMi, 2014.
 5. **Cheung, S.S.**, T. Zwaan*, and I. Broekhuijzen*. Thermal performance of Pearl iZUMi clothing ensembles from -10 to 20°C. Contract technical report to Pearl iZUMi, 2013.
 6. **Cheung, S.S.**, Thermoregulation and clothing. Contract technical report to Arc'teryx, 2013. (Arc'teryx is a Vancouver-based manufacturer of high-end outdoor technical clothing)
 7. Morrison, S.A.*, **S.S. Cheung**, G.L. Hartley*, and J.D. Cotter. Accuracy of measurement: thermometry vs partitioned calorimetry to determine precooling effectiveness during cycling in the heat. Institute Jozef Stefan Report 10926, ISBN 978-961-264-038-5, 2012.
 8. **Cheung, S.S.** Modeling of water vapour transport across clothing layers during exercise in cold environments, Natural Science and Engineering Research Council – Engage (EGP 402922-10), 2011.
 9. **Cheung, S.S.**, G.A. Selkirk, T.M. McLellan, and T. Metcalfe. Physiological and psychological strain of firefighters during emergency response scenarios: field validation of the Toronto Heat Study. Workplace Safety & Insurance Board (WSIB #09117), 2011.
 10. **Cheung, S.S.** The effects a 24 hour Arctic survival simulation on human physiology and cognitive function. National Research Council – Institute for Ocean Technologies, Solicitation #31234-094495/A, 2010.
 11. Mak, L., A. Kuczora, M.B. DuCharme, B. Farnworth, J. Boone, R. Brown, K-A Evely, F.A. Basset, S. MacKinnon, and **S.S. Cheung**. Thermal protection in liferafts: assessment of occupant heat balance and development of performance criteria. Transport Canada and the National Search & Rescue Secretariat, 2009.

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13. Co-author, Solar System Exploration Design Project. International Space University Press, Strasbourg, 1994.

10. Manuscripts in Progress

1. **Cheung, S.S.** Introduction to Exercise Physiology e-course. Pearson Canada. Proposal accepted March 28, 2013. ***This is a proposal for a completely on-line, “next-generation” resource to supplant the established printed textbooks used in these large courses. Planned full publication fall 2017.**

11. Conference Proceedings (peer-reviewed)

1. Wallace, P.J.*, B.J. McKinlay, N.A. Coletta*, J.I. Vlaar*, M.J. Taber, P.M. Wilson, and **S.S. Cheung**. The synergistic effects of a motivational self-talk intervention on endurance capacity and executive function in the heat. Canadian Society for Exercise Physiology annual meeting, Hamilton, Canada, 2015.
2. Hodges, G.J.*, G.W. McGarr*, M.M. Mallette*, A.T. Del Pozzi, and **S.S. Cheung**. The contribution of sensory nerves to the threshold of cutaneous vasodilatation in response to local skin heating. Canadian Society for Exercise Physiology annual meeting, Hamilton, Canada, 2015.
3. Mallette, M.M.*, G.J. Hodges*, G.W. McGarr*, D.A. Gabriel, and **S.S. Cheung**. Examining the role of core and local temperature on forearm skin blood flow. Canadian Society for Exercise Physiology annual meeting, Hamilton, Canada, 2015.
4. **Cheung, S.S.**, P.J. Wallace*, A. Masbou, and S.R. Petersen. Cranial cooling during firefighting recovery effects on physiological and perceptual strain. International Conference on Environmental Ergonomics, Portsmouth, United Kingdom, 2015.
5. Mallette, M.M.*, G.J. Hodges*, A.T. Del Pozzi, G.W. McGarr*, and **S.S. Cheung**. The contribution of sensory nerves to cutaneous vasodilatation of the forearm and leg to local skin warming. International Conference on Environmental Ergonomics, Portsmouth, United Kingdom, 2015.
6. Hartley, G.L.*, C.L. Watson*, P.N. Ainslie, M.J. Greenway, and **S.S. Cheung**. Neuromuscular fatigue during hypoxia is mediated

- by the hypoxic ventilatory response. International Conference on Environmental Ergonomics, Portsmouth, United Kingdom, 2015.
7. Tyler, C.J., T. Reeve, G.J. Hodges, and **S.S. Cheung**. The effect of heat acclimation or acclimatisation on physiological markers of heat adaptation: preliminary meta-analysis data. International Conference on Environmental Ergonomics, Portsmouth, United Kingdom, 2015.
 8. Reeve, T., G.J. Hodges, **S.S. Cheung**, and C.J. Tyler. The effect of heat acclimation or acclimatisation on exercise performance and capacity in the heat: preliminary meta-analysis data. International Conference on Environmental Ergonomics, Portsmouth, United Kingdom, 2015.
 9. Hartley, G.L.*, C.L. Watson*, M.J. Greenway, P.N. Ainslie, and **S.S. Cheung**. Delineating the role of cerebral blood flow and hypocapnia on neuromuscular function. American College of Sports Medicine, San Diego, USA, 2015.
 10. Sherman, R.A., M.L. Abeare, S.C. Orr, and **S.S. Cheung**. Hand and forearm, but not neck cooling, reduces thermophysiological and perceptual strain following passive hyperthermia. American College of Sports Medicine, San Diego, USA, 2015.
 11. Orr, S.C., M.L. Abeare, R.A. Sherman, and **S.S. Cheung**. Cognitive and motor skill performance are improved by active cooling following passive hyperthermia. American College of Sports Medicine, San Diego, USA, 2015.
 12. Wallace, P.J.*, McGarr, G.W.*, Mallette, M.M.*, Kim, I.M.†, Greenway, M.J., and **S.S. Cheung**. The separate and synergistic effects of hydration and thirst on exercise performance in the heat. European College of Sport Sciences, Amsterdam, the Netherlands, 2014.
 13. **Cheung, S.S.**, Selkirk, G.A.*, Rhind, S.G., McGarr, G.W.*, Taber, M.J.*, Hartley, G.L.*, Basset, F.A., Haman, F., Pinet, B.M., and M.B. DuCharme. Metabolic responses during a prolonged 24-hour cold exposure and the effects of subsequent physical exertion. Canadian Society for Exercise Physiology, Toronto, Canada, 2013.
 14. Selkirk, G.A.*, McGarr, G.W.*, Taber, M.J.*, Hartley, G.L.*, Basset, F.A., Haman, F., Pinet, B.M., DuCharme, M.B., Rhind, S.G., and **S.S. Cheung**. Circulating Th1/Th2 cytokine responses during moderate exercise before and after a prolonged cold exposure. Canadian Society for Exercise Physiology, Toronto, Canada, 2013.
 15. Shiu, M.Y., Selkirk, G.A.*, Rhind, S.G., McGarr, G.W.*, Taber, M.J.*, Hartley, G.L.*, Basset, F.A., Haman, F., Pinet, B.M., DuCharme, M.B., and **S.S. Cheung**. Differential gene expression

