

*Boys & Girls Intro Camp

Aug 18 - 22

Ages: 5+

Cost: \$135

*5-6 pm or 6-7 pm

This camp is for early aged players and allows for the encouragement and development of the early stages of skills. Focus of the program will be on developing essential skating skills (balance, edge control, stride) with the progression into puck skills. Instructor/student ratio is 1:4 for one hour each day.

*For more info call Murray Nystrom at 905-688-5550 x4368

Email: mnystrom@brocku.ca

*Boys & Girls August Skills Camp

Aug 18 - 22

Ages: 7-12 yrs

Cost: \$200

*Group 1: Ages 7-8 (9-10:30am)

*Group 2: Ages 9-10 (10:30-Noon)

*Group 3: Ages 11-12 (Noon-1:30 pm)

Ice sessions will focus on development of individual skills. Skating skills will emphasize balance, stride & recovery, acceleration & timing, while puck skills will deal with stick & puck positioning, hand position, puck protection & passing. Scoring skills will include shooting in stride, deception, accuracy & body positioning, along with team tactics. Campers will receive rink-side video analysis to provide instant feedback and reinforcement of key coaching points with respect to skating & puck skills. Only 4 goalies will be accepted for each group & will be instructed by varsity goaltenders who will implement a specifically designed programme.



* For more info call Murray Nystrom at 905-688-5550 x4368

Email: mnystrom@brocku.ca

*Elite Defenseman Skills Camp

Aug 25-29

Ages: 9-12yrs

Cost: \$230

*Group 1: Ages 9-10 (9-11 am)

*Group 2: Ages 11-12 (10:30-12:30)



This camp is designed to develop specific skills & tactics for the position, with emphasis on positioning strategies and offensive principles (puck support, control & pressure, transition). Sessions conclude with a 30 minute off-ice segment.

* For more info call Murray Nystrom at 905-688-5550 x4368

Email: mnystrom@brocku.ca



NEW THIS YEAR!

SPORTS SCHOOL SHIRTS & HATS AVAILABLE FOR PURCHASE DURING CAMP

□ ADDITIONAL SPORTS SCHOOL T-SHIRT: \$10 EACH

□ ADDITIONAL SPORTS SCHOOL HAT: \$7 EACH OR SAVE WITH

□ COMBO PKG : SHIRT + HAT FOR ONLY \$15

*Junior Lifeguard Camp

6 Weeks

Ages: 8-15 yrs

Cost: \$ 170 per week (incl GST)

Mon - Fri 9 am - 4 pm

Junior Lifeguard Camp is an introduction to the world of lifesaving & lifeguard competitions. Participants learn what real lifeguards do in actual situations and some competition techniques. The Club also prepares members to be future members of our Lifeguard Team. Ratio of certified instructors to campers is approximately 1:12. Participants receive a free t-shirt. Before/After care available 8:30-9:00 am & 4:00-4:30 pm

Week 1: June 30-July 04 Week 2: July 07-11 Week 3: July 14-18

Week 4: July 21-25 Week 5: July 28-Aug 01 Week 6: Aug 04-08

Need more info? call Margie Lizzotti at 905-688-5550 x3555 or email: mlizzott@brocku.ca

*Boys & Girls Volleyball Camp

Aug 18-22

Ages: 10-17 yrs

Cost: \$150 (incl GST)

Mon - Fri 9 am - 4 pm

*(Enrolment is limited to 160 campers)

Brock's volleyball camp is designed to give instruction in fundamental skills such as serving, volleying, bumping, passing, blocking and spiking. Drills, modified games, individual skills contests and tournaments will be taught by Lucas Hodgson, Camp Director and Head Coach of Badgers Varsity Women's Team, along with several varsity athletes. Camper/instructor ratio is approximately 1:6. A daily swim session will be offered supervised by qualified lifeguards. Each camper will receive a camp shirt to be worn each day.

Need more info? call Lucas Hodgson at 905-688-5550 x5089 or email: shuffman@brocku.ca

Note: Use of the pool is not included this year - pool will be closed for maintenance

Join our **Junior Badgers Kids Club** - only \$20/year
For more info call Todd Erskine @ 905-688-5550 x 4034
or email: terskine@brocku.ca

www.brocku.ca/athletics



**Brock Athletic Department Presents:
Summer Camps 2008**



The Department of Athletics at Brock University, strives to provide a fun-filled, safe learning experience for all campers. Instructors are trained and work hard to monitor all children and their camp activities. We have full-time Athletic Therapists available during camp, and Summer Camp Director, Todd Erskine is available if you have any questions or concerns at (905-688-5550 x4034).

Registration is available either by mail, walk-in or call-in (credit card only). Registration forms are available for download from our website listed below. Once registration has taken place you will be mailed a receipt along with camp information within 2 weeks.

Hockey camps require full hockey equipment for participation (i.e. skates, helmet, pads, stick), as do soccer camp (soccer cleats, shin pads). Equipment will be provided for all other camps.

We look forward to having your children here at Brock University and providing them with an active, fun-filled day. See you in the Summer!

**For registration, please call the Welcome Desk @
905-688-5550 x4060 or download form @
www.brocku.ca/athletics/sportscamps.php**

*Sports School One week sessions during July

Ages: 6-14 yrs.

Cost: \$140 per week/\$125 for 2nd child or week (incl GST) Mon - Fri 9 am - 4 pm
*(Enrolment is limited to 180 campers per week)

Our Sports School program is designed for boys & girls ages 6-14 years of age. Campers are put in appropriate age groups (Junior: 6-7 ys; Intermediate: 8-10 ys; Senior: 11-14 ys) with a camper/instructor ratio of 1:15 for the younger groups and 1:20 for the senior group. The premise is to promote fun,

while introducing children to a wide range of activities that **may** include: field sports (e.g. soccer, frisbee, lacrosse, baseball); court sports (e.g. tennis, badminton, fencing); and non-traditional activities such as archery, rowing, golf, cricket, handball, & orienteering. Activities are designed to be age appropriate and vary each day.

