Signs and Symptoms of H1N1

H1N1 is very similar to seasonal flu. Many people experience the same signs and symptoms. Some of these include:

- Headache
- Cough
- Runny or stuffy nose
- Muscle aches
- Weakness/ Fatigue
- Nausea
- Vomiting
- Sore throat
- Fever/ Chills
- Diarrhea

People at higher risk of serious complications from the flu include people age 65 years and older, children younger than 5 years old, pregnant women, people of any age with chronic medical conditions (such as asthma, diabetes, or heart disease), and people who are immunosuppressed (e.g., taking immunosuppressive medications, infected with HIV). If you have a chronic medical condition, and you suspect the flu, take our self assessment test for influenza found <a href="https://example.com/here/be-new-market-en-like/be-new-ma

If you are having trouble breathing, have trouble staying awake, and people think you seem confused, seek medical attention immediately.