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16. Scarlett, M.P., **S.S. Cheung**, M.K. Stickland, and S.R. Petersen. The effect of cranial cooling during uncompensable heat stress in fire protective ensemble. Canadian Society for Exercise Physiology, Toronto, Canada, 2013.
 17. **Cheung, S.S.**, R.E. Montgomery*, G.L. Hartley*, and M.J. Taber*. Water vapour transport through clothing during exercise and rest in the cold. International Conference on Environmental Ergonomics, Queenstown, New Zealand, 2013.
 18. Hartley, G.L.* and **S.S. Cheung**. No circadian changes in heat storage and muscle temperature during intermittent high intensity exercise. International Conference on Environmental Ergonomics, Queenstown, New Zealand, 2013.
 19. Daanen, H.A.M., G. Havenith, M. Buhler, A.W. Wypkema, and **S.S. Cheung**. Endothermic salts integrated in impermeable suits do not reduce heat strain during exercise. International Conference on Environmental Ergonomics, Queenstown, New Zealand, 2013.
 20. Daanen, H.A.M. and **S.S. Cheung**. Historic developments and future challenges in applied thermal physiology. International Conference on Environmental Ergonomics, Queenstown, New Zealand, 2013.
 21. **Cheung, S.S.**, N.E. Mutanen, H.M. Karinen, A.S. Koponen, H. Kyrolainen, H.O. Tikkanen, and J.E. Peltonen. Total Haemoglobin mass, cardiorespiratory, and cerebral and muscle oxygenation before and after a two-month Mt. Everest expedition. European College of Sport Sciences, Brugge, Belgium, 2012.
 22. Pinet, B.M., Z. Hynes, F.A. Basset, G.W. McGarr, G.L. Hartley, M.J. Taber, M.B. DuCharme, **S.S. Cheung**, and F. Haman. Thermogenesis and oxidative fuel selection during a 24h Arctic survival simulation. Recent Advances and Controversies in Measuring Energy Metabolism meeting. Maastricht, The Netherlands, 2011.
 23. **Cheung, S.S.**, G.L. Hartley, G.W. McGarr, D. Zaharieva, and M.J. Taber. Case study: long-term cold exposure and cognitive performance. International Conference on Environmental Ergonomics, Nafplio, Greece, 2011.
 24. **Cheung, S.S.**, G.L. Hartley, D. Zaharieva, and M.J. Taber. The effect of prolonged cold exposure on neuromuscular function of the forearm. International Conference on Environmental Ergonomics, Nafplio, Greece, 2011.

25. Carrillo, A.E., **S.S. Cheung**, and A.D. Flouris. A novel model to predict cutaneous blood flow through finger skin temperature. International Conference on Environmental Ergonomics, Nafplio, Greece, 2011.
26. Carrillo, A.E., **S.S. Cheung**, and A.D. Flouris. Heart rate variability during neutrally mediated syncope induced by heat stress. International Conference on Environmental Ergonomics, Nafplio, Greece, 2011.
27. Gorjanc, J., **S.S. Cheung**, M. Milinski, and I.B. Mekjavic. Cold-induced vasodilatation as an index of susceptibility to cold injury. International Conference on Environmental Ergonomics, Nafplio, Greece, 2011.
28. Morrison, S.A., **S.S. Cheung**, P. Ainslie, and J.D. Cotter. Influence of heat stress, fitness and compression garments on orthostatic hypotension. International Conference on Environmental Ergonomics, Nafplio, Greece, 2011.
29. Morrison, S.A., P. Ainslie, **S.S. Cheung**, and J.D. Cotter. Effect of exercise, training status & bovine colostrum supplementation on gastrointestinal permeability. International Conference on Environmental Ergonomics, Nafplio, Greece, 2011.
30. Daanen, H.A.M., J. Koedam, and **S.S. Cheung**. Trainability of cold-induced vasodilatation in the fingers and toes. International Conference on Environmental Ergonomics, Nafplio, Greece, 2011.
31. Zouros, N.L.*, G.A. Selkirk*, T.M. McLellan, and **S.S. Cheung**. Comparison of the physiological and perceptual strain indices in firefighters during real-life emergency incidents. American College of Sports Medicine conference, San Francisco, USA, 2011.
32. Hartley, G.L.* and **S.S. Cheung**. Freely chosen cadence during a secret manipulation of inspired oxygen content and ambient temperature. Canadian Society for Psychomotor Learning and Sport Psychology, Ottawa, Canada, 2010.
33. McGarr, G.W.*, G.L. Hartley*, and **S.S. Cheung**. Comparison of sprint interval versus endurance training on thermoregulatory responses to exercise in the heat. Canadian Society for Exercise Physiology conference, Toronto, Canada, 2010.
34. Zouros, N.L.*, N.F. Dies*, J.D. Vescovi, P. Klentrou, and **S.S. Cheung**. Effects of the menstrual cycle and monophasic contraceptive use on thermoeffector thresholds. Canadian Society for Exercise Physiology conference, Toronto, Canada, 2010.
35. **Cheung, S.S.**, G.L. Hartley*, G.W. McGarr*, M.L. Smith*, and A.D. Flouris. Does a secret manipulation of inspired oxygen

- content alter voluntary exercise intensity? American College of Sports Medicine conference, Baltimore, USA, 2010.
36. Hartley, G.L.*, A.D. Flouris, G.W. McGarr*, M.J. Plyley, and **S.S. Cheung**. The effect of a secret manipulation of ambient temperature on heat storage and voluntary exercise intensity. American College of Sports Medicine conference, Baltimore, USA, 2010.
 37. Flouris, A.D.* and **S.S. Cheung**. Performance of the temperature regulation and heat regulation models during abrupt anomalies in thermal homeostasis. Exercise in Hot Environments: From Basic Concepts to Field Applications. ASPETAR, Doha, Qatar, 2009.
 38. Taber, M.J.*, N.F. Dies*, R. McLeod†, and **S.S. Cheung**. Underwater helicopter escape procedures not impaired by immersion suit heat stress. Canadian Society for Psychomotor Learning and Sport Psychology conference, Toronto, Canada, 2009.
 39. Kilburn, S.M.* and **S.S. Cheung**. The reliability of an isometric test based on constant perception of effort. American College of Sports Medicine conference, Seattle, USA, 2009.
 40. Reynolds, L.F.*, **S.S. Cheung**, C.A. Short, and D.A. Westwood. Can head and neck cooling improve symptoms of multiple sclerosis? Multiple Sclerosis conference, Montreal, Canada, 2008.
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 42. Flouris A.D.* and **S.S. Cheung**. Functional architecture of human thermoregulation under increasing levels of exercise in the heat. Annual Congress of the European College of Sports Science. July 9-12, Estoril, Portugal. Conference Proceedings, pp. 267-8, 2008.
 43. **Cheung, S.S.**, L.F. Reynolds*, C.L. Tweedie†, R.L. Gillingham, and D.A. Westwood. Body temperature does not influence neural control in a cyclical load-lifting task in the cold. International Conference on Environmental Ergonomics, Potoroz, Slovenia, 2007.
 44. Reynolds, L.F.* and **S.S. Cheung**. Decoupling physiological responses to pre-cooling from perceptual sensations. International Conference on Environmental Ergonomics, Potoroz, Slovenia, 2007.

45. Flouris, A.D.* and **S.S. Cheung**. Performance of the temperature and heat regulation models in repetitive water immersion. International Conference on Environmental Ergonomics, Potoroz, Slovenia, 2007.
46. Morrison, S.A., **S.S. Cheung**, P.N. Ainslie, and J.D. Cotter. Maintained cognitive function during exercise in the heat in both highly trained and moderately trained humans. International Conference on Environmental Ergonomics, Potoroz, Slovenia, 2007.
47. Felicijan, A., P. Golja, M. Milcinski, **S.S. Cheung**, and I.B. Mekjavic. Enhancement of cold-induced vasodilatation following acclimatisation to altitude. International Conference on Environmental Ergonomics, Potoroz, Slovenia, 2007.
48. Dobnikar, U., S.N. Kounalakis, B. Musizza, **S.S. Cheung**, and I.B. Mekjavic. The trainability and contralateral response of cold-induced vasodilatation in the fingers following repeated cold exposure. International Conference on Environmental Ergonomics, Potoroz, Slovenia, 2007.
49. Flouris, A.D.*, D.A. Westwood, and **S.S. Cheung**. Influence of thermal body state on vigilance during prolonged cold exposures. Canadian Society for Exercise Physiology conference, Halifax, Canada, 2006.
50. Carrillo, A.E.*, R.J.L. Murphy, J.O. Totosty de Zepetnek†, and **S.S. Cheung**. Influence of acute and short term vitamin C supplementation on salivary immune factors following exercise-heat stress. Canadian Society for Exercise Physiology conference, Halifax, Canada, 2006.
51. **Cheung, S.S.**, D.A. Westwood, and M. MacDonald†. Hand cooling influence on grip force scaling and synchronicity during movement-induced load force fluctuations. Canadian Society for Exercise Physiology conference, Halifax, Canada, 2006.
52. Dixon, S.J., M.F. Harrison, K.A. Seaman, **S.S. Cheung**, and J.P. Neary. Physiological responses to training using PowerCrank on trained cyclists. Canadian Society for Exercise Physiology conference, Halifax, Canada, 2006.
53. Neary, J.P., K. Seaman, M.F. Harrison, S. Dixon, **S.S. Cheung**. Central and peripheral contributions to neuromuscular characteristics following VO_{2max} . Canadian Society for Exercise Physiology conference, Halifax, Canada, 2006.
54. Mekjavic, I.B., U. Dobnikar, S. Kounalakis, B. Musizza, and **S.S. Cheung**. Trainability of cold-induced vasodilatation: prevention of non-freezing cold injury of hands. European Underwater and Baromedical Society Meeting, Bergen, Norway, 2006.