All sessions include a daily swim in our Olympic sized pool with qualified lifeguards. Pre & After-Care is available for a flat rate of \$20/week/child, whether enrolled in Pre or After-Care, or both. Campers will receive a t-shirt and hat to be worn during camp. Camp Director is Todd Erskine.

Need more info? call Todd Erskine at 905-688-5550 x4034 Email: terskine@brocku.ca or Sandie Huffman at 905-688-5550 x3384 or email: shuffman@brocku.ca



*Boys Basketball Camp

Wk 1: July 28 - Aug 01
Wk 2: Aug 04 - Aug 08

Ages: 9-17 yrs.

Cost: \$205 per week/\$370 for 2nd week or child (incl GST) Mon - Fri 9 am - 4 pm
*(Enrolment is limited to 180 campers per week)

Our Boys' Basketball Camp is designed for the more serious basketball enthusiasts with a coach/camper ratio of approximately 1:8, with instructors being drawn from area high schools and Brock's varsity team. This camp focuses on the fundamentals of basketball which include dribbling, passing, shooting, rebounding, individual & team defense and one-on-one moves. Campers will compete with players of the same age & ability in organized games. Individual contests will be held in free-throw, hot-shot and bump with the last day being reserved for final team games and awards, which will be presented to the individual contest winners, all-stars and the winning team. A daily swim session is included with qualified lifeguards. A "Camper of the Week" will be chosen to receive a free week to next year's camp. Participants will receive an evaluation form of their skills and a free basketball jersey and basketball to use during camp.

Need more info? call Ken Murray, Camp Director at 905-688-5550 x3301
Email: kmurray@brocku.ca or email: shuffman@brocku.ca

*Girls Basketball Camp One Week: Aug 11-15

Ages: 8-16 yrs

Cost: \$160 (incl GST) Mon - Thu 9 am - 4 pm/Fri 9 am - Noon
*(Enrolment is limited to 250 campers)

Our girls basketball camp is one of the most successful in the country and is aimed at having fun while learning some fundamental basketball skills. Girls come away from this camp with wonderful memories and usually return year after year. Camper/instructor ratio is approximately 1:10 with instructors from the Brock varsity coaching team and varsity athletes and local community coaches. Campers progress through various stations and enjoy a fun atmosphere while upgrading their basketball skills, both in a team and individual environment. A daily swim session is offered in our state-of-the-art pool with qualified lifeguards. The last day is reserved for parents to come out and watch their child compete in games and contests. Campers will receive a free basketball to use during camp.



Need more info?

Call Chris Critelli, Camp Director at 905-688-5550 x 3380 or email: critelli@brocku.ca

Note: Use of the pool is not included this year - pool will be closed for maintenance

*Boys & Girls Soccer Camp One Week: Aug 25-29

Ages: 8-16 yrs

Cost: \$150 (incl GST) Mon - Fri 9:00 am - 4:00 pm
*(Enrolment is limited to 120 campers)

Brock's soccer camp is designed for skills enhancement and fun! Children will be divided into age/ability appropriate groups with instructor/camper ratio of approximately 1:8. Fundamental skills focused on will be dribbling, passing and defending. All instruction takes place on Brock's outdoor fields, adjacent to the Walker Complex. During inclement weather, campers move into the Walker Complex for instruction. A daily swim session is included in our pool with qualified lifeguards. Each camper receives a t-shirt & soccer ball to be brought to camp each day. Camp director is Bill Millar, Men's Varsity Head Coach (A-Licensed) and Charles Ivanov, Women's Varsity Head Coach (A Licensed). Pre & After-Care is available for a flat rate of \$20/week/child, whether enrolled in Pre or After-Care, or both.

Need more info? call Sandie Huffman at 905-688-5550 x 3384 or email: shuffman@brocku.ca

Note: Use of the pool is not included this year - pool will be closed for maintenance

HOCKEY CAMPS 2008

All camps offered at the new Seymour-Hannah Centre
Home of the Badgers!

*Girls Intro Camp Aug 25-29

Ages: 6 -14 years Cost: \$135

*Group 1: Ages 6-9 (5-6 pm) *Group 2: Ages 10-14 (6:00-7:00 pm)

This camp is for those just starting hockey or who have been playing at the house league level. The camp will focus on learning the fundamentals of hockey and improving basic skills. Specific areas of emphasis will be balance, skating, stopping, stick-handling, passing & shooting. Staff will include Todd Erskine, Head Coach Badgers Women's Varsity Hockey Team and members of the team, to ensure a ratio of 1:4. Aim of the camp is to ensure improvement and fun each day, regardless of ability and experience.

*For more info call Todd Erskine at 905-688-5550 x 4034 Email: terskine@brocku.ca



**BROCK
BADGERS**

*Girls Conditioning Camp Aug 25-29

Ages: 11+ Cost: \$140

*Group 1: Ages 11-14 (12-1:30 pm) *Group 2: Ages 15+ (2:30-4:00 pm)

The focus of this camp will cater to the needs of the competitive player getting ready for another upcoming season who is currently playing club hockey at the AA or BB level. Instruction will include a focus on high intensity and high execution of drills during each session. Staff will include Todd Erskine, Head Coach Badgers Women's Varsity Hockey Team and members of the team, to ensure a ratio of 1:4.

*For more info call Todd Erskine at 905-688-5550 x 4034 Email: terskine@brocku.ca

www.brocku.ca/athletics/sportscamps