

## STAFF

The instructors will be led by, but not limited to, the coaching staff of the Brock University hockey programme along with many members of the team.



**Murray Nystrom, Head Coach  
Brock Badgers  
Director, Brock Hockey Schools**

Murray is entering his eleventh year as head coach of the Badgers hockey team after several seasons of coaching in the Ontario Hockey League where he coached NHL players Jason Allison, Paul Mara, Joe Thornton and Andrew Raycroft. He was selected to coach the Ontario University Selects in 1999 and 2000 and was a coach for the 2005 World University Games Team. He was OUA Coach of the Year in 03/04. Nystrom holds a Bachelor's Degree in Physical Education and a Masters Degree in Kinesiology. He has been involved in hockey development camps for over 20 years.



**Ryan Lounsbury, B.A., B.Ed.** Ryan is a former Badger hockey player who went on to play professionally in Europe. He is currently teaching high school and coaching hockey. He is a power skating consultant to NHL, OHL, CIS and NCAA players and leads the skating skills aspect of our camps. He joined the Badgers coaching staff in 2005.

**Ben Vanderklok**, a current Badger Goaltending Coach, Ben has played with the OHL's Barrie Colts and three years of professional hockey in the Netherlands. He offers goaltending clinics across the Niagara Region.

**Kent Nobes**, currently a teacher, Kent was one of the all-time best offensive players in Brock's history. He holds the Badgers record for most assists in one game (5). He played professionally in Britain after completing his university career. A favourite among the camp participants, he has been involved in hockey camps for over 10 years.

**Joe Forte**, a teacher in the Niagara region, Joe holds fifth place on the list of all time point getters in Badgers

history. His 73 goals in his career is the third most of any Brock player. Gained pro experience in Fort Wayne after graduating from Brock.

**Jason Harshaw**, a former Badger, is currently employed by Uptown Sports, a firm that represents several NHL players. He is the firm's Player Development Manager.

**FOR ADDITIONAL INFORMATION:**  
905-688-5550, ext. 4368 Fax: 905-688-0541  
mnystrom@brocku.ca • [www.brocku.ca/hockeyschool](http://www.brocku.ca/hockeyschool)

## GIRLS HOCKEY CAMPS



**Todd Erskine,  
Head Coach Women's  
Hockey & Director,  
Girls' Hockey Camps**

Hockey Team and was a participant at the National Coaches Congress at the Women's World Hockey Championships in Halifax in 2004. Todd had the honour of being named OUA and CIS Coach of the Year for the 2004-05 season. He was also Assistant Coach of the CIS All-Stars, 2007.

## GIRLS INTRO CAMP

**August 25 - 29, 2008**  
Girls ages 6-14  
6-9 yrs (5-6 pm) & 10-14 yrs (6-7 pm)  
**Cost: \$135.00 (Gst Included)**

This camp is for those just starting hockey or who have been playing at the house league level. The camp will focus on learning the fundamentals of hockey and improving basic skills. Specific areas of emphasis will be balance, skating, stopping, stick-handling, passing & shooting. We will ensure that regardless of level of ability and experience, each participant will improve each day and have fun!

Todd will have members of the Women's Badger Hockey Team assisting as instructors and will aim for a 1:4 ratio of instructor per participant.

## GIRLS CONDITIONING CAMP

**August 25 - 29, 2008**  
Girls ages 11 & Up  
11-14 yrs (12-1:30 pm)  
15 yrs & Up (2:30-4:00 pm)  
**Cost: \$140.00 (Gst Included)**

The focus of this camp will cater to the needs of the competitive player getting ready for another upcoming season who is currently playing club hockey at the AA, A or BB level. Instruction will include a focus on high intensity and high execution of drills during each session. Todd will be joined by his coaching staff and players of the Women's Badger Hockey Team to ensure a ratio of 1 instructor for every six (6) participants.



**\*NOTE: FULL HOCKEY EQUIPMENT IS REQUIRED FOR ALL CAMPS (SKATES, HELMET, PADS, STICK, GLOVES)**



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## 2008 Summer HOCKEY CAMPS

Seymour-Hannah Centre,  
St. Catharines, Ontario

**Home of the Badgers!**

5 OPTIONS:

- August Skills Camp
- Boys & Girls Intro Camp
- Elite Defenceman Skills Camp
- Girls Intro Camp
- Girls Conditioning Camp

**1:4 Student/Instructor Ratio**

**"Brock Hockey Schools are designed to get results in the area of hockey skill development."**

**– Mike Johnston,  
Associate Coach  
Los Angeles Kings**

## REGISTRATION FORM

Name \_\_\_\_\_  
 Street \_\_\_\_\_  
 City \_\_\_\_\_  
 Postal Code \_\_\_\_\_  
 Phone (H) \_\_\_\_\_  
 Phone (W) \_\_\_\_\_  
 E-mail \_\_\_\_\_