55. **Cheung, S.S.** and A.D. Flouris*. Behavioral thermoregulation in cold environments is adjusted to changes in body heat content. Second International Meeting on the Physiology and Pharmacology of Temperature Regulation. Phoenix, USA, 2006.
56. Flouris, A.D.*, **S.S. Cheung**, and I.B. Mekjavic. Cold-induced vasodilatation may regulate body heat content rather than protect extremity integrity. Second International Meeting on the Physiology and Pharmacology of Temperature Regulation. Phoenix, USA, 2006.
57. Carrillo, A.E.*, A.D. Flouris*, **S.S. Cheung**, J.R. Fowles, D.A. Westwood, L.D. Kruisselbrink, R.J.L. Murphy. Influence of added body heat before or during cold exposure on finger temperature and manual function. Second International Meeting on the Physiology and Pharmacology of Temperature Regulation. Phoenix, USA, 2006.
58. Reynolds, L.F.*, **S.S. Cheung**, A.E. Carrillo*, and I.B. Mekjavic. No trainability or spatial homogeneity of the cold-induced vasodilatation response in the foot. Second International Meeting on the Physiology and Pharmacology of Temperature Regulation. Phoenix, USA, 2006.
59. **Cheung, S.S.**, I.B. Mekjavic. Cold-induced vasodilatation is due to a local mechanism and is not a generalized response across digits or limbs. Canadian Society for Exercise Physiology conference, Gatineau, Canada, 2005.
60. Thomas, M.M.*, **S.S. Cheung**, G.E. Elder, G.G. Sleivert. Voluntary muscle activation is impaired by central hyperthermia independent of local muscle temperature. Canadian Society for Exercise Physiology conference, Gatineau, Canada, 2005.
61. Flouris, A.D.*, **S.S. Cheung**, D.A. Westwood, R. Murphy, J. Fowles, D. Kruisselbrink. Effects of pre-heating on manual dexterity and neuromuscular function of the hands during cold exposure. Canadian Society for Exercise Physiology conference, Gatineau, Canada, 2005.
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63. Mekjavic, I.B., **S.S. Cheung**. Role of manikins in the development of textiles, clothing and protective equipment. Fifth World Textile Conference AUTEX 2005, Potoroz, Slovenia, 2005.
64. White, M.D., J.J. Jennings, **S.S. Cheung**. Recognition memory plus cognitive and psychomotor performance across gender while

- breathing 30% normoxic nitrous oxide. Undersea Hyperbaric Medicine Society, Las Vegas, USA, 2005.
65. Johnson, E.A.*, G.G. Sleivert, **S.S. Cheung**, and H. Wenger. Pre-cooling decreases physiological strain during steady-state rowing and enhances self-paced performance in elite rowers. American College of Sports Medicine, Nashville, USA, 2005.
 66. Morrison, S.A.*, G.G. Sleivert, L.Johnson*, T. Bernhardt, **S.S. Cheung**, and J.P.Neary. Cerebral oxygenation, central drive and force output changes during passive heating and cooling. American College of Sports Medicine, Nashville, USA, 2005.
 67. Wright, H.E.* and **S.S. Cheung**. Comparison of cranial/neck and inhalation rewarming from mild hypothermia. Canadian Society for Exercise Physiology Conference, Saskatoon, Canada, 2004.
 68. Geurts, C.L.M.*, **S.S. Cheung**, and G.G. Sleivert. Effect of core temperature during cold water immersion on neuromuscular function of the hand. Canadian Society for Exercise Physiology Conference, Saskatoon, Canada, 2004.
 69. Geurts, C.L.M.*, G.G. Sleivert, and **S.S. Cheung**. Cardiovascular and temperature responses during manual work in cold weather. Canadian Society for Exercise Physiology Conference, Saskatoon, Canada, 2004.
 70. **Cheung, S.S.**, D.A. Westwood, and M.K. Knox†. Mild body cooling does not impair specific aspects of spatial attention. Aerospace Medical Association Annual Meeting, Anchorage, USA, 2004.
 71. Geurts-Cole, C.L.M.*, G.G. Sleivert, and **S.S. Cheung**. Effect of repeated cold water immersion of the hand on temperature response and neuromuscular function of the hand Aerospace Medical Association Annual Meeting, Anchorage, USA, 2004.
 72. Morrison, S.A.*, G.G. Sleivert, and **S.S. Cheung**. The Influence of Aerobic Fitness on Motor Unit Activation (MUA) and Isometric Maximum Voluntary Contraction (MVC) during Hyperthermia. Canadian Society for Exercise Physiology Conference, St. Catharines, Canada, 2003.
 73. Wright, H.E.* and **S.S. Cheung**. Equalizing heat input in two regions with liquid conditioning garments. Canadian Society for Exercise Physiology Conference, St. Catharines, Canada, 2003.
 74. **Cheung, S.S.** and G.G. Sleivert. Passive Hyperthermia Effects on Isokinetic Maximal Force Production. Canadian Society for Exercise Physiology Conference, St. Catharines, Canada, 2003.

75. **Cheung, S.S.** Wingate sprinting performance in temperate environments following upper-body pre-cooling. American College of Sports Medicine, San Francisco, USA, 2003.
76. Morrison, S.A.*, **S.S. Cheung**, G.G. Sleivert. The effects of passive hyperthermia on motor unit activation in men. American College of Sports Medicine, San Francisco, USA, 2003.
77. Morrison, S.A.*, **S.S. Cheung**, G.G. Sleivert. The influence of core and skin temperature on motor unit activation in men. The 14th IAA (International Aeronautics Association), Banff, Canada, 2003.
78. White, M.D., M.E.S. Powell, J.T. Power, **S.S. Cheung**, and J.D. Pope. Limited acclimation of the upper human limb to repeated cold water immersion. Canadian Physiological Society Winter Meeting, Quebec City, Canada, 2003.
79. **Cheung, S.S.** Critical internal temperature hypothesis: history and implications. Canadian Society for Exercise Physiology Conference, St. John's, Canada, 2002.
80. **Cheung, S.S.**, M.L. Smith†, M.D. White, and D. Behm. Effects of apneic facial immersion training on short-term cold-water immersion. Canadian Society for Exercise Physiology Conference, St. John's, Canada, 2002.
81. M.X. Richardson*, **Cheung, S.S.**, and M.D. White. Event related potential analysis of a continuous performance task during whole body cooling. Canadian Society for Exercise Physiology Conference, St. John's, Canada, October 2002.
82. D.L. Montie†, **Cheung, S.S.**, M.D. White, and D. Behm. Time course of manual impairment during cold-water immersion. Canadian Society for Exercise Physiology Conference, St. John's, Canada, 2002.
83. Bradbury, E.E., M.D. White, J.T. Power, J.D. Pope, L. Petrie, and **S.S. Cheung**. Dive responses in unacclimated women with warm water face immersion. Canadian Society for Exercise Physiology Conference, St. John's, Canada, October 2002.
84. Hall, A.M., M.D. White, J. Jennings, D. Martin, **S.S. Cheung**, and D. Behm. Core temperature thresholds for ventilation during exercise with 30% nitrous oxide inhalation. Canadian Society for Exercise Physiology Conference, St. John's, Canada, October 2002.
85. Powell, M., M.D. White, J.T. Power, J.D. Pope, **S.S. Cheung**, and D. Behm. Gender comparison of manual dexterity during upper limb cooling. Canadian Society for Exercise Physiology Conference, St. John's, Canada, October 2002.

86. White, M.D., J.T. Power, E.E. Bradbury, J.D. Pope, and **S.S. Cheung**. Maximum breath hold time during face immersion across gender and water temperatures from 0 to 20°C. European Undersea and Baromedical Society Conference, Brugge, Belgium, 2002.
87. White, M.D., J.D. Pope, J.T. Power, E.E. Bradbury, and **S.S. Cheung**. Heart rate responses during face immersion across gender and water temperatures from 5 to 20°C. European Undersea and Baromedical Society Conference, Brugge, Belgium, 2002.
88. **Cheung, S.S.**, C. Brideau†, M.X. Richardson*, and L.J. Thornley*. Development of a novel thermal control suit for human thermoregulation and environmental ergonomic studies. International Thermal Physiology Symposium, Wollongong, Australia, 2001.
89. **Cheung, S.S.** and D.H. Sweeney†. The influence of attachment method and clothing on skin temperature sensor accuracy. American College of Sports Medicine Meeting, Baltimore, U.S.A., 2001.
90. **Cheung, S.S.**, N.J. d'Eon†, and C.J. Brooks. Inadequate breath-hold capacity in marine helicopter passengers. Canadian Society of Exercise Physiology Meeting, Canmore, Canada, 2000.
91. **Cheung, S.S.**, J. Kozey, and J. McCabe. The development of a multi-zone water-perfused suit for use in thermophysiology studies. Canadian Society of Exercise Physiology Meeting, Toronto, Canada, 1999.
92. **Cheung, S.S.** and T.M. McLellan. Influence of aerobic fitness and physical characteristics on response to uncompensable heat stress. American College of Sports Medicine Meeting, Seattle, U.S.A., 1999.
93. McLellan, T.M. and **S.S. Cheung**. Comparison of short-term aerobic training and high maximal aerobic power on tolerance to uncompensable heat stress. In: *International Conference for Environmental Ergonomics Proceedings*, San Diego, U.S.A., October 1998.
94. **Cheung, S.S.** and T.M. McLellan. Influence of aerobic fitness, short-term heat acclimation, and hydration status on tolerance during uncompensable heat stress. Canadian Society of Exercise Physiology Meeting, Toronto, Canada, 1997.
95. **Cheung, S.S.** and T.M. McLellan. Influence of hydration status on tolerance during uncompensable heat stress. American College of Sports Medicine Meeting, Denver, U.S.A., 1997.
96. **Cheung, S.S.** and T.M. McLellan. Influence of hydration status and fluid replacement on cardiovascular responses while wearing

- NBC protective clothing. In: *International Conference for Environmental Ergonomics Proceedings*, Jerusalem, Israel, 1996.
97. McLellan, T.M., J.I. Pope, J.B. Cain, and **S.S. Cheung**. Effects of metabolic rate and ambient vapour pressure on heat strain in protective clothing. American College of Sports Medicine Meeting, Cincinnati, U.S.A., 1996.
98. **Cheung, S.S.** and I.B. Mekjavic. Human temperature regulation at subanesthetic levels of nitrous oxide-induced narcosis. In: *International Conference for Environmental Ergonomics Proceedings*, Montebello, Canada, 1994.
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12. Invited Presentations

1. **Cheung, S.S.** Gord Sleivert Memorial Lecture in Sport Science (Adapting to training and competing in the heat). *Canadian Society for Exercise Physiology*. Winnipeg, Canada, October 2017.
2. **Cheung, S.S.** Keep cool and work on: microclimate cooling. *Canadian Society for Exercise Physiology*. Winnipeg, Canada, October 2017.
3. **Cheung, S.S.** Adapting to training and competing in the heat. *Finnish Society for Sport Science*. Tampere, Finland, March 2017.
4. **Cheung, S.S.** Power analysis and data analytics for cycling training. *Finnish Society for Sport Science*. Tampere, Finland, March 2017.
5. **Cheung, S.S.** Adapting to training and competing in the heat. *Sports Innovation Summit*. Toronto, Canada, October 2015.
6. **Cheung, S.S.** Physical capacity under heat stress in the workplace. *Canadian Society for Exercise Physiology conference*. Hamilton, Canada, October 2015.
7. **Cheung, S.S.**, J.K.W. Lee, and J. Oksa. Thermal stress and physical employment standards. *2nd International Conference on Physical Employment Standards*. Canmore, August 2015.
8. **Cheung, S.S.** Is neuromuscular function affected by heat stress and how does this relate to exercise performance? *Institut National du Sport, de l'Expertise et de la Performance (INSEP)*. Paris, France, June 2015.
9. **Cheung, S.S.** Environmental influences on complex skills performance. *International Association of Safety and Survival Trainers*. Halifax, Canada, October 2014.
10. **Cheung, S.S.** Heat stress: physiology, perception and performance. *World Congress on Cycling Science*. Leeds, United Kingdom, July 2014.

11. **Cheung, S.S.**, G. Havenith, C. Foster, and H.A.M. Daanen. Pacing in the heat. *Vrije Universiteit Amsterdam*. Amsterdam, The Netherlands, June 2014.
12. **Cheung, S.S.** Exercise in protective clothing – a design challenge. *Kobe Design University*. Kobe, Japan, November 2012.
13. **Cheung, S.S.** Hydration strategies for optimal performance. *Perspectives in Exercise, Health & Fitness (Canadian Society for Exercise Physiology)*. Kananaskis, Canada, November 2012.
14. **Cheung, S.S.** Keeping cool and performing in the heat. *Perspectives in Exercise, Health & Fitness (Canadian Society for Exercise Physiology)*. Kananaskis, Canada, November 2012.
15. **Cheung, S.S.** Exercise Capacity in the Heat. *Intensive Program on Sports Performance: a Lifetime Challenge (IP-SPALC)*. Rome, Italy, February 2012.
16. **Cheung, S.S.** Thermal perception and exercise capacity in the heat. *International Conference on Environmental Ergonomics*. Nafplio, Greece, July 2011.
17. **Cheung, S.S.** Interconnections between psychological and physiological factors during exercise-heat stress. *Exercise in Hot Environments: from Basic Concepts to Field Applications*. ASPETAR, Doha, Qatar, November 2009.
18. **Cheung, S.S.** Thermal stress effects and countermeasures with protective clothing. *Exercise in Hot Environments: from Basic Concepts to Field Applications*. ASPETAR, Doha, Qatar, November 2009.
19. **Cheung, S.S.** Neuromuscular function during heat stress. *The Future of Fatigue in Exercise – An International Symposium on the Limits to Exercise Performance*. Charles Sturt University, Bathurst, Australia, July 2009.
20. **Cheung, S.S.** “Adventures in hypothesis testing: fun can be work but work can be fun!” *Mapping New Knowledges, Brock University*. May 2009.
21. **Cheung, S.S.** Fatigue with protective clothing: integration of challenges and future directions. *Canadian Society for Exercise Physiology conference*. Banff, Canada, 2008.
22. **Cheung, S.S.** Into the deep: challenges in marine survival. *Brock University James Gibson Library Faculty Seminar Series*. November 25, 2008.
23. **Cheung, S.S.** The effects of core & superficial temperature decrements on cognitive functioning. *SafetyNet Conference*. St. John’s, NL, 2006.