Position: FWD  DEF  GOAL   
 Date of Birth (ddmmyy) \_\_\_\_\_  
 Level of Play: House Leag  Select  AAA   
 Age of Play: Tyke  Atom  PeeWee

### PROGRAMME SELECTION

- August Skills Camp (\$200)   
 Boys & Girls Intro Camp (\$135)   
 5-6 pm  or 6-7 pm   
 Elite Defenceman Skills Camp (\$230)   
 Girls Intro Camp (\$135)   
 Girls Conditioning Camp (\$140)

\*Call 905-688-5550 x 4060 to register over the phone - credit card only

### MAIL-IN REGISTRATION

Payments may be made by Cash, Cheque, \*Visa, \*Mastercard or Debit Card. Please mail your registration & waiver forms & payment to:

**Brock Badgers Summer Hockey Camps**  
**Department of Athletics, Brock University**  
**500 Glenridge Avenue**  
**St. Catharines ON L2S 3A1**

Full payment & signed waiver must accompany registration form. Please make cheque payable to "**Brock University**".

**\*GST included in prices (#R118819531)**

Credit Card Payment: Mastercard  Visa   
 Expiry Date: \_\_\_\_\_  
 Card #: \_\_\_\_\_  
 Authorization/Signature: \_\_\_\_\_

## THE BROCK HOCKEY APPROACH

For almost a decade now, Brock University has been providing Niagara the best camps for the development of skills in youth hockey players. We focus on individual development, by creating a positive, challenging, yet fun atmosphere.



Our instructors progress each student through our curriculum based upon the individual player's needs and abilities. We are committed to a low student/instructor ratio in order to create as many "one on one" coaching situations as possible. THIS IS ACCOMPLISHED BY PROVIDING A MINIMUM OF 1 INSTRUCTOR FOR EVERY 4 STUDENTS.



## Programmes

Each program includes the following:

- QUALITY instruction from experienced hockey instructors
- A Brock Hockey Camp sweater
- A progress report from your personal instructor
- Tickets to Badgers 2008/09 regular season home games
- A chance to win prizes!!!

## BOYS & GIRLS INTRO CAMP

**August 18-22, 2008**  
**5-6 pm or 6-7 pm**  
 Boys & Girls ages 5+  
 (Designed for early aged players)  
**Cost: \$135 (Gst Included)**

The Hockey Introduction Camp allows for the encouragement and development of the early stages of skill. Players who are in their early years of the game will enjoy our 1:4 instructor/student ratio for



one hour each day, over the course of the week. Focus of the curriculum will be on development of the essential skating skills (balance, edge control and, stride) and progression into puck skills.



## ELITE DEFENCEMAN SKILLS CAMP

**August 25 - 29, 2008**  
 (9-10 yrs) @ 9-11 am  
 (11-12 yrs) @ 10:30 am - 12:30  
**Cost: \$230 (Gst Included)**

The "Elite Defenceman Skills Camp" is designed to develop specific skills and tactics which are required by the position. Emphasis will be placed on defensive positioning strategies and the incorporation of the offensive principles (puck support, transition, puck control and pressure) of hockey.

There will be a half hour off-ice segment following each ice session. This will provide the player with the opportunity to gain knowledge of off-ice training methods and/or review coaching points through use of video.

## AUGUST SKILLS CAMP

**August 18 - 22, 2008**  
 Boys and Girls ages 7 & 8 (9-10:30 am)  
 9 & 10 (10:30 am - 12 noon)  
 11-12 (12 noon - 1:30 pm)  
 Structured for all levels of play  
 7.5 hours of ice-time over 5 days  
**Cost: \$200 (Gst Included)**

The "August Skills Camp" is designed to meet the needs of any player who is interested in improving his/her skills regardless of level of competition played. Our unique curriculum emphasizes challenging each student to his/her individual level of skill.

Coaching will be offered on skating skills that emphasize balance, stride and recovery, acceleration and timing. Pucks skills (stick and puck positioning, hand position, puck protection and passing), and scoring skills (shooting in stride, deception, accuracy and body positioning), along with team play tactics will be offered on a daily basis. Individual video analysis, at rink side, will help provide instant feedback and reinforcement of key coaching points with respect to skating and puck skills.



## GOALTENDING DEVELOPMENT PROGRAMME

Part of the August Skills Camp, a maximum of 4 goaltenders will be accepted for each age group. The goalies will have the opportunity to work directly with the goalies of the Brock Badgers. The goalie instructors will be implementing a specifically designed goalie programme during goaltending sessions.



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