24. **Cheung, S.S.** Voluntary fatigue during hyperthermia – mechanisms and insights. *Canadian Society for Exercise Physiology conference*. Gatineau, Canada, 2005.
25. **Cheung, S.S.** Teaching exercise physiology: an engineering design approach. *Canadian Society for Exercise Physiology conference*. Saskatoon, Canada, 2004.

13. Current Funding

Title	Agency	Principals	Dates	\$
Analyzing pedaling dynamics to improve cycling performance	NSERC Engage	S.S. Cheung	2016	\$23,100
Personal cooling systems for ultra-deep mining	Jannatec Technologies	S.S. Cheung	2016	\$191,540
Pressure sore risk management in children with Cerebral Palsy: local and whole body thermoregulation strategies, material interface and care protocols	NSERC-CIHR CHRP	B. Falk and S.S. Cheung (co-PI)	2014-2017	\$585,246
Environmental Ergonomics	Canada Research Chair (Tier 2)	S.S. Cheung	2012-2017	\$500,000
Separate and combined effects of temperature and oxygen on neuromuscular function	NSERC Discovery (227912-2012)	S.S. Cheung	2012-2017	\$200,000

14. Funding History

Title	Agency	Principals	Dates	\$
Modeling of water vapour transport across clothing layers during exercise in a hot environment	NSERC Engage Plus	S.S. Cheung	2014	\$21,000
Thermal characteristics of female cycling clothing across a range of environmental conditions	Pearl iZUMi (contract)	S.S. Cheung	2014	\$24,100 (US)
Integrated environmental physiology tools for transpecies and field research	Canada Foundation for Innovation (Leaders Opportunity Fund)	S.S. Cheung	2012-2013	\$249,518
Environmental Ergonomics	Canada Research Chair (Tier 2)	S.S. Cheung	2007-2012	\$500,000
Central and peripheral thermal influences on neuromuscular function	NSERC Discovery (227912-2007)	S.S. Cheung	2007-2012	\$100,000
Developing a model for cycling clothing thermal performance	Pearl iZUMi	S.S. Cheung	2012-2013	\$32,000
Post-doctoral scholarship funding	Ministry of Research & Innovation	M. Taber	2010-2013	\$100,000
Post-doctoral scholarship funding	MITACS Elevate	G.A. Selkirk	2010-2012	\$100,000
Modeling of water vapour transport across clothing layers during exercise in cold environments	NSERC Engage	S.S. Cheung	2010-2011	\$25,000

Thermal Requirements for Surviving a Mass Rescue Incident in the Arctic	Public Works & Government Services Canada	S.S. Cheung	2009-2012	\$97,500
Physiological and psychological strain of firefighters during emergency response scenarios: field validation of the Toronto Heat Study	WSIB Ontario "Bridging the Gap"	S.S. Cheung	2010-2011	\$59,900
The effects of ambient temperature during exercise on glucose dynamics in Type 1 diabetics	Brock University Advancement Fund	S.S. Cheung	2010	\$3,500
Comparison of high intensity versus aerobic training on cardiovascular responses to simulated microgravity and orthostatic stress	Brock International Collaboration	S.S. Cheung	2008	\$4,000
Thermal Physiology Research Facility	Canada Foundation for Innovation – Leaders Opportunity Fund	S.S. Cheung	2007	\$208,911
Laser-Doppler blood flow monitor for measuring blood flow responses to thermal stress	NSERC RTI	S.S. Cheung	2007	\$42,500
Thermal Protection in Liferrafts: Assessment of Occupant Heat Balance and Development of Performance Criteria.	New Search and Rescue Initiatives Fund	S. MacKinnon, L. Mak (Memorial)	2006-2009	\$1.6M
Head and neck pre-cooling as a therapeutic tool for individuals with heat-intolerant Multiple Sclerosis	Dalhousie University Faculty of Health Professions	S.S. Cheung	2006-2007	\$5,000
The effects of hyperthermia on vigilance and spatial attention	Nova Scotia Health Research Foundation – Development	S.S. Cheung	2003-2004	\$10,000
Temperature and Hydration Effects on Neuromuscular Function	NSERC - Group	S.S. Cheung, G.G. Sleivert	2002-2007	\$96,000
An Anthropometric Survey and Human Factors study of Offshore Workers for application to Emergency Survival Suits	Atlantic Canada Petroleum Institute	J.W. Kozey, J. McCabe, S.S. Cheung, C.J. Brooks	2002-2004	\$49,400
Marine and Offshore Health and Safety: Influence of Thermal Stress on Cognitive/Physical Ergonomics	Canadian Alliance for Health Research	S.S. Cheung, M.D. White	2001-2005	\$121,983
Marine and Offshore Health and Safety: Surface Exposure to Cold in the North Atlantic	Canadian Alliance for Health Research	M.D. White, S.S. Cheung, D. Behm	2001-2005	\$474,539
Marine and Offshore Health and Safety: Work in Cold, Deep-Sea Conditions	Canadian Alliance for Health Research	M.D. White, D. Behm, S.S. Cheung	2001-2005	\$362,980
Breath-hold Capacity in the Offshore Oil Population	Natural Resources Canada Contract	C.J. Brooks	01/2000 - 05/2000	\$15,000
Localized versus General Rewarming from Hypothermia	Faculty of Health Professions, Dalhousie	S.S. Cheung	2001	\$5000

	University			
Infrastructure for Environmental Physiology and Ergonomics Research	Canada Foundation for Innovation: New Opportunities	S.S. Cheung	09/1999 – 03/2002	100,000
The Thermophysiology of Uncompensable Heat Stress	Department of National Defence Contract	S.S. Cheung	09/1994 - 12/1997	\$50,000/ y

15. Professional Memberships

Chair, Executive Member, International Society for Environmental Ergonomics (2007 – present)

European College of Sports Science (2009 – 2011).

Aerospace Medical Association (2002 – 2009).

American College of Sports Medicine (1997 - 2007).

Canadian Society of Exercise Physiology (1996 - 2012).

Canadian Alumni of the International Space University (1994 - present).

Canadian Foundation for the International Space University (1996 - 1997).

The Planetary Society (1994 - 1995).

16. Supervisory History

M.Sc. unless noted.

Name	Project	Year of Degree	Notes
G. Hodges	Skin blood flow and thermoregulation in children with Cerebral Palsy	2014-present	Project funded by CIHR-NSERC CHRP
M. Taber (Post-doc)	Effects of prolonged cold exposure on physiological and cognitive function	2010-2013	Project funded by Transport Canada and Ministry of Research & Innovation.
G. Selkirk (Post-doc)	Physiological and psychological strain of firefighters during emergency response scenarios: field validation of the Toronto Heat Study	2010-2012	Project funded by WSIB-Ontario and MITACS.
G. Hartley (Ph.D.)	Neuromuscular function and thermal stress	2010-present	Ontario Graduate Scholarship winner, 2012 Graduate award winner, American College of Sports Medicine (Environmental Physiology Interest Group) 2010

G. McGarr (Ph.D.)	Cardiovascular control with thermal and hypoxic stress	2009-present	Medical leave 09/12 to 09/13
M. Mallette (Ph.D.)	Motor unit activation under environmental stress	2015 - present	
A. Flouris (Ph.D.)	Central and peripheral thermal inputs into thermoregulation.	2004-2008	Won NSERC PGS-D 2005-2008. Won Canadian Space Agency doctoral funding 2005-2008. Won International Space University scholarship 2005. Won NSERC PDF 2008.
S. Ferguson	Hyperoxia effects on exercise performance in the cold	2015 - present	
N. Coletta	Effects of passive hyperthermia on isometric and isokinetic muscle activation	2014-present	Winner OGS 2014
T. Tharmaratnam	Heart rate variability in children during heat stress	2014-present	
P. Wallace	Effects of mental skills training on exercise tolerance in the heat	2013-2015	Winner of Brock's "First Year TA" award 2014; Winner Jack Miller Research Excellence award 2015
M. Mallette	Central vs peripheral control of skin blood flow	2013-2015	Winner OGS 2014, winner "Top Student Poster" ICEE 2015
C. Watson	Cognitive performance effects of cerebral blood flow perturbations and heat stress	2011-2015	Medical leave 03/13 to 01/14
C. van Nijen	Separate and combined effects of hydration and thirst on exercise capacity in the heat	2013	Visiting M.Sc. student from Vrije Universiteit Amsterdam, the Netherlands
I. Broekhuijzen	Developing a thermal model for cycling clothing	2012	Visiting M.Sc. student from Vrije Universiteit Amsterdam, the Netherlands
T. Zwaan	Developing a thermal model for cycling clothing	2012	Visiting M.Sc. student from Vrije Universiteit Amsterdam, the Netherlands
R. Montgomery	Effects of lower limb temperature on balance and force control	2012	
G. Hartley	Role of environmental stressors on self-paced exercise	2010	Winner American College of Sports Medicine's Environmental Physiology Interest Group's Graduate Student (M.Sc.) Research Award, 2010.
M. Smith	Effects of environmental temperature on post-exercise glucose dynamics in Type 1 diabetes	2011	Won CIHR Banting and Best graduate scholarship, 2009.
N. Dies	Effects of the menstrual cycle and oral contraceptives on shivering and sweating thresholds	2009	NSERC PGS-M 2007-2009
S. Kilburn	Reproducibility of an isometric self-paced contraction	2009	
L. Reynolds	Effects of head cooling on exercise capacity in MS individuals	2007	Research Associate: Outcomes Research Group, Cleveland, USA.
A. Carrillo	Effects of vitamin C	2006	Won Doctoral scholarship in Nutrition

	supplementation on immune function following exercise in the heat		at Purdue University (2006 – present)
L. van Dieren	The effect of local muscle temperature on muscle oxygenation measured with NIRS	2004	Visiting research student (M.Sc. Candidate) from Free University of Amsterdam.
M. Thomas	Central versus Peripheral Control of Voluntary Muscle Activation During Passive Hyperthermia	2005	Won NSERC PGS-A Scholarship beginning May 2004. Won NSERC PGS-D 2005-2008.
J. Payne	Effects of core and peripheral cooling on navigational ability	2005	
H.E. Wright	Comparison of cranial, inhalation, and general rewarming from hypothermia	2004	Won NSERC PGS-B Scholarship beginning Fall 2004. Doctoral student York University.
M.X. Richardson	Event related potential analysis of a continuous performance task during whole body cooling.	2002	Doctoral student in Sweden
L.J. Thornley	The influence of cooling during recovery on intermittent sprint exercise in a temperate environment.	2002	Recipient of Commonwealth graduate scholarship specifically to work under my supervision.
B. Miles	The perception of alcohol usage among recreational boaters, safety officers, and enforcement officers.	2001	

Graduate Thesis Committees

Name	Project	Role	Degree	Department	Institution
S. Farra	Effects of environmental stressors on voluntary exercise pacing	Supervisory Committee	Ph.D. (2010-2016)	Faculty of Physical Education & Health	University of Toronto, Canada
H. Sharif	Cardiac changes with spinal cord injury	Supervisory Committee	Ph.D. (2012-2016)	Faculty of Applied Health Sciences	Brock University, Canada
S. Morrison	Cardiovascular limitations during exercise in the heat: effects of endotoxemia, training, and hydration	Supervisory Committee	Ph.D. (2004 – 2008)	School of Physical Education	University of Otago, New Zealand
C. Geurts	Manual function with hypothermia and cold adaptation in outdoor workers	Supervisory Committee	Ph.D. (2001-2005)	Faculty of Kinesiology	University of New Brunswick
M. Scarlett	The effects of head cooling during recovery on firefighter performance	Supervisory Committee	M.Sc. (2010-2013)	Faculty of Physical Education & Recreation	University of Alberta
D. Steeves	The relationship of aerobic power to anaerobic performance in hockey players	Supervisory Committee	M.Sc. (2003-2005)	School of Health & Human Performance	Dalhousie University
S. Morrison	Effects of hyperthermia on	Supervisory	M.Sc.	Faculty of	University of

	motor unit activation in trained and untrained males	Committee	(2001-2003)	Kinesiology	New Brunswick
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Graduate External Examiner

Name	Project	Degree	Institution
D. Girard	Neuromuscular mechanisms contributing to self-reported post-treatment cancer fatigue and the effects of resistance training	Ph.D. (2016)	Charles Sturt University, Australia
B. Larsen	Simulated Self-Paced Wildfire Suppression Work in Different Thermal Conditions	Ph.D. (2015)	Deakin University, Australia
M. Tsai	Revisiting the power-duration relationship and developing alternative protocols to estimate critical power parameters	Ph.D. (2015)	University of Toronto
J. Stapleton	Aging and heat stress: from rest to exercise	Ph.D. (2014)	University of Ottawa
J. Morentes	Doping prevention in elite athletes	Ph.D. (2014)	Universidad Granada, Spain
K. Levels	Pacing strategies during exercise in the heat	Ph.D. (2014)	Vrije Universiteit Amsterdam, the Netherlands
P. Micalos	The effect of aerobic exercise on pain and neurosensory modulation in healthy participants and with chronic pain disorder	Ph.D. (2013)	Charles Sturt University, Australia
Z. Schlader	Human Behavioral Temperature Regulation: An Exercise Approach	Ph.D. (2011)	Massey University, New Zealand
F. Marino	Anticipatory regulation of exercise intensity	D.Sc. (2010)	Charles Sturt University, Australia
C. Nassif	Carbohydrate ingestion and exercise performance in the heat: neuromuscular aspects of fatigue	Ph.D. (2009)	Charles Sturt University, Australia
T. Pretorius	Mechanisms involved in the effect of head cooling on the rate of decrease in core temperature	Ph.D. (2009)	University of Manitoba, Canada
R. Tucker	The regulation of pacing strategy and exercise performance by a complex anticipatory system	Ph.D. (2006)	University of Cape Town, South Africa
A. Kacin	The role of absolute and relative work rates in the sweat response during steady state exercise.	Ph.D. (2005)	University of Portsmouth, United Kingdom
E. Coady	The effect of drug mitigated motion sickness on physiological and psychophysical performance	M.Sc. (2009)	Memorial University of Newfoundland, Canada
B. Wall	Effect of exercise-induced hypohydration on body temperature and cycling time-trial performance in the heat with adequate facing windspeed.	M.Sc. (2007)	Edith Cowan University, Australia
C.D. Palmer	Effects of head and neck cooling on thermoregulation, pace selection, and performance during upright exercise in the heat.	M.Ph.Ed. (2002)	University of Otago, New Zealand

B.Sc.K. (Honours)

Name	Project	Year of Degree	Notes
P. Davison	Mechanisms of cold-induced vasodilatation	2017	3P99

D. Stewart	Hyperthermia effects on isometric and isotonic contractions	2017	3P99, NSERC USRA 2016
J. Vlaar	Mental skills training effects on exercise capacity in the heat	2015	NSERC USRA 2015
A. Masbou	Cranial cooling recovery during intermittent firefighting exercise in the heat	2013-present	
I. Kim	Separate and combined effects of hydration and thirst on exercise capacity in the heat	2013	NSERC USRA 2013
N. Stanov	Physiological signal recording using thermal imaging	2012	
C. Watson	Analysis of heart rate variability under environmental stress	2011	M.Sc. at Brock
D. Zaharieva	Effects of prolonged cold exposure on neuromuscular function	2011	M.Sc. at York
R. McLeod	Effects of water current on forearm cooling from hyperthermia	2010	NSERC USRA 2009
L. Rosso	Effects of sleep loss on cold-induced vasodilatation	2010	NSERC USRA 2008
N. Zouros	Reliability of the Wescor pilocarpine iontophoresis system for sweat collection	2009	Brock USRA 2008
C. Tweedie	Effects of dehydration and rehydration on repeated anaerobic capacity in females.	2007	NSERC USRA 2006
J. Totosy de Zepetnek	Effects of dehydration and rehydration on repeated anaerobic capacity in males.	2007	M.Sc. at U. Waterloo
M. Macdonald	Neural control of hand function with hand cooling	2006	Memorial University medical program
M. Knox	Effects of head/neck pre-cooling on kayak sprint performance	2005	Winner of 2005 Rhodes Scholarship Winner of 2003/04 W. Andrew MacKay scholarship and Dal Governor's Medal for academics and community service. NSERC USRA 2003, 2004
J. Ojah	Effects of cold distraction on vigilance and spatial attention	2004	Winner of M.J. Ellis research award. Dalhousie University medical program.
A. Marsh	Effects of mild body heating on vigilance and spatial attention	2004	M.Sc. candidate, Kinesiology, University of Calgary.
T. Mammen	Effects of facial immersion on dive response	2003	Winner of M.J. Ellis research award. University of Ottawa medical program.
M. Smith	Effects of apneic training on cold-water immersion	2002	Dalhousie University medical program.
D. Montie	Time course of manual impairment during cold-water immersion	2001	Project produced peer-reviewed publication (Aviat. Space Environ. Med)
R. Campbell	Localized versus General Rewarming from Hypothermia	2001	
R. Gillingham	Effects of Hypo- and Hyperthermia on Mathematical Processing	2001	M.Sc. @ DCIEM/DRDC

A. Robinson	Is pre-cooling of the core temperature an effective ergogenic aid for intermittent sprint exercise in temperate environments?	2001	Project produced peer-reviewed publication (J. Sport Sci.)
A. Cash	Plyometric Training in Swimmers	2000	
N. D'Eon	Ergonomics of Emergency Breathing Systems	2000	Project produced peer-reviewed publication (Aviat. Space Environ. Med.)
D. Sweeney	Skin Temperature Measurement Methodology	2000	M.Sc. @ DCIEM/DRDC B.Sc.K. results presented at ACSM
K. Furneaux	Recovery in Elite Kayaking	2000	Olympic athlete

B.Eng. (Honours)

Name	Project	Year of Degree	Notes
B. Webb	Thermal Data Loggers	2002 (pending)	Co-op work term 2001.
J. Coombes and D. Hooper	The computerization of the AGARD STRES cognitive test battery	2001	
C. Brideau and J. Boyce	Thermal Control Suit	2001	

17. Academic / Professional Service

Journals:

- Editorial Board: Temperature (2014-present)
- Editorial Board: Extreme Physiology and Medicine (2011-present)
- Editorial Board: International Journal of Sports Physiology & Performance (2013-present)

Organizer:

- Executive Committee: International Conference on Environmental Ergonomics, 2007 – present (Chair 2011-present).
- Organizing Committee: Canadian Society for Exercise Physiology annual conference, 2006 (~500 delegates)
- Organizer: Atlantic Provinces Exercise Scientist meeting, 2006 (~50 delegates)
- CSEP 2005 Symposium: Exercise in Environmental Extremes
- CSEP 2005 Symposium: Humans in the Spaceflight Environment

Board Member:

2012: Ontario Research Fund *Large Infrastructure Funds* Life Sciences panel: lead reviewer on 6 grants

Reviewer:

2014: 40 scientific manuscripts; 1 NSERC Discovery grant, 1 Mitacs Accelerate, 1 Ontario Ministry of Labour grant, 1 book proposal

2013: 30 scientific manuscripts; 2 NSERC Discovery grants

2012: 26 scientific manuscripts; 1 NSERC Discovery grant; 1 Mitacs Accelerate grant.

2010: NSERC Discovery Grant, Am. J. Physiol – Reg, Eur. J. Appl. Physiol., J. Appl. Physiol., Int. J. Therm. Biol., Aviat. Space Environ. Med., MITACS Accelerate Grant, Acta Physiologica, Muscle and Nerve.

2009: NSERC Discovery Grant, Am. J. Physiol – Reg, Eur. J. Appl. Physiol., Scand. J. Med Sport Sci (2 manuscripts), Br. J. Sports Med., Aviat Space Environ Med, J. Appl. Physiol., Am. J. Ind. Med., Int. J. Biometerol. (2 manuscripts), Med. Sci. Sports Exerc.

- Journal of Physiology, 2005-present
- Medicine and Science in Sports and Exercise, 2005-present
- International Journal of Biometeorology, 2008-present
- Clinical Neurophysiology, 2006-present
- Journal of Science and Medicine in Sport, 2005-present
- Experimental Physiology, 2004-present
- Applied Physiology, Nutrition and Metabolism, 2007-present
- International Journal of Sports Physiology and Psychology, 2006-present
- Medicine and Biology in Engineering and Computing, 2006-present
- Natural Science and Engineering Research Council, 2002-present
- Canadian Institute for Health Research, 2000-present
- Sports Medicine, 2003-present
- Aviation, Space, and Environmental Medicine, 2002-present
- Journal of Applied Physiology, 2002-present
- Journal of Science in Sports and Medicine, 2005-present
- European Journal of Applied Physiology, 1997-1998, 2007-present
- Canadian Journal of Applied Physiology, 1997-2005
- Worker Safety Insurance Board of Ontario, 2006
- Research Quarterly in Exercise Science, 2007-present
- Advances in Physiological Education, 2007-present
- Michael Smith Health Research Foundation, 2008
- Qatar National Research Foundation, 2008
- Pearson Educational Canada, 2008 (textbook proposal and draft review)

Contributor:

- Sport Science and Training Editor, www.pezcyclingnews.com, 2002-present. Since its inception in 2002, this site has grown to the top three international English language sites covering the sport of bicycling (> 450,000 unique readers per month). I am responsible for the writing and editing of weekly articles that translate and apply the latest in scientific findings to practical training advice.
- Regular contributor to Bike Talk Radio, 2010-2011. I make bi-monthly appearances on BTR to discuss training and fitness for this live and internet radio station, with a catchment area of approximately 5,000,000 in the northeast USA.

- Regular scientific contributor to Canadian Cycling magazine. 2010-present. I prepare regular columns for this cycling magazine (circulation 50,000) on fitness and training topics.
- Science's Next Wave (<http://nextwave.sciencemag.org/>) 2001. I developed a four-part series on "The New Faculty Experience" for SNW's Career Development Centre.
- Science's Next Wave (<http://nextwave.sciencemag.org/>) 2002-2003. I developed a four-part series on "Academic Consultancy" for SNW's Career Development Centre.

President, Canadian Alumni of the International Space University (1996-1997).

Member, Canadian Foundation for the International Space University (1996-1997).

Secretary, Canadian Alumni of the International Space University (1995).

Member, Safety Committee, School of Kinesiology, Simon Fraser University (1992-1994).

18. Committees Served

* Brock Service

*Member, AVP-Research Search Committee (2017)

*Member, Brock Biosciences Research Ethics Committee (2013 – present)

*Member, AHSC Graduate Committee (2014 – 2016)

*Member, Associate Vice-President Research (Social Sciences) search committee (2013)

*Member, Brock University Biosafety Committee (2008 – 2009)

*Member, Brock University Research Grants Committee (2009 – 2011)

*Member, AHSC Graduate Committee (2008 – 2010)

*Member, PEKN Search Committee (2008)

Member, Faculty of Health Professions Tenure and Promotion Committee (2006-2007)

Member, School of Health and Human Performance Ethics Committee (2006-2007)

Member, School of Health and Human Performance Search Committee (Kinesiology, 2004).

Chair, School of Health and Human Performance Tenure, Promotions, and Reappointments Committee (2003 – 2004)

Chair, Faculty of Graduate Studies: School of Physiotherapy Graduate Review Committee (2002-2003).

Member, Faculty of Health Professions Research Committee (2001- present).

Member, School of Health and Human Performance Search Committee (2001).

Member, School of Health and Human Performance Curriculum Overview Committee (2000 - present).

President, Bicycle Nova Scotia (2000 - 2002).

Member, Canada Games Technical Committee (1999 - present).

Organizer, School of Health and Human Performance Graduate Seminars (1998 - present).

Member, Healthy Dalhousie Committee (1998 - 1999).

19. Teaching Recognition

Nominated for Dalhousie University Faculty of Health Professions Teaching Excellence Award, 2005.

Listed in Maclean's Guide to Universities and Colleges (2001, 2002, 2003, 2004, 2005, 2006 editions) as one of Dalhousie University's "Popular Prof."

Invited Speaker: Canadian Society for Exercise Physiology symposium on "Teaching Exercise Physiology." 2004.

2003/04 recipient of School of Health and Human Performance student society's "Student Appreciation" award.

Nominated for Dalhousie Alumni Teaching Award in first year of eligibility (2000/2001).

My Environmental Physiology course (KINE 4410) was profiled in the London Times Higher Education Supplement (January 26, 2001, p. 24-25). This article was reprinted in the Dalhousie News (March 7, 2001).

Dalhousie University CIS Academic All-Canadian Luncheon Faculty Guest (1999, 2001, 2002, 2003, 2004, 2006).

Dalhousie University Office for Instructional Development and Technology teaching development grant (1999).

20. Awards, Publicity, and Honours

Canadian Cycling magazine web video on overtraining, September 24, 2013.

St. Catharines Standard profile on lab research, April 14, 2013.

Canada Foundations for Innovations website. I was profiled (November 28, 2012) for my work with Mark's Work Wearhouse on improving clothing design in the cold.

Canadian Cycling magazine. I was interviewed extensively for an article on cycling training with limited time (December 2012 issue).

Family Health magazine. I wrote an article "Staying Fit in the Cold" for this western Canadian magazine (circulation 90,000) geared towards family physicians.

Bicycling magazine. This is the largest bicycling magazine in the world (circulation >200,000). I was interviewed extensively for a print (July 2012) and online article on recovery methods.

Bicycling magazine. This is the largest bicycling magazine in the world (circulation >200,000). I was interviewed extensively for a print (December 2012) and online article on off-season training.

Physiotherapy Practice magazine. This is the primary member publication for the Canadian Physiotherapy Association. I was interviewed for an article on exercise in the cold, especially for those with chronic conditions (Winter 2012 issue)

CTV and Global TV national profile on our WSIB-Toronto Fire Service project, July 23, 2011.

Filming for Smithsonian Channel's "The Real Story" on cold stress during Apollo 13 mission, June 30, 2011.

Globe and Mail expert interview on hot yoga, June 19, 2011.

Toronto Star business section profile on NSERC Engage project with Mark's Work Wearhouse, April 14, 2011.

<http://www.thestar.com/business/companies/article/974469--mark-s-tests-clothing-claims>.

Scientific participant and advisor on "Hannibal – Ancients Behaving Badly" series on History Channel, January 30, 2010.

Canadian Geographic interview on cold stress physiology, January 2010 publication.

Canadian Society for Exercise Physiology Graduate Student Newsletter profile of Environmental Ergonomics Laboratory, November 2009.

CFI website profile, November 2009.

Feature profile on the EEL on Daily Planet, Discovery Channel, October 14, 2009.

Radio interview on the EEL on CKTB 610 Niagara Radio, October 13, 2009.

Live interview on the EEL on CTV's Canada AM, October 13, 2009.

Feature profile on the EEL on CTV's National News, October 10, 2009.

Environmental Ergonomics Laboratory Grand Opening. October 9, 2009. Attended by CFI and CRC representatives along with media. Event was covered by CHCH Hamilton TV and Cogeco TV along with St. Catharines Standard.

Keynote Speaker, *Mapping New Knowledges* conference, Brock University, May 1, 2009. "Work can be fun but fun can be work!"

Brock branding campaign profile, 2009.

Expert interview on CBC-TV during initial search for survivors of March 12, 2009 helicopter ditching off Newfoundland. I provided expert live commentary on immersion suits and survival probabilities.

Featured consultant on Discovery Channel's Guinea Pig show, episode "Hot Stuff" on heat stress in firefighters. January 28, 2008.

Interviewed on Niagara 610am radio on announcement of Canada Research Chair position at Brock University, December 4, 2007.

Feature interview on CBC Radio One across Canada concerning hypothermia research. February 23, 2007.

Feature profile on Canadian Press concerning rewarming from hypothermia. Published in eight different newspapers across Canada. January 23, 2007.

Interviewed on CBC Radio "World Report" as expert commentator on study from McMaster University (Gibala et al., J. Physiol.) on aerobic benefits of short, high intensity exercise. September 22, 2006.

Consulting scientist on "Lance Armstrong's War" by Daniel Coyle, a NY Times bestseller, 2005.

Feature profile on Discovery Channel Canada's "Daily Planet" news show concerning current research into mechanisms of neuromuscular fatigue with hyperthermia. September 2004.

Interviewed on CBC Radio “Mainstreet” to comment on the science and physiology of marathon running, coinciding with the Boston Marathon, April 12, 2004.

Profiled on Global Television’s national health show “Body + Health.” Profile on rewarming from hypothermia research. February 2004.

Profiled on Global Television’s national health show “Body + Health.” Profile on research into the effects of cold on manual dexterity. January 2004.

Interviewed on CBC Radio “Maritime Noon” as an expert on hypothermia research, January 20, 2004.

Interviewed on ATV Evening News as an expert on rewarming of hypothermic victims, January 19, 2004.

Interviewed on CBC “Quirks and Quarks” on the physiology of sweating (<http://www.cbc.ca/quirks/archives/03-04/dec27.html>), December 27, 2003.

Interviewed on CBC “The National” regarding hematocrit and altitude tents in endurance sports in response to Genvieve Jeanson being disqualified from World Cycling Championships, Oct 11 2003.

Featured in Halifax International Airport Authority promotional video in HRM business kiosk.

Interview in Halifax Daily News on Thermal Control Suit, September 22, 2003.

Interview on ATV News as an expert in heat stress for story on health issues in hot environments, August 12, 2002.

Interview on ATV News as an expert in cold water survival for story on Polar Bear Swims, December 31, 2001.

Feature interview on CTV national news regarding my Thermal Control Suit. December 22, 2001.

Feature interview on Global TV national evening news regarding my Thermal Control Suit and its applicability to spacesuit design to coincide with Chris Hadfield’s first Canadian spacewalk. Interview aired across Canada April 24, 2001.

Feature interview by @discovery.ca regarding my Thermal Control Suit and its applicability to spacesuit design to coincide with Chris Hadfield’s first Canadian spacewalk. Interview aired April 23, 2001.

City of Hamilton Civic Award (1997).

Canadian Foundation for the International Space University Scholarship (1994).

Samuel and Leatrice Cohen Prize in Environmental Physiology, Simon Fraser University (1993).

Department of National Defence Research Assistantship, Defence and Civil Institute of Environmental Medicine (1992, 1993).

Gordon M. Shrum Entrance Scholarship, Simon Fraser University (1986).

University Entrance Scholarship, University of British Columbia (1986).

University Entrance Scholarship, Province of British Columbia (1986